



Jornada Abertura Categorias
Entroncamento,20-10-2024

Prova 6 800m Livres 13 anos e mais velhos
19/10/2025 - 10:25 Resultados

Recorde Distrital ANDS Open	7:59.83	Tiago Filipe Campos	CNRM	Albufeira	12/11/2023
Recorde Distrital ANDS Sen	7:59.83	Tiago Filipe Campos	CNRM	Albufeira	12/11/2023
Recorde Distrital ANDS Jun18	8:17.56	Tiago Filipe Campos	Sel POR	Felgueiras	22/04/2014
Recorde Distrital ANDS Jun17	8:00.80	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Juv A	8:09.51	Gustavo Manuel Santa	CNLA	Torres Novas	26/04/2009
Recorde Distrital ANDS Juv B	8:39.75	Pedro Diogo Oliveira	CNRM	Tomar	11/05/2003
Recorde Distrital ANDS Inf A	9:13.57	Gustavo Manuel Santa	CNLA	Sines	01/04/2007
Recorde Distrital ANDS Inf B	9:30.40	David Filipe Pacheco	BUZIOS	Ponte de Sor	20/05/2023
Recorde Distrital ANDS Open	8:44.44	Mafalda Sofia Rosa	CNRM	Albufeira	14/11/2021
Recorde Distrital ANDS Sen	8:44.44	Mafalda Sofia Rosa	CNRM	Albufeira	14/11/2021
Recorde Distrital ANDS 18	8:55.23	Mafalda Sofia Rosa	CNRM	Tomar	24/10/2020
Recorde Distrital ANDS 17	8:48.64	Mafalda Sofia Rosa	ROU	Leiria	15/12/2019
Recorde Distrital ANDS Juv A	8:53.34	Mafalda Sofia Rosa	CNRM	Coruche	15/03/2019
Recorde Distrital ANDS Juv B	9:10.38	Mafalda Sofia Rosa	CNRM	Albufeira	16/12/2017
Recorde Distrital ANDS Inf A	9:21.21	Ana Rita Boavista	CNLA	Guimar�es	09/03/2002
Recorde Distrital ANDS Inf B	9:30.62	Mafalda Sofia Rosa	CNRM	Tomar	19/03/2016

INF A Inf A Femin.: 13:17.90; Inf A Masc.: 12:20.00 / INF B Inf B Femin.: 14:00.00; Inf B Masc.: 13:10.00 /
JUV A Juv A Femin.: 12:41.00; Juv A Masc.: 10:58.00 / JUV B Juv B Femin.: 13:00.90; Juv B Masc.: 11:20.00 /
JUN+ SEN 17 + Femin.: 12:16.00; Jun/Sen Masc.: 10:34.00

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
Absoluto, Femin.			
1. Leonor Sombreiro Martins	10 BUZIOS - Coruche	9:46.22	540
50m: 32.18 100m: 1:07.58 200m: 2:20.99 400m: 4:49.55 800m: 9:46.22			
2. Sofia Barroca Pereira	11 BUZIOS - Coruche	9:54.49	517
50m: 31.88 100m: 1:07.02 200m: 2:22.70 400m: 4:53.65 800m: 9:54.49			
3. Matilde Casimiro Bibi	12 BUZIOS - Coruche	9:59.40	505
50m: 33.47 100m: 1:10.47 200m: 2:24.87 400m: 4:56.62 800m: 9:59.40			
4. Catarina Maria Fragoso	07 Viver Santarem	10:27.19	441
100m: 1:15.17 200m: 2:34.87 400m: 5:14.11 800m: 10:27.19			
5. Mariana Mauricio Coelho	07 BUZIOS - Coruche	10:33.77	427
50m: 35.18 100m: 1:13.90 200m: 2:33.35 400m: 5:12.46 800m: 10:33.77			
6. Catarina Isabel Carlota	05 BUZIOS - Coruche	10:38.57	417
50m: 34.36 100m: 1:12.30 200m: 2:30.92 400m: 5:11.61 800m: 10:38.57			
7. Rita Balsa Alves	12 BUZIOS - Coruche	10:47.17	401
50m: 37.30 100m: 1:17.67 200m: 2:39.43 400m: 5:23.85 800m: 10:47.17			
8. Maria Pais Santos	12 BUZIOS - Coruche	11:01.17	376
50m: 36.49 100m: 1:16.61 200m: 2:38.74 400m: 5:25.71 800m: 11:01.17			
9. Benedita Maria Lagarinhos	11 Viver Santarem	11:11.48	359
50m: 38.21 100m: 1:20.76 200m: 2:45.39 400m: 5:34.98 800m: 11:11.48			
10. Vera Almeida Rosa	09 Nautico Abrantes	11:29.00	332
50m: 37.36 100m: 1:18.92 200m: 2:44.78 400m: 5:39.37 800m: 11:29.00			
11. Angela Maria Pereira	10 Nautico Salvaterra Magos	11:30.76	330
50m: 37.98 100m: 1:20.10 200m: 2:47.06 400m: 5:43.08 800m: 11:30.76			
12. Beatriz Agostinho Duque	11 20Km de Almeirim	11:33.34	326
50m: 39.70 100m: 1:22.59 200m: 2:49.92 400m: 5:47.28 800m: 11:33.34			
13. Maria Francisca Pinheiro	12 Nautico Abrantes	12:03.46	287
50m: 38.05 100m: 1:20.67 200m: 2:52.07 400m: 5:54.13 800m: 12:03.46			
14. Matilde Abelho Vaz	12 CLAC-Entroncamento	12:06.95	283
50m: 40.92 100m: 1:26.43 200m: 2:58.30 400m: 6:03.82 800m: 12:06.95			
15. Leonor Chambel Santos	13 Nautico Abrantes	12:56.45	232
50m: 43.51 100m: 1:31.78 200m: 3:09.80 400m: 6:26.14 800m: 12:56.45			



