



ShaRK 400m 2025 v4
Herentals, 4/10/2025

Programmanr. 7
4/10/2025 - 20:07

Heren, 400m vrije slag

13 jaar en ouder
Resultaten

Punten: FINA 2023

Rang					Geb.					Tijd	Pnt	
13 - 14 jaar												
1.	VETS Wannas				11	K. Aarschotse Zwemclub Schoonhoven				4:31.78	476	
	50m:	29.77	29.77	150m:	1:36.85	34.17	250m:	2:46.03	34.76	350m:	3:56.33	35.28
	100m:	1:02.68	32.91	200m:	2:11.27	34.42	300m:	3:21.05	35.02	400m:	4:31.78	35.45
2.	QUARTIER Matisse				11	Rosc				4:36.00	454	
	50m:	31.70	31.70	150m:	1:42.66	35.73	250m:	2:53.58	35.32	350m:	4:03.36	34.79
	100m:	1:06.93	35.23	200m:	2:18.26	35.60	300m:	3:28.57	34.99	400m:	4:36.00	32.64
3.	SLUYTS Tibe				11	Westerlo Swimming Team				4:40.86	431	
	50m:	31.23	31.23	150m:	1:41.93	35.45	250m:	2:53.69	35.48	350m:	4:05.73	35.80
	100m:	1:06.48	35.25	200m:	2:18.21	36.28	300m:	3:29.93	36.24	400m:	4:40.86	35.13
4.	GYULNAZARYAN Max				11	Westerlo Swimming Team				4:46.42	406	
	50m:	32.18	32.18	150m:	1:44.96	36.85	250m:	2:59.11	37.27	350m:	4:12.77	36.79
	100m:	1:08.11	35.93	200m:	2:21.84	36.88	300m:	3:35.98	36.87	400m:	4:46.42	33.65
5.	DEVOS Mathis				12	Rosc				4:48.68	397	
	50m:	33.56	33.56	150m:	1:47.09	36.75	250m:	3:00.44	37.05	350m:	4:13.15	35.92
	100m:	1:10.34	36.78	200m:	2:23.39	36.30	300m:	3:37.23	36.79	400m:	4:48.68	35.53
6.	VAN CRAEYNES Bas				12	Rosc				4:50.24	391	
	50m:	33.58	33.58	150m:	1:49.81	37.06	250m:	3:03.55	35.88	350m:	4:16.70	36.50
	100m:	1:12.75	39.17	200m:	2:27.67	37.86	300m:	3:40.20	36.65	400m:	4:50.24	33.54
7.	MERTENS Gerben				11	Zwemvereniging Lier				4:50.92	388	
	50m:	34.02	34.02	150m:	1:48.51	37.35	250m:	3:02.53	37.07	350m:	4:15.97	36.51
	100m:	1:11.16	37.14	200m:	2:25.46	36.95	300m:	3:39.46	36.93	400m:	4:50.92	34.95
8.	STABEL Jasper				11	Kempisch Swimming Team				4:51.08	387	
	50m:	31.54	31.54	150m:	1:44.93	37.33	250m:	2:59.74	37.51	350m:	4:15.37	37.86
	100m:	1:07.60	36.06	200m:	2:22.23	37.30	300m:	3:37.51	37.77	400m:	4:51.08	35.71
9.	ASSCHERICKX Sebastiaan				11	K. Aarschotse Zwemclub Schoonhoven				4:52.98	380	
	50m:	33.27	33.27	150m:	1:48.30	38.34	250m:	3:04.53	37.16	350m:	4:20.01	37.37
	100m:	1:09.96	36.69	200m:	2:27.37	39.07	300m:	3:42.64	38.11	400m:	4:52.98	32.97
10.	VANHELMONT Dante				11	K. Aarschotse Zwemclub Schoonhoven				4:57.86	361	
	50m:	33.33	33.33	150m:	1:49.39	38.36	250m:	3:05.34	38.17	350m:	4:21.11	36.62
	100m:	1:11.03	37.70	200m:	2:27.17	37.78	300m:	3:44.49	39.15	400m:	4:57.86	36.75
11.	GORIS Finn				11	Heitse Zwemclub Arduas				5:02.77	344	
	50m:	33.21	33.21	150m:	1:48.47	37.91	250m:	3:06.34	39.13	350m:	4:25.94	39.43
	100m:	1:10.56	37.35	200m:	2:27.21	38.74	300m:	3:46.51	40.17	400m:	5:02.77	36.83
12.	VAN GORP Tuur				12	ShaRK				5:02.87	344	
	50m:	33.93	33.93	150m:	1:50.70	39.07	250m:	3:08.94	39.54	350m:	4:26.31	38.19
	100m:	1:11.63	37.70	200m:	2:29.40	38.70	300m:	3:48.12	39.18	400m:	5:02.87	36.56
13.	HOUSEN Ilya				11	Hzs				5:09.49	322	
	50m:	34.36	34.36	150m:	1:52.51	39.83	250m:	3:11.31	39.40	350m:	4:31.22	39.37
	100m:	1:12.68	38.32	200m:	2:31.91	39.40	300m:	3:51.85	40.54	400m:	5:09.49	38.27
14.	VERHEYEN Stephen				11	K. Aarschotse Zwemclub Schoonhoven				5:14.54	307	
	50m:	33.83	33.83	150m:	1:52.52	39.40	250m:	3:12.14	39.28	350m:	4:33.51	40.48
	100m:	1:13.12	39.29	200m:	2:32.86	40.34	300m:	3:53.03	40.89	400m:	5:14.54	41.03
15.	BETTENS Stan				12	Zola				5:14.79	306	
	50m:	34.78	34.78	150m:	1:53.57	39.72	250m:	3:15.84	41.48	350m:	4:36.51	39.84
	100m:	1:13.85	39.07	200m:	2:34.36	40.79	300m:	3:56.67	40.83	400m:	5:14.79	38.28





