

Progression of Athletes - Details

All Events

Event	Round	Place	Total time	Pts	Entry time	Date	%	PB
<b>Clube Desportivo Sao Roque</b>								
Tiago Daniel Penso, 2011 (15 years), Boys								
100m Freestyle	Timed Final	EXH	1:00.10	415	59.88	05/07/2025	99%	-
100m Butterfly	Timed Final	EXH	1:09.78	319	1:06.92	06/07/2025	92%	-
200m Medley	Timed Final	EXH	2:30.59	377	2:26.66	04/07/2025	95%	-
<b>CMN Peso da Regua</b>								
Ana Rita Teixeira, Ana Rita, 2013 (13 years), Girls								
50m Freestyle	Timed Final	2.	34.35	293	33.50	05/07/2025	95%	-
100m Freestyle	Timed Final	2.	1:13.40	320	1:12.20	10/06/2025	97%	-
200m Backstroke	Timed Final	1.	3:05.18	259	2:59.98	21/03/2025	94%	-
100m Breaststroke	Timed Final	2.	1:35.80	275	1:35.37	08/06/2025	99%	-
Camila Araujo Sousa, Camila Araujo, 2015 (11 years), Girls								
50m Freestyle	Timed Final	6.	<b>46.92</b>	115	49.04	19/10/2024	109%	3
50m Backstroke	Timed Final	4.	<b>54.29</b>	100	1:00.02	08/03/2025	122%	-
50m Breaststroke	Timed Final	2.	<b>55.00</b>	137	55.11	09/03/2025	100%	-
Camila Mesquita Severino, Camila Mesquita, 2014 (12 years), Girls								
100m Freestyle	Timed Final	5.	<b>1:29.25</b>	178	1:30.09	05/07/2025	102%	3
100m Backstroke	Timed Final	2.	1:46.70	129	1:44.90	06/07/2025	97%	-
100m Breaststroke	Timed Final	6.	<b>1:55.45</b>	157	2:03.32	06/07/2025	114%	-
100m Medley	Timed Final	7.	<b>1:43.12</b>	152	1:47.99	26/04/2025	110%	-
Carlota Nogueira Cigarro, Carlota Nogueira, 2014 (12 years), Girls								
100m Freestyle	Timed Final	6.	<b>1:32.82</b>	158	1:33.70	05/07/2025	102%	4
100m Breaststroke	Timed Final	3.	<b>1:45.84</b>	204	1:50.65	06/07/2025	109%	-
50m Butterfly	Timed Final	4.	<b>48.15</b>	122	48.64	05/07/2025	102%	-
100m Medley	Timed Final	6.	<b>1:40.29</b>	165	1:48.03	26/04/2025	116%	-
Catarina Pombo Ribeiro, Catarina Pombo, 2015 (11 years), Girls								
50m Freestyle	Timed Final	2.	<b>39.51</b>	192	40.17	09/03/2025	103%	3
50m Backstroke	Timed Final	1.	<b>43.83</b>	190	49.26	08/03/2025	126%	-
50m Breaststroke	Timed Final	1.	<b>49.23</b>	191	50.98	26/04/2025	107%	-
50m Butterfly	Timed Final	2.	49.66	112	49.51	08/03/2025	99%	-
Francisca Moreira Fonseca, 2009 (17 years), Girls								
50m Freestyle	Timed Final	1.	<b>33.03</b>	330	33.40	10/06/2025	102%	1
100m Freestyle	Timed Final	3.	1:12.02	339	1:11.69	10/06/2025	99%	-
800m Freestyle	Timed Final	1.	11:39.83	317	11:29.48	06/07/2025	97%	-
100m Backstroke	Timed Final	2.	1:19.16	317	1:16.77	06/07/2025	94%	-
Francisco Sequeira Monteiro, Francisco Sequeira, 2016 (10 years), Boys								
50m Freestyle	Timed Final	1.	<b>36.94</b>	156	39.06	26/04/2025	112%	3
50m Breaststroke	Timed Final	1.	<b>50.16</b>	123	55.48	06/07/2025	122%	-
50m Butterfly	Timed Final	1.	<b>45.71</b>	101	48.84	05/07/2025	114%	-
Gabriela Oliveira Guedes, 2015 (11 years), Girls								
50m Freestyle	Timed Final	3.	44.76	132	NT	-	-	-
50m Breaststroke	Timed Final	6.	58.78	112	NT	-	-	-
50m Butterfly	Timed Final	4.	53.73	88	NT	-	-	-
Joao Miguel Rocha, 2009 (17 years), Boys								
50m Freestyle	Timed Final	2.	25.81	458	25.47	26/04/2025	97%	1
100m Freestyle	Timed Final	1.	<b>57.49</b>	474	57.94	18/01/2025	102%	-
50m Backstroke	Timed Final	3.	31.13	358	30.96	08/12/2024	99%	-
50m Butterfly	Timed Final	3.	29.37	382	29.28	05/07/2025	99%	-
Jose Miguel Coelho, Jose Miguel, 2013 (13 years), Boys								
50m Freestyle	Timed Final	1.	<b>30.63</b>	274	31.60	01/12/2024	106%	2
200m Backstroke	Timed Final	1.	2:55.05	219	NT	-	-	-
100m Breaststroke	Timed Final	1.	<b>1:26.91</b>	257	1:28.99	06/07/2025	105%	-
200m Breaststroke	Timed Final	1.	3:14.18	236	NT	-	-	-
Leonor Vaz Osorio, Leonor Vaz, 2013 (13 years), Girls								
50m Freestyle	Timed Final	5.	<b>35.45</b>	267	36.62	24/11/2024	107%	4
100m Breaststroke	Timed Final	1.	<b>1:35.42</b>	279	1:36.47	18/01/2025	102%	-
200m Breaststroke	Timed Final	1.	<b>3:24.17</b>	273	3:29.02	06/07/2025	105%	-
200m Medley	Timed Final	6.	<b>3:19.09</b>	228	3:21.42	11/01/2025	102%	-
Lourenco Bernardo Ferreira, Lourenco Bernardo, 2015 (11 years), Boys								
50m Freestyle	Timed Final	3.	<b>40.52</b>	118	40.95	26/04/2025	102%	2
50m Backstroke	Timed Final	4.	<b>53.04</b>	72	53.96	26/04/2025	103%	-
