

championnat Hainaut des courtes distances
Charleroi, 18 - 19/10/2025

Epreuve 10
18/10/2025

Dames, 400m Libre

11 ans et plus
Liste résultats

11 ans 11: 6:09.91 / 12 ans 12: 6:09.91 / 13 ans 13: 5:55.37 / 14 ans 14: 5:47.06 / 15 ans 15: 5:36.10 / 16 ans 16: 5:26.85 /
17 ans 17: 5:23.59 / 18 ans 18: 5:15.91 / 19 ans et + 19+: 5:11.34

Points: AQUA 2025

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	FINA
11 ans								
	1.	COCO, Amalia	14	HELIOS	BEL	5:04.78	5:05.63	456
		50m: 34.14 34.14	150m: 1:50.89 39.22	250m: 3:10.03 39.90	350m: 4:28.76 38.93			
		100m: 1:11.67 37.53	200m: 2:30.13 39.24	300m: 3:49.83 39.80	400m: 5:05.63 36.87			
	2.	PATERNOSTRE, Leonie	14	CCM	BEL	5:34.89	5:53.98	294
		50m: 39.95 39.95	150m: 2:09.64 46.48	250m: 3:40.16 46.72	350m: 5:11.58 46.93			
		100m: 1:23.16 43.21	200m: 2:53.44 43.80	300m: 4:24.65 44.49	400m: 5:53.98 42.40			
	3.	DEPAEPE, Louisa	14	ONS	BEL	5:54.94	5:57.51	285
		50m: 41.32 41.32	150m: 2:14.29 46.87	250m: 3:46.02 46.98	350m: 5:16.23 45.55			
		100m: 1:27.42 46.10	200m: 2:59.04 44.75	300m: 4:30.68 44.66	400m: 5:57.51 41.28			
*	4.	DJEMAL, Lilia	14	HELIOS	BEL	6:04.44	6:10.19	257
		50m: 39.96 39.96	150m: 2:13.42 48.79	250m: 3:48.14 48.42	350m: 5:24.60 48.35			
		100m: 1:24.63 44.67	200m: 2:59.72 46.30	300m: 4:36.25 48.11	400m: 6:10.19 45.59			
*	5.	ROMBAUX, Camille	14	BCSG	BEL	6:11.34	6:12.27	252
		50m: 40.05 40.05	150m: 2:14.32 48.41	250m: 3:52.15 49.59	350m: 5:27.71 47.46			
		100m: 1:25.91 45.86	200m: 3:02.56 48.24	300m: 4:40.25 48.10	400m: 6:12.27 44.56			
*	6.	CARAMANNA, Lissya	14	BCSG	BEL	6:08.74	6:13.26	250
		50m: 40.98 40.98	150m: 2:17.44 49.27	250m: 3:54.91 49.37	350m: 5:30.49 47.45			
		100m: 1:28.17 47.19	200m: 3:05.54 48.10	300m: 4:43.04 48.13	400m: 6:13.26 42.77			
*	7.	DUMONT, Lauryne	14	BCSG	BEL	6:29.39	6:28.16	222
		50m: 43.22 43.22	150m: 2:24.76 51.20	250m: 4:04.92 50.13	350m: 5:44.19 49.14			
		100m: 1:33.56 50.34	200m: 3:14.79 50.03	300m: 4:55.05 50.13	400m: 6:28.16 43.97			
12 ans								
	1.	HOEBEKE, Sofia	13	DM	BEL	4:57.33	5:06.31	453
		50m: 34.59 34.59	150m: 1:52.86 39.08	250m: 3:12.65 39.86	350m: 4:31.35 38.51			
