



Jornada Abertura Categorias  
Entroncamento,20-10-2024

Prova 13 1500m Livres 13 anos e mais velhos  
19/10/2025 - 16:55 Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Sen	15:14.70	Tiago Filipe Campos	CNRM	Albufeira	10/11/2023
Recorde Distrital ANDS Jun18	15:55.58	Ricardo Matias Santos	CPFS	Leiria	11/12/2022
Recorde Distrital ANDS Jun17	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Juv A	15:50.63	Gustavo Manuel Santa	CNLA	Sines	21/12/2008
Recorde Distrital ANDS Juv B	16:27.54	Pedro Diogo Oliveira	CNRM	Rio Maior	11/07/2003
Recorde Distrital ANDS Inf A	17:24.44	Gustavo Manuel Santa	CNLA	Sines	01/04/2007
Recorde Distrital ANDS Inf B	17:52.60	Paulo Bruno Janeiro	CNLA	Sines	01/04/2007
Recorde Distrital ANDS Open	16:35.00	Mafalda Sofia Rosa	CNRM	Albufeira	11/11/2023
Recorde Distrital ANDS Sen	16:35.00	Mafalda Sofia Rosa	CNRM	Albufeira	11/11/2023
Recorde Distrital ANDS 18 +	16:41.83	Mafalda Sofia Rosa	CNRM	Leiria	09/12/2022
Recorde Distrital ANDS 17	17:00.30	Mafalda Sofia Rosa	CNRM	Felgueiras	20/12/2019
Recorde Distrital ANDS Juv A	17:03.84	Mafalda Sofia Rosa	CNRM	CORUCHE	15/03/2019
Recorde Distrital ANDS Juv B	17:22.70	Mafalda Sofia Rosa	CNRM	Tomar	18/11/2017
Recorde Distrital ANDS Inf A	17:57.44	Mafalda Sofia Rosa	CNRM	Santarem	15/01/2017
Recorde Distrital ANDS Inf B	18:45.41	Mafalda Sofia Rosa	CNRM	Tomar	14/11/2015

INF A Inf A Femin.: 24:50.00; Inf A Masc.: 23:40.00 / INF B Inf B Femin.: 25:30.00; Inf B Masc.: 24:58.00 /  
JUV A Juv A Femin.: 24:00.00; Juv A Masc.: 22:50.00 / JUV B Juv B Femin.: 24:25.00; Juv B Masc.: 23:06.00 /  
JUN+ SEN 17 + Femin.: 23:18.00; Jun/Sen Masc.: 21:06.00

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
<b>Absoluto, Femin.</b>			
1. Leonor Sombreiro Martins	10	<b>BUZIOS - Coruche</b>	<b>19:07.54</b> 495
50m: 33.17 300m: 550m: 800m: 10:08.17 1050m: 1300m:			
100m: 1:09.61 350m: 600m: 850m: 1100m: 1350m:			
150m: 400m: 5:00.11 650m: 900m: 1150m: 1400m:			
200m: 2:26.07 450m: 700m: 950m: 1200m: 1450m:			
250m: 500m: 750m: 1000m: 1250m: 1500m: 19:07.54			
2. Marta Bento Ferreira	13	<b>Viver Santarem</b>	<b>24:01.28</b> 250
50m: 44.44 300m: 550m: 800m: 12:47.44 1050m: 1300m:			
100m: 1:32.32 350m: 600m: 850m: 1100m: 1350m:			
150m: 400m: 6:21.26 650m: 900m: 1150m: 1400m:			
200m: 3:08.19 450m: 700m: 950m: 1200m: 1450m:			
250m: 500m: 750m: 1000m: 1250m: 1500m: 24:01.28			
3. Carolina Cupertino Marchante	09	<b>CLAC-Entroncamento</b>	<b>24:47.23</b> 227
<i>FTLS</i>			
50m: 40.64 300m: 550m: 800m: 12:58.05 1050m: 1300m:			
100m: 1:26.88 350m: 600m: 850m: 1100m: 1350m:			
150m: 400m: 6:18.82 650m: 900m: 1150m: 1400m:			
200m: 3:02.39 450m: 700m: 950m: 1200m: 1450m:			
250m: 500m: 750m: 1000m: 1250m: 1500m: 24:47.23			
WDR Matilde Abelho Vaz	12	<b>CLAC-Entroncamento</b>	
WDR Maria Carolina Fidalgo	13	<b>Viver Santarem</b>	

