

gara 1 Donne, 400m Stile Libero 11 anni e più vecchi  
16.05.2026 - 9:00 Risultati

RT	4:09.29	Rigamonti Flavia	AST	Austin (USA)	06.06.2008
RM 17 +	4:23.41	Oestringer Cherele	SUI	Tenero	25.05.2013
RM 15 - 16	4:30.58	Landoni Annalisa	ITA	Locarno	26.06.2005
RM 13 - 14	4:39.41	Decataldo Giulia	ITA	Tenero	07.05.2016
RM 11 - 12	5:00.86	Vismara Anna	SUI	Tenero	06.05.2017
V25 17 +	4:32.06	Bertschi Amélie	SUI	Tenero	11.05.2024
V25 15 - 16	4:33.66	Razakarivony Soannah	SUI	Tenero	11.05.2024
V25 13 - 14	4:47.90	Possamai Layssa	ITA	Tenero	11.05.2024
V25 11 - 12	5:07.21	Lim Kezia	SUI	Tenero	11.05.2024

Pointi: AQUA 2025

Rango			An			Tempo	Pt.	
<b>11 - 12 anni</b>								
1.	<b>Benetti Anika</b>		14	<b>A-Club Swimming Team</b>		<b>5:10.64</b>	435	
	50m: 33.01	33.01	150m: 1:51.56	39.86	250m: 3:12.54	40.85	350m: 4:32.27	39.00
	100m: 1:11.70	38.69	200m: 2:31.69	40.13	300m: 3:53.27	40.73	400m: 5:10.64	38.37
2.	<b>Rusca Sara</b>		14	<b>A-Club Swimming Team</b>		<b>5:19.22</b>	400	
	50m: 34.11	34.11	150m: 1:56.41	41.90	250m: 3:19.27	41.46	350m: 4:41.07	40.57
	100m: 1:14.51	40.40	200m: 2:37.81	41.40	300m: 4:00.50	41.23	400m: 5:19.22	38.15
3.	<b>Nanfara Greta</b>		14	<b>Rari Nantes Saronno</b>		<b>5:20.64</b>	395	
	50m: 35.65	35.65	150m: 1:56.65	40.78	250m: 3:19.93	41.52	350m: 4:41.46	39.88
	100m: 1:15.87	40.22	200m: 2:38.41	41.76	300m: 4:01.58	41.65	400m: 5:20.64	39.18
4.	<b>Walder Elena</b>		15	<b>Nuoto Sport Locarno</b>		<b>5:30.99</b>	359	
	50m: 36.23	36.23	150m: 1:59.94	42.87	250m: 3:27.30	44.02	350m: 4:52.76	42.59
	100m: 1:17.07	40.84	200m: 2:43.28	43.34	300m: 4:10.17	42.87	400m: 5:30.99	38.23
5.	<b>Grob Linn</b>		14	<b>Schwimmclub Romansho</b>		<b>5:31.50</b>	357	
	50m: 36.61	36.61	150m: 1:59.92	42.35	250m: 3:25.79	43.03	350m: 4:51.77	42.63
	100m: 1:17.57	40.96	200m: 2:42.76	42.84	300m: 4:09.14	43.35	400m: 5:31.50	39.73
6.	<b>Ranieri Deniz</b>		14	<b>A-Club Swimming Team</b>		<b>5:47.42</b>	310	
	50m: 37.48	37.48	150m: 2:06.29	44.98	250m: 3:35.34	44.46	350m: 5:03.60	44.04
	100m: 1:21.31	43.83	200m: 2:50.88	44.59	300m: 4:19.56	44.22	400m: 5:47.42	43.82
7.	<b>Mazzolini Gaia</b>		14	<b>Lugano Aquatics</b>		<b>6:00.47</b>	278	
	50m: 37.53	37.53	150m: 2:09.23	47.00	250m: 3:42.66	46.52	350m: 5:15.65	46.42
	100m: 1:22.23	44.70	200m: 2:56.14	46.91	300m: 4:29.23	46.57	400m: 6:00.47	44.82