50m Breaststroke	Timed Final	3.	57.31	82	55.92	26/04/2025	95%	-
50m Butterfly	Timed Final	4.	1:08.16	30	1:00.27	26/04/2025	78%	-
Luisa Vaz Luisa, Vaz Osorio, 2017 (9 years), Girls								
50m Freestyle	Timed Final	1.	<b>47.64</b>	110	48.56	26/04/2025	104%	3
50m Backstroke	Timed Final	1.	<b>53.65</b>	104	55.37	26/04/2025	107%	-
50m Breaststroke	Timed Final	1.	<b>58.84</b>	112	1:00.25	09/03/2025	105%	-

<b>Mara Daniela Rocha, Mara Daniela, 2013 (13 years), Girls</b>								<b>2</b>
50m Freestyle	Timed Final	6.	<b>36.02</b>	254	39.43	10/06/2025	120%	
100m Breaststroke	Timed Final	8.	<b>1:44.20</b>	214	1:44.69	26/04/2025	101%	
200m Breaststroke	Timed Final	2.	3:41.11	215	3:40.31	06/07/2025	99%	
<b>Margarida Gorgulho Ribeiro, Margarida Gorgulho, 2014 (12 years), Girls</b>								<b>2</b>
100m Freestyle	Timed Final	4.	<b>1:26.50</b>	196	1:29.80	05/07/2025	108%	
100m Backstroke	Timed Final	1.	1:44.28	139	1:40.41	08/06/2025	93%	
100m Breaststroke	Timed Final	5.	1:55.00	159	1:49.47	08/06/2025	91%	
100m Medley	Timed Final	5.	<b>1:38.62</b>	174	1:43.90	26/04/2025	111%	
<b>Maria Ines Salgado, Maria Ines, 2014 (12 years), Girls</b>								<b>2</b>
100m Breaststroke	Timed Final	1.	<b>1:35.78</b>	275	1:39.64	26/04/2025	108%	
100m Medley	Timed Final	2.	<b>1:28.86</b>	238	1:28.94	26/04/2025	100%	
<b>Mariana Raimundo Trindade, 2009 (17 years), Girls</b>								<b>-</b>
50m Freestyle	Timed Final	3.	35.31	270	33.40	10/05/2025	89%	
100m Freestyle	Timed Final	5.	1:16.51	283	1:12.62	10/06/2025	90%	
800m Freestyle	Timed Final	2.	12:05.54	284	11:31.11	08/03/2025	91%	
100m Butterfly	Timed Final	1.	1:41.28	140	1:29.62	23/11/2024	78%	
<b>Martim Pinheiro Cardoso, 2010 (16 years), Boys</b>								<b>4</b>
50m Freestyle	Timed Final	3.	<b>28.28</b>	348	29.46	06/07/2025	109%	
100m Freestyle	Timed Final	3.	<b>1:04.89</b>	329	1:06.53	06/07/2025	105%	
50m Backstroke	Timed Final	1.	<b>33.00</b>	300	33.75	06/07/2025	105%	
100m Breaststroke	Timed Final	2.	<b>1:18.89</b>	344	1:21.25	10/06/2025	106%	
<b>Matilde Gorgulho Ribeiro, Matilde Gorgulho, 2014 (12 years), Girls</b>								<b>3</b>
100m Freestyle	Timed Final	2.	<b>1:19.13</b>	256	1:21.34	08/03/2025	106%	
100m Breaststroke	Timed Final	2.	<b>1:44.57</b>	212	1:47.76	06/07/2025	106%	
50m Butterfly	Timed Final	3.	44.81	152	42.84	20/04/2024	91%	
100m Medley	Timed Final	4.	<b>1:32.61</b>	210	1:33.30	26/04/2025	101%	
<b>Matilde Ribeiro Sales, Matilde Ribeiro, 2013 (13 years), Girls</b>								<b>1</b>
50m Freestyle	Timed Final	7.	36.15	251	35.84	26/04/2025	98%	
100m Freestyle	Timed Final	9.	<b>1:19.36</b>	253	1:20.00	10/06/2025	102%	
100m Butterfly	Timed Final	2.	1:34.51	173	1:34.17	10/06/2025	99%	
200m Medley	Timed Final	8.	3:25.70	206	3:24.85	07/06/2025	99%	
<b>Matilde Vieira Carvalho, Matilde Vieira, 2014 (12 years), Girls</b>								<b>2</b>
100m Freestyle	Timed Final	1.	1:16.13	287	1:14.45	05/07/2025	96%	
50m Butterfly	Timed Final	2.	<b>40.04</b>	213	40.36	10/05/2025	102%	
100m Medley	Timed Final	1.	<b>1:25.51</b>	267	1:25.85	26/04/2025	101%	
<b>Pedro Fernando Coelho, 2008 (18 years), Boys</b>								<b>-</b>
50m Freestyle	Timed Final	4.	26.17	439	26.15	08/03/2025	100%	
100m Freestyle	Timed Final	4.	1:01.11	395	58.39	12/01/2025	91%	
50m Breaststroke	Timed Final	4.	34.74	370	33.13	03/03/2024	91%	
200m Medley	Timed Final	1.	2:39.70	316	2:29.06	12/01/2025	87%	
<b>Rita Maia Castro, 2015 (11 years), Girls</b>								<b>-</b>
50m Freestyle	Timed Final	7.	51.41	87	NT	-	-	
50m Backstroke	Timed Final	5.	57.47	84	NT	-	-	
50m Breaststroke	Timed Final	5.	58.25	115	NT	-	-	
50m Butterfly	Timed Final	6.	1:07.21	45	NT	-	-	
<b>Rodrigo Araujo Sousa, Rodrigo Araujo, 2012 (14 years), Boys</b>								<b>3</b>
50m Freestyle	Timed Final	3.	<b>31.94</b>	241	33.63	26/04/2025	111%	
100m Breaststroke	Timed Final	2.	<b>1:31.26</b>	222	1:33.41	05/07/2025	105%	
200m Breaststroke	Timed Final	2.	<b>3:18.91</b>	220	3:21.09	07/06/2025	102%	
<b>Rodrigo Leal Neto, 2013 (13 years), Boys</b>								<b>-</b>
50m Freestyle	Timed Final	6.	37.95	144	NT	-	-	
100m Freestyle	Timed Final	9.	1:33.53	110	NT	-	-	
<b>Tomas Santos Sol, Tomas Santos, 2016 (10 years), Boys</b>								<b>2</b>
