

Event 13
11/10/2025 - 15:12

Women, 400m Medley

20 years and older
Results

Points: AQUA 2025

Rank	YB										Time	Pts
20 - 24 years												
1.	WEBER Selina				01	1. Schwimmverein Blau-Weiss Pirmasen				6:23.59	327	
	50m:	37.38	37.38	150m:	2:18.38	50.52	250m:	4:02.08	55.88	350m:	5:42.15	44.35
	100m:	1:27.86	50.48	200m:	3:06.20	47.82	300m:	4:57.80	55.72	400m:	6:23.59	41.44
25 - 29 years												
1.	BOURDA Pauline				96	ASPTT Nantes				6:01.23	392	
	50m:	37.59	37.59	150m:	2:10.13	48.67	250m:	3:46.89	49.44	350m:	5:20.23	42.26
	100m:	1:21.46	43.87	200m:	2:57.45	47.32	300m:	4:37.97	51.08	400m:	6:01.23	41.00
40 - 44 years												
1.	VAERNEWYCK Stephanie				83	Drie Zes Vijf				5:49.56	432	
	50m:	36.73	36.73	150m:	2:06.74	46.02	250m:	3:41.39	49.24	350m:	5:10.97	39.32
	100m:	1:20.72	43.99	200m:	2:52.15	45.41	300m:	4:31.65	50.26	400m:	5:49.56	38.59
45 - 49 years												
1.	KETTENMEYER-REULAND Carole				78	Swimming Club Le Dauphin Ettelbruck				5:45.37	448	
	50m:	36.87	36.87	150m:	2:04.61	45.96	250m:	3:38.69	49.81	350m:	5:07.12	39.14
	100m:	1:18.65	41.78	200m:	2:48.88	44.27	300m:	4:27.98	49.29	400m:	5:45.37	38.25
50 - 54 years												
1.	JOLING Liselotte				75	PSV				5:59.24	398	
	50m:	37.48	37.48	150m:	2:09.88	49.39	250m:	3:48.75	51.63	350m:	5:21.65	40.44
	100m:	1:20.49	43.01	200m:	2:57.12	47.24	300m:	4:41.21	52.46	400m:	5:59.24	37.59
55 - 59 years												
1.	THIELEMANN Claudia				68	SG Bayer				5:53.07	419	
	50m:	35.74	35.74	150m:	2:04.58	46.57	250m:	3:41.09	50.87	350m:	5:13.61	40.17
	100m:	1:18.01	42.27	200m:	2:50.22	45.64	300m:	4:33.44	52.35	400m:	5:53.07	39.46
2.	VAN NASSAU-VAN DEN HEUVEL Kari66					Old Dutch				7:28.58	204	
	50m:	52.27	52.27	150m:	2:52.85	1:02.65	250m:	4:52.02	58.27	350m:	6:40.67	50.08
	100m:	1:50.20	57.93	200m:	3:53.75	1:00.90	300m:	5:50.59	58.57	400m:	7:28.58	47.91
3.	MARTINS Nathalie				66	US Saint-Andre Natation				8:55.18	120	
	50m:	56.61	56.61	150m:	3:15.80	1:14.76	250m:	5:37.15	1:10.03	350m:	7:51.58	1:05.43
	100m:	2:01.04	1:04.43	200m:	4:27.12	1:11.32	300m:	6:46.15	1:09.00	400m:	8:55.18	1:03.60
60 - 64 years												
1.	TOSSINGS Petra				61	GZC Donk				6:59.36	250	
	50m:	42.57	42.57	150m:	2:30.85	55.44	250m:	4:24.20	59.54	350m:	6:12.86	48.35
	100m:	1:35.41	52.84	200m:	3:24.66	53.81	300m:	5:24.51	1:00.31	400m:	6:59.36	46.50
DNS	REMMITS-DE LANGE Marjan				63	ZPC Amersfoort						
65 - 69 years												
1.	BIJKERK Lia				60	GZC Donk				8:01.68	165	
	50m:	53.06	53.06	150m:	3:02.84	1:03.45	250m:	5:09.28	1:05.03	350m:	7:10.55	53.61
	100m:	1:59.39	1:06.33	200m:	4:04.25	1:01.41	300m:	6:16.94	1:07.66	400m:	8:01.68	51.13
2.	PERCICOT Christine				59	AC2M Molsheim Mutzig				8:27.76	141	
	50m:	57.74	57.74	150m:	3:16.68	1:13.22	250m:	5:30.89	1:06.00	400m:	8:27.76	1:50.59
	100m:	2:03.46	1:05.72	200m:	4:24.89	1:08.21	300m:	6:37.17	1:06.28			