

gara 16

Uomini, 400m Mista

Assoluti

14.03.2026 - 16:10

Risultati

Recordi RSI	4:07.14	PONTI, Noè	NSL	Uster	17.11.2023
Record Campionato Elite	4:24.78	SOTTILE, Enrico	AST	Chiasso	09.03.2024
Record Campionato A1	4:36.92	SOTTILE, Enrico	AST	Bellinzona	05.03.2023
Record Campionato A2	4:43.21	PONTI, Noè	NSL	Bellinzona	01.03.2015
Vincitore 2025 Elite	4:25.53	SOTTILE, Enrico	AST	Chiasso	15.03.2025
Vincitore 2025 A1	4:48.06	ALBERTI, Davide	AST	Chiasso	15.03.2025
Vincitore 2025 A2	5:17.74	TIRRI, Andrea	LUGA	Chiasso	15.03.2025

Pointi: AQUA 2025

Rango	An						Tempo	Pt.				
12 - 15 anni												
1.	SALZMANN, Elias		11	Nuoto Sport Locarno			4:47.91	542				
	50m:	31.41 31.41	150m:	1:43.96	37.30	250m:	3:01.57	41.89	350m:	4:15.89	32.66	
	100m:	1:06.66	35.25	200m:	2:19.68	35.72	300m:	3:43.23	41.66	400m:	4:47.91	32.02
2.	TIRRI, Andrea		12	Lugano Aquatics			4:56.89	494				
	50m:	32.31 32.31	150m:	1:48.29	38.82	250m:	3:08.13	41.25	350m:	4:24.36	34.19	
	100m:	1:09.47	37.16	200m:	2:26.88	38.59	300m:	3:50.17	42.04	400m:	4:56.89	32.53
3.	RYSER, Damian		11	Turrita Nuoto			5:06.34	450				
	50m:	32.90 32.90	150m:	1:50.18	39.64	250m:	3:13.33	45.22	350m:	4:32.79	34.99	
	100m:	1:10.54	37.64	200m:	2:28.11	37.93	300m:	3:57.80	44.47	400m:	5:06.34	33.55
4.	CANEPA, Samuel		12	Nuoto Sport Locarno			5:13.54	420				
	50m:	35.49 35.49	150m:	1:56.29	40.76	250m:	3:17.55	42.52	350m:	4:38.33	37.70	
	100m:	1:15.53	40.04	200m:	2:35.03	38.74	300m:	4:00.63	43.08	400m:	5:13.54	35.21
5.	FIABANE, Gian		11	Nuoto Sport Locarno			5:18.29	401				
	50m:	35.70 35.70	150m:	1:57.00	40.18	250m:	3:21.93	45.63	350m:	4:43.87	35.28	
	100m:	1:16.82	41.12	200m:	2:36.30	39.30	300m:	4:08.59	46.66	400m:	5:18.29	34.42
6.	DE CONTO, Rodrigo		14	Lugano Aquatics			5:57.20	284				
	50m:	37.93 37.93	150m:	2:08.35	45.46	250m:	3:46.30	50.52	350m:	5:17.36	39.06	
	100m:	1:22.89	44.96	200m:	2:55.78	47.43	300m:	4:38.30	52.00	400m:	5:57.20	39.84
7.	VERI, Francis		14	Mendrisiotto Nuoto			6:01.60	273				
	50m:	39.18 39.18	150m:	2:12.66	48.41	250m:	3:51.06	52.07	350m:	5:23.01	39.41	
	100m:	1:24.25	45.07	200m:	2:58.99	46.33	300m:	4:43.60	52.54	400m:	6:01.60	38.59
squal.	SAPORITO, Gioele		12	Nuoto Sport Locarno			5:47.87					
	<i>303 - Tocco non simultaneo con le due mani (virata 10)</i>											
	50m:	38.41 38.41	150m:	2:06.53	42.68	250m:	3:39.52	49.64	350m:	5:10.69	38.72	
	100m:	1:23.85	45.44	200m:	2:49.88	43.35	300m:	4:31.97	52.45	400m:	5:47.87	37.18

Elite

1.	TIRRI, Gerardo		09	Lugano Aquatics			4:26.54	683				
	<i>Campione Ticinese Assoluto</i>											
	50m:	28.69 28.69	150m:	1:36.56	34.78	250m:	2:49.33	38.88	350m:	3:58.28	29.77	
	100m:	1:01.78	33.09	200m:	2:10.45	33.89	300m:	3:28.51	39.18	400m:	4:26.54	28.26
2.	SOTTILE, Enrico		07	A-Club Swimming Team Savosa			4:27.25	678				
	50m:	27.06 27.06	150m:	1:33.46	35.58	250m:	2:47.28	38.93	350m:	3:57.76	31.62	
	100m:	57.88	30.82	200m:	2:08.35	34.89	300m:	3:26.14	38.86	400m:	4:27.25	29.49
3.	D'IORIO, Ian		06	Turrita Nuoto			4:27.97	672				
	50m:	28.13 28.13	150m:	1:36.67	36.04	250m:	2:48.77	37.59	350m:	3:58.47	31.06	
	100m:	1:00.63	32.50	200m:	2:11.18	34.51	300m:	3:27.41	38.64	400m:	4:27.97	29.50
4.	DEGTARYOV, Volodymyr		07	A-Club Swimming Team Savosa			4:31.04	650				
	50m:	28.21 28.21	150m:	1:37.27	37.21	250m:	2:49.07	35.70	350m:	3:58.96	33.66	
	100m:	1:00.06	31.85	200m:	2:13.37	36.10	300m:	3:25.30	36.23	400m:	4:31.04	32.08

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Rango					An					Tempo	Pt.	
5.	SAÇU, Faulos				06	Nuoto Sport Locarno				4:35.55	618	
	50m:	27.94	27.94	150m:	1:35.41	36.30	250m:	2:53.04	41.46	350m:	4:07.14	31.87
	100m:	59.11	31.17	200m:	2:11.58	36.17	300m:	3:35.27	42.23	400m:	4:35.55	28.41
	ANDREOLI, Simone				07	Turrta Nuoto				4:35.55	618	
	50m:	28.87	28.87	150m:	1:41.21	38.87	250m:	2:55.01	37.35	350m:	4:05.26	32.63
	100m:	1:02.34	33.47	200m:	2:17.66	36.45	300m:	3:32.63	37.62	400m:	4:35.55	30.29
7.	REZZONICO, Gioele				08	Turrta Nuoto				4:48.23	540	
	50m:	29.84	29.84	150m:	1:41.69	37.03	250m:	3:00.97	42.67	350m:	4:17.07	31.54
	100m:	1:04.66	34.82	200m:	2:18.30	36.61	300m:	3:45.53	44.56	400m:	4:48.23	31.16
8.	BAWOROWSKI, Natanael				09	A-Club Swimming Team Savosa				4:52.27	518	
	50m:	30.65	30.65	150m:	1:47.08	39.46	250m:	3:05.64	39.69	350m:	4:20.58	33.57
	100m:	1:07.62	36.97	200m:	2:25.95	38.87	300m:	3:47.01	41.37	400m:	4:52.27	31.69
9.	ALBERTI, Davide				10	A-Club Swimming Team Savosa				4:53.55	511	
	50m:	30.34	30.34	150m:	1:43.94	37.58	250m:	3:03.83	43.50	350m:	4:20.76	33.29
	100m:	1:06.36	36.02	200m:	2:20.33	36.39	300m:	3:47.47	43.64	400m:	4:53.55	32.79