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Prova 6, Femin., 800m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
16. Ines Santos Pina	12 CLAC-Entroncamento	13:12.46	218
50m: 44.74 100m: 1:33.08 200m: 3:14.32 400m: 6:35.52 800m: 13:12.46			
17. Mafalda Ines Martinho	13 CLAC-Entroncamento	13:30.88	204
50m: 45.78 100m: 1:37.63 200m: 3:21.38 400m: 6:45.63 800m: 13:30.88			

Absoluto, Masc.

1. David Filipe Pacheco	10 BUZIOS - Coruche	9:07.67	520
50m: 30.42 100m: 1:03.56 200m: 2:11.60 400m: 4:30.11 800m: 9:07.67			
2. Tiago Frazao Barra	10 Rio Maior	9:22.62	479
50m: 31.43 100m: 1:05.24 200m: 2:15.19 400m: 4:38.74 800m: 9:22.62			
3. Gabriel Antunes Ramos	09 Rio Maior	9:24.87	474
50m: 32.61 100m: 1:07.98 200m: 2:19.30 400m: 4:42.98 800m: 9:24.87			
4. Tomas Alexandre Santos	07 BUZIOS - Coruche	9:41.66	434
50m: 30.86 100m: 1:05.33 200m: 2:16.70 400m: 4:43.70 800m: 9:41.66			
5. Andre Guilherme Anastacio	10 Nautico Abrantes	10:02.50	390
50m: 32.08 100m: 1:06.75 200m: 2:19.25 400m: 4:51.39 800m: 10:02.50			
6. Guilherme Gomes Nunes	10 Nautico Salvaterra Magos	10:19.81	358
50m: 32.79 100m: 1:08.24 200m: 2:21.69 400m: 4:54.45 800m: 10:19.81			
7. Diogo Chambel Santos	11 Nautico Abrantes	10:34.50	334
50m: 35.54 100m: 1:13.49 200m: 2:31.73 400m: 5:11.61 800m: 10:34.50			
8. Artur Alexandre Silva	11 20Km de Almeirim	11:02.67	293
50m: 35.90 100m: 1:16.43 200m: 2:41.20 400m: 5:31.50 800m: 11:02.67			
9. Gabriel Sa Chambel	09 CLAC-Entroncamento	11:03.51	292
<i>FTLS</i>			
50m: 35.48 100m: 1:17.09 200m: 2:43.09 400m: 5:32.91 800m: 11:03.51			
10. Santiago Raposo Fernandes	12 20Km de Almeirim	11:06.03	289
50m: 34.66 100m: 1:15.12 200m: 2:39.19 400m: 5:28.66 800m: 11:06.03			
11. Bernardo Marques Fernandes	07 CLAC-Entroncamento	11:11.24	282
<i>FTLS</i>			
50m: 37.61 100m: 1:18.25 200m: 2:40.93 400m: 5:31.76 800m: 11:11.24			
12. Hugo Miguel Silva	77 BUZIOS - Coruche	11:15.95	276
<i>FTLS</i>			
50m: 36.24 100m: 1:17.17 200m: 2:43.92 400m: 5:37.64 800m: 11:15.95			
13. Bernardo Margarido Miranda	12 Nautico Abrantes	11:44.16	244
50m: 38.09 100m: 1:21.42 200m: 2:50.06 400m: 5:50.48 800m: 11:44.16			
14. Gabriel Antonio Marques	11 Nautico Abrantes	12:11.39	218
<i>FTLS</i>			
50m: 41.68 100m: 1:27.56 200m: 2:59.18 400m: 5:57.96 800m: 12:11.39			
15. Salvador Miguel Silva	11 Viver Santarem	12:13.17	216
<i>FTLS</i>			
50m: 40.17 100m: 1:25.49 200m: 2:57.05 400m: 6:03.98 800m: 12:13.17			
16. Guilherme Ferreira Leitao	10 Viver Santarem	12:16.88	213
<i>FTLS</i>			
50m: 38.14 100m: 1:24.80 200m: 3:00.39 400m: 6:09.57 800m: 12:16.88			



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Prova 6, Masc., 800m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
17. Afonso Goncalves Leite <i>FTLS</i>	10 CLAC-Entroncamento	12:54.04	184
50m: 40.11 100m: 1:25.70 200m: 3:01.59 400m: 6:21.37 800m: 12:54.04			
18. Hugo Santos Carapeto	13 Nautico Abrantes	13:06.73	175
50m: 39.85 100m: 1:26.54 200m: 3:03.61 400m: 6:26.67 800m: 13:06.73			
19. Afonso Ferreira Cruz <i>FTLS</i>	12 CLAC-Entroncamento	13:30.59	160
50m: 43.98 100m: 1:34.43 200m: 3:19.30 400m: 6:47.43 800m: 13:30.59			
WDR Joao Pedro Rosa	90 CLAC-Entroncamento		