

gara 27
17.05.2026 - 15:40

Uomini, 400m Mista

11 anni e più vecchi
Risultati

RT	4:22.93	Ponti Noè	NSL	Marsiglia (FRA)	05.03.2022
RM 17 +	4:34.06	Meier Christoph	SUI	Tenero	08.05.2016
RM 11 - 16	4:43.87	Ponti Noé	SUI	Tenero	08.05.2016
V25 17 +	4:42.05	Sottile Enrico	SUI	Tenero	12.05.2024
V25 11 - 16	5:10.16	Machekin Gheorghii	SUI	Tenero	12.05.2024

Pointi: AQUA 2025

Rango			An			Tempo	Pt.
11 - 16 anni							
1.	Ortelli Giacomo		10	Rari Nantes Saronno		5:03.59	509
	50m: 30.84	30.84	150m: 1:47.17	40.15	250m: 3:09.99	44.38	350m: 4:29.67 34.75
	100m: 1:07.02	36.18	200m: 2:25.61	38.44	300m: 3:54.92	44.93	400m: 5:03.59 33.92
2.	Galvani Elia		11	Polisportiva Riccion		5:07.57	490
	50m: 32.16	32.16	150m: 1:50.96	41.55	250m: 3:14.36	43.46	350m: 4:33.30 35.62
	100m: 1:09.41	37.25	200m: 2:30.90	39.94	300m: 3:57.68	43.32	400m: 5:07.57 34.27
3.	Tschamer Livio		13	SC Chur		5:19.57	436
	50m: 33.85	33.85	150m: 1:55.08	41.59	250m: 3:20.78	45.54	350m: 4:44.32 36.33
	100m: 1:13.49	39.64	200m: 2:35.24	40.16	300m: 4:07.99	47.21	400m: 5:19.57 35.25
4.	Ryser Damian		11	Turrita Nuoto		5:21.91	427
	50m: 34.05	34.05	150m: 1:55.50	41.21	250m: 3:23.01	48.08	350m: 4:46.74 36.16
	100m: 1:14.29	40.24	200m: 2:34.93	39.43	300m: 4:10.58	47.57	400m: 5:21.91 35.17
5.	Schiesaro Tomas		12	Nuotatori Milanesi		5:27.56	405
	50m: 34.75	34.75	150m: 1:59.45	43.65	250m: 3:25.28	43.97	350m: 4:50.49 39.83
	100m: 1:15.80	41.05	200m: 2:41.31	41.86	300m: 4:10.66	45.38	400m: 5:27.56 37.07
6.	Fiabane Leandro		11	Nuoto Sport Locarno		5:29.64	398
	50m: 34.46	34.46	150m: 2:01.76	44.95	250m: 3:32.20	46.88	350m: 4:54.22 36.29
	100m: 1:16.81	42.35	200m: 2:45.32	43.56	300m: 4:17.93	45.73	400m: 5:29.64 35.42
7.	Fiabane Gian		11	Nuoto Sport Locarno		5:29.77	397
	50m: 35.70	35.70	150m: 1:59.46	42.11	250m: 3:28.49	48.36	350m: 4:54.00 36.82
	100m: 1:17.35	41.65	200m: 2:40.13	40.67	300m: 4:17.18	48.69	400m: 5:29.77 35.77
8.	Selmani Leonit		13	Turrita Nuoto		5:37.19	371
	50m: 35.32	35.32	150m: 2:00.68	43.83	250m: 3:32.70	49.42	350m: 4:58.68 38.01
	100m: 1:16.85	41.53	200m: 2:43.28	42.60	300m: 4:20.67	47.97	400m: 5:37.19 38.51
9.	Aerni Leo		11	SC Chur		5:42.49	354
	50m: 33.04	33.04	150m: 1:58.07	44.34	250m: 3:32.86	50.26	350m: 5:02.67 39.47
	100m: 1:13.73	40.69	200m: 2:42.60	44.53	300m: 4:23.20	50.34	400m: 5:42.49 39.82
10.	Saporito Gioele		12	Nuoto Sport Locarno		5:50.59	330
	50m: 37.69	37.69	150m: 2:06.97	44.65	250m: 3:40.00	50.53	350m: 5:12.69 40.13
	100m: 1:22.32	44.63	200m: 2:49.47	42.50	300m: 4:32.56	52.56	400m: 5:50.59 37.90
11.	Zogg Alerio		14	Schwimmclub Romansho		5:58.15	310
	50m: 36.81	36.81	150m: 2:07.75	47.59	250m: 3:47.54	54.60	350m: 5:20.77 39.71
	100m: 1:20.16	43.35	200m: 2:52.94	45.19	300m: 4:41.06	53.52	400m: 5:58.15 37.38
12.	Veri Francis		14	Mendrisiotto Nuoto		6:04.40	294
	50m: 38.50	38.50	150m: 2:14.00	50.70	250m: 3:55.51	53.73	350m: 5:27.71 39.39
	100m: 1:23.30	44.80	200m: 3:01.78	47.78	300m: 4:48.32	52.81	400m: 6:04.40 36.69
13.	De Conto Rodrigo		14	Lugano Aquatics		6:05.66	291
	50m: 38.76	38.76	150m: 2:12.65	50.17	250m: 3:51.39	51.77	350m: 5:24.24 41.09
	100m: 1:22.48	43.72	200m: 2:59.62	46.97	300m: 4:43.15	51.76	400m: 6:05.66 41.42
14.	Bubon Arsenii		14	Mendrisiotto Nuoto		6:19.07	261
	50m: 41.75	41.75	150m: 2:26.13	48.64	250m: 4:04.73	51.74	350m: 5:41.14 43.26
	100m: 1:37.49	55.74	200m: 3:12.99	46.86	300m: 4:57.88	53.15	400m: 6:19.07 37.93

