

II Leiria OPEN Meeting - ABSOLUTOS 2025
Leiria, 8 - 9/11/2025

Prova 4
08/11/2025 - 16:06

Masc., 400m Livres
VOID Software

OPEN MASC
Resultados Elimin

R.T. LRA OPEN	3:59.68	José, LOPES	Leiria	07/11/2024
Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR Abu Dhabi (UAE)	16/12/2021
Rec Nac 19 +	3:42.57	Jose Paulo, LOPES	POR Abu Dhabi (UAE)	16/12/2021
Rec Nac 18	3:50.52	Adriano Miguel, NIZ	CFV Fafe	26/06/2004
Rec Nac 17	3:52.60	Rui Silva, PEREIRA	ADRCIMM Tomar	14/12/2024
Rec Nac 16	3:58.45	Rui Silva, PEREIRA	ADRCIMM Sines	17/12/2023
Rec Nac 15	4:01.42	Rui Silva, PEREIRA	POR Tomar	15/01/2023
Rec Nac 14	4:12.35	Andre Vilas, RUIVO	DNMG Campo Maior	29/03/2014
Rec Nac 13	4:21.95	Pedro Fontoura, OLIVEIRA	CFB Santarém	04/04/2003

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
1. Duarte Cachulo, MARQUES <i>Recorde Torneio</i>	07 Condeixa Aqua Clube	3:59.41	696_Q
50m: 26.38 26.38 150m: 1:25.27 29.77 250m: 2:26.50 30.56 350m: 3:29.13 31.32			
100m: 55.50 29.12 200m: 1:55.94 30.67 300m: 2:57.81 31.31 400m: 3:59.41 30.28			
2. Gustavo Carvalhais, RIBEIRO	03 Benfica	4:01.87	675_Q
50m: 27.89 27.89 150m: 1:28.93 30.71 250m: 2:30.37 30.42 350m: 3:30.44 29.91			
100m: 58.22 30.33 200m: 1:59.95 31.02 300m: 3:00.53 30.16 400m: 4:01.87 31.43			
3. Yury, FOMIN	06 Sport Alges e Dafundo	4:02.63	669_Q
50m: 27.89 27.89 150m: 1:28.98 30.74 250m: 2:30.92 30.93 350m: 3:32.39 30.73			
100m: 58.24 30.35 200m: 1:59.99 31.01 300m: 3:01.66 30.74 400m: 4:02.63 30.24			
4. Renato Ferreira, MIMOSO	10 Benfica	4:04.03	657_Q
50m: 27.60 27.60 150m: 1:28.92 30.76 250m: 2:30.68 30.70 350m: 3:32.98 31.52			
100m: 58.16 30.56 200m: 1:59.98 31.06 300m: 3:01.46 30.78 400m: 4:04.03 31.05			
5. Joao Ferreira, MARQUES	06 Academica de Coimbra	4:13.20	589_Q
50m: 28.50 28.50 150m: 1:31.52 32.05 250m: 2:36.67 32.61 350m: 3:41.64 32.28			
100m: 59.47 30.97 200m: 2:04.06 32.54 300m: 3:09.36 32.69 400m: 4:13.20 31.56			
6. Afonso Dinis, ROQUE	07 CNLeiria - VOID	4:18.19	555_Q
50m: 29.20 29.20 150m: 1:33.67 32.60 250m: 2:38.92 32.38 350m: 3:45.42 33.32			
100m: 1:01.07 31.87 200m: 2:06.54 32.87 300m: 3:12.10 33.18 400m: 4:18.19 32.77			
7. Marco Dimitar, OLIVEIRA	07 Condeixa Aqua Clube	4:20.48	541_Q
50m: 29.10 29.10 150m: 1:33.83 33.09 250m: 2:40.32 33.04 350m: 3:47.64 33.81			
100m: 1:00.74 31.64 200m: 2:07.28 33.45 300m: 3:13.83 33.51 400m: 4:20.48 32.84			
8. Guilherme Simoes, SOUSA	08 Academica de Coimbra	4:20.70	539_Q
50m: 29.91 29.91 150m: 1:35.56 33.01 250m: 2:43.00 33.84 350m: 3:49.40 33.06			
100m: 1:02.55 32.64 200m: 2:09.16 33.60 300m: 3:16.34 33.34 400m: 4:20.70 31.30			
9. Antonio Pedro, MARTINS	05 Condeixa Aqua Clube	4:21.11	537_R
50m: 30.73 30.73 150m: 1:38.02 33.84 250m: 2:43.86 32.35 350m: 3:49.70 33.08			
100m: 1:04.18 33.45 200m: 2:11.51 33.49 300m: 3:16.62 32.76 400m: 4:21.11 31.41			
10. Tiago Santos, POMBO	08 Alcobaca	4:22.69	527_R
50m: 29.21 29.21 150m: 1:35.92 33.80 250m: 2:43.17 33.54 350m: 3:50.66 33.36			
100m: 1:02.12 32.91 200m: 2:09.63 33.71 300m: 3:17.30 34.13 400m: 4:22.69 32.03			
11. Hugo Ferreira, SILVA	11 Academica de Coimbra	4:24.81	514
50m: 30.00 30.00 150m: 1:37.47 33.83 250m: 2:45.41 33.72 350m: 3:52.99 33.53			
100m: 1:03.64 33.64 200m: 2:11.69 34.22 300m: 3:19.46 34.05 400m: 4:24.81 31.82			