		100m: 1:13.78 39.19	200m: 2:32.79 39.93	300m: 3:52.84 40.19	400m: 5:06.31 34.96			
	2.	COTAN, Bianca	13	MHN	BEL	5:04.22	5:06.77	451
		50m: 34.50 34.50	150m: 1:54.58 40.74	250m: 3:14.08 39.71	350m: 4:32.13 38.29			
		100m: 1:13.84 39.34	200m: 2:34.37 39.79	300m: 3:53.84 39.76	400m: 5:06.77 34.64			
	3.	MAGHUE, Laly	13	ENLN	BEL	5:23.31	5:27.29	371
		50m: 36.99 36.99	150m: 1:59.48 42.24	250m: 3:23.41 43.00	350m: 4:46.94 42.17			
		100m: 1:17.24 40.25	200m: 2:40.41 40.93	300m: 4:04.77 41.36	400m: 5:27.29 40.35			
	4.	VALERIO, Inès	13	ENLN	BEL	5:31.04	5:30.04	362
		50m: 37.18 37.18	150m: 2:01.27 44.00	250m: 3:26.69 43.80	350m: 4:51.11 42.41			
		100m: 1:17.27 40.09	200m: 2:42.89 41.62	300m: 4:08.70 42.01	400m: 5:30.04 38.93			
	5.	BRUNO, Juliette	13	HELIOS	BEL	5:44.36	5:36.71	341
		50m: 38.34 38.34	150m: 2:05.11 44.16	250m: 3:30.90 43.05	350m: 4:55.95 42.05			
		100m: 1:20.95 42.61	200m: 2:47.85 42.74	300m: 4:13.90 43.00	400m: 5:36.71 40.76			
	6.	ADAM, Emily	13	MHN	GRE	5:53.68	5:40.40	330
		50m: 35.98 35.98	150m: 2:02.63 44.09	250m: 3:30.85 43.98	350m: 4:58.57 43.55			
		100m: 1:18.54 42.56	200m: 2:46.87 44.24	300m: 4:15.02 44.17	400m: 5:40.40 41.83			
	7.	VAN DAMME, Eleonore	13	ONS	BEL	5:48.63	5:48.07	309
		50m: 39.34 39.34	150m: 2:07.43 44.55	250m: 3:37.79 46.02	350m: 5:06.27 43.89			
		100m: 1:22.88 43.54	200m: 2:51.77 44.34	300m: 4:22.38 44.59	400m: 5:48.07 41.80			
	8.	GRÉGOIRE, Anna	13	ENLN	BEL	6:08.32	5:48.77	307
		50m: 37.70 37.70	150m: 2:05.78 45.09	250m: 3:35.50 45.39	350m: 5:05.50 45.52			
		100m: 1:20.69 42.99	200m: 2:50.11 44.33	300m: 4:19.98 44.48	400m: 5:48.77 43.27			
	9.	T'SJOEN, Aeva	13	ONS	BEL	5:53.57	5:58.71	282
		50m: 40.93 40.93	150m: 2:12.03 46.40	250m: 3:44.86 47.62	350m: 5:16.62 46.63			
		100m: 1:25.63 44.70	200m: 2:57.24 45.21	300m: 4:29.99 45.13	400m: 5:58.71 42.09			
	10.	LETELLIER, Leyna	13	HELIOS	BEL	6:03.37	6:05.71	266
		50m: 42.00 42.00	150m: 2:15.36 46.87	250m: 3:48.67 45.78	350m: 5:21.07 45.47			
		100m: 1:28.49 46.49	200m: 3:02.89 47.53	300m: 4:35.60 46.93	400m: 6:05.71 44.64			