50m Freestyle	Timed Final	4.	<b>41.78</b>	108	45.74	05/07/2025	120%	
50m Backstroke	Timed Final	3.	<b>48.92</b>	92	55.35	06/07/2025	128%	
<b>Vicente Magalhaes Nobrega, 2013 (13 years), Boys</b>								<b>-</b>
50m Freestyle	Timed Final	5.	35.54	175	NT	-	-	
100m Freestyle	Timed Final	7.	1:24.66	148	NT	-	-	
200m Medley	Timed Final	3.	3:25.91	147	NT	-	-	
<b>Vitoria Cortinhas Pinto, 2010 (16 years), Girls</b>								<b>1</b>
100m Freestyle	Timed Final	2.	1:12.70	330	1:11.34	26/04/2025	96%	
50m Butterfly	Timed Final	2.	<b>33.84</b>	354	34.30	09/03/2025	103%	
100m Butterfly	Timed Final	1.	1:20.40	281	1:18.76	09/03/2025	96%	
<b>Durius AC Pesqueira</b>								<b>33</b>
<b>Afonso Alexandre Paiga, 2010 (16 years), Boys</b>								<b>4</b>
50m Freestyle	Timed Final	6.	<b>30.48</b>	278	30.95	06/07/2025	103%	
100m Freestyle	Timed Final	6.	<b>1:10.92</b>	252	1:11.02	26/04/2025	100%	
50m Backstroke	Timed Final	2.	<b>37.58</b>	203	41.53	05/07/2025	122%	
50m Butterfly	Timed Final	3.	<b>34.23</b>	241	37.13	09/05/2025	118%	

Afonso Manuel Tolda, 2014 (12 years), Boys								-
100m Freestyle	Timed Final	3.	1:55.46	58	NT	-	-	
50m Butterfly	Timed Final	2.	1:04.16	36	NT	-	-	
Bruna Filipa Costa, 2009 (17 years), Girls								3
400m Freestyle	Timed Final	2.	6:25.57	212	6:24.57	23/11/2024	99%	
800m Freestyle	Timed Final	3.	<b>13:06.55</b>	223	13:22.28	24/11/2024	104%	
100m Breaststroke	Timed Final	4.	<b>1:46.22</b>	202	1:48.41	05/07/2025	104%	
200m Breaststroke	Timed Final	2.	<b>3:50.48</b>	189	3:53.13	09/05/2025	102%	
David Sequeira Sobral, 2012 (14 years), Boys								3
50m Freestyle	Timed Final	4.	<b>35.30</b>	179	39.96	10/06/2025	128%	
100m Freestyle	Timed Final	5.	<b>1:22.17</b>	162	1:26.18	10/06/2025	110%	
400m Freestyle	Timed Final	4.	<b>6:20.70</b>	173	6:59.74	06/07/2025	122%	
Diogo Frederico Santos, 2014 (12 years), Boys								-
100m Freestyle	Timed Final	WDR	-	-	1:42.05	24/11/2024	-	
100m Backstroke	Timed Final	WDR	-	-	NT	-	-	
50m Butterfly	Timed Final	WDR	-	-	54.00	26/04/2025	-	
100m Medley	Timed Final	WDR	-	-	NT	-	-	
Duarte Filipe Carvalho, 2007 (19 years), Men								1
400m Freestyle	Timed Final	1.	5:23.48	282	5:19.65	23/11/2024	98%	
1500m Freestyle	Timed Final	1.	<b>21:14.54</b>	293	21:42.13	05/07/2025	104%	
50m Butterfly	Timed Final	7.	34.85	228	32.26	09/03/2025	86%	
Francisco Dinis Pinto, 2009 (17 years), Boys								3
50m Freestyle	Timed Final	5.	<b>27.45</b>	381	27.95	06/07/2025	104%	
100m Freestyle	Timed Final	7.	<b>1:03.81</b>	347	1:06.62	26/04/2025	109%	
50m Breaststroke	Timed Final	5.	<b>36.34</b>	323	36.81	09/03/2025	103%	
Ines Frederico Santos, 2010 (16 years), Girls								4
400m Freestyle	Timed Final	3.	<b>5:55.75</b>	271	6:20.97	06/07/2025	115%	
800m Freestyle	Timed Final	1.	<b>12:10.59</b>	279	13:00.09	06/07/2025	114%	
100m Breaststroke	Timed Final	2.	<b>1:39.46</b>	246	1:43.49	30/05/2025	108%	
200m Breaststroke	Timed Final	3.	<b>3:34.04</b>	237	3:56.45	09/03/2025	122%	
Joana Veiga Freixo, 2009 (17 years), Girls								-
50m Freestyle	Timed Final	2.	35.03	276	35.03	24/11/2024	100%	
100m Freestyle	Timed Final	8.	1:20.72	241	1:17.75	08/03/2025	93%	
50m Breaststroke	Timed Final	2.	53.23	151	51.50	09/03/2025	94%	
200m Medley	Timed Final	4.	3:51.38	145	NT	-	-	
Joao Leonardo Marques, 2008 (18 years), Boys								-
50m Freestyle	Timed Final	WDR	-	-	29.54	24/11/2024	-	
100m Freestyle	Timed Final	WDR	-	-	1:10.15	16/11/2024	-	
50m Backstroke	Timed Final	WDR	-	-	43.28	24/11/2024	-	
50m Butterfly	Timed Final	WDR	-	-	34.17	05/07/2025	-	
Joao Tiago Paiga, 2008 (18 years), Boys								3
400m Freestyle	Timed Final	3.	6:06.70	193	5:51.50	26/04/2025	92%	
50m Backstroke	Timed Final	4.	<b>32.61</b>	311	33.53	06/07/2025	106%	
100m Backstroke	Timed Final	1.	<b>1:13.92</b>	279	1:15.28	26/04/2025	104%	
200m Medley	Timed Final	3.	<b>2:54.23</b>	244	2:56.65	24/11/2024	103%	
Maria Julia Cardoso, 2009 (17 years), Girls								-
50m Freestyle	Timed Final	5.	35.60	263	35.53	06/07/2025	100%	
100m Freestyle	Timed Final	7.	1:20.36	244	1:20.19	06/07/2025	100%	
50m Butterfly	Timed Final	5.	44.25	158	43.93	05/07/2025	99%	
200m Medley	Timed Final	2.	3:20.82	222	3:18.72	05/07/2025	98%	
