



Epreuve 7
23.01.2026 - 18:26

Messieurs, 400m 4 nages

Cat. générale
Liste résultats Finale

Record CIG gén.	4:18.46	DESPLANCHES, Jérémy	SUI	Genève	19.01.2024
Record CIG 19 +	4:19.35	HAFFIELD, Tom	GBR	Vernets Genève	18.01.2009
Record CIG - 18	4:22.30	POTENZA, Emanuele	ITA	Genève	19.01.2024

Points: AQUA 2025

Rang	AN				Temps				Pts
1.	ACAMPORA, Alessandro	09	Unicusano Aurelia Nuoto		4:23.27				781
	50m: 28.20 28.20	150m: 1:35.55 35.16	250m: 2:46.68 37.47	350m: 3:53.86 30.11					
	100m: 1:00.39 32.19	200m: 2:09.21 33.66	300m: 3:23.75 37.07	400m: 4:23.27 29.41					
2.	GERARDI, Tommaso	07	Unicusano Aurelia Nuoto		4:24.31				772
	50m: 27.82 27.82	150m: 1:34.13 33.92	250m: 2:44.55 37.09	350m: 3:53.09 31.01					
	100m: 1:00.21 32.39	200m: 2:07.46 33.33	300m: 3:22.08 37.53	400m: 4:24.31 31.22					
3.	BEN ABBES, Mohamed-Yassine	05	Grenoble Alp'38		4:28.34				738
	50m: 28.59 28.59	150m: 1:34.12 32.44	250m: 2:47.56 41.28	350m: 3:58.92 30.74					
	100m: 1:01.68 33.09	200m: 2:06.28 32.16	300m: 3:28.18 40.62	400m: 4:28.34 29.42					
4.	KERSHAW, Charles	02	Swansea Uni		4:28.71				734
	50m: 28.62 28.62	150m: 1:37.11 35.93	250m: 2:49.57 37.09	350m: 3:58.29 31.12					
	100m: 1:01.18 32.56	200m: 2:12.48 35.37	300m: 3:27.17 37.60	400m: 4:28.71 30.42					
5.	DE GREGORIO, Domenico	07	Olimpia Sport Village Ssd		4:31.09				715
	50m: 27.79 27.79	150m: 1:34.66 34.38	250m: 2:48.36 39.73	350m: 4:00.17 32.10					
	100m: 1:00.28 32.49	200m: 2:08.63 33.97	300m: 3:28.07 39.71	400m: 4:31.09 30.92					
6.	MILANO, Alessio	06	Sporting Mi3 ssd		4:37.96				664
	50m: 27.99 27.99	150m: 1:36.66 37.16	250m: 2:52.69 40.31	350m: 4:05.79 33.25					
	100m: 59.50 31.51	200m: 2:12.38 35.72	300m: 3:32.54 39.85	400m: 4:37.96 32.17					
7.	ROMERO BIANCHI, Mario Anthony	09	Ferrara Nuoto		4:42.09				635
	50m: 28.49 28.49	150m: 1:37.71 35.71	250m: 2:53.12 39.88	350m: 4:08.98 34.33					
	100m: 1:02.00 33.51	200m: 2:13.24 35.53	300m: 3:34.65 41.53	400m: 4:42.09 33.11					
8.	CANNAVACCIUOLO, Daniele	08	Olimpia Sport Village Ssd		4:46.75				604
	50m: 28.48 28.48	150m: 1:40.07 37.78	250m: 2:57.63 39.94	350m: 4:13.57 35.14					
	100m: 1:02.29 33.81	200m: 2:17.69 37.62	300m: 3:38.43 40.80	400m: 4:46.75 33.18					