ShaRK 400m 2025 v4
Herentals, 4/10/2025

Programmanr. 7, Jongens, 400m vrije slag, 13 - 14 jaar

Rang	Geb.	Tijd	Pnt
16. VERBEEK Matts	12 Heitse Zwemclub Arduas	5:18.37	296
50m: 34.60 34.60	150m: 1:56.09 41.70	250m: 3:19.23 41.44	350m: 4:39.24 39.09
100m: 1:14.39 39.79	200m: 2:37.79 41.70	300m: 4:00.15 40.92	400m: 5:18.37 39.13
17. VERSTRAETE Pepijn	12 Zwemvereniging Lier	5:30.70	264
50m: 38.22 38.22	150m: 2:03.26 42.78	250m: 3:28.46 42.64	350m: 4:54.02 42.37
100m: 1:20.48 42.26	200m: 2:45.82 42.56	300m: 4:11.65 43.19	400m: 5:30.70 36.68
18. HOOYBERGHS Mil	12 Molse Zwemclub "Mozka"	5:30.95	263
50m: 36.33 36.33	150m: 2:01.48 42.88	250m: 3:28.00 42.49	350m: 4:52.54 42.83
100m: 1:18.60 42.27	200m: 2:45.51 44.03	300m: 4:09.71 41.71	400m: 5:30.95 38.41
19. BROUNS Pryam	12 ShaRK	5:31.99	261
50m: 35.59 35.59	150m: 1:58.79 42.32	250m: 3:23.81 42.49	350m: 4:49.68 42.81
100m: 1:16.47 40.88	200m: 2:41.32 42.53	300m: 4:06.87 43.06	400m: 5:31.99 42.31
20. GEUDENS Thor	11 Molse Zwemclub "Mozka"	5:32.81	259
50m: 37.30 37.30	150m: 2:00.84 42.47	250m: 3:26.33 42.78	350m: 4:51.87 42.27
100m: 1:18.37 41.07	200m: 2:43.55 42.71	300m: 4:09.60 43.27	400m: 5:32.81 40.94
21. GISCA Daniil	11 Zwemclub Nijlen	5:34.68	255
50m: 36.21 36.21	150m: 2:01.00 42.98	250m: 3:28.21 43.27	350m: 4:55.33 43.63
100m: 1:18.02 41.81	200m: 2:44.94 43.94	300m: 4:11.70 43.49	400m: 5:34.68 39.35
22. PIETERS Kobe	12 Heitse Zwemclub Arduas	5:36.04	251
50m: 36.14 36.14	150m: 2:00.03 42.88	250m: 3:26.92 43.90	350m: 4:54.14 43.31
100m: 1:17.15 41.01	200m: 2:43.02 42.99	300m: 4:10.83 43.91	400m: 5:36.04 41.90
23. KEMPS Vince	11 Molse Zwemclub "Mozka"	5:36.30	251
50m: 35.24 35.24	150m: 1:59.03 42.30	250m: 3:25.35 42.96	350m: 4:53.49 43.88
100m: 1:16.73 41.49	200m: 2:42.39 43.36	300m: 4:09.61 44.26	400m: 5:36.30 42.81
24. CUYPERS Arthur	12 Westerlo Swimming Team	5:39.56	244
50m: 38.94 38.94	150m: 2:05.69 44.18	250m: 3:34.03 44.19	350m: 5:01.38 43.59
100m: 1:21.51 42.57	200m: 2:49.84 44.15	300m: 4:17.79 43.76	400m: 5:39.56 38.18
25. CEUPPENS Vince	12 Westerlo Swimming Team	5:39.61	244
50m: 37.49 37.49	150m: 2:04.29 43.82	250m: 3:32.75 43.98	350m: 4:59.46 43.38
100m: 1:20.47 42.98	200m: 2:48.77 44.48	300m: 4:16.08 43.33	400m: 5:39.61 40.15
26. MARIN Alexandru	12 Zwemvereniging Lier	5:42.32	238
50m: 36.20 36.20	150m: 1:59.49 42.54	250m: 3:28.36 44.98	350m: 4:59.54 45.97
100m: 1:16.95 40.75	200m: 2:43.38 43.89	300m: 4:13.57 45.21	400m: 5:42.32 42.78
27. MERTENS Gijs	12 Westerlo Swimming Team	6:05.46	195
50m: 40.10 40.10	150m: 2:12.24 47.30	250m: 3:46.15 46.40	350m: 5:20.50 47.37
100m: 1:24.94 44.84	200m: 2:59.75 47.51	300m: 4:33.13 46.98	400m: 6:05.46 44.96
28. KENIS Axl	11 Kempisch Swimming Team	6:18.34	176
50m: 37.35 37.35	150m: 2:09.33 48.31	250m: 3:49.08 49.91	350m: 5:30.08 50.79
100m: 1:21.02 43.67	200m: 2:59.17 49.84	300m: 4:39.29 50.21	400m: 6:18.34 48.26
dis COGURCU Arda	11 Zola		
SW 4.4 - valse start			
FF PEETERS Samuel	12 Zwemclub Schoten		





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Programmanr. 7, Heren, 400m vrije slag