<b>13 - 14 anni</b>								
1.	<b>Pellanda Esmeralda</b>		13	<b>Nuoto Sport Locarno</b>		<b>4:48.95</b>	540	
	50m: 31.73	31.73	150m: 1:43.19	36.51	250m: 2:57.82	37.56	350m: 4:12.80	37.22
	100m: 1:06.68	34.95	200m: 2:20.26	37.07	300m: 3:35.58	37.76	400m: 4:48.95	36.15
2.	<b>Antonelli Margherita</b>		12	<b>Polisportiva Riccion</b>		<b>4:56.92</b>	498	
	50m: 32.79	32.79	150m: 1:46.85	38.21	250m: 3:04.36	39.38	350m: 4:20.47	38.18
	100m: 1:08.64	35.85	200m: 2:24.98	38.13	300m: 3:42.29	37.93	400m: 4:56.92	36.45
3.	<b>Trombetta Ginevra</b>		13	<b>Polisportiva Riccion</b>		<b>5:00.81</b>	479	
	50m: 33.42	33.42	150m: 1:49.14	38.03	250m: 3:06.22	38.58	350m: 4:23.38	38.43
	100m: 1:11.11	37.69	200m: 2:27.64	38.50	300m: 3:44.95	38.73	400m: 5:00.81	37.43
4.	<b>Fortina Nicole</b>		13	<b>Mendrisiotto Nuoto</b>		<b>5:01.40</b>	476	
	50m: 34.17	34.17	150m: 1:49.50	37.94	250m: 3:06.88	38.54	350m: 4:23.74	38.51
	100m: 1:11.56	37.39	200m: 2:28.34	38.84	300m: 3:45.23	38.35	400m: 5:01.40	37.66
5.	<b>Aurino Mia</b>		12	<b>Lugano Aquatics</b>		<b>5:01.99</b>	473	
	50m: 32.20	32.20	150m: 1:47.89	39.05	250m: 3:07.33	39.79	350m: 4:24.86	38.35
	100m: 1:08.84	36.64	200m: 2:27.54	39.65	300m: 3:46.51	39.18	400m: 5:01.99	37.13

