



Prova de Preparação de Categorias  
Pombal, 18 - 19/10/2025

Prova 13  
19/10/2025 - 9:48

Masc., 200m Costas

Infantil B  
Resultados

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
1. Miguel, CAINAC 50m: 42.08 42.08 100m: 1:27.57	13	Benedita 45.49 150m: 2:11.98 44.41 200m: 2:53.64	225 41.66
2. Timur, MOLDERF 50m: 41.48 41.48 100m: 1:26.25	13	Nautico Marinha Grande 44.77 150m: 2:11.67 45.42 200m: 2:54.81	220 43.14
3. Vladimir, DERELO 50m: 42.79 42.79 100m: 1:29.07	13	Nautico Marinha Grande 46.28 150m: 2:14.93 45.86 200m: 2:54.99	219 40.06
4. Estevao Esperanco, MOTA 50m: 41.59 41.59 100m: 1:27.47	13	BA Leiria/ SK Coffee 45.88 150m: 2:13.73 46.26 200m: 2:56.45	214 42.72
5. Goncalo Gregorio, FARIAS 50m: 41.63 41.63 100m: 1:26.33	13	Nautico Marinha Grande 44.70 150m: 2:12.93 46.60 200m: 2:57.17	211 44.24
6. Ricardo Pereira, LOPES 50m: 46.56 46.56 100m: 1:35.56	13	Nautico Marinha Grande 49.00 150m: 2:25.91 50.35 200m: 3:11.26	168 45.35
7. Duarte Antonio, CRUZ 50m: 46.15 46.15 100m: 1:34.94	13	Benedita 48.79 150m: 2:25.08 50.14 200m: 3:12.55	165 47.47
8. Diogo Sardinha, BRITO 50m: 47.02 47.02 100m: 1:37.05	13	BA Leiria/ SK Coffee 50.03 150m: 2:28.36 51.31 200m: 3:17.91	152 49.55
9. Gabriel Silva, RIBEIRO 50m: 46.35 46.35 100m: 1:36.18	13	Alcobaca 49.83 150m: 2:29.11 52.93 200m: 3:18.35	151 49.24
10. Ivan, VESNYANKA 50m: 48.75 48.75 100m: 1:42.06	13	BA Leiria/ SK Coffee 53.31 150m: 2:37.04 54.98 200m: 3:32.26	123 55.22
11. David Jorge, MACHADO 50m: 52.48 52.48 100m: 1:48.26	13	Vieirense 55.78 150m: 2:44.26 56.00 200m: 3:37.42	114 53.16
DSQ Gustavo Andre, BATISTA	13	BA Leiria/ SK Coffee <i>O atleta deu duas braçadas na posição ventral antes da viragem dos 150 metros</i>	
DNS Pedro Martim, CRESPO	13	BA Leiria/ SK Coffee	
DNS Joao Pedro, PINHEIRO	13	BA Leiria/ SK Coffee	

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Infantil A  
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Lugar	Ano	Tempo final	Pts
1. Vasco Silvestre, ROCHA 50m: 37.51 37.51 100m: 1:16.77	12	Nautico Marinha Grande 39.26 150m: 1:55.80 39.03 200m: 2:34.41	320 38.61
2. Sebastian, PACHECO 50m: 36.67 36.67 100m: 1:17.43	12	Naval de Peniche 40.76 150m: 1:58.69 41.26 200m: 2:38.85	294 40.16
3. Tomas Vieira, FIGUEIREDO 50m: 41.00 41.00 100m: 1:25.69	12	Alcobaca 44.69 150m: 2:09.49 43.80 200m: 2:52.06	231 42.57
4. Joao Maria, TEMPERO 50m: 43.44 43.44 100m: 1:28.54	12	Pimpoes/Cimai 45.10 150m: 2:13.67 45.13 200m: 2:56.42	214 42.75
5. Joao Pedro, BELO 50m: 42.52 42.52 100m: 1:28.72	12	Nautico Marinha Grande 46.20 150m: 2:14.93 46.21 200m: 2:59.04	205 44.11
6. Lourenco Luis, RIBEIRO 50m: 42.36 42.36 100m: 1:30.31	12	Pimpoes/Cimai 47.95 150m: 2:22.16 51.85 200m: 3:07.74	178 45.58



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Prova 13, Masc., 200m Costas, Infantil A

Lugar	Ano	Tempo final	Pts
7. Afonso Mourao, MIRANDA	12 BA Leiria/ SK Coffee	<b>3:09.83</b>	172
50m: 46.12 46.12 100m: 1:35.70 49.58 150m: 2:25.14 49.44 200m: 3:09.83 44.69			
8. Egor, MIKHAILOV	12 BA Leiria/ SK Coffee	<b>3:11.75</b>	167
50m: 40.06 40.06 100m: 1:27.18 47.12 150m: 2:17.69 50.51 200m: 3:11.75 54.06			
9. Mihail, ONCIU	12 BA Leiria/ SK Coffee	<b>3:12.61</b>	164
50m: 45.61 45.61 100m: 1:33.38 47.77 150m: 2:23.45 50.07 200m: 3:12.61 49.16			