15 - 16 jaar

1.	VANGROOTLOON Jef	10	Hzs	4:12.53	593
	50m: 28.30 28.30	150m: 1:31.27 31.66	250m: 2:35.24 32.10	350m: 3:40.57 33.00	
	100m: 59.61 31.31	200m: 2:03.14 31.87	300m: 3:07.57 32.33	400m: 4:12.53 31.96	
2.	DE WITTE Leo	10	K. Aarschotse Zwemclub Schoonhoven	4:23.83	520
	50m: 29.43 29.43	150m: 1:34.71 33.22	250m: 2:42.07 33.77	350m: 3:49.89 33.74	
	100m: 1:01.49 32.06	200m: 2:08.30 33.59	300m: 3:16.15 34.08	400m: 4:23.83 33.94	
3.	DEVOS Rhune	09	Rosc	4:29.43	488
	50m: 30.70 30.70	150m: 1:39.09 33.53	250m: 2:48.61 34.46	350m: 3:56.38 33.95	
	100m: 1:05.56 34.86	200m: 2:14.15 35.06	300m: 3:22.43 33.82	400m: 4:29.43 33.05	
4.	SLUYTS Jenne	09	Westerlo Swimming Team	4:35.48	457
	50m: 31.02 31.02	150m: 1:39.80 34.53	250m: 2:49.40 35.10	350m: 4:01.00 35.53	
	100m: 1:05.27 34.25	200m: 2:14.30 34.50	300m: 3:25.47 36.07	400m: 4:35.48 34.48	
5.	BETTENS Lucas	10	Zola	4:36.47	452
	50m: 30.81 30.81	150m: 1:40.06 35.15	250m: 2:50.90 35.46	350m: 4:01.92 35.68	
	100m: 1:04.91 34.10	200m: 2:15.44 35.38	300m: 3:26.24 35.34	400m: 4:36.47 34.55	
6.	VAN LOON Wies	09	Azk	4:36.65	451
	50m: 29.98 29.98	150m: 1:38.99 35.11	250m: 2:50.65 35.77	350m: 4:02.08 35.98	
	100m: 1:03.88 33.90	200m: 2:14.88 35.89	300m: 3:26.10 35.45	400m: 4:36.65 34.57	
7.	DEBONDT Mats	09	Kempisch Swimming Team	4:38.84	441
	50m: 31.10 31.10	150m: 1:40.98 35.33	250m: 2:53.41 36.47	350m: 4:06.12 36.38	
	100m: 1:05.65 34.55	200m: 2:16.94 35.96	300m: 3:29.74 36.33	400m: 4:38.84 32.72	
8.	BROWN Quinten	09	Heitse Zwemclub Arduas	4:39.68	437
	50m: 30.37 30.37	150m: 1:40.72 36.26	250m: 2:53.78 37.20	350m: 4:06.14 36.26	
	100m: 1:04.46 34.09	200m: 2:16.58 35.86	300m: 3:29.88 36.10	400m: 4:39.68 33.54	