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Epreuve 10, Dames, 400m Libre

13 ans

1.	HAVELANGE, Océane	12	HELIOS	BEL	5:13.26	5:12.42	427		
	50m: 34.11	34.11	150m: 1:52.47	39.93	250m: 3:13.12	40.64	350m: 4:34.30	40.79	
	100m: 1:12.54	38.43	200m: 2:32.48	40.01	300m: 3:53.51	40.39	400m: 5:12.42	38.12	
2.	BILLET, Soline	12	DM	BEL	5:26.45	5:17.20	408		
	50m: 36.43	36.43	150m: 1:56.42	40.73	250m: 3:18.02	41.10	350m: 4:38.12	39.69	
	100m: 1:15.69	39.26	200m: 2:36.92	40.50	300m: 3:58.43	40.41	400m: 5:17.20	39.08	
3.	NAZIANZENO, Dayana	12	ENLN	BEL	5:31.59	5:18.32	404		
	50m: 34.97	34.97	150m: 1:55.15	41.08	250m: 3:17.70	41.31	350m: 4:40.46	41.01	
	100m: 1:14.07	39.10	200m: 2:36.39	41.24	300m: 3:59.45	41.75	400m: 5:18.32	37.86	
4.	TERRIER, Elise	12	EC	BEL	5:21.78	5:18.48	403		
	50m: 36.46	36.46	150m: 1:57.78	41.50	250m: 3:19.22	41.24	350m: 4:40.88	40.93	
	100m: 1:16.28	39.82	200m: 2:37.98	40.20	300m: 3:59.95	40.73	400m: 5:18.48	37.60	
5.	DELEPLANQUE, Erin	12	HELIOS	BEL	5:24.06	5:19.44	400		
	50m: 36.30	36.30	150m: 1:58.13	41.13	250m: 3:20.03	40.60	350m: 4:42.31	40.65	
	100m: 1:17.00	40.70	200m: 2:39.43	41.30	300m: 4:01.66	41.63	400m: 5:19.44	37.13	
6.	FALZONE, Tess	12	ENLN	BEL	5:22.49	5:23.50	385		
	50m: 36.80	36.80	150m: 1:58.12	41.36	250m: 3:21.52	42.40	350m: 4:44.86	41.71	
	100m: 1:16.76	39.96	200m: 2:39.12	41.00	300m: 4:03.15	41.63	400m: 5:23.50	38.64	
7.	VALLEE, Elisa	12	BCSG	BEL	5:16.73	5:23.57	384		
	50m: 36.06	36.06	150m: 1:57.68	41.21	250m: 3:20.76	41.71	350m: 4:44.35	40.92	
	100m: 1:16.47	40.41	200m: 2:39.05	41.37	300m: 4:03.43	42.67	400m: 5:23.57	39.22	
8.	DELROT, Keyla	12	BCSG	BEL	5:19.79	5:28.87	366		
	50m: 37.32	37.32	150m: 2:00.28	41.86	250m: 3:25.07	42.85	350m: 4:49.31	42.10	
	100m: 1:18.42	41.10	200m: 2:42.22	41.94	300m: 4:07.21	42.14	400m: 5:28.87	39.56	
9.	SALAMONE, Luna	12	BCSG	BEL	5:30.04	5:29.33	365		
	50m: 36.87	36.87	150m: 2:00.48	42.82	250m: 3:25.80	43.17	350m: 4:49.60	42.15	
	100m: 1:17.66	40.79	200m: 2:42.63	42.15	300m: 4:07.45	41.65	400m: 5:29.33	39.73	
10.	AZMANI, Amélia	12	ONS	BEL	5:34.96	5:31.10	359		
	50m: 37.18	37.18	150m: 1:59.36	42.19	250m: 3:24.83	43.02	350m: 4:50.91	43.16	
	100m: 1:17.17	39.99	200m: 2:41.81	42.45	300m: 4:07.75	42.92	400m: 5:31.10	40.19	
11.	MAENE, Lea	12	MHN	BEL	5:27.63	5:37.00	340		
	50m: 38.87	38.87	150m: 2:03.82	42.68	250m: 3:29.20	42.34	350m: 4:54.83	42.76	
	100m: 1:21.14	42.27	200m: 2:46.86	43.04	300m: 4:12.07	42.87	400m: 5:37.00	42.17	
12.	FONTAINE, Léa	12	HELIOS	BEL	5:48.10	5:46.50	313		
	50m: 39.04	39.04	150m: 2:07.22	45.06	250m: 3:36.81	46.09	350m: 5:05.68	45.10	
	100m: 1:22.16	43.12	200m: 2:50.72	43.50	300m: 4:20.58	43.77	400m: 5:46.50	40.82	
13.	D'ALOISIO, Pauline	12	ENLN	BEL	5:47.40	5:47.00	312		
	50m: 37.83	37.83	150m: 2:06.19	45.69	250m: 3:35.86	45.74	350m: 5:05.37	45.09	
	100m: 1:20.50	42.67	200m: 2:50.12	43.93	300m: 4:20.28	44.42	400m: 5:47.00	41.63	
*	BETTE, Lysi	12	ENLN	BEL	5:46.05	6:02.25	274		
	50m: 39.60	39.60	150m: 2:11.42	47.19	250m: 3:44.16	46.24	350m: 5:21.10	47.64	
	100m: 1:24.23	44.63	200m: 2:57.92	46.50	300m: 4:33.46	49.30	400m: 6:02.25	41.15	
*	CASAGRANDE, Lise	12	HELIOS	BEL	7:08.91	6:55.44	181		
	50m: 46.72	46.72	150m: 2:33.17	53.32	250m: 4:21.24	53.60	350m: 6:08.71	52.23	
	100m: 1:39.85	53.13	200m: 3:27.64	54.47	300m: 5:16.48	55.24	400m: 6:55.44	46.73	

