



Grand Prix International de la Ville de Seraing
Seraing, 20- - 22-3-2026

Event 20	Women, 200m Backstroke				2013 and older
22-03-26 - 16:53					Results Finals
Record Y1	2:18.79	HOCKE Selina	GER	Seraing	25-03-12
Record Y2	2:27.08	VAN VEEN Maaïke	NED	Seraing	27-03-11
Record 11 +	2:18.21	GÄHLER F.	GER	Seraing	26-03-06

Rank	YB		Time	50m	100m	150m	200m	
Open								
1.		DINGSHOFF Alinda	00 DOLFIJN	2:19.69	33.73	34.77	35.64	35.55
2.		OTTEN Nora Lynn	09 ZPC Hoogeveen	2:28.69	35.81	38.27	37.66	36.95
3.		SPELDE Marjolie	09 ZPC Hoogeveen	2:31.97	36.00	38.88	39.69	37.40
4.		DIJSSELHOF Marlies	06 Dedemsvaart-AC	2:37.13	36.72	39.98	40.74	39.69
5.		BOUWLAND Imre	07 ZPC Hoogeveen	2:37.45	36.36	39.30	41.11	40.68
6.		CORBISIER Mylene	07 Mons Hainaut Natation	2:39.65	36.70	40.51	41.21	41.23
7.		LICHTENDONK Leyona	07 Dedemsvaart-AC	2:51.57	39.63	43.14	45.12	43.68
8.		ZANDSTRA Lily	07 Dedemsvaart-AC	2:53.07	39.93	43.24	44.90	45.00

Young 1								
1.		CRAINIC Smaranda	11 ACS Hyperion Brasov	2:25.99	35.23	37.27	37.34	36.15
2.		VANCSA Fruzsina	10 ACS Hyperion Brasov	2:26.37	35.15	37.08	37.78	36.36
3.		POSSEN Olivia	10 Swimming Team Dison	2:34.44	35.65	39.02	40.70	39.07
4.		DOHN Ninon	10 Namur Olympic Club	2:35.94	35.29	38.70	41.17	40.78
5.		DEKKER Myron	10 ZPC Hoogeveen	2:42.94	39.09	41.15	42.49	40.21
6.		CARMINATI Rebecca	11 TNC	2:43.68	38.62	41.75	41.95	41.36
7.		ROERENTROP Xenia	11 SSV Ulm 1846	2:44.33	39.79	41.48	42.42	40.64
8.		GABRIELE Lucie	10 Ecole Seraing Natation a.s.b.l.	2:51.67	41.09	43.49	44.13	42.96

Young 2								
1.		JAROSCH Nina	12 Schwimmbezirk Mittelrhein	2:29.51	34.15	37.69	38.71	38.96
2.		TER HORST Eva	12 ZPC Hoogeveen	2:31.97	35.49	38.43	39.23	38.82
3.		POELAND Lisa	13 Schwimmbezirk Mittelrhein	2:34.15	35.42	39.89	40.03	38.81
4.		GUZLA Elena	12 TNC	2:38.37	36.68	39.90	40.93	40.86
5.		BONOMI Cecilia	12 TNC	2:40.87	37.35	40.05	41.63	41.84
6.		PUGLIA Sofia	12 TNC	2:46.27	39.22	42.49	42.96	41.60
7.		KUEHNHENRICH Ilvy	13 Schwimmbezirk Mittelrhein	2:46.96	38.65	42.80	43.74	41.77
8.		VAN DER VEEN Jade	12 ZPC Hoogeveen	2:48.22	40.07	42.60	42.78	42.77