

Valmieras novada cempionats
Valmiera, 17. - 18.10.2025

Event 12
18.10.2025 - 11:08

Men, 400m Freestyle

Open
Results

Points: AQUA 2025

Rank			YB					Time	Pts		
2014 and younger											
1.	KLAVINS Marcis Jekabs		14	Valmieras SS				5:58.74	207		
	50m:	39.51 39.51	150m:	2:11.10	46.20	250m:	3:45.17	47.86	350m:	5:17.29	46.33
	100m:	1:24.90 45.39	200m:	2:57.31	46.21	300m:	4:30.96	45.79	400m:	5:58.74	41.45
2.	JEZKOVŠ Mihails		15	Rezeknes BJSS				6:07.26	193		
	50m:	41.09 41.09	150m:	2:17.82	48.36	250m:	3:53.75	47.67	350m:	5:25.95	45.22
	100m:	1:29.46 48.37	200m:	3:06.08	48.26	300m:	4:40.73	46.98	400m:	6:07.26	41.31
3.	KARKLIS Raimonds		14	Valmieras SS				6:19.03	175		
	50m:	41.21 41.21	150m:	2:19.32	49.53	250m:	3:56.66	47.41	350m:	5:32.09	46.70
	100m:	1:29.79 48.58	200m:	3:09.25	49.93	300m:	4:45.39	48.73	400m:	6:19.03	46.94
4.	GRISCENKO Artemijs		14	RSS Ridzene				6:23.49	169		
	50m:	42.56 42.56	150m:	2:20.08	49.68	250m:	4:00.34	50.06	350m:	5:40.61	49.84
	100m:	1:30.40 47.84	200m:	3:10.28	50.20	300m:	4:50.77	50.43	400m:	6:23.49	42.88
5.	FILIPOVS Sergejs		14	RSS Ridzene-ZIEP				6:24.46	168		
	50m:	39.88 39.88	150m:	2:16.10	49.60	250m:	3:58.19	51.76	350m:	5:39.42	51.04
	100m:	1:26.50 46.62	200m:	3:06.43	50.33	300m:	4:48.38	50.19	400m:	6:24.46	45.04
6.	RODE Evans		14	Valmieras SS				6:31.12	159		
	50m:	42.86 42.86	150m:	2:22.47	51.24	250m:	4:06.33	53.33	350m:	5:47.06	49.46
	100m:	1:31.23 48.37	200m:	3:13.00	50.53	300m:	4:57.60	51.27	400m:	6:31.12	44.06
7.	CEICANS Kristaps		14	Rezeknes BJSS				6:44.06	144		
	50m:	45.93 45.93	150m:	2:30.02	51.79	250m:	4:16.76	53.92	350m:	5:59.05	50.25
	100m:	1:38.23 52.30	200m:	3:22.84	52.82	300m:	5:08.80	52.04	400m:	6:44.06	45.01
8.	JUPATOVŠ Aleksandrs		14	Rezeknes BJSS				6:59.72	129		
	50m:	44.30 44.30	150m:	2:29.42	53.39	250m:	4:16.07	53.23	350m:	6:01.82	52.52