Maria Martins Oliveira, 2012 (14 years), Girls								4
50m Freestyle	Timed Final	3.	<b>34.45</b>	291	36.28	09/05/2025	111%	
100m Freestyle	Timed Final	5.	<b>1:17.37</b>	273	1:20.34	29/03/2025	108%	
400m Freestyle	Timed Final	9.	<b>6:38.31</b>	193	6:54.73	11/01/2025	108%	
100m Backstroke	Timed Final	2.	<b>1:26.28</b>	245	1:26.97	06/07/2025	102%	
Pereira Santos Iris, 2012 (14 years), Girls								2
50m Freestyle	Timed Final	8.	<b>40.22</b>	182	44.25	10/05/2025	121%	
100m Freestyle	Timed Final	15.	<b>1:31.02</b>	168	1:36.04	10/06/2025	111%	
Ricardo Carlos Mesquita, 2014 (12 years), Boys								-
100m Freestyle	Timed Final	4.	1:59.66	52	NT	-	-	
Robert Daniel Puiac, 2009 (17 years), Boys								3
50m Freestyle	Timed Final	8.	<b>30.64</b>	273	32.91	10/05/2025	115%	
100m Freestyle	Timed Final	11.	<b>1:13.77</b>	224	1:15.47	10/05/2025	105%	
50m Breaststroke	Timed Final	6.	<b>39.99</b>	242	43.86	05/07/2025	120%	
Tiago Miguel Costa, 2009 (17 years), Boys								3
100m Freestyle	Timed Final	10.	1:12.61	235	1:12.59	10/06/2025	100%	
400m Freestyle	Timed Final	2.	<b>5:56.70</b>	210	6:09.62	06/07/2025	107%	
50m Backstroke	Timed Final	6.	<b>39.03</b>	181	40.46	05/07/2025	107%	
100m Backstroke	Timed Final	2.	<b>1:27.50</b>	168	1:31.21	19/10/2024	109%	

Emnv/Fcv

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Filipe Miguel Pires, 2011 (15 years), Boys								3
50m Freestyle	Timed Final	1.	<b>26.51</b>	422	28.12	26/04/2025	113%	
100m Freestyle	Timed Final	1.	<b>58.16</b>	458	58.85	06/07/2025	102%	
50m Butterfly	Timed Final	1.	<b>28.78</b>	406	31.10	23/03/2025	117%	
Lourenco Gomes Silva, 2014 (12 years), Boys								-
100m Freestyle	Timed Final	2.	1:47.78	72	NT		-	
100m Breaststroke	Timed Final	2.	2:10.09	76	NT		-	
100m Medley	Timed Final	2.	2:01.16	67	NT		-	
Luis Magno Fontes, 2007 (19 years), Men								3
50m Freestyle	Timed Final	3.	<b>26.06</b>	445	26.55		104%	
100m Freestyle	Timed Final	3.	1:00.10	415	59.29		97%	
50m Breaststroke	Timed Final	3.	<b>33.69</b>	406	33.80		101%	
50m Butterfly	Timed Final	2.	<b>29.09</b>	393	29.21		101%	
Martim Beato Guedes, 2012 (14 years), Boys								1
50m Freestyle	Timed Final	2.	<b>31.92</b>	242	32.33	26/04/2025	103%	
100m Freestyle	Timed Final	1.	1:13.75	224	1:10.45	06/07/2025	91%	
400m Freestyle	Timed Final	1.	5:48.25	226	5:38.27	26/04/2025	94%	
EN Braganca								26
Ana Miguel Tuna, 2010 (16 years), Girls								4
50m Freestyle	Timed Final	4.	<b>34.44</b>	291	35.65	08/03/2025	107%	
100m Freestyle	Timed Final	6.	<b>1:17.55</b>	272	1:21.48	06/07/2025	110%	
50m Backstroke	Timed Final	5.	<b>42.04</b>	216	44.28	08/03/2025	111%	
50m Breaststroke	Timed Final	2.	<b>44.40</b>	260	45.60	10/05/2025	105%	
Anita santos Goncalves, 2010 (16 years), Girls								1
50m Freestyle	Timed Final	1.	29.66	456	29.54	05/07/2025	99%	
100m Freestyle	Timed Final	1.	1:04.97	462	1:04.50	20/04/2024	99%	
50m Backstroke	Timed Final	2.	34.84	379	34.35	05/07/2025	97%	
50m Butterfly	Timed Final	1.	<b>32.78</b>	389	33.18	03/03/2024	102%	
Benedita Campelo Carvalho, 2009 (17 years), Girls								-
50m Freestyle	Timed Final	4.	35.50	265	33.23	10/05/2025	88%	
100m Freestyle	Timed Final	6.	1:17.36	274	1:15.18	18/05/2024	94%	
50m Butterfly	Timed Final	4.	41.16	196	40.36	09/03/2025	96%	
200m Medley	Timed Final	3.	3:22.87	215	3:20.50	29/06/2024	98%	
Iara Beatriz Matela, 2009 (17 years), Girls								1
100m Freestyle	Timed Final	4.	1:12.80	328	1:09.42	06/07/2025	91%	
50m Backstroke	Timed Final	2.	<b>36.61</b>	327	36.81	05/07/2025	101%	
50m Breaststroke	Timed Final	1.	40.60	341	39.04	05/07/2025	92%	
100m Breaststroke	Timed Final	3.	1:31.15	320	1:27.53	05/07/2025	92%	
Julieta Gradinaru, 2014 (12 years), Girls								-
100m Freestyle	Timed Final	7.	1:39.03	130	NT		-	
100m Backstroke	Timed Final	3.	2:10.13	71	NT		-	
50m Butterfly	Timed Final	5.	57.80	71	NT		-	
Leonor Afonso Matela, 2012 (14 years), Girls								1
50m Freestyle	Timed Final	1.	<b>33.13</b>	327	33.38	26/04/2025	102%	
100m Freestyle	Timed Final	10.	1:19.47	252	1:14.17	26/04/2025	87%	
400m Freestyle	Timed Final	4.	6:16.62	228	5:34.09	06/07/2025	79%	
800m Freestyle	Timed Final	1.	12:17.24	271	11:25.37	06/07/2025	86%	