gara 1, Ragazze, 400m Stile Libero, 13 - 14 anni

Rango			An					Tempo	Pt.			
6.	Russo Sophie		13	Polisportiva Riccion				<b>5:04.09</b>	463			
	50m:	34.32	34.32	150m:	1:50.90	38.70	250m:	3:08.94	39.47	350m:	4:26.60	38.85
	100m:	1:12.20	37.88	200m:	2:29.47	38.57	300m:	3:47.75	38.81	400m:	5:04.09	37.49
7.	Smith Gabriella		12	Lugano Aquatics				<b>5:07.68</b>	447			
	50m:	33.02	33.02	150m:	1:48.75	38.34	250m:	3:08.40	39.90	350m:	4:28.38	39.70
	100m:	1:10.41	37.39	200m:	2:28.50	39.75	300m:	3:48.68	40.28	400m:	5:07.68	39.30
8.	Realini Giulia		13	Mendrisiotto Nuoto				<b>5:07.95</b>	446			
	50m:	35.51	35.51	150m:	1:53.06	39.67	250m:	3:11.19	39.28	350m:	4:30.00	39.82
	100m:	1:13.39	37.88	200m:	2:31.91	38.85	300m:	3:50.18	38.99	400m:	5:07.95	37.95
9.	Maggioni Victoria		13	A-Club Swimming Team				<b>5:08.54</b>	443			
	50m:	33.44	33.44	150m:	1:50.98	39.30	250m:	3:10.51	39.65	350m:	4:30.28	39.65
	100m:	1:11.68	38.24	200m:	2:30.86	39.88	300m:	3:50.63	40.12	400m:	5:08.54	38.26
10.	Mina Olivia		13	Turrita Nuoto				<b>5:09.97</b>	437			
	50m:	35.01	35.01	150m:	1:53.29	39.37	250m:	3:12.57	39.65	350m:	4:31.59	39.38
	100m:	1:13.92	38.91	200m:	2:32.92	39.63	300m:	3:52.21	39.64	400m:	5:09.97	38.38
11.	Negro Marta		12	Mendrisiotto Nuoto				<b>5:13.22</b>	424			
	50m:	35.04	35.04	150m:	1:53.39	39.53	250m:	3:12.96	39.54	350m:	4:33.07	39.44
	100m:	1:13.86	38.82	200m:	2:33.42	40.03	300m:	3:53.63	40.67	400m:	5:13.22	40.15
12.	Brambilla Allegra		13	A-Club Swimming Team				<b>5:13.63</b>	422			
	50m:	34.57	34.57	150m:	1:54.01	40.15	250m:	3:15.10	40.20	350m:	4:34.21	39.03
	100m:	1:13.86	39.29	200m:	2:34.90	40.89	300m:	3:55.18	40.08	400m:	5:13.63	39.42
13.	Ciccotelli Anna Maria		13	Polisportiva Riccion				<b>5:14.91</b>	417			
	50m:	33.57	33.57	150m:	1:51.43	39.11	250m:	3:12.12	41.10	350m:	4:34.57	41.31
	100m:	1:12.32	38.75	200m:	2:31.02	39.59	300m:	3:53.26	41.14	400m:	5:14.91	40.34