9.	DOOMEN Marnix	09	Zwemvereniging Lier	4:39.71	436
	50m: 30.37 30.37	150m: 1:40.58 35.55	250m: 2:52.33 36.12	350m: 4:05.20 36.11	
	100m: 1:05.03 34.66	200m: 2:16.21 35.63	300m: 3:29.09 36.76	400m: 4:39.71 34.51	
	JANSSENS Tijds	10	Zwemvereniging Lier	4:39.71	436
	50m: 32.07 32.07	150m: 1:42.37 35.83	250m: 2:55.03 36.20	350m: 4:06.77 35.83	
	100m: 1:06.54 34.47	200m: 2:18.83 36.46	300m: 3:30.94 35.91	400m: 4:39.71 32.94	
11.	JORISSEN Quinten	09	Azk	4:40.05	435
	50m: 30.20 30.20	150m: 1:40.46 35.48	250m: 2:52.78 36.19	350m: 4:05.78 36.46	
	100m: 1:04.98 34.78	200m: 2:16.59 36.13	300m: 3:29.32 36.54	400m: 4:40.05 34.27	
12.	LAEREMANS Sebastiaan	09	ShaRK	4:40.71	432
	50m: 30.78 30.78	150m: 1:42.39 36.18	250m: 2:54.85 36.01	350m: 4:06.63 35.57	
	100m: 1:06.21 35.43	200m: 2:18.84 36.45	300m: 3:31.06 36.21	400m: 4:40.71 34.08	
13.	KEKEC Samir	09	Zwemclub Nijlen	4:40.82	431
	50m: 30.58 30.58	150m: 1:40.22 35.26	250m: 2:52.86 36.83	350m: 4:06.06 36.57	
	100m: 1:04.96 34.38	200m: 2:16.03 35.81	300m: 3:29.49 36.63	400m: 4:40.82 34.76	
14.	NAEGELS Reza	10	Zola	4:41.81	427
	50m: 30.57 30.57	150m: 1:40.66 35.57	250m: 2:53.24 36.27	350m: 4:06.33 36.42	
	100m: 1:05.09 34.52	200m: 2:16.97 36.31	300m: 3:29.91 36.67	400m: 4:41.81 35.48	
15.	WIJSGEER Viktor	10	Zwemvereniging Lier	4:43.18	421
	50m: 31.85 31.85	150m: 1:44.00 36.53	250m: 2:57.29 36.62	350m: 4:09.45 35.83	
	100m: 1:07.47 35.62	200m: 2:20.67 36.67	300m: 3:33.62 36.33	400m: 4:43.18 33.73	
16.	JANSSENS Talle	10	Westerlo Swimming Team	4:43.85	418
	50m: 32.11 32.11	150m: 1:43.52 36.04	250m: 2:57.32 36.74	350m: 4:10.62 36.39	
	100m: 1:07.48 35.37	200m: 2:20.58 37.06	300m: 3:34.23 36.91	400m: 4:43.85 33.23	