Mariana Jose Martins, 2006 (20 years), Women								3
400m Freestyle	Timed Final	1.	<b>5:51.59</b>	280	5:56.16	06/07/2025	103%	
100m Breaststroke	Timed Final	2.	<b>1:25.55</b>	387	1:27.20	26/04/2025	104%	
200m Breaststroke	Timed Final	1.	3:08.97	344	3:07.97	06/07/2025	99%	
50m Butterfly	Timed Final	3.	<b>31.98</b>	419	33.62	05/07/2025	111%	
Martim Barros Pereira, 2011 (15 years), Boys								3
50m Freestyle	Timed Final	2.	<b>27.59</b>	375	28.39	26/04/2025	106%	
100m Freestyle	Timed Final	2.	<b>58.41</b>	452	1:00.28	06/07/2025	107%	
100m Breaststroke	Timed Final	1.	<b>1:15.89</b>	386	1:17.09	10/06/2025	103%	
200m Medley	Timed Final	1.	2:31.46	371	2:29.81	05/07/2025	98%	
Mateus Barros Pereira, 2017 (9 years), Boys								3
50m Freestyle	Timed Final	1.	<b>40.54</b>	118	44.68	26/04/2025	121%	
50m Backstroke	Timed Final	2.	<b>52.85</b>	73	54.31	26/04/2025	106%	
50m Butterfly	Timed Final	1.	<b>49.87</b>	78	53.91	05/07/2025	117%	
Matilde Pinto Teixeira, 2011 (15 years), Girls								1
100m Freestyle	Timed Final	4.	1:12.95	326	1:12.32	26/04/2025	98%	
50m Backstroke	Timed Final	4.	<b>38.05</b>	291	39.00	05/07/2025	105%	
100m Backstroke	Timed Final	3.	1:24.95	257	1:24.34	09/03/2025	99%	
50m Butterfly	Timed Final	4.	36.17	289	35.69	05/07/2025	97%	
Naima Francisco Ferreira, 2013 (13 years), Girls								1
50m Freestyle	Timed Final	4.	<b>35.07</b>	275	35.25	26/04/2025	101%	
100m Freestyle	Timed Final	8.	1:19.32	254	1:16.47	26/04/2025	93%	
100m Backstroke	Timed Final	3.	1:31.53	205	1:29.27	06/07/2025	95%	
200m Backstroke	Timed Final	2.	3:19.75	206	3:13.60	05/07/2025	94%	

<b>Nelson Silva Pires, 2011 (15 years), Boys</b>								<b>2</b>
50m Freestyle	Timed Final	9.	<b>34.48</b>	192	38.34	26/04/2025	124%	
100m Freestyle	Timed Final	9.	<b>1:21.44</b>	166	1:23.33	06/07/2025	105%	
50m Breaststroke	Timed Final	2.	42.57	201	NT		-	
<b>Nuno Silva Pires, 2007 (19 years), Men</b>								<b>4</b>
50m Freestyle	Timed Final	6.	<b>29.16</b>	317	29.78	06/07/2025	104%	
100m Freestyle	Timed Final	9.	<b>1:07.72</b>	290	1:09.60	06/07/2025	106%	
50m Backstroke	Timed Final	5.	<b>37.26</b>	208	37.71	05/07/2025	102%	
50m Butterfly	Timed Final	6.	<b>33.96</b>	247	36.27	05/07/2025	114%	
<b>Susana Pimparel, 2015 (11 years), Girls</b>								<b>2</b>
50m Freestyle	Timed Final	5.	<b>46.67</b>	117	47:08.00	26/04/2025	367184%	
50m Backstroke	Timed Final	2.	<b>51.56</b>	117	55.62	15/06/2024	116%	
50m Butterfly	Timed Final	3.	53.28	90	NT		-	
<b>Flavitus Natacao Clube</b>								<b>20</b>
<b>Duarte Ferreira Rosa, 2011 (15 years), Boys</b>								<b>4</b>
50m Freestyle	Timed Final	4.	<b>29.39</b>	310	29.95		104%	
100m Freestyle	Timed Final	4.	<b>1:05.76</b>	317	1:06.59		103%	
400m Freestyle	Timed Final	1.	<b>5:04.90</b>	337	5:12.81		105%	
200m Breaststroke	Timed Final	1.	<b>3:07.76</b>	262	3:13.20		106%	
<b>Eva Alexandre Saraiva, 2010 (16 years), Girls</b>								<b>-</b>
50m Freestyle	Timed Final	6.	41.62	165	NT		-	
100m Freestyle	Timed Final	8.	1:37.20	138	NT		-	
50m Backstroke	Timed Final	7.	52.39	111	NT		-	
<b>Guilherme Alves Horta, 2011 (15 years), Boys</b>								<b>4</b>
50m Freestyle	Timed Final	7.	<b>30.59</b>	275	35.03		131%	
100m Freestyle	Timed Final	7.	<b>1:13.07</b>	231	1:15.93		108%	
400m Freestyle	Timed Final	2.	<b>5:31.93</b>	261	5:46.03		109%	
1500m Freestyle	Timed Final	1.	<b>22:03.75</b>	261	22:47.89		107%	
<b>Guilherme Sarmento Borges, 2011 (15 years), Boys</b>								<b>-</b>
50m Freestyle	Timed Final	WDR	-	-	31.45		-	
50m Backstroke	Timed Final	WDR	-	-	37.69		-	
100m Backstroke	Timed Final	WDR	-	-	1:20.65		-	
200m Medley	Timed Final	WDR	-	-	2:56.81		-	
<b>Ines Filipa Guerra, 2011 (15 years), Girls</b>								<b>3</b>
50m Breaststroke	Timed Final	1.	<b>41.05</b>	330	41.49		102%	
200m Breaststroke	Timed Final	2.	3:26.07	265	3:23.56		98%	
50m Butterfly	Timed Final	3.	<b>34.70</b>	328	35.98		108%	
200m Medley	Timed Final	3.	<b>3:00.44</b>	306	3:04.77		105%	
<b>Leonor Ferreira Sousa, 2012 (14 years), Girls</b>								<b>3</b>
100m Freestyle	Timed Final	4.	<b>1:15.41</b>	295	1:19.45		111%	
100m Backstroke	Timed Final	1.	<b>1:23.34</b>	272	1:27.57		110%	
100m Breaststroke	Timed Final	4.	1:39.94	242	1:36.43		93%	