COM O APOIO DE:



PARTNERS:



PATROCINADORES:





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Lugar	Ano	Tempo final	Pts
12. Pedro Souza, SILVA	10 Pimpoes/Cimai	4:25.64	510
50m: 29.67 29.67	150m: 1:36.93 33.97	250m: 2:45.75 34.55	350m: 3:53.51 33.41
100m: 1:02.96 33.29	200m: 2:11.20 34.27	300m: 3:20.10 34.35	400m: 4:25.64 32.13
13. Samuel Dinis, MAIA	08 Miranda do Corvo	4:26.12	507
50m: 29.08 29.08	150m: 1:34.36 33.18	250m: 2:42.32 34.33	350m: 3:52.14 34.87
100m: 1:01.18 32.10	200m: 2:07.99 33.63	300m: 3:17.27 34.95	400m: 4:26.12 33.98
14. Duarte Moura, MENDES	11 Torres Novas	4:27.31	500
50m: 29.79 29.79	150m: 1:36.58 33.53	250m: 2:44.67 33.84	350m: 3:53.49 34.03
100m: 1:03.05 33.26	200m: 2:10.83 34.25	300m: 3:19.46 34.79	400m: 4:27.31 33.82
15. David Ferrador, PEREIRA	09 Nucleo de Pombal	4:29.77	487
50m: 28.99 28.99	150m: 1:36.66 34.56	250m: 2:46.28 35.13	350m: 3:56.37 34.73
100m: 1:02.10 33.11	200m: 2:11.15 34.49	300m: 3:21.64 35.36	400m: 4:29.77 33.40
16. Santiago Boica, SOUSA	08 Vieiraense	4:30.41	483
50m: 30.63 30.63	150m: 1:38.61 34.07	250m: 2:48.16 34.67	350m: 3:57.41 35.03
100m: 1:04.54 33.91	200m: 2:13.49 34.88	300m: 3:22.38 34.22	400m: 4:30.41 33.00
17. Lucas Ferreira, GASPAR	10 Vieiraense	4:32.60	472
50m: 29.76 29.76	150m: 1:37.27 34.38	250m: 2:47.01 35.01	350m: 3:58.10 35.60
100m: 1:02.89 33.13	200m: 2:12.00 34.73	300m: 3:22.50 35.49	400m: 4:32.60 34.50
18. Bernardo Bento, DINIS	11 Condeixa Aqua Clube	4:36.05	454
50m: 31.47 31.47	150m: 1:39.86 34.77	250m: 2:50.53 35.85	350m: 4:02.00 35.78
100m: 1:05.09 33.62	200m: 2:14.68 34.82	300m: 3:26.22 35.69	400m: 4:36.05 34.05
19. Tiago Goncalves, VIEIRA	10 Gualdim Pais	4:46.03	408
50m: 31.69 31.69	150m: 1:43.91 35.95	250m: 2:56.80 36.42	350m: 4:10.45 37.05
100m: 1:07.96 36.27	200m: 2:20.38 36.47	300m: 3:33.40 36.60	400m: 4:46.03 35.58
20. Lourenco Vicente, GEADA	10 Torres Novas	4:46.27	407
50m: 32.03 32.03	150m: 1:43.41 36.26	250m: 2:57.54 37.03	350m: 4:11.27 36.86
100m: 1:07.15 35.12	200m: 2:20.51 37.10	300m: 3:34.41 36.87	400m: 4:46.27 35.00
21. Daniel Filipe, PAIVA	98 Miranda do Corvo	4:46.36	407
50m: 31.73 31.73	150m: 1:43.33 36.36	250m: 2:56.81 36.58	350m: 4:11.86 37.71
100m: 1:06.97 35.24	200m: 2:20.23 36.90	300m: 3:34.15 37.34	400m: 4:46.36 34.50
22. Francisco Pimentel, COELHO	11 Benfica	4:47.98	400
50m: 33.57 33.57	150m: 1:48.64 37.67	250m: 3:01.08 36.20	350m: 4:13.02 36.40
100m: 1:10.97 37.40	200m: 2:24.88 36.24	300m: 3:36.62 35.54	400m: 4:47.98 34.96
23. Martim Duarte, ROQUE	11 CNLeiria - VOID	4:47.99	400
50m: 31.61 31.61	150m: 1:43.05 36.51	250m: 2:57.05 36.90	350m: 4:11.06 37.16
100m: 1:06.54 34.93	200m: 2:20.15 37.10	300m: 3:33.90 36.85	400m: 4:47.99 36.93
24. Leonardo Fonseca, FERRAZ	11 Academica de Coimbra	4:55.42	370
50m: 33.17 33.17	150m: 1:47.18 37.42	250m: 3:02.51 37.75	350m: 4:18.77 37.93
100m: 1:09.76 36.59	200m: 2:24.76 37.58	300m: 3:40.84 38.33	400m: 4:55.42 36.65
25. Afonso Manuel, FERNANDES	12 Academica de Coimbra	5:01.39	349
50m: 35.93 35.93	150m: 1:51.67 37.91	250m: 3:07.65 37.74	350m: 4:23.87 37.82
100m: 1:13.76 37.83	200m: 2:29.91 38.24	300m: 3:46.05 38.40	400m: 5:01.39 37.52

