



Epreuve 1
23.01.2026 - 17:14

Dames, 400m Libre

Cat. générale
Liste résultats Finale

Record CIG 18 +	4:11.90	VROOMAN, Lindsay	USA	Vernets, Genève	24.01.2025
Record CIG - 17	4:14.09	DOMINA, Lucrezia	ITA	Genève	24.01.2025

Limite CIG2026 : 4:42.00

Points: AQUA 2025

Rang	AN				Temps				Pts
1.	MARTINS, Francisca Soares	03	Portugal			4:13.52			800
	50m: 29.45 29.45	150m: 1:33.16	32.15	250m: 2:37.62	32.24	350m: 3:42.42		32.33	
	100m: 1:01.01 31.56	200m: 2:05.38	32.22	300m: 3:10.09	32.47	400m: 4:13.52		31.10	
2.	DOMINA, Lucrezia	08	H. Sport ssd - Firenze			4:13.65			799
	50m: 29.60 29.60	150m: 1:33.55	32.21	250m: 2:38.65	32.53	350m: 3:43.29		31.83	
	100m: 1:01.34 31.74	200m: 2:06.12	32.57	300m: 3:11.46	32.81	400m: 4:13.65		30.36	
3.	MARTINEZ DE SALINAS PENA, Clara	07	Royal Spanish Swimming			4:16.91			769
	50m: 30.10 30.10	150m: 1:34.49	32.33	250m: 2:39.15	32.06	350m: 3:44.31		32.62	
	100m: 1:02.16 32.06	200m: 2:07.09	32.60	300m: 3:11.69	32.54	400m: 4:16.91		32.60	
4.	GIANNELLI, Emma Vittoria	07	GS Fiamme Oro Napoli			4:18.05			758
	50m: 29.90 29.90	150m: 1:34.47	32.24	250m: 2:39.99	32.77	350m: 3:45.75		32.64	
	100m: 1:02.23 32.33	200m: 2:07.22	32.75	300m: 3:13.11	33.12	400m: 4:18.05		32.30	
5.	VARENGO, Matilde	08	V02 Nuoto Torino ssd			4:20.28			739
	50m: 30.46 30.46	150m: 1:34.96	32.62	250m: 2:40.64	33.20	350m: 3:47.55		33.87	
	100m: 1:02.34 31.88	200m: 2:07.44	32.48	300m: 3:13.68	33.04	400m: 4:20.28		32.73	
6.	TERLIZZI, Ludovica	07	My Sport ssd a r.l.			4:20.38			738
	50m: 30.77 30.77	150m: 1:35.81	33.15	250m: 2:42.00	33.56	350m: 3:48.97		33.72	
	100m: 1:02.66 31.89	200m: 2:08.44	32.63	300m: 3:15.25	33.25	400m: 4:20.38		31.41	
7.	MACKIE, Evi	09	Scottish Swimming			4:20.80			735
	50m: 30.21 30.21	150m: 1:36.87	33.05	250m: 2:43.21	33.05	350m: 3:48.65		32.47	
	100m: 1:03.82 33.61	200m: 2:10.16	33.29	300m: 3:16.18	32.97	400m: 4:20.80		32.15	
8.	REPPUCCI, Sara	09	Crimson Aquatics			4:24.47			704
	50m: 30.46 30.46	150m: 1:36.08	32.94	250m: 2:43.42	33.78	350m: 3:51.00		33.65	
	100m: 1:03.14 32.68	200m: 2:09.64	33.56	300m: 3:17.35	33.93	400m: 4:24.47		33.47	