

Prova 19	Femin., 800m Livres				1ª Divisão FEM	
21/12/2025 - 9:30					Resultados	
RN 25m Open	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	04/12/2019	
RN 25m Sen	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	04/12/2019	
RN 25m Jun 18	8:30.86	Tamila Hryhorivna, HOLUB	SCB	Moscovo (RUS)	03/08/2017	
RN 25m Jun17	8:32.83	Tamila Hryhorivna, HOLUB	SCB	Porto	13/12/2015	
RN 25m Juv A	8:45.41	Tamila Hryhorivna, HOLUB	SCB	Porto	21/12/2014	
RN 25m Juv B	8:46.74	Ana Claudia, SANTOS	SFUAP	Cantanhede	19/12/2004	
RN 25m Inf A	9:00.27	Alexandra Maria, SILVA	FCP	Antibbes (FRA)	20/12/1980	
RN 25m Inf B	9:03.90	Alexandra Maria, SILVA	FCP	Porto	13/07/1980	

Lugar	Nome	Ano	Licença	Clube	Tempo Final				Pts
1.	Paula Otero, FERNANDEZ	04	226297	Porto	8:33.35				17,00 -
	100m: 1:01.41 1:01.41		300m: 3:09.04 1:04.15	500m: 5:17.83 1:04.27	700m: 7:27.64 1:05.11	800m: 8:33.35 1:05.71			
	200m: 2:04.89 1:03.48		400m: 4:13.56 1:04.52	600m: 6:22.53 1:04.70					
2.	Ines Jacinto, HENRIQUES	00	120220	Louzan Natacao/EFAPEL	8:43.86				15,00 -
	100m: 1:01.70 1:01.70		300m: 3:12.40 1:05.58	500m: 5:24.67 1:06.23	700m: 7:38.98 1:07.08	800m: 8:43.86 1:04.88			
	200m: 2:06.82 1:05.12		400m: 4:18.44 1:06.04	600m: 6:31.90 1:07.23					
3.	Diana Margarida, DURAES	96	102992	Benfica	8:45.03				14,00 -
	100m: 1:01.96 1:01.96		300m: 3:12.44 1:05.55	500m: 5:24.50 1:06.13	700m: 7:37.89 1:07.08	800m: 8:45.03 1:07.14			
	200m: 2:06.89 1:04.93		400m: 4:18.37 1:05.93	600m: 6:30.81 1:06.31					
4.	Mariana Amaral, MENDES	02	123959	Sporting	8:47.13				13,00 -
	100m: 1:02.97 1:02.97		300m: 3:14.58 1:06.18	500m: 5:27.67 1:06.95	700m: 7:41.80 1:07.09	800m: 8:47.13 1:05.33			
	200m: 2:08.40 1:05.43		400m: 4:20.72 1:06.14	600m: 6:34.71 1:07.04					
5.	Li, TONGGUER	08	225381	Sport Alges e Dafundo	9:05.18				12,00 -
	100m: 1:04.73 1:04.73		300m: 3:19.86 1:07.66	500m: 5:35.80 1:07.57	700m: 7:54.81 1:10.46	800m: 9:05.18 1:10.37			
	200m: 2:12.20 1:07.47		400m: 4:28.23 1:08.37	600m: 6:44.35 1:08.55					
6.	Camila Duarte, MARCELO	10	208416	Condeixa Aqua Clube	9:14.51				11,00 -
	100m: 1:05.53 1:05.53		300m: 3:22.95 1:08.84	500m: 5:42.30 1:09.94	700m: 8:04.47 1:11.31	800m: 9:14.51 1:10.04			
	200m: 2:14.11 1:08.58		400m: 4:32.36 1:09.41	600m: 6:53.16 1:10.86					
7.	Carolina Vizinho, CABRAL	07	206307	Galitos / Bresimar	9:18.72				10,00 -
	100m: 1:04.99 1:04.99		300m: 3:24.98 1:09.99	500m: 5:46.23 1:10.36	700m: 8:10.04 1:12.58	800m: 9:18.72 1:08.68			
