

Event 42

Women, 400m Freestyle

Absoluto  
Startlist

18/10/2025 - 17:55

Recorde Regional (25m) Open	4:32.90	Andreia Monteiro Barreira	CMNPR	Peso da Régua	04/11/2023
Recorde Regional (25m) 18 +	4:32.90	Andreia Monteiro Barreira	CMNPR	Peso da Régua	04/11/2023
Recorde Regional (25m) 17	4:35.07	Joana Patricia Pinto	GCVR	Vila Real	25/06/2011
Recorde Regional (25m) Juv A	4:39.75	Ana Sofia Leite	GCVR	Chaves	22/11/2008
Recorde Regional (25m) Juv B	4:45.43	Maria Silva Pereira	GCVR	Peso da Régua	12/03/2023
Recorde Regional (25m) Inf A	4:51.53	Ana Margarida Guedes	GCVR	Vila Real	23/11/2014
Recorde Regional (25m) Inf B	4:53.19	Ana Margarida Guedes	GCVR	Santa Marta	06/07/2014

Pista	Nome	Sexo	Licença	Cat	Idade	Clube	Tempo	Incs.	Tempo
<b>Heat 1 of 4, 17:55</b>									
3	Alice Silva Costa	F	224051	Inf	14	Gcvr	6:51.82	_____	_____
4	Maria Martins Oliveira	F	220504	Inf	14	Durius Ac Pesqueira	6:54.73	_____	_____
<b>Heat 2 of 4, 18:05</b>									
2	Diana Ribeiro Nogueira	F	217385	Inf	14	Gcvr	6:32.70	_____	_____
3	Bruna Filipa Costa	F	220503	Abs	17	Durius Ac Pesqueira	6:24.57	_____	_____
4	Maria Joao Gomes	F		Inf	13	Gcvr	6:30.66	_____	_____
5	Lorena Sofia Ribeiro	F	223766	Inf	14	Gcvr	6:40.39	_____	_____
<b>Heat 3 of 4, 18:10</b>									
1	Carlota Teiga Cruz	F	217390	Inf	13	Gcvr	6:22.50	_____	_____
2	Benedita Martins Fernandes	F	214551	Inf	13	Gcvr	6:09.44	_____	_____
3	Susana Pedro Carvalhinha	F	214488	Inf	13	Gcvr	5:46.04	_____	_____
4	Mariana Jose Martins	F	220726	Abs	20	EN Braganca	5:56.16	_____	_____
5	Ines Frederico Santos	F	217397	Juv	16	Durius Ac Pesqueira	6:20.97	_____	_____
<b>Heat 4 of 4, 18:20</b>									
1	Xiana Castro Silva	F	209951	Juv	16	Fnc	5:45.43	_____	_____
2	Laura Jorge Alves	F	216844	Inf	13	Gcvr	5:32.46	_____	_____
3	Ines Esteves Carvalho	F	214490	Inf	13	Individual ANNP	EXH	_____	_____
4	Ines Rua Fernandes	F	213137	Juv	15	Gcvr	5:16.26	_____	_____
5	Leonor Afonso Matela	F	220723	Inf	14	EN Braganca	5:34.09	_____	_____