200m Medley	Timed Final	2.	<b>3:08.32</b>	269	3:08.50		100%	
<b>Pedro Martins Valente, 2011 (15 years), Boys</b>								<b>4</b>
100m Freestyle	Timed Final	8.	<b>1:14.59</b>	217	1:20.07		115%	
50m Backstroke	Timed Final	3.	<b>39.71</b>	172	45.70		132%	
50m Breaststroke	Timed Final	1.	<b>39.60</b>	250	45.50		132%	
100m Breaststroke	Timed Final	3.	<b>1:28.60</b>	242	1:35.78		117%	
<b>Rodrigo Jose Santos, 2009 (17 years), Boys</b>								<b>1</b>
100m Freestyle	Timed Final	5.	1:02.60	367	1:02.21		99%	
100m Breaststroke	Timed Final	2.	1:18.64	347	1:16.91		96%	
50m Butterfly	Timed Final	4.	<b>29.77</b>	367	30.61		106%	
200m Medley	Timed Final	2.	2:42.02	303	2:34.87		91%	
<b>Xiana Castro Silva, 2010 (16 years), Girls</b>								<b>1</b>
400m Freestyle	Timed Final	1.	<b>5:37.78</b>	316	5:45.43		105%	
50m Backstroke	Timed Final	1.	34.32	397	32.28		88%	
100m Breaststroke	Timed Final	3.	1:44.44	212	1:31.90		77%	
200m Medley	Timed Final	2.	2:52.39	351	2:45.45		92%	
<b>Ginasio Clube de Vila Real</b>								<b>74</b>
<b>Afonso Magalhaes Resende, 2013 (13 years), Boys</b>								<b>3</b>
100m Freestyle	Timed Final	2.	<b>1:16.19</b>	203	1:19.97	08/03/2025	110%	
400m Freestyle	Timed Final	2.	<b>5:50.60</b>	221	6:08.47	10/05/2025	110%	
100m Breaststroke	Timed Final	3.	<b>1:34.45</b>	200	1:36.13	09/03/2025	104%	
200m Breaststroke	Timed Final	3.	3:27.19	195	NT		-	
<b>Alice Silva Costa, 2012 (14 years), Girls</b>								<b>2</b>
100m Freestyle	Timed Final	14.	1:29.70	175	1:28.90		98%	
400m Freestyle	Timed Final	10.	7:07.02	156	6:51.82		93%	
100m Breaststroke	Timed Final	10.	<b>1:55.28</b>	158	2:01.76		112%	
200m Medley	Timed Final	10.	<b>3:35.78</b>	179	3:45.13		109%	

Ana Margarida Guedes, 2001 (25 years), Women									-
100m Freestyle	Timed Final	1.	1:01.84	536	59.84	04/11/2023	94%		
50m Backstroke	Timed Final	1.	31.66	506	28.36	13/12/2024	80%		
50m Butterfly	Timed Final	1.	28.45	595	26.32	21/12/2023	86%		
Beatriz Nogueira Peixoto, 2011 (15 years), Girls									3
50m Freestyle	Timed Final	5.	<b>38.39</b>	210	40.78	06/07/2025	113%		
100m Freestyle	Timed Final	7.	<b>1:27.13</b>	191	1:28.36	10/06/2025	103%		
50m Backstroke	Timed Final	6.	<b>44.10</b>	187	45.82	05/07/2025	108%		
Benedita Martins Fernandes, 2013 (13 years), Girls									2
100m Freestyle	Timed Final	6.	<b>1:17.99</b>	267	1:19.66		104%		
400m Freestyle	Timed Final	3.	6:15.59	230	6:09.44		97%		
100m Breaststroke	Timed Final	6.	1:43.31	219	1:42.48		98%		
200m Medley	Timed Final	4.	<b>3:15.74</b>	239	3:23.15		108%		
Bruno Miguel Morais, 2013 (13 years), Boys									1
100m Freestyle	Timed Final	4.	1:20.98	169	1:17.73	05/07/2025	92%		
100m Breaststroke	Timed Final	5.	<b>1:43.47</b>	152	1:43.57	06/07/2025	100%		
200m Breaststroke	Timed Final	4.	3:44.09	154	NT		-		
Carlota Teiga Cruz, 2013 (13 years), Girls									1
100m Freestyle	Timed Final	13.	1:24.95	206	1:24.43		99%		
400m Freestyle	Timed Final	8.	6:28.28	208	6:22.50		97%		
100m Breaststroke	Timed Final	7.	<b>1:44.19</b>	214	1:44.49		101%		
200m Medley	Timed Final	7.	3:21.53	219	3:21.16		100%		
Carminho Teiga Cruz, 2016 (10 years), Girls									3
50m Freestyle	Timed Final	1.	<b>39.25</b>	196	39.75	26/04/2025	103%		
50m Breaststroke	Timed Final	3.	<b>55.40</b>	134	56.29	26/04/2025	103%		
50m Butterfly	Timed Final	1.	<b>45.54</b>	145	50.92	26/04/2025	125%		
Diana Ribeiro Nogueira, 2012 (14 years), Girls									2
100m Freestyle	Timed Final	12.	1:24.39	211	1:24.00	06/07/2025	99%		
400m Freestyle	Timed Final	7.	<b>6:20.19</b>	222	6:32.70	26/04/2025	107%		
100m Breaststroke	Timed Final	5.	<b>1:42.23</b>	226	1:44.62	05/07/2025	105%		
200m Breaststroke	Timed Final	3.	3:42.28	211	3:40.57	06/07/2025	98%		
Diogo Ribeiro Baptista, 2009 (17 years), Boys									1
100m Freestyle	Timed Final	6.	1:03.25	356	1:03.03	26/04/2025	99%		
50m Butterfly	Timed Final	5.	<b>30.48</b>	342	31.19	05/07/2025	105%		
Duarte Amaral Queiros, 2017 (9 years), Boys									2
50m Freestyle	Timed Final	2.	<b>41.43</b>	110	45.00	09/03/2025	118%		
50m Breaststroke	Timed Final	1.	52.71	106	NT		-		
50m Butterfly	Timed Final	2.	<b>54.59</b>	59	58.25	26/04/2025	114%		
