

LAC dl1
Oldenzaal, 19-10-2025

Programmanr. 6
19-10-2025 - 15:34

400m vrije slag

10 - 11 jaar
Resultaten

voorlopige resultaten

rang	naam	vereniging	intijd	tijd	RT			
	Ivo Withag	O Z & P C	NT	201500025	5:57.15			
	50m: 39.22	39.22	150m: 2:11.39	46.65	250m: 3:44.24	46.28	350m: 5:14.21	44.64
	100m: 1:24.74	45.52	200m: 2:57.96	46.57	300m: 4:29.57	45.33	400m: 5:57.15	42.94
	Marley Zwolle	O Z & P C	7:25.46	201401018	6:26.89			
	50m: 43.15	43.15	150m: 2:23.24	50.63	250m: 4:06.37	51.13	350m: 5:45.40	48.95
	100m: 1:32.61	49.46	200m: 3:15.24	52.00	300m: 4:56.45	50.08	400m: 6:26.89	41.49
	Vayèn Brunebarbe	De Dinkel	7:37.57	201400910	6:48.14			
	50m: 43.77	43.77	150m: 2:28.47	51.61	250m: 4:14.12	52.62	350m: 5:59.74	51.37
	100m: 1:36.86	53.09	200m: 3:21.50	53.03	300m: 5:08.37	54.25	400m: 6:48.14	48.40
	Derk Groeneveld	De Dinkel	7:15.92	201400629	7:00.80			
	50m: 43.77	43.77	150m: 2:27.68	52.62	250m: 4:14.68	53.86	350m: 6:05.48	55.53
	100m: 1:35.06	51.29	200m: 3:20.82	53.14	300m: 5:09.95	55.27	400m: 7:00.80	55.32
	Mila Geersen	O Z & P C	NT	201401306	7:34.05			
	50m: 44.56	44.56	150m: 2:39.44	1:00.23	250m: 4:38.31	59.84	350m: 6:38.12	1:00.73
	100m: 1:39.21	54.65	200m: 3:38.47	59.03	300m: 5:37.39	59.08	400m: 7:34.05	55.93
	Fedde Brouwer	O Z & P C	NT	201501071	7:43.28			
	50m: 45.01	45.01	150m: 2:43.56	1:00.16	250m: 4:45.46	1:00.98	350m: 6:46.47	1:00.33
	100m: 1:43.40	58.39	200m: 3:44.48	1:00.92	300m: 5:46.14	1:00.68	400m: 7:43.28	56.81
	Willemijn Roelink	O Z & P C	NT	201500434	7:56.34			
	50m: 49.59	49.59	150m: 2:48.48	59.50	250m: 4:53.23	1:02.95	350m: 6:59.19	1:02.90
	100m: 1:48.98	59.39	200m: 3:50.28	1:01.80	300m: 5:56.29	1:03.06	400m: 7:56.34	57.15
AFGEM	Sanne Bodde	De Dinkel	8:27.06	201400460				