**Absoluto, Masc.**

1. David Filipe Pacheco	10	<b>BUZIOS - Coruche</b>	<b>17:53.80</b> 490
50m: 31.92 300m: 550m: 800m: 9:31.84 1050m: 1300m:			
100m: 1:07.05 350m: 600m: 850m: 1100m: 1350m:			
150m: 400m: 4:42.84 650m: 900m: 1150m: 1400m:			
200m: 2:18.83 450m: 700m: 950m: 1200m: 1450m:			
250m: 500m: 750m: 1000m: 1250m: 1500m: 17:53.80			
2. Tiago Goncalves Vieira	10	<b>Gualdim Pais</b>	<b>19:55.10</b> 355
50m: 35.75 300m: 550m: 800m: 10:40.57 1050m: 1300m:			
100m: 1:14.25 350m: 600m: 850m: 1100m: 1350m:			
150m: 400m: 5:16.07 650m: 900m: 1150m: 1400m:			
200m: 2:34.27 450m: 700m: 950m: 1200m: 1450m:			
250m: 500m: 750m: 1000m: 1250m: 1500m: 19:55.10			



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Prova 13, Masc., 1500m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
3. Heliodoro Joao Sombreiro	11	<b>20:14.11</b>	339
50m: 37.67 300m: 550m: 800m: 10:52.43 1050m: 1300m:			
100m: 1:18.79 350m: 600m: 850m: 1100m: 1350m:			
150m: 400m: 5:25.43 650m: 900m: 1150m: 1400m:			
200m: 2:41.24 450m: 700m: 950m: 1200m: 1450m:			
250m: 500m: 750m: 1000m: 1250m: 1500m: 20:14.11			
4. Artur Alexandre Silva	11	<b>20:20.84</b>	333
50m: 36.84 300m: 550m: 800m: 10:53.74 1050m: 1300m:			
100m: 1:16.65 350m: 600m: 850m: 1100m: 1350m:			
150m: 400m: 5:25.42 650m: 900m: 1150m: 1400m:			
200m: 2:38.21 450m: 700m: 950m: 1200m: 1450m:			
250m: 500m: 750m: 1000m: 1250m: 1500m: 20:20.84			
5. Eduardo Domingos Rosa	11	<b>20:28.46</b>	327
50m: 36.57 300m: 550m: 800m: 10:53.74 1050m: 1300m:			
100m: 1:16.71 350m: 600m: 850m: 1100m: 1350m:			
150m: 400m: 5:22.57 650m: 900m: 1150m: 1400m:			
200m: 2:38.67 450m: 700m: 950m: 1200m: 1450m:			
250m: 500m: 750m: 1000m: 1250m: 1500m: 20:28.46			
6. Lourenco Manuel Palmeiro	10	<b>20:35.18</b>	322
50m: 36.11 300m: 550m: 800m: 10:59.79 1050m: 1300m:			
100m: 1:15.73 350m: 600m: 850m: 1100m: 1350m:			
150m: 400m: 5:24.36 650m: 900m: 1150m: 1400m:			
200m: 2:37.85 450m: 700m: 950m: 1200m: 1450m:			
250m: 500m: 750m: 1000m: 1250m: 1500m: 20:35.18			
7. Matias Rafael Pacheco	12	<b>20:44.87</b>	314
50m: 37.45 300m: 550m: 800m: 10:58.36 1050m: 1300m:			
100m: 1:18.63 350m: 600m: 850m: 1100m: 1350m:			
150m: 400m: 5:26.52 650m: 900m: 1150m: 1400m:			
200m: 2:41.22 450m: 700m: 950m: 1200m: 1450m:			
250m: 500m: 750m: 1000m: 1250m: 1500m: 20:44.87			
8. Guilherme Ferreira Leitao	10	<b>23:04.87</b>	228
<i>FTLS</i>			
50m: 38.30 300m: 550m: 800m: 12:08.49 1050m: 1300m:			
100m: 1:24.17 350m: 600m: 850m: 1100m: 1350m:			
150m: 400m: 6:01.85 650m: 900m: 1150m: 1400m:			
200m: 2:56.36 450m: 700m: 950m: 1200m: 1450m:			
250m: 500m: 750m: 1000m: 1250m: 1500m: 23:04.87			