Prova 13  
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Masc., 200m Costas

Juvenil B  
Resultados

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
1. Pedro Pereira, OLIVEIRA	11 Nautico Marinha Grande	<b>2:24.20</b>	393
50m: 33.09 33.09 100m: 1:09.45 36.36 150m: 1:46.64 37.19 200m: 2:24.20 37.56			
2. Vidar Albert, JUNG	11 Nautico Marinha Grande	<b>2:28.47</b>	360
50m: 33.77 33.77 100m: 1:11.58 37.81 150m: 1:50.38 38.80 200m: 2:28.47 38.09			
3. Vasco Sousa, LEMOS	11 Pimpoes/Cimai	<b>2:28.76</b>	358
50m: 35.11 35.11 100m: 1:13.00 37.89 150m: 1:51.22 38.22 200m: 2:28.76 37.54			
4. Tomas Ferreira, CARVALHO	11 BA Leiria/ SK Coffee	<b>2:42.36</b>	275
50m: 40.28 40.28 100m: 1:22.15 41.87 150m: 2:03.58 41.43 200m: 2:42.36 38.78			
5. Tomas Alves, ROCHA	11 Pimpoes/Cimai	<b>2:44.68</b>	263
50m: 41.68 41.68 100m: 1:23.07 41.39 150m: 2:04.76 41.69 200m: 2:44.68 39.92			
6. Diego Rodrigues, MENDES	11 Nautico Marinha Grande	<b>2:47.01</b>	253
50m: 40.47 40.47 100m: 1:22.62 42.15 150m: 2:05.42 42.80 200m: 2:47.01 41.59			
7. Dinis Morgado, FERREIRA	11 BA Leiria/ SK Coffee	<b>2:48.14</b>	247
50m: 39.37 39.37 100m: 1:21.44 42.07 150m: 2:05.39 43.95 200m: 2:48.14 42.75			
8. Andrey, POGOMIY	11 BA Leiria/ SK Coffee	<b>2:52.26</b>	230
50m: 40.26 40.26 100m: 1:25.03 44.77 150m: 2:10.15 45.12 200m: 2:52.26 42.11			
DSQ Gabriel Marques, CARREIRA	11 Uniao Juncalense		
<i>Falsa partida</i>			

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Masc., 200m Costas

Juvenil A  
Resultados

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
1. Tomas Manuel, PALMEIRO	10 Nautico Marinha Grande	<b>2:21.35</b>	417
50m: 32.43 32.43 100m: 1:07.60 35.17 150m: 1:44.58 36.98 200m: 2:21.35 36.77			
2. Rodrigo Cardoso, TOMAS	10 Alcobaca	<b>2:22.25</b>	409
50m: 34.25 34.25 100m: 1:10.51 36.26 150m: 1:47.53 37.02 200m: 2:22.25 34.72			
3. Francisco Lourenco, PEDROSA	10 Nautico Marinha Grande	<b>2:22.86</b>	404
50m: 34.85 34.85 100m: 1:11.72 36.87 150m: 1:48.41 36.69 200m: 2:22.86 34.45			
4. Dinis Lamas, SANTOS	10 BA Leiria/ SK Coffee	<b>2:22.99</b>	403
50m: 33.14 33.14 100m: 1:09.82 36.68 150m: 1:46.47 36.65 200m: 2:22.99 36.52			
5. Antonio Antunes, JORGE	10 Alcobaca	<b>2:24.34</b>	391
50m: 33.26 33.26 100m: 1:10.42 37.16 150m: 1:48.11 37.69 200m: 2:24.34 36.23			
6. Afonso Ferreira, REIS	10 Nautico Marinha Grande	<b>2:26.59</b>	374
50m: 33.85 33.85 100m: 1:10.57 36.72 150m: 1:49.34 38.77 200m: 2:26.59 37.25			



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Prova 13, Masc., 200m Costas, Juvenil A