	100m:	1:36.03 51.73	200m:	3:22.84	53.42	300m:	5:09.30	53.23	400m:	6:59.72	57.90
YOB 2012 - 2013											
1.	SAMODUROVS Dmitrijs		12	Rezeknes BJSS				4:48.84	396		
	50m:	32.22 32.22	150m:	1:46.01	36.92	250m:	3:00.55	37.43	350m:	4:14.13	36.46
	100m:	1:09.09 36.87	200m:	2:23.12	37.11	300m:	3:37.67	37.12	400m:	4:48.84	34.71
2.	CILENBERGS Gustavs		13	Valmieras SS				5:19.15	294		
	50m:	35.29 35.29	150m:	1:55.93	41.05	250m:	3:18.40	41.59	350m:	4:40.43	40.23
	100m:	1:14.88 39.59	200m:	2:36.81	40.88	300m:	4:00.20	41.80	400m:	5:19.15	38.72
3.	BROLITIS Renars		12	Valmieras SS				5:31.28	263		
	50m:	36.61 36.61	150m:	2:00.47	42.50	250m:	3:26.33	42.87	350m:	4:50.39	41.48
	100m:	1:17.97 41.36	200m:	2:43.46	42.99	300m:	4:08.91	42.58	400m:	5:31.28	40.89
4.	MUHINS Aleksandrs		12	RSS Ridzene-DSN				5:44.69	233		
	50m:	36.77 36.77	150m:	2:01.14	42.70	250m:	3:30.52	45.33	350m:	5:02.26	45.50
	100m:	1:18.44 41.67	200m:	2:45.19	44.05	300m:	4:16.76	46.24	400m:	5:44.69	42.43
5.	AVDEJENOKS Glebs		13	Rezeknes BJSS				5:48.67	225		
	50m:	39.01 39.01	150m:	2:07.74	44.36	250m:	3:38.69	45.72	350m:	5:08.70	44.92
	100m:	1:23.38 44.37	200m:	2:52.97	45.23	300m:	4:23.78	45.09	400m:	5:48.67	39.97
6.	AVOTINS Marts		13	Valmieras SS				6:10.16	188		
	50m:	40.28 40.28	150m:	2:17.35	50.41	250m:	3:54.48	47.84	350m:	5:29.63	46.82
	100m:	1:26.94 46.66	200m:	3:06.64	49.29	300m:	4:42.81	48.33	400m:	6:10.16	40.53
7.	ZIRNITIS Krisjanis		13	RSS Ridzene				6:25.70	166		
	50m:	41.38 41.38	150m:	2:20.71	50.64	250m:	4:01.50	50.94	350m:	5:42.86	50.51
	100m:	1:30.07 48.69	200m:	3:10.56	49.85	300m:	4:52.35	50.85	400m:	6:25.70	42.84
8.	LESJAVICUS Marks		13	RSS Ridzene				6:54.34	134		
	50m:	45.46 45.46	150m:	2:29.17	52.41	250m:	4:12.93	52.02	350m:	5:57.06	50.18
	100m:	1:36.76 51.30	200m:	3:20.91	51.74	300m:	5:06.88	53.95	400m:	6:54.34	57.28

