

gara 15

Ragazzi, 400m Mista

2010 e più giovane

22.11.2025 - 11:10

Risultati

Swiss National Records	4:03.71	DESPLANCHES, Jérémy	GEN	Angers (FRA)	14.12.2019
Swiss Junior Team Championships	4:28.66	GUIDOTTI, Lorenzo	SUI	Prilly	02.12.2023

Pointi: AQUA 2025

Rango	An				Tempo				Pt.
1. ALBERTI, Davide	10				A-Club Swimming Team 1				4:48.89 536
50m: 29.80 29.80	150m: 1:41.62	36.18	250m: 3:00.33	43.69	350m: 4:16.41	32.84			
100m: 1:05.44 35.64	200m: 2:16.64	35.02	300m: 3:43.57	43.24	400m: 4:48.89	32.48			
2. SALZMANN, Elias	11				Nuoto Sport Locarno 1				4:52.12 519
50m: 31.37 31.37	150m: 1:44.21	36.36	250m: 3:03.42	42.66	350m: 4:19.80	33.91			
100m: 1:07.85 36.48	200m: 2:20.76	36.55	300m: 3:45.89	42.47	400m: 4:52.12	32.32			
3. TIRRI, Andrea	12				Lugano Aquatics 1				5:01.49 472
50m: 31.90 31.90	150m: 1:49.35	39.89	250m: 3:10.97	42.39	350m: 4:28.43	34.53			
100m: 1:09.46 37.56	200m: 2:28.58	39.23	300m: 3:53.90	42.93	400m: 5:01.49	33.06			
4. RYSER, Damian	11				Turrita Nuoto 1				5:14.58 415
50m: 34.70 34.70	150m: 1:54.32	40.44	250m: 3:18.93	45.22	350m: 4:40.20	36.12			
100m: 1:13.88 39.18	200m: 2:33.71	39.39	300m: 4:04.08	45.15	400m: 5:14.58	34.38			
5. BONELLI, Gabriele	12				A-Club Swimming Team 2				5:29.83 360
50m: 36.12 36.12	150m: 2:01.99	43.52	250m: 3:29.09	45.97	350m: 4:53.53	37.77			
100m: 1:18.47 42.35	200m: 2:43.12	41.13	300m: 4:15.76	46.67	400m: 5:29.83	36.30			
6. VALLI, Teo	10				Nuoto Sport Locarno 2				5:34.44 346
50m: 35.89 35.89	150m: 2:05.29	45.51	250m: 3:35.33	45.67	350m: 4:59.19	37.04			
100m: 1:19.78 43.89	200m: 2:49.66	44.37	300m: 4:22.15	46.82	400m: 5:34.44	35.25			
7. SENA, Jason	11				Turrita Nuoto 2				5:48.33 306
50m: 39.39 39.39	150m: 2:10.40	44.05	250m: 3:43.62	50.25	350m: 5:13.17	38.25			
100m: 1:26.35 46.96	200m: 2:53.37	42.97	300m: 4:34.92	51.30	400m: 5:48.33	35.16			
8. DE CONTO, Rodrigo	14				Lugano Aquatics 2				5:54.88 289
50m: 37.69 37.69	150m: 2:06.90	45.45	250m: 3:41.59	49.13	350m: 5:14.43	41.80			
100m: 1:21.45 43.76	200m: 2:52.46	45.56	300m: 4:32.63	51.04	400m: 5:54.88	40.45			