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Herentals, 4/10/2025

Programmanr. 7, Jongens, 400m vrije slag, 15 - 16 jaar

Rang			Geb.					Tijd	Pnt
17.	ARIJS Kyan		09	Heitse Zwemclub Arduas				4:45.47	411
	50m: 31.27	31.27	150m: 1:43.27	36.74	250m: 2:57.30	36.93	350m: 4:10.82	36.74	
	100m: 1:06.53	35.26	200m: 2:20.37	37.10	300m: 3:34.08	36.78	400m: 4:45.47	34.65	
18.	VAN EGDOM Sieb		10	Zwemclub Nijlen				4:45.97	408
	50m: 30.10	30.10	150m: 1:42.81	37.06	250m: 2:57.28	37.29	350m: 4:10.34	35.93	
	100m: 1:05.75	35.65	200m: 2:19.99	37.18	300m: 3:34.41	37.13	400m: 4:45.97	35.63	
19.	WYNANTS Ward		10	Zwemclub Nijlen				4:48.69	397
	50m: 31.33	31.33	150m: 1:43.29	36.27	250m: 2:56.45	36.39	350m: 4:11.44	37.54	
	100m: 1:07.02	35.69	200m: 2:20.06	36.77	300m: 3:33.90	37.45	400m: 4:48.69	37.25	
20.	BERTELS Quillan		09	ShaRK				4:54.40	374
	50m: 30.39	30.39	150m: 1:43.26	37.43	250m: 2:59.73	38.44	350m: 4:17.86	39.38	
	100m: 1:05.83	35.44	200m: 2:21.29	38.03	300m: 3:38.48	38.75	400m: 4:54.40	36.54	
21.	JACOB Qingkun		10	Zwemvereniging Lier				4:54.78	373
	50m: 31.59	31.59	150m: 1:43.70	36.50	250m: 2:59.89	38.53	350m: 4:16.73	38.84	
	100m: 1:07.20	35.61	200m: 2:21.36	37.66	300m: 3:37.89	38.00	400m: 4:54.78	38.05	
22.	HAUBEN Thomas		09	Hzs				4:56.22	367
	50m: 31.83	31.83	150m: 1:45.52	37.93	250m: 3:03.55	39.17	350m: 4:21.50	39.39	
	100m: 1:07.59	35.76	200m: 2:24.38	38.86	300m: 3:42.11	38.56	400m: 4:56.22	34.72	
23.	SLAETS Caz		09	Zwemvereniging Lier				4:57.81	362
	50m: 33.68	33.68	150m: 1:49.22	38.20	250m: 3:06.30	38.60	350m: 4:22.84	38.18	
	100m: 1:11.02	37.34	200m: 2:27.70	38.48	300m: 3:44.66	38.36	400m: 4:57.81	34.97	
24.	VERCAMMEN Daan		09	Zwemvereniging Lier				4:59.68	355
	50m: 33.86	33.86	150m: 1:50.54	38.75	250m: 3:07.40	38.45	350m: 4:23.83	37.88	