	200m: 2:14.99 1:10.00		400m: 4:35.87 1:10.89	600m: 6:57.46 1:11.23					
8.	Ana Rita, MATOS	02	127501	Os Belenenses	9:21.22				9,00 -
	100m: 1:06.77 1:06.77		300m: 3:29.06 1:11.21	500m: 5:50.83 1:10.55	700m: 8:12.09 1:11.09	800m: 9:21.22 1:09.13			
	200m: 2:17.85 1:11.08		400m: 4:40.28 1:11.22	600m: 7:01.00 1:10.17					
9.	Beatriz Paulo, RANITO	99	116593	Geslours	9:24.58				8,00 -
	100m: 1:05.48 1:05.48		300m: 3:27.76 1:11.44	500m: 5:51.39 1:11.56	700m: 8:14.29 1:11.89	800m: 9:24.58 1:10.29			
	200m: 2:16.32 1:10.84		400m: 4:39.83 1:12.07	600m: 7:02.40 1:11.01					
10.	Carolina Esteves, PEIXOTO	06	133308	Sporting Clube de Braga	9:27.26				7,00 -
	100m: 1:06.46 1:06.46		300m: 3:28.65 1:11.33	500m: 5:52.44 1:11.97	700m: 8:16.73 1:12.21	800m: 9:27.26 1:10.53			
	200m: 2:17.32 1:10.86		400m: 4:40.47 1:11.82	600m: 7:04.52 1:12.08					
11.	Matilde Paiva, CARDOSO	11	208863	Clube Fluvial Portuense	9:27.49				6,00 -
	100m: 1:06.55 1:06.55		300m: 3:29.12 1:11.50	500m: 5:52.00 1:11.39	700m: 8:16.05 1:11.93	800m: 9:27.49 1:11.44			
	200m: 2:17.62 1:11.07		400m: 4:40.61 1:11.49	600m: 7:04.12 1:12.12					
12.	Maria Rita, CUNHA	10	206403	Colegio Efanor	9:33.35				5,00 -
	100m: 1:06.99 1:06.99		300m: 3:29.90 1:11.64	500m: 5:55.38 1:12.87	700m: 8:20.97 1:12.96	800m: 9:33.35 1:12.38			
	200m: 2:18.26 1:11.27		400m: 4:42.51 1:12.61	600m: 7:08.01 1:12.63					
13.	Alice Bezerra, CUNHA	12	214367	Vilacondense	9:40.83				4,00 -
	100m: 1:08.39 1:08.39		300m: 3:35.70 1:13.90	500m: 6:02.10 1:12.98	700m: 8:28.67 1:13.41	800m: 9:40.83 1:12.16			
	200m: 2:21.80 1:13.41		400m: 4:49.12 1:13.42	600m: 7:15.26 1:13.16					
14.	Mariana Fernandes, CUNHA	11	211988	FOCA Quinta Da Lixa - Cnf	9:43.63				3,00 -
	100m: 1:07.43 1:07.43		300m: 3:33.33 1:13.43	500m: 6:01.44 1:14.28	700m: 8:30.37 1:14.95	800m: 9:43.63 1:13.26			
	200m: 2:19.90 1:12.47		400m: 4:47.16 1:13.83	600m: 7:15.42 1:13.98					
15.	Barbara Nunes, MARQUES	06	200027	Clube Desportivo de Estarreja	10:03.71				2,00 -
	100m: 1:08.16 1:08.16		300m: 3:37.32 1:15.56	500m: 6:11.81 1:17.81	700m: 8:47.01 1:17.57	800m: 10:03.71 1:16.70			
	200m: 2:21.76 1:13.60		400m: 4:54.00 1:16.68	600m: 7:29.44 1:17.63					

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Lugar	Nome	Ano	Licença	Clube	Tempo Final				Pts			
16.	Maria Ines, MESQUITA	10	214677	Gcwr	10:38.54				1,00 -			
	100m:	1:15.34	1:15.34	300m:	3:53.62	1:18.95	500m:	6:33.26	1:20.06	700m:	9:17.60	1:22.39
	200m:	2:34.67	1:19.33	400m:	5:13.20	1:19.58	600m:	7:55.21	1:21.95	800m:	10:38.54	1:20.94