

Torneio de Aniversário do Aminata  
Évora, 19/10/2025

Prova 1 400m Livres 13 anos e mais velhos  
19/10/2025 - 10:00 Resultados

Recordes Regionais Piscina Curta Open	4:12.59	Tomas Antonio AZEVEDO	AMINATA	Caldas da Rainha	28/11/2015
Recordes Regionais Piscina Curta 19 +	4:12.59	Tomas Antonio AZEVEDO	AMINATA	Caldas da Rainha	28/11/2015
Recordes Regionais Piscina Curta 18	4:17.47	Joao Pedro NEVES	AMINATA	Ponte de Sor	15/03/2014
Recordes Regionais Piscina Curta 17	4:14.22	Nelson Pereira MALHEIROS	CNLA	Caldas da Rainha	28/11/2015
Recordes Regionais Piscina Curta 16	4:13.67	Tiago Pastor ESCADA	AMINATA	Ponte de Sor	14/03/2015
Recordes Regionais Piscina Curta 15	4:18.68	Nelson Pereira MALHEIROS	CNLA	Sines	25/04/2014
Recordes Regionais Piscina Curta 14	4:33.56	Miguel Martins BALTAZAR	ANALEN	Abrantes	14/04/2012
Recordes Regionais Piscina Curta 13	4:39.59	Gustavo Manuel SANTA	Ind ANALEP	Sines	13/05/2006
Recordes Regionais Piscina Curta Open	4:13.53	Ana Reis SOUSA	CNLA	Porto	09/12/2017
Recordes Regionais Piscina Curta 18 +	4:45.63	Sofia Oliveira SILVA	CNLA	Sines	25/04/2024
Recordes Regionais Piscina Curta 17	4:43.90	Sofia Cristina GRILO	Ind ANALEP	Ponte de Sôr	15/03/2014
Recordes Regionais Piscina Curta 16	4:13.53	Ana Reis SOUSA	CNLA	Porto	09/12/2017
Recordes Regionais Piscina Curta 15	4:31.62	Ana Reis SOUSA	CNLA	Abrantes	27/11/2016
Recordes Regionais Piscina Curta 14	4:38.31	Ana Reis SOUSA	CNLA	Caldas da Rainha	29/11/2015
Recordes Regionais Piscina Curta 13	4:49.18	Joana ESCARIA	AMINATA	Tomar	11/05/2003

Pontos: AQUA 2025

Lugar Nome Idade Licença Clube Tempo Pontos  
13 - 14 anos, Femin.

1. Carolina Paixao CENICO	14	214698	Acmn					<b>5:54.41</b>	25:47.74
50m: 37.16 37.16	150m: 2:04.91 44.72	250m: 3:37.48 45.54	350m: 5:10.76 46.20						
100m: 1:20.19 43.03	200m: 2:51.94 47.03	300m: 4:24.56 47.08	400m: 5:54.41 43.65						
2. Sofia MEDEIRO HORTA	14	216032	Zona Azul					<b>5:55.25</b>	25:49.67
50m: 36.64 36.64	150m: 2:04.53 45.22	250m: 3:36.78 46.17	350m: 5:09.81 46.78						
100m: 1:19.31 42.67	200m: 2:50.61 46.08	300m: 4:23.03 46.25	400m: 5:55.25 45.44						
3. Teresa Filipe BANHA	14	220352	Acmn					<b>6:07.59</b>	26:12.88
50m: 37.87 37.87	150m:	250m:	350m:						
100m: 1:20.55 42.68	200m: 2:52.19	300m: 4:28.41	400m: 6:07.59						

15 anos e mais velhos, Femin.

1. Filipa Maria PEREIRA	20	201139	Aminata					<b>5:08.49</b>	44:54.28
50m: 35.59 35.59	150m: 1:51.80 38.50	250m: 3:09.87 39.03	350m:						
100m: 1:13.30 37.71	200m: 2:30.84 39.04	300m: 3:48.87 39.00	400m: 5:08.49						
2. Maria Lua PISCO	19	207482	Acmn					<b>5:14.83</b>	35:20.16
50m: 35.37 35.37	150m: 1:53.47 39.89	250m: 3:15.80 41.40	350m: 4:35.37 39.82						
100m: 1:13.58 38.21	200m: 2:34.40 40.93	300m: 3:55.55 39.75	400m: 5:14.83 39.46						
3. Mariana Rosado GOMES	16	212857	Aminata					<b>5:20.51</b>	35:21.01
50m: 36.76 36.76	150m: 1:59.22 41.92	250m: 3:21.97 41.25	350m: 4:42.41 39.69						
100m: 1:17.30 40.54	200m: 2:40.72 41.50	300m: 4:02.72 40.75	400m: 5:20.51 38.10						
4. Teresa Ribeiro ROCHA	15	218395	Aminata					<b>5:33.18</b>	35:25.74
50m: 35.61 35.61	150m: 1:56.39 41.79	250m: 3:22.56 43.38	350m: 4:50.25 43.22						
100m: 1:14.60 38.99	200m: 2:39.18 42.79	300m: 4:07.03 44.47	400m: 5:33.18 42.93						
5. Sofia Moreira DIAS	16	214686	Acmn					<b>5:41.09</b>	35:36.43
50m: 38.89 38.89	150m:	250m:	350m:						
100m: 1:21.53 42.64	200m: 2:48.67	300m: 4:16.31	400m: 5:41.09						