14.	Ortelli Rebecca		13	Rari Nantes Saronno				<b>5:18.52</b>	403			
	50m:	35.81	35.81	150m:	1:56.11	40.64	250m:	3:16.76	40.44	350m:	4:38.17	40.53
	100m:	1:15.47	39.66	200m:	2:36.32	40.21	300m:	3:57.64	40.88	400m:	5:18.52	40.35
15.	Müller Davina		13	Schwimmclub Romansho				<b>5:20.29</b>	396			
	50m:	35.15	35.15	150m:	1:53.95	39.75	250m:	3:16.38	41.01	350m:	4:40.02	41.61
	100m:	1:14.20	39.05	200m:	2:35.37	41.42	300m:	3:58.41	42.03	400m:	5:20.29	40.27
16.	Asietti Virginia		12	Nuoto Sport Locarno				<b>5:21.93</b>	390			
	50m:	34.48	34.48	150m:	1:55.61	41.72	250m:	3:18.50	41.84	350m:	4:41.84	41.74
	100m:	1:13.89	39.41	200m:	2:36.66	41.05	300m:	4:00.10	41.60	400m:	5:21.93	40.09

15 - 16 anni

1.	Fontana Sofia		10	Turrita Nuoto				<b>4:36.38</b>	617			
	50m:	32.04	32.04	150m:	1:41.82	34.77	250m:	2:51.46	34.82	350m:	4:02.25	35.36
	100m:	1:07.05	35.01	200m:	2:16.64	34.82	300m:	3:26.89	35.43	400m:	4:36.38	34.13
2.	Monighetti Gaia		11	Turrita Nuoto				<b>4:46.94</b>	551			
	50m:	32.54	32.54	150m:	1:44.08	35.84	250m:	2:57.76	36.89	350m:	4:12.28	36.91
	100m:	1:08.24	35.70	200m:	2:20.87	36.79	300m:	3:35.37	37.61	400m:	4:46.94	34.66
3.	Marussi Lucrezia		11	Nuotatori Milanesi				<b>4:47.47</b>	548			
	50m:	32.17	32.17	150m:	1:44.19	36.26	250m:	2:56.51	35.76	350m:	4:11.08	37.15
	100m:	1:07.93	35.76	200m:	2:20.75	36.56	300m:	3:33.93	37.42	400m:	4:47.47	36.39
4.	D'onofrio Clarissa		10	Nuotatori Milanesi				<b>4:52.49</b>	521			
	50m:	32.62	32.62	150m:	1:45.92	37.09	250m:	3:00.85	37.51	350m:	4:16.33	37.95
	100m:	1:08.83	36.21	200m:	2:23.34	37.42	300m:	3:38.38	37.53	400m:	4:52.49	36.16
5.	Signorile Carolina		10	Nuotatori Milanesi				<b>4:52.53</b>	520			
	50m:	33.75	33.75	150m:	1:48.29	37.45	250m:	3:02.51	37.26	350m:	4:16.96	37.18
	100m:	1:10.84	37.09	200m:	2:25.25	36.96	300m:	3:39.78	37.27	400m:	4:52.53	35.57

