

KNZB Regio Oost Circuit deel 1

Programmanr. 12
11-10-2025 - 15:50

Heren, 200m wisselslag

Senioren Open
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
Gebjr 2012 - 2014								
1. Koen Hultink	De Grunte	3:14.85	201200577	3:02.47	45.41			3:02.47
2. Jefta Norden	De Grunte	3:19.10	201202153	3:04.45	43.70			3:04.45
3. Siem Benerink	WS Twente	NT	201203105	3:05.58	43.42			3:05.58
4. Jarno Timmer	WS Twente	3:21.69	201200509	3:06.69	43.76			3:06.69
5. Kjelt de Wit	WS Twente	3:17.14	201201099	3:11.46	45.60			3:11.46
6. Mart van der Voort	WS Twente	3:17.72	201201287	3:13.57	50.67			3:13.57
7. Ronan Timmer	WS Twente	3:22.89	201400167	3:19.13	46.46			3:19.13
8. Collin Langenhof	De Mors	NT	201400259	3:28.55	52.39			3:28.55
9. Midas Withaar	De Grunte	NT	201401597	3:28.97	48.90			3:28.97
10. Oscar Bontius	De Grunte	4:07.76	201201889	3:42.34	49.85			3:42.34
DIS Levi Norden	De Grunte	3:56.27	201202155					

RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.

Gebjr 2010 - 2011

1. Filip Leonhard	Waspo Nordhorn	2:53.54	418972	2:48.99	39.03			2:48.99
2. James Bevers	WS Twente	NT	201103659	2:49.19	37.57			2:49.19
3. Wesley Budde	WS Twente	3:04.11	201001991	3:02.24	41.47			3:02.24

Gebjr 2008 - 2009

1. Neal Reineke	Waspo Nordhorn	2:20.76	416157	2:24.83	29.43			2:24.83
2. Rinse de Jonge	De Grunte	2:40.94	200900705	2:44.84	34.72			2:44.84
3. Joas Norden	De Grunte	2:34.92	200902705	2:45.87	34.04			2:45.87
4. Viktor Post	WS Twente	2:49.23	200802201	2:47.04	34.00			2:47.04

2007 en ouder

1. Jasper Thijert	WS Twente	2:18.57	200700321	2:14.96	29.84			2:14.96
2. Lars Haytink	WS Twente	2:24.76	200601815	2:28.90	30.17			2:28.90
3. Luuk Tangenberg	De Grunte	2:38.80	200601183	2:41.14	33.30			2:41.14
4. Eric Hoekman	WS Twente	2:45.71	197401531	2:45.76	33.27			2:45.76
5. Lasse Ophuis	WS Twente	2:33.74	200400027	2:48.92	37.42			2:48.92
6. Robert Spekhorst	De Mors	NT	198703141	3:05.58	39.36			3:05.58
AFGEM Finn Ooijman	WS Twente	2:22.57	200603161					
AFGEM Quinten Tuitert	WS Twente	2:45.23	200600447					