13 - 14 anos, Masc.

1. Diogo Leote PEDROSA	14	218504	Zona Azul					<b>5:15.97</b>	35:17.25
50m: 32.43 32.43	150m: 1:49.90 40.25	250m: 3:12.22 41.32	350m: 4:35.72 41.54						
100m: 1:09.65 37.22	200m: 2:30.90 41.00	300m: 3:54.18 41.96	400m: 5:15.97 40.25						
2. Nelson Manuel FLORINDO	14	222767	Aminata					<b>5:38.47</b>	25:36.92
50m: 36.69 36.69	150m: 2:02.82 43.77	250m: 3:29.80 43.70	350m: 4:56.65 42.78						
100m: 1:19.05 42.36	200m: 2:46.10 43.28	300m: 4:13.87 44.07	400m: 5:38.47 41.82						

Torneio de Aniversário do Aminata  
Évora, 19/10/2025

Prova 1, 400m Livres

15 anos e mais velhos, Masc.

1. Pedro Caeiro MARQUES	17	212615	Aminata					<b>4:42.45</b>	45:12.21	
50m:	32.22	32.22	150m:	1:42.37	35.78	250m:	2:54.91	36.39	350m:	
100m:	1:06.59	34.37	200m:	2:18.52	36.15	300m:	3:31.43	36.52	400m:	4:42.45
2. Tiago Romaneiro JANEIRINHO	16	208921	Aminata					<b>4:46.15</b>	44:42.62	
50m:	32.77	32.77	150m:	1:43.28	35.66	250m:	2:56.48	36.31	350m:	
100m:	1:07.62	34.85	200m:	2:20.17	36.89	300m:	3:33.96	37.48	400m:	4:46.15
3. Rodrigo Miguel SILVA	16	211085	Acmn					<b>4:49.69</b>	34:50.08	
50m:	32.84	32.84	150m:	1:45.00	36.84	250m:	2:59.24	37.34	350m:	
100m:	1:08.16	35.32	200m:	2:21.90	36.90	300m:	3:36.39	37.15	400m:	4:49.69
4. Edgar Van RAMOS	16	209505	Aminata					<b>5:02.03</b>	35:11.13	
50m:	34.72	34.72	150m:	1:50.50	38.08	250m:	3:09.27	38.94	350m:	4:25.82 37.71
100m:	1:12.42	37.70	200m:	2:30.33	39.83	300m:	3:48.11	38.84	400m:	5:02.03 36.21
5. Guilherme Martins CANDEIAS	15	214799	Aminata					<b>5:03.11</b>	35:10.70	
50m:	35.30	35.30	150m:	1:53.38	38.93	250m:	3:11.48	39.04	350m:	
100m:	1:14.45	39.15	200m:	2:32.44	39.06	300m:			400m:	5:03.11
6. Rodrigo Santos SOUZA	16	214685	Acmn					<b>5:08.83</b>	35:39.44	
50m:	34.81	34.81	150m:	1:52.56	39.22	250m:	3:11.91	39.65	350m:	4:31.23 39.75
100m:	1:13.34	38.53	200m:	2:32.26	39.70	300m:	3:51.48	39.57	400m:	5:08.83 37.60
7. Joao Pedro PORTO	17	218241	GSC Grândola Sports Club					<b>5:19.03</b>	25:21.31	
50m:	36.07	36.07	150m:	1:56.53	40.32	250m:	3:17.92	40.58	350m:	4:40.42 41.25
100m:	1:16.21	40.14	200m:	2:37.34	40.81	300m:	3:59.17	41.25	400m:	5:19.03 38.61
8. Eduardo Filipe CHAINHO	16	217207	GSC Grândola Sports Club					<b>5:30.25</b>	25:48.79	
50m:	35.83	35.83	150m:	2:02.93	44.46	250m:	3:28.25	42.47	350m:	4:50.68 40.78
100m:	1:18.47	42.64	200m:	2:45.78	42.85	300m:	4:09.90	41.65	400m:	5:30.25 39.57