14 ans

1.	VANDAMME, Louna	11	DM	BEL	4:40.09	4:42.46	578		
	50m: 32.58	32.58	150m: 1:44.12	36.69	250m: 2:56.29	36.63	350m: 4:08.88	36.56	
	100m: 1:07.43	34.85	200m: 2:19.66	35.54	300m: 3:32.32	36.03	400m: 4:42.46	33.58	
2.	LECLERCQ, Elin	11	HELIOS	BEL	5:12.30	5:12.84	425		
	50m: 36.16	36.16	150m: 1:56.15	40.83	250m: 3:15.55	40.42	350m: 4:35.16	40.17	
	100m: 1:15.32	39.16	200m: 2:35.13	38.98	300m: 3:54.99	39.44	400m: 5:12.84	37.68	
3.	GIARRIZZO, Iliana	11	ENLN	BEL	5:24.80	5:19.99	398		
	50m: 36.71	36.71	150m: 1:58.13	40.54	250m: 3:19.98	40.66	350m: 4:42.53	41.19	
	100m: 1:17.59	40.88	200m: 2:39.32	41.19	300m: 4:01.34	41.36	400m: 5:19.99	37.46	
4.	DOHMEN, Ninon	11	HELIOS	BEL	5:24.48	5:26.65	374		
	50m: 36.93	36.93	150m: 1:58.60	41.98	250m: 3:22.96	43.01	350m: 4:48.02	43.14	
	100m: 1:16.62	39.69	200m: 2:39.95	41.35	300m: 4:04.88	41.92	400m: 5:26.65	38.63	

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Epreuve 10, Filles, 400m Libre, 14 ans

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	FINA	
*	5.	CROWET, Audrey	11	STC	BEL	5:45.67	5:51.73	299	
		50m: 37.54	37.54	150m: 2:05.68	44.57	250m: 3:37.32	44.78	350m: 5:08.94	44.83
		100m: 1:21.11	43.57	200m: 2:52.54	46.86	300m: 4:24.11	46.79	400m: 5:51.73	42.79
*	6.	DEWINCK, Romane	11	STC	BEL	NT	6:10.20	257	
		50m: 38.85	38.85	150m: 2:12.69	48.01	250m: 3:49.16	48.32	350m: 5:24.60	47.46
		100m: 1:24.68	45.83	200m: 3:00.84	48.15	300m: 4:37.14	47.98	400m: 6:10.20	45.60

15 ans

1.	LECLERCQ, Aline	10	CNT	BEL	5:06.30	5:16.90	409	
	50m: 34.82	34.82	150m: 1:53.68	39.83	250m: 3:14.63	40.64	350m: 4:36.56	40.79
	100m: 1:13.85	39.03	200m: 2:33.99	40.31	300m: 3:55.77	41.14	400m: 5:16.90	40.34
2.	VAN WOLVERTHEM, Mélina	10	ONS	BEL	5:29.38	5:21.15	393	
	50m: 35.56	35.56	150m: 1:56.79	41.20	250m: 3:19.58	41.11	350m: 4:42.73	40.88
	100m: 1:15.59	40.03	200m: 2:38.47	41.68	300m: 4:01.85	42.27	400m: 5:21.15	38.42
3.	CORBISIER, Morgane	10	MHN	BEL	5:20.13	5:33.47	351	
	50m: 37.24	37.24	150m: 2:01.41	42.34	250m: 3:27.48	42.75	350m: 4:52.23	41.43
	100m: 1:19.07	41.83	200m: 2:44.73	43.32	300m: 4:10.80	43.32	400m: 5:33.47	41.24

17 ans

1.	DEBOUVRIE, Lyse	08	CNT	BEL	4:46.84	4:43.29	573	
	50m: 33.00	33.00	150m: 1:45.08	36.49	250m: 2:57.48	36.78	350m: 4:09.35	35.90
	100m: 1:08.59	35.59	200m: 2:20.70	35.62	300m: 3:33.45	35.97	400m: 4:43.29	33.94
2.	MALBECQ, Amandine	08	MHN	BEL	5:12.06	5:18.71	402	
	50m: 35.09	35.09	150m: 1:56.63	41.41	250m: 3:18.56	41.44	350m: 4:39.80	40.24
	100m: 1:15.22	40.13	200m: 2:37.12	40.49	300m: 3:59.56	41.00	400m: 5:18.71	38.91

18 ans

1.	CORBISIER, Mylene	07	MHN	BEL	4:56.03	5:13.85	421	
	50m: 35.26	35.26	150m: 1:53.71	39.79	250m: 3:13.90	40.22	350m: 4:34.33	40.30
	100m: 1:13.92	38.66	200m: 2:33.68	39.97	300m: 3:54.03	40.13	400m: 5:13.85	39.52

19 ans et plus

1.	GHELEYNS, Juliette	04	CNT	BEL	4:47.82	4:40.36	591	
	50m: 32.20	32.20	150m: 1:41.95	35.52	250m: 2:53.34	35.79	350m: 4:05.45	35.93
	100m: 1:06.43	34.23	200m: 2:17.55	35.60	300m: 3:29.52	36.18	400m: 4:40.36	34.91