Filipa Lopes Pinto, 2014 (12 years), Girls									-
100m Freestyle	Timed Final	8.	2:05.51	64	NT		-		
Francisco Filipe Oliveira, 2015 (11 years), Boys									1
50m Freestyle	Timed Final	6.	49.93	63	49.31	26/04/2025	98%		
50m Breaststroke	Timed Final	5.	<b>1:09.20</b>	46	1:09.90	26/04/2025	102%		
Gabriel Artilheiro Fraga, 2013 (13 years), Boys									3
100m Freestyle	Timed Final	6.	<b>1:23.60</b>	154	1:26.15		106%		
400m Freestyle	Timed Final	5.	6:47.98	140	6:31.57		92%		
100m Breaststroke	Timed Final	6.	<b>1:48.25</b>	133	1:53.81		111%		
200m Medley	Timed Final	2.	<b>3:25.14</b>	149	3:34.31		109%		
Guilherme Lagoa Guerra, 2009 (17 years), Boys									2
50m Freestyle	Timed Final	7.	<b>29.92</b>	294	31.43	08/03/2025	110%		
100m Freestyle	Timed Final	8.	<b>1:07.49</b>	293	1:10.89	10/06/2025	110%		
Guiomar Sofia Oliveira, 2016 (10 years), Girls									-
50m Backstroke	Timed Final	6.	59.06	77	57.37	26/04/2025	94%		
Herman Kovalchuk, 2006 (20 years), Men									-
50m Backstroke	Timed Final	1.	28.73	455	27.47	13/04/2025	91%		
Hugo Fonseca Goncalves, 2003 (23 years), Men									-
100m Freestyle	Timed Final			-	53.96	12/04/2025	-		
Ines Carnide Silva, 2014 (12 years), Girls									4
100m Freestyle	Timed Final	3.	<b>1:22.16</b>	228	1:22.83		102%		
100m Breaststroke	Timed Final	4.	<b>1:50.39</b>	180	2:01.35		121%		
50m Butterfly	Timed Final	1.	<b>39.70</b>	219	44.24		124%		
100m Medley	Timed Final	3.	<b>1:32.09</b>	214	1:38.40		114%		
Ines Rua Fernandes, 2011 (15 years), Girls									-
400m Freestyle	Timed Final	2.	5:39.53	311	5:16.26	09/03/2025	87%		
100m Backstroke	Timed Final	2.	1:17.08	344	1:16.07	06/07/2025	97%		
Laura Jorge Alves, 2013 (13 years), Girls									2
100m Freestyle	Timed Final	1.	<b>1:11.66</b>	344	1:12.13	06/07/2025	101%		
400m Freestyle	Timed Final	1.	<b>5:27.13</b>	348	5:32.46	23/03/2025	103%		
100m Butterfly	Timed Final	1.	1:31.48	191	1:27.14	06/07/2025	91%		
200m Medley	Timed Final	1.	3:04.84	284	3:02.34	05/07/2025	97%		

Leonor Carnide Silva, 2009 (17 years), Girls									-
100m Backstroke	Timed Final	1.	1:10.58	448	1:07.82	20/01/2024	92%		
50m Butterfly	Timed Final	2.	30.16	500	28.19	15/12/2024	87%		
200m Medley	Timed Final	1.	2:38.13	455	2:32.27	21/12/2024	93%		
Lorena Sofia Ribeiro, 2012 (14 years), Girls									3
100m Freestyle	Timed Final	7.	<b>1:18.83</b>	259	1:24.83		116%		
400m Freestyle	Timed Final	5.	<b>6:16.65</b>	228	6:40.39		113%		
100m Butterfly	Timed Final	4.	1:41.60	139	NT		-		
200m Medley	Timed Final	9.	<b>3:28.68</b>	198	3:31.65		103%		
Luana Magalhaes Alves, 2015 (11 years), Girls									4
50m Freestyle	Timed Final	4.	<b>46.08</b>	121	47.61	26/04/2025	107%		
50m Backstroke	Timed Final	3.	<b>52.51</b>	110	54.81	26/04/2025	109%		
50m Breaststroke	Timed Final	4.	<b>57.13</b>	122	1:00.60	09/03/2025	113%		
50m Butterfly	Timed Final	5.	<b>1:00.10</b>	63	1:04.96	26/04/2025	117%		
Lucas Fernandes Prior, 2017 (9 years), Boys									-
50m Freestyle	Timed Final	3.	42.00	106	NT		-		
50m Backstroke	Timed Final	1.	48.22	96	NT		-		
50m Breaststroke	Timed Final	2.	1:06.21	53	NT		-		
50m Butterfly	Timed Final	3.	56.31	54	NT		-		
Margarida Nunes Maio, 2011 (15 years), Girls									3
50m Freestyle	Timed Final	3.	<b>34.43</b>	291	35.70	26/04/2025	108%		
100m Freestyle	Timed Final	5.	<b>1:15.10</b>	299	1:17.04	06/07/2025	105%		
100m Breaststroke	Timed Final	1.	<b>1:29.34</b>	340	1:33.57	05/07/2025	110%		
Maria Ines Mesquita, 2010 (16 years), Girls									-
50m Backstroke	Timed Final	3.	36.68	325	NT		-		
200m Medley	Timed Final	1.	2:50.07	365	2:41.30	08/03/2025	90%		
Maria Joao Gomes, 2013 (13 years), Girls									4
100m Freestyle	Timed Final	11.	<b>1:22.90</b>	222	1:23.32		101%		
400m Freestyle	Timed Final	6.	<b>6:20.14</b>	222	6:30.66		106%		
100m Butterfly	Timed Final	3.	<b>1:38.93</b>	151	1:53.78		132%		
200m Medley	Timed Final	5.	<b>3:18.00</b>	231	3:31.56		114%		
Maria Manuel Braz, 2009 (17 years), Girls									-
100m Freestyle	Timed Final	2.	1:03.92	485	1:01.09	13/04/2025	91%		
100m Breaststroke	Timed Final	1.	1:19.16	488	1:14.53	13/12/2024	89%		
Maria Silva Poeta, 2010 (16 years), Girls									2
100m Backstroke	Timed Final	1.	<b>1:12.16</b>	419	1:13.03	18/01/2025	102%		