	100m: 1:11.79	37.93	200m: 2:28.95	38.41	300m: 3:45.95	38.55	400m: 4:59.68	35.85	
25.	LAUREYS Milan		10	Westerlo Swimming Team				5:06.27	332
	50m: 34.53	34.53	150m: 1:52.78	39.61	250m: 3:11.88	39.50	350m: 4:29.21	38.41	
	100m: 1:13.17	38.64	200m: 2:32.38	39.60	300m: 3:50.80	38.92	400m: 5:06.27	37.06	
26.	NAGHIU Patrik		09	Zola				5:06.35	332
	50m: 33.72	33.72	150m: 1:49.93	38.71	250m: 3:08.91	39.56	350m: 4:29.24	40.18	
	100m: 1:11.22	37.50	200m: 2:29.35	39.42	300m: 3:49.06	40.15	400m: 5:06.35	37.11	
27.	OTTEVAERE Benjamin		10	Azk				5:12.07	314
	50m: 34.11	34.11	150m: 1:51.18	39.28	250m: 3:11.19	40.18	350m: 4:32.52	40.49	
	100m: 1:11.90	37.79	200m: 2:31.01	39.83	300m: 3:52.03	40.84	400m: 5:12.07	39.55	
28.	CEUPPENS Mats		10	Westerlo Swimming Team				5:16.66	301
	50m: 33.51	33.51	150m: 1:52.25	39.76	250m: 3:14.05	41.39	350m: 4:37.94	41.43	
	100m: 1:12.49	38.98	200m: 2:32.66	40.41	300m: 3:56.51	42.46	400m: 5:16.66	38.72	
29.	LADEWIG Seth		09	Zola				5:23.26	283
	50m: 33.10	33.10	150m: 1:53.74	40.96	250m: 3:18.10	42.63	350m: 4:43.82	42.89	
	100m: 1:12.78	39.68	200m: 2:35.47	41.73	300m: 4:00.93	42.83	400m: 5:23.26	39.44	
30.	FEYEN Aeden		10	ShaRK				5:29.61	267
	50m: 35.59	35.59	150m: 1:59.49	42.71	250m: 3:25.30	43.29	350m: 4:49.57	42.23	
	100m: 1:16.78	41.19	200m: 2:42.01	42.52	300m: 4:07.34	42.04	400m: 5:29.61	40.04	
31.	VERHEYEN Mats		10	K. Aarschotse Zwemclub Schoonhoven				5:31.63	262
	50m: 34.94	34.94	150m: 1:58.74	42.45	250m: 3:23.97	42.97	350m: 4:48.40	41.61	
	100m: 1:16.29	41.35	200m: 2:41.00	42.26	300m: 4:06.79	42.82	400m: 5:31.63	43.23	
32.	NIJS Lennert		10	Molse Zwemclub "Mozka"				5:32.91	259
	50m: 36.80	36.80	150m: 2:03.09	43.40	250m: 3:29.14	41.97	350m: 4:54.51	41.43	
	100m: 1:19.69	42.89	200m: 2:47.17	44.08	300m: 4:13.08	43.94	400m: 5:32.91	38.40	