Lugar			Ano					Tempo final	Pts
7.	Lucas Costa, JESUS	10	Nautico Marinha Grande	<b>2:27.62</b>	366				
	50m: 34.80 34.80	100m: 1:12.05	37.25 150m: 1:50.57	38.52	200m: 2:27.62	37.05			
8.	Lucas Ferreira, GASPAR	10	Vieirense	<b>2:29.00</b>	356				
	50m: 34.10 34.10	100m: 1:11.40	37.30 150m: 1:50.04	38.64	200m: 2:29.00	38.96			
9.	Simao Sousa, JESUS	10	Nautico Marinha Grande	<b>2:40.24</b>	286				
	50m: 37.19 37.19	100m: 1:17.97	40.78 150m: 2:00.04	42.07	200m: 2:40.24	40.20			
10.	Francisco Antonio, SIMOES	10	BA Leiria/ SK Coffee	<b>2:43.50</b>	269				
	50m: 37.93 37.93	100m: 1:19.15	41.22 150m: 2:01.56	42.41	200m: 2:43.50	41.94			
11.	Francisco Enes, ALVES	10	BA Leiria/ SK Coffee	<b>2:53.41</b>	226				
	50m: 39.95 39.95	100m: 1:23.88	43.93 150m: 2:09.40	45.52	200m: 2:53.41	44.01			

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Masc., 200m Costas

Junior  
Resultados

Pontos: AQUA 2025

Lugar			Ano					Tempo final	Pts
1.	Tomas Pascoal, FERREIRA	09	BA Leiria/ SK Coffee	<b>2:13.67</b>	493				
	50m: 31.23 31.23	100m: 1:05.06	33.83 150m: 1:39.24	34.18	200m: 2:13.67	34.43			
2.	Santiago Marques, GOMES	09	BA Leiria/ SK Coffee	<b>2:18.14</b>	447				
	50m: 33.03 33.03	100m: 1:07.94	34.91 150m: 1:43.65	35.71	200m: 2:18.14	34.49			
3.	Paulo, KOT	09	Nautico Marinha Grande	<b>2:19.65</b>	432				
	50m: 32.05 32.05	100m: 1:07.49	35.44 150m: 1:44.05	36.56	200m: 2:19.65	35.60			
4.	Guilherme Meireles, MARRAZES	09	Nautico Marinha Grande	<b>2:21.16</b>	419				
	50m: 32.89 32.89	100m: 1:08.83	35.94 150m: 1:44.78	35.95	200m: 2:21.16	36.38			
5.	Xinyang, CHENG	09	Nautico Marinha Grande	<b>2:22.24</b>	409				
	50m: 33.67 33.67	100m: 1:09.99	36.32 150m: 1:46.62	36.63	200m: 2:22.24	35.62			
6.	David Ferrador, PEREIRA	09	Nucleo de Pombal	<b>2:25.54</b>	382				
	50m: 32.29 32.29	100m: 1:09.54	37.25 150m: 1:48.54	39.00	200m: 2:25.54	37.00			
7.	Martim Alexandre, MESQUITA	09	Nautico Marinha Grande	<b>2:30.86</b>	343				
	50m: 35.21 35.21	100m: 1:13.63	38.42 150m: 1:53.36	39.73	200m: 2:30.86	37.50			
8.	Pedro Fonseca, OLIVEIRA	09	Nautico Marinha Grande	<b>2:32.59</b>	331				
	50m: 35.64 35.64	100m: 1:13.71	38.07 150m: 1:52.78	39.07	200m: 2:32.59	39.81			
9.	Diogo Coelho, JORDAO	08	Uniao Juncalense	<b>2:32.89</b>	329				
	50m: 34.96 34.96	100m: 1:13.33	38.37 150m: 1:53.43	40.10	200m: 2:32.89	39.46			
10.	Hugo Miguel, SANTOS	09	Pimpoes/Cimai	<b>2:34.11</b>	322				
	50m: 36.68 36.68	100m: 1:15.66	38.98 150m: 1:55.31	39.65	200m: 2:34.11	38.80			
11.	Vladyslav, BABUSHKIN	09	Nautico Marinha Grande	<b>2:40.94</b>	282				
	50m: 37.76 37.76	100m: 1:18.46	40.70 150m: 1:59.82	41.36	200m: 2:40.94	41.12			
12.	Alexandre Afonso, SANTOS	09	Uniao Juncalense	<b>2:45.16</b>	261				
	50m: 37.12 37.12	100m: 1:18.39	41.27 150m: 2:00.87	42.48	200m: 2:45.16	44.29			



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Senior  
Resultados

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
1. David Ferreira, RELVAS	03 Nautico Marinha Grande	<b>2:16.78</b>	460
50m: 32.20 32.20 100m: 1:05.79 33.59 150m: 1:40.73 34.94 200m: 2:16.78 36.05			
2. Miguel Vicente, SILVA	02 Nautico Marinha Grande	<b>2:24.80</b>	388
50m: 32.76 32.76 100m: 1:08.27 35.51 150m: 1:45.74 37.47 200m: 2:24.80 39.06			
3. Bernardo Nunes, DOMINGUEZ	07 BA Leiria/ SK Coffee	<b>2:26.11</b>	377
50m: 31.61 31.61 100m: 1:07.62 36.01 150m: 1:47.78 40.16 200m: 2:26.11 38.33			