gara 27, Ragazzi, 400m Mista, 11 - 16 anni

Rango			An					Tempo	Pt.			
15.	Quaranta Thomas		14	Mendrisiotto Nuoto				7:00.65	191			
	50m:	44.63	44.63	150m:	2:37.60	55.60	250m:	4:29.90	59.43	350m:	6:16.10	45.45
	100m:	1:42.00	57.37	200m:	3:30.47	52.87	300m:	5:30.65	1:00.75	400m:	7:00.65	44.55
squal.	Colapietro Alessio		10	Nuoto Pistoia				5:13.40				
	<i>505 - Colpi di gambe alternati durante la nuotata</i>											
	50m:	32.55	32.55	150m:	1:51.87	40.69	250m:	3:16.42	45.89	350m:	4:38.76	36.13
	100m:	1:11.18	38.63	200m:	2:30.53	38.66	300m:	4:02.63	46.21	400m:	5:13.40	34.64

17 anni e più vecchi

1.	Tirri Gerardo		09	Lugano Aquatics				4:47.79	598			
	50m:	29.96	29.96	150m:	1:41.80	37.33	250m:	3:01.37	42.75	350m:	4:16.85	32.26
	100m:	1:04.47	34.51	200m:	2:18.62	36.82	300m:	3:44.59	43.22	400m:	4:47.79	30.94
2.	Fasani Tommaso		06	Nuotatori Milanesi				4:58.29	537			
	50m:	30.99	30.99	150m:	1:47.29	41.01	250m:	3:10.64	43.34	350m:	4:26.53	31.92
	100m:	1:06.28	35.29	200m:	2:27.30	40.01	300m:	3:54.61	43.97	400m:	4:58.29	31.76
3.	Remigi Martino		09	Nuotatori Milanesi				5:03.21	511			
	50m:	30.97	30.97	150m:	1:50.28	44.29	250m:	3:13.62	41.26	350m:	4:30.23	35.32
	100m:	1:05.99	35.02	200m:	2:32.36	42.08	300m:	3:54.91	41.29	400m:	5:03.21	32.98