Valmieras novada cempionats
Valmiera, 17. - 18.10.2025

Event 12, Men, 400m Freestyle

2011 and older

1.	KIRGIZOVS Timurs		08	Rezeknes BJSS		4:07.15	633	
	50m: 27.24	27.24	150m: 1:28.17	31.15	250m: 2:31.61	31.84	350m: 3:36.00	32.18
	100m: 57.02	29.78	200m: 1:59.77	31.60	300m: 3:03.82	32.21	400m: 4:07.15	31.15
2.	PETRIKINS Ilja		08	RSS Ridzene-DSN		4:08.92	619	
	50m: 27.74	27.74	150m: 1:29.35	31.21	250m: 2:33.09	32.07	350m: 3:38.86	33.21
	100m: 58.14	30.40	200m: 2:01.02	31.67	300m: 3:05.65	32.56	400m: 4:08.92	30.06
3.	VAIVADS Igors		07	RSS Ridzene-DSN		4:09.97	612	
	50m: 26.62	26.62	150m: 1:28.04	30.85	250m: 2:31.68	31.61	350m: 3:37.63	33.28
	100m: 57.19	30.57	200m: 2:00.07	32.03	300m: 3:04.35	32.67	400m: 4:09.97	32.34
4.	VASILJEVS Romans		06	RSS Ridzene-DSN		4:19.79	545	
	50m: 28.82	28.82	150m: 1:32.62	32.64	250m: 2:39.88	33.82	350m: 3:48.14	34.05
	100m: 59.98	31.16	200m: 2:06.06	33.44	300m: 3:14.09	34.21	400m: 4:19.79	31.65
5.	SPOLITIS Emils		08	Valmieras SS		4:20.18	542	
	50m: 28.15	28.15	150m: 1:33.73	33.41	250m: 2:40.42	33.36	350m: 3:48.21	33.38
	100m: 1:00.32	32.17	200m: 2:07.06	33.33	300m: 3:14.83	34.41	400m: 4:20.18	31.97
6.	VITOLS Reinis		07	RSS Ridzene-DSN		4:21.25	536	
	50m: 27.65	27.65	150m: 1:31.39	32.69	250m: 2:39.26	34.21	350m: 3:48.85	34.39
	100m: 58.70	31.05	200m: 2:05.05	33.66	300m: 3:14.46	35.20	400m: 4:21.25	32.40
7.	BLUDENS Aleks		09	Valmieras SS		4:29.47	488	
	50m: 28.69	28.69	150m: 1:35.01	33.87	250m: 2:44.67	34.95	350m: 3:55.50	35.56
	100m: 1:01.14	32.45	200m: 2:09.72	34.71	300m: 3:19.94	35.27	400m: 4:29.47	33.97
8.	APSITIS Anrijs		07	BJAC Gauja Incukalns		4:55.67	369	
	50m: 31.05	31.05	150m: 1:43.59	37.09	250m: 2:59.57	38.07	350m: 4:17.29	38.99
	100m: 1:06.50	35.45	200m: 2:21.50	37.91	300m: 3:38.30	38.73	400m: 4:55.67	38.38
9.	IRISINS Artis		08	Rezeknes BJSS		4:56.85	365	
	50m: 32.25	32.25	150m: 1:45.08	36.90	250m: 3:02.33	39.01	350m: 4:20.44	38.79
	100m: 1:08.18	35.93	200m: 2:23.32	38.24	300m: 3:41.65	39.32	400m: 4:56.85	36.41
10.	OZOLS Kristers		10	Valmieras SS		5:22.80	284	
	50m: 34.81	34.81	150m: 1:54.70	40.97	250m: 3:18.72	41.84	350m: 4:43.68	41.96
	100m: 1:13.73	38.92	200m: 2:36.88	42.18	300m: 4:01.72	43.00	400m: 5:22.80	39.12
11.	KOZLOVSKIS Mikelis		11	RSS Ridzene-DSN		5:24.69	279	
	50m: 36.90	36.90	150m: 2:02.57	43.43	250m: 3:29.00	43.30	350m: 4:49.92	40.43
	100m: 1:19.14	42.24	200m: 2:45.70	43.13	300m: 4:09.49	40.49	400m: 5:24.69	34.77
12.	CELMS Gustavs		08	RSS Ridzene-DSN		5:36.29	251	
	50m: 32.42	32.42	150m: 1:53.14	42.23	250m: 3:22.53	45.17	350m: 4:54.16	45.36
	100m: 1:10.91	38.49	200m: 2:37.36	44.22	300m: 4:08.80	46.27	400m: 5:36.29	42.13
13.	MATROSOVS Ilja		10	RSS Ridzene-DSN		5:45.27	232	
	50m: 37.62	37.62	150m: 2:04.95	44.85	250m: 3:37.40	45.74	350m: 5:06.64	43.35
	100m: 1:20.10	42.48	200m: 2:51.66	46.71	300m: 4:23.29	45.89	400m: 5:45.27	38.63
14.	MILLERS Janis		11	Valmieras SS		5:51.68	219	
	50m: 37.78	37.78	150m: 2:05.61	44.78	250m: 3:37.55	46.55	350m: 5:10.71	46.41
	100m: 1:20.83	43.05	200m: 2:51.00	45.39	300m: 4:24.30	46.75	400m: 5:51.68	40.97
15.	PARFJONOVS Georgijs		07	RSS Ridzene-DSN		5:52.53	218	
	50m: 37.59	37.59	150m: 2:04.23	44.02	250m: 3:35.26	45.41	350m: 5:07.67	46.73
	100m: 1:20.21	42.62	200m: 2:49.85	45.62	300m: 4:20.94	45.68	400m: 5:52.53	44.86
16.	PARFJONOVS Dmitrijs		07	RSS Ridzene-DSN		6:36.36	153	
	50m: 39.22	39.22	150m: 2:12.99	48.53	250m: 3:58.73	53.86	350m: 5:47.55	54.30
	100m: 1:24.46	45.24	200m: 3:04.87	51.88	300m: 4:53.25	54.52	400m: 6:36.36	48.81