gara 1, Ragazze, 400m Stile Libero, 15 - 16 anni

Rango					An					Tempo	Pt.	
6.	Scarfone Sara				11	Mendrisiotto Nuoto				<b>4:52.95</b>	518	
	50m:	33.50	33.50	150m:	1:46.02	36.61	250m:	3:00.55	37.31	350m:	4:15.66	37.53
	100m:	1:09.41	35.91	200m:	2:23.24	37.22	300m:	3:38.13	37.58	400m:	4:52.95	37.29
7.	Mariotti Rebecca				11	Lugano Aquatics				<b>4:54.49</b>	510	
	50m:	32.51	32.51	150m:	1:45.23	36.88	250m:	3:00.56	38.06	350m:	4:17.34	38.62
	100m:	1:08.35	35.84	200m:	2:22.50	37.27	300m:	3:38.72	38.16	400m:	4:54.49	37.15
8.	Telve Melissa				11	Rari Nantes Saronno				<b>4:58.18</b>	491	
	50m:	32.99	32.99	150m:	1:47.31	37.58	250m:	3:03.83	38.26	350m:	4:20.95	38.59
	100m:	1:09.73	36.74	200m:	2:25.57	38.26	300m:	3:42.36	38.53	400m:	4:58.18	37.23
9.	Cecchini Aurora				11	Polisportiva Riccion				<b>4:59.08</b>	487	
	50m:	33.57	33.57	150m:	1:48.76	37.86	250m:	3:05.60	38.36	350m:	4:22.10	38.21
	100m:	1:10.90	37.33	200m:	2:27.24	38.48	300m:	3:43.89	38.29	400m:	4:59.08	36.98
10.	Meneghetti Margherita				11	Lugano Aquatics				<b>5:00.54</b>	480	
	50m:	33.92	33.92	150m:	1:50.11	38.15	250m:	3:06.80	38.42	350m:	4:23.34	37.78
	100m:	1:11.96	38.04	200m:	2:28.38	38.27	300m:	3:45.56	38.76	400m:	5:00.54	37.20
11.	Gavazzi Viola				10	Nuoto Pistoia				<b>5:02.19</b>	472	
	50m:	33.50	33.50	150m:	1:48.55	38.16	250m:	3:06.41	38.76	350m:	4:24.06	38.68
	100m:	1:10.39	36.89	200m:	2:27.65	39.10	300m:	3:45.38	38.97	400m:	5:02.19	38.13
12.	Tamagni Elena				11	Lugano Aquatics				<b>5:03.36</b>	467	
	50m:	33.15	33.15	150m:	1:49.54	38.53	250m:	3:07.87	39.00	350m:	4:26.40	39.67
	100m:	1:11.01	37.86	200m:	2:28.87	39.33	300m:	3:46.73	38.86	400m:	5:03.36	36.96
13.	Portulez Beatriz Oliveira				11	SC Chur				<b>5:05.67</b>	456	
	50m:	33.50	33.50	150m:	1:49.08	38.23	250m:	3:07.02	38.78	350m:	4:26.53	39.73
	100m:	1:10.85	37.35	200m:	2:28.24	39.16	300m:	3:46.80	39.78	400m:	5:05.67	39.14
14.	Monteiro da Silva Alissa				11	Turrita Nuoto				<b>5:06.47</b>	453	
	50m:	33.59	33.59	150m:	1:50.68	39.20	250m:	3:09.87	39.48	350m:	4:28.20	38.68
	100m:	1:11.48	37.89	200m:	2:30.39	39.71	300m:	3:49.52	39.65	400m:	5:06.47	38.27
15.	Asietti Cecilia				10	Nuoto Sport Locarno				<b>5:07.76</b>	447	
	50m:	33.34	33.34	150m:	1:49.28	38.57	250m:	3:07.87	39.34	350m:	4:29.11	40.44
	100m:	1:10.71	37.37	200m:	2:28.53	39.25	300m:	3:48.67	40.80	400m:	5:07.76	38.65
16.	Giambrone Susanna				11	Mendrisiotto Nuoto				<b>5:16.83</b>	410	
	50m:	35.77	35.77	150m:	1:56.27	40.65	250m:	3:17.71	40.94	350m:	4:40.24	41.25
	100m:	1:15.62	39.85	200m:	2:36.77	40.50	300m:	3:58.99	41.28	400m:	5:16.83	36.59
17.	Bischofberger Aline Laraina				10	SC Chur				<b>5:17.56</b>	407	
	50m:	33.97	33.97	150m:	1:51.79	40.33	250m:	3:15.60	42.53	350m:	4:38.17	41.35
	100m:	1:11.46	37.49	200m:	2:33.07	41.28	300m:	3:56.82	41.22	400m:	5:17.56	39.39
18.	Biasci Lisa				11	Società Pallanuoto B				<b>5:31.70</b>	357	
	50m:	36.47	36.47	150m:	2:00.18	41.99	250m:	3:25.51	42.03	350m:	4:51.10	42.29
	100m:	1:18.19	41.72	200m:	2:43.48	43.30	300m:	4:08.81	43.30	400m:	5:31.70	40.60

