



Prova de Preparação de Categorias
Pombal, 18 - 19/10/2025

Prova 1
18/10/2025 - 15:30

Femin., 200m Mariposa

Infantil B
Resultados

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
1. Alicia Ferreira, OLIVEIRA 50m: 37.94 37.94 100m: 1:25.19	13	BA Leiria/ SK Coffee 47.25 150m: 2:16.94 51.75 200m: 3:14.51	230 57.57
2. Lara Sofia, MARCELINO 50m: 41.34 41.34 100m: 1:33.12	13	Vieirense 51.78 150m: 2:26.83 53.71 200m: 3:19.66	213 52.83
3. Laura Silva, MARTINS 50m: 39.21 39.21 100m: 1:30.17	13	BA Leiria/ SK Coffee 50.96 150m: 2:31.42 1:01.25 200m: 3:32.20	177 1:00.78
4. Erica Maria, FORTUNATO 50m: 51.46 51.46 100m: 1:51.36	13	BA Leiria/ SK Coffee 59.90 150m: 2:52.65 1:01.29 200m: 3:53.21	133 1:00.56
5. Eduarda Antunes, BUGALHAO 50m: 51.51 51.51 100m: 1:56.53	13	BA Leiria/ SK Coffee 1:05.02 150m: 3:03.29 1:06.76 200m: 4:09.56	109 1:06.27

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Infantil A
Resultados

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
1. Emiliania Arruda, SARAIVA 50m: 41.34 41.34 100m: 1:33.56	12	Vieirense 52.22 150m: 2:25.01 51.45 200m: 3:13.60	234 48.59
2. Benedita Nunes, FELIX 50m: 39.06 39.06 100m: 1:29.17	12	Pimpoes/Cimai 50.11 150m: 2:23.56 54.39 200m: 3:17.42	220 53.86
3. Iara Maria, CAMACHO 50m: 42.47 42.47 100m: 1:33.74	12	Pimpoes/Cimai 51.27 150m: 2:25.29 51.55 200m: 3:17.87	219 52.58
4. Maria Leonor, ASSUNCAO 50m: 44.26 44.26 100m: 1:40.21	12	Pimpoes/Cimai 55.95 150m: 2:39.70 59.49 200m: 3:39.48	160 59.78

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Juvenil B
Resultados

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
1. Isabela Lourenco, COSTA 50m: 37.60 37.60 100m: 1:22.35	11	Benedita 44.75 150m: 2:07.82 45.47 200m: 2:53.29	326 45.47
2. Cristiana Henriques, ALMEIDA 50m: 37.55 37.55 100m: 1:22.16	11	Benedita 44.61 150m: 2:08.88 46.72 200m: 2:54.59	319 45.71
3. Margarida Lopes, RODRIGUES 50m: 39.65 39.65 100m: 1:27.50	11	Uniao Juncalense 47.85 150m: 2:21.65 54.15 200m: 3:17.02	222 55.37
4. Erica Felix, RODRIGUES 50m: 40.69 40.69 100m: 1:30.77	11	Uniao Juncalense 50.08 150m: 2:26.52 55.75 200m: 3:22.78	203 56.26



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Juvenil A
Resultados

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Lugar	Ano	Tempo final	Pts
1. Diana Isabel, ALVES	10 Pimpoes/Cimai	2:43.27	390
50m: 35.43 35.43	100m: 1:17.04 41.61	150m: 2:00.58 43.54	200m: 2:43.27 42.69
2. Matilde Santos, VIEIRA	10 BA Leiria/ SK Coffee	2:43.40	389
50m: 34.41 34.41	100m: 1:15.23 40.82	150m: 1:59.45 44.22	200m: 2:43.40 43.95
3. Constanca Rolim, PEDRO	10 BA Leiria/ SK Coffee	2:57.28	304
50m: 39.00 39.00	100m: 1:22.41 43.41	150m: 2:09.38 46.97	200m: 2:57.28 47.90
4. Leonor Pereira, SILVA	10 Óbidos	3:09.42	249
50m: 36.92 36.92	100m: 1:22.57 45.65	150m: 2:14.73 52.16	200m: 3:09.42 54.69

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Junior
Resultados

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
1. Matilde Andre, LUIS	08 Alcobaca	2:51.32	337
50m: 37.19 37.19	100m: 1:20.43 43.24	150m: 2:05.90 45.47	200m: 2:51.32 45.42
2. Marta Cabete, GOMES	08 CNLeiria - VOID	3:01.92	282
50m: 38.26 38.26	100m: 1:21.79 43.53	150m: 2:10.38 48.59	200m: 3:01.92 51.54

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Senior
Resultados

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
1. Ana Claudia, FERREIRA	90 Alcobaca	2:31.00	493
50m: 34.15 34.15	100m: 1:11.65 37.50	150m: 1:50.81 39.16	200m: 2:31.00 40.19