COM O APOIO DE:

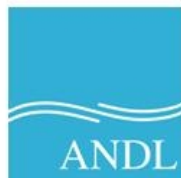


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Lugar			Ano			Tempo final	Pts	
26.	Rodrigo Freire, JOAQUIM		11	CNLeiria - VOID		5:16.82	300	
	50m:	34.59 34.59	150m:	1:53.79 40.11	250m:	3:15.92 41.52	350m:	4:37.67 40.80
	100m:	1:13.68 39.09	200m:	2:34.40 40.61	300m:	3:56.87 40.95	400m:	5:16.82 39.15
27.	Martim Rocha, SILVA		12	Gualdim Pais		5:20.00	291	
	50m:	36.38 36.38	150m:	1:57.55 39.75	250m:	3:19.31 40.99	350m:	4:39.70 40.21
	100m:	1:17.80 41.42	200m:	2:38.32 40.77	300m:	3:59.49 40.18	400m:	5:20.00 40.30
28.	Chun-Yu, YANG		12	Academica de Coimbra		5:48.34	226	
	50m:	38.10 38.10	150m:	2:05.53 44.13	250m:	3:34.76 45.38	350m:	5:04.76 44.66
	100m:	1:21.40 43.30	200m:	2:49.38 43.85	300m:	4:20.10 45.34	400m:	5:48.34 43.58
29.	Abel Elias, RAMOS		11	Gualdim Pais		5:54.81	214	
	50m:	37.26 37.26	150m:	2:07.52 46.46	250m:	3:39.70 45.68	350m:	5:12.63 46.77
	100m:	1:21.06 43.80	200m:	2:54.02 46.50	300m:	4:25.86 46.16	400m:	5:54.81 42.18

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