17 anni e più vecchi

1.	Moia Eleni				08	Rari Nantes Saronno				<b>4:34.04</b>	633	
	50m:	31.96	31.96	150m:	1:41.05	34.92	250m:	2:51.17	35.19	350m:	4:00.72	34.83
	100m:	1:06.13	34.17	200m:	2:15.98	34.93	300m:	3:25.89	34.72	400m:	4:34.04	33.32
	D'Iorio Micol				09	Turrita Nuoto				<b>4:34.04</b>	633	
	50m:	31.74	31.74	150m:	1:40.81	34.64	250m:	2:51.18	35.00	350m:	4:01.60	34.92
	100m:	1:06.17	34.43	200m:	2:16.18	35.37	300m:	3:26.68	35.50	400m:	4:34.04	32.44
3.	Di Benedetto Alessia				09	Nuotatori Milanesi				<b>4:34.68</b>	629	
	50m:	31.72	31.72	150m:	1:41.37	35.05	250m:	2:51.43	34.92	350m:	4:01.58	34.89
	100m:	1:06.32	34.60	200m:	2:16.51	35.14	300m:	3:26.69	35.26	400m:	4:34.68	33.10

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Rango			An					Tempo	Pt.		
4.	Rossi Elisabetta		07	Mendrisiotto Nuoto				<b>4:38.95</b>	600		
	50m:	31.87 31.87	150m:	1:41.25	35.08	250m:	2:51.82	35.40	350m:	4:03.30	36.05
	100m:	1:06.17 34.30	200m:	2:16.42	35.17	300m:	3:27.25	35.43	400m:	4:38.95	35.65
5.	Galli Ambra		08	Polisportiva Riccion				<b>4:44.61</b>	565		
	50m:	32.14 32.14	150m:	1:42.89	35.63	250m:	2:55.58	36.30	350m:	4:08.51	36.24
	100m:	1:07.26 35.12	200m:	2:19.28	36.39	300m:	3:32.27	36.69	400m:	4:44.61	36.10
6.	Marzoni Beatrice		07	Nuotatori Milanesi				<b>4:48.32</b>	544		
	50m:	32.91 32.91	150m:	1:45.45	36.53	250m:	2:59.02	36.71	350m:	4:12.36	36.46
	100m:	1:08.92 36.01	200m:	2:22.31	36.86	300m:	3:35.90	36.88	400m:	4:48.32	35.96
7.	Milan Emma		08	Mendrisiotto Nuoto				<b>4:48.72</b>	541		
	50m:	32.53 32.53	150m:	1:44.54	36.63	250m:	2:58.38	36.74	350m:	4:12.74	37.43
	100m:	1:07.91 35.38	200m:	2:21.64	37.10	300m:	3:35.31	36.93	400m:	4:48.72	35.98
8.	Mecic Emma		07	Nuoto Sport Locarno				<b>4:52.64</b>	520		
	50m:	33.75 33.75	150m:	1:45.95	36.14	250m:	3:00.20	37.37	350m:	4:15.41	37.47
	100m:	1:09.81 36.06	200m:	2:22.83	36.88	300m:	3:37.94	37.74	400m:	4:52.64	37.23
9.	Loschi Cristina		08	Rari Nantes Saronno				<b>4:59.91</b>	483		
	50m:	33.76 33.76	150m:	1:48.17	37.36	250m:	3:04.23	38.06	350m:	4:21.77	38.83
	100m:	1:10.81 37.05	200m:	2:26.17	38.00	300m:	3:42.94	38.71	400m:	4:59.91	38.14
10.	Lupica Sophie		07	Lugano Aquatics				<b>5:01.75</b>	474		
	50m:	34.53 34.53	150m:	1:49.92	37.97	250m:	3:06.55	38.05	350m:	4:23.93	38.20
	100m:	1:11.95 37.42	200m:	2:28.50	38.58	300m:	3:45.73	39.18	400m:	5:01.75	37.82
11.	Riva Giada		08	Nuotatori Milanesi				<b>5:04.12</b>	463		
	50m:	33.47 33.47	150m:	1:48.55	38.02	250m:	3:06.64	38.98	350m:	4:25.11	38.77
	100m:	1:10.53 37.06	200m:	2:27.66	39.11	300m:	3:46.34	39.70	400m:	5:04.12	39.01
12.	Somenzi Elena		09	A-Club Swimming Team				<b>5:08.23</b>	445		
	50m:	33.63 33.63	150m:	1:49.83	38.24	250m:	3:09.29	39.52	350m:	4:29.23	39.49
	100m:	1:11.59 37.96	200m:	2:29.77	39.94	300m:	3:49.74	40.45	400m:	5:08.23	39.00
13.	Crocì Torti Sveva		09	Mendrisiotto Nuoto				<b>5:11.73</b>	430		
	50m:	35.71 35.71	150m:	1:54.59	39.62	250m:	3:14.77	39.83	350m:	4:34.00	39.29
	100m:	1:14.97 39.26	200m:	2:34.94	40.35	300m:	3:54.71	39.94	400m:	5:11.73	37.73
14.	Sganzerla Emma Vittoria		09	Csm Swim Team A.S.D.				<b>5:35.02</b>	346		
	50m:	36.37 36.37	150m:	1:58.97	42.36	250m:	3:25.67	43.38	350m:	4:53.56	44.40
	100m:	1:16.61 40.24	200m:	2:42.29	43.32	300m:	4:09.16	43.49	400m:	5:35.02	41.46
15.	Helfenstein Linda		04	SC Chur				<b>5:36.39</b>	342		
	50m:	35.41 35.41	150m:	1:57.91	42.11	250m:	3:26.67	44.97	350m:	4:53.55	44.01
	100m:	1:15.80 40.39	200m:	2:41.70	43.79	300m:	4:09.54	42.87	400m:	5:36.39	42.84