200m Breaststroke	Timed Final	1.	<b>3:12.02</b>	328	3:13.66	13/01/2024	102%		
Martim Costa Goncalves, 2013 (13 years), Boys									4
100m Freestyle	Timed Final	3.	<b>1:18.47</b>	186	1:21.32		107%		
400m Freestyle	Timed Final	3.	<b>6:13.44</b>	183	6:16.09		101%		
100m Breaststroke	Timed Final	4.	<b>1:43.23</b>	153	1:56.45		127%		
200m Medley	Timed Final	1.	<b>3:14.65</b>	175	3:17.03		102%		
Miguel Braz Alves, 2011 (15 years), Boys									3
50m Freestyle	Timed Final	8.	<b>30.66</b>	273	33.65	26/04/2025	120%		
100m Freestyle	Timed Final	5.	<b>1:07.72</b>	290	1:11.22	06/07/2025	111%		
200m Backstroke	Timed Final	1.	<b>2:58.82</b>	206	2:59.67	05/07/2025	101%		
200m Medley	Timed Final	2.	3:04.13	206	3:03.57	05/07/2025	99%		
Miguel Ferreira Eira, 2013 (13 years), Boys									1
100m Freestyle	Timed Final	8.	1:29.15	127	1:29.04		100%		
100m Backstroke	Timed Final	1.	1:40.95	109	1:40.47		99%		
100m Breaststroke	Timed Final	7.	<b>1:51.73</b>	121	2:02.04		119%		
Miguel Pereira Carvalho, 2009 (17 years), Boys									-
100m Freestyle	Timed Final	2.	59.58	426	59.03	08/03/2025	98%		
50m Breaststroke	Timed Final	2.	33.04	430	32.29	13/04/2025	96%		
100m Breaststroke	Timed Final	1.	1:14.47	409	1:11.03	18/01/2025	91%		
Nuno Pinto Oliveira, 2010 (16 years), Boys									3
50m Freestyle	Timed Final	5.	<b>29.52</b>	306	30.83	26/04/2025	109%		
100m Backstroke	Timed Final	1.	<b>1:15.57</b>	261	1:15.98	06/07/2025	101%		
50m Butterfly	Timed Final	2.	<b>32.84</b>	273	35.74	23/11/2024	118%		
Renata Daniela Rangel, 2011 (15 years), Girls									-
50m Freestyle	Timed Final	2.	33.33	321	31.54	24/11/2024	90%		
100m Freestyle	Timed Final	3.	1:12.90	327	1:09.85	08/03/2025	92%		
50m Butterfly	Timed Final	5.	36.21	288	34.66	05/07/2025	92%		
Rodrigo Sousa Xavier, 2014 (12 years), Boys									3
100m Freestyle	Timed Final	1.	<b>1:20.75</b>	171	1:23.95		108%		
100m Backstroke	Timed Final	1.	1:30.16	154	NT		-		
100m Breaststroke	Timed Final	1.	1:45.73	142	NT		-		
50m Butterfly	Timed Final	1.	<b>39.32</b>	159	41.83		113%		
100m Medley	Timed Final	1.	<b>1:27.22</b>	180	1:28.89		104%		
Santiago Costa Goncalves, 2016 (10 years), Boys									4
50m Freestyle	Timed Final	2.	<b>40.23</b>	121	41.43	26/04/2025	106%		
50m Backstroke	Timed Final	2.	<b>48.64</b>	93	49.12	08/03/2025	102%		

50m Breaststroke	Timed Final	4.	<b>1:05.36</b>	55	1:06.39	26/04/2025	103%	
50m Butterfly	Timed Final	2.	<b>53.22</b>	64	58.76	26/04/2025	122%	
<b>Susana Pedro Carvalhinha, 2013 (13 years), Girls</b>								
100m Freestyle	Timed Final	3.	<b>1:14.93</b>	301	1:14.94		100%	2
400m Freestyle	Timed Final	2.	6:07.67	245	5:46.04		89%	
100m Breaststroke	Timed Final	3.	<b>1:39.45</b>	246	1:43.60		109%	
200m Medley	Timed Final	3.	3:12.47	252	3:00.65		88%	
<b>Tiago Manuel Fernandes, 2008 (18 years), Boys</b>								
50m Freestyle	Timed Final	1.	<b>24.77</b>	518	25.00	30/06/2024	102%	1
50m Backstroke	Timed Final	2.	31.10	359	28.73	23/11/2024	85%	
50m Breaststroke	Timed Final	1.	32.30	460	30.79	06/04/2025	91%	
50m Butterfly	Timed Final	1.	27.02	491	26.18	06/04/2025	94%	
<b>Tomas Carvalho Sousa, 2015 (11 years), Boys</b>								
50m Freestyle	Timed Final	5.	<b>45.95</b>	81	46.84	09/03/2025	104%	3
50m Backstroke	Timed Final	1.	<b>46.62</b>	106	49.55	26/04/2025	113%	
50m Breaststroke	Timed Final	2.	<b>52.07</b>	110	55.85	18/01/2025	115%	
50m Butterfly	Timed Final	3.	1:00.57	43	NT		-	
<b>Vitoria Almeida Saraiva, 2013 (13 years), Girls</b>								
100m Freestyle	Timed Final	16.	<b>1:33.13</b>	157	1:36.29		107%	2
100m Backstroke	Timed Final	4.	1:31.57	205	1:31.12		99%	
100m Breaststroke	Timed Final	9.	<b>1:49.59</b>	184	1:57.28		115%	
200m Medley	Timed Final	11.	3:37.96	173	3:34.12		97%	
<b>Individual ANNP</b>								
<b>Ines Esteves Carvalho, 2013 (13 years), Girls</b>								
100m Freestyle	Timed Final	EXH	1:04.00	484	1:03.36		98%	2
400m Freestyle	Timed Final	EXH	5:01.51	445	4:59.21	09/02/2025	98%	
800m Freestyle	Timed Final	RJC	-	-	10:28.49	08/02/2025	-	
100m Backstroke	Timed Final	EXH	<b>1:11.64</b>	428	1:12.32	05/05/2025	102%	
200m Backstroke	Timed Final	EXH	<b>2:37.67</b>	419	2:37.98	18/07/2025	100%	