ShaRK 400m 2025 v4
Herentals, 4/10/2025

Programmanr. 7, Jongens, 400m vrije slag, 15 - 16 jaar

Rang	Naam		Geb.	Club				Tijd	Pnt			
33.	DRISSI EL MESKINI Tamiz		10	Zwemvereniging Lier				5:39.96	243			
	50m:	37.25 37.25	150m:	2:01.46	42.70	250m:	3:29.68	44.46	350m:	4:58.54	44.47	
	100m:	1:18.76	41.51	200m:	2:45.22	43.76	300m:	4:14.07	44.39	400m:	5:39.96	41.42
34.	DE CLIPPELE Léon		10	Kempisch Swimming Team				5:43.63	235			
	50m:	36.14	36.14	150m:	2:02.05	43.90	250m:	3:30.39	44.72	350m:	5:00.74	45.21
	100m:	1:18.15	42.01	200m:	2:45.67	43.62	300m:	4:15.53	45.14	400m:	5:43.63	42.89
35.	VERMEIREN Stan		10	Zwemvereniging Lier				6:07.68	192			
	50m:	37.87	37.87	150m:	2:09.38	46.85	250m:	3:44.88	47.79	350m:	5:21.14	47.22
	100m:	1:22.53	44.66	200m:	2:57.09	47.71	300m:	4:33.92	49.04	400m:	6:07.68	46.54

17 jaar en ouder

1.	VAN EGDOM Wout		08	Zwemclub Nijlen				4:04.96	650			
	50m:	27.01	27.01	150m:	1:28.11	31.08	250m:	2:30.43	30.76	350m:	3:33.15	31.71
	100m:	57.03	30.02	200m:	1:59.67	31.56	300m:	3:01.44	31.01	400m:	4:04.96	31.81
2.	VAN DEN HOORN Jelle		04	Hzs				4:10.45	608			
	50m:	27.56	27.56	150m:	1:29.16	31.21	250m:	2:33.34	31.88	350m:	3:38.18	32.41
	100m:	57.95	30.39	200m:	2:01.46	32.30	300m:	3:05.77	32.43	400m:	4:10.45	32.27
3.	PROVOOST Dajo		08	Rosco				4:24.08	519			
	50m:	30.66	30.66	150m:	1:37.67	33.83	250m:	2:45.32	33.80	350m:	3:52.56	33.44
	100m:	1:03.84	33.18	200m:	2:11.52	33.85	300m:	3:19.12	33.80	400m:	4:24.08	31.52
4.	VETS Siebe		08	K. Aarschotse Zwemclub Schoonhoven				4:24.48	516			
	50m:	30.79	30.79	150m:	1:37.74	33.75	250m:	2:45.15	33.59	350m:	3:52.85	33.78
	100m:	1:03.99	33.20	200m:	2:11.56	33.82	300m:	3:19.07	33.92	400m:	4:24.48	31.63
5.	VAN WAELDEREN Thomas		05	Westerlo Swimming Team				4:25.05	513			
	50m:	30.01	30.01	150m:	1:37.68	34.06	250m:	2:44.11	33.20	350m:	3:53.12	34.66
	100m:	1:03.62	33.61	200m:	2:10.91	33.23	300m:	3:18.46	34.35	400m:	4:25.05	31.93
6.	HUYGENS Arne		03	Molse Zwemclub "Mozka"				4:28.99	491			
	50m:	33.44	33.44	150m:	1:40.97	33.78	250m:	2:48.32	33.78	350m:	3:55.51	33.67
	100m:	1:07.19	33.75	200m:	2:14.54	33.57	300m:	3:21.84	33.52	400m:	4:28.99	33.48
7.	CLAEYS Mauro		08	Rosco				4:37.23	448			
	50m:	31.33	31.33	150m:	1:41.08	35.57	250m:	2:51.34	34.81	350m:	4:02.12	35.73
	100m:	1:05.51	34.18	200m:	2:16.53	35.45	300m:	3:26.39	35.05	400m:	4:37.23	35.11
8.	WOUTERS Hannes		08	K. Aarschotse Zwemclub Schoonhoven				4:44.62	414			
	50m:	31.70	31.70	150m:	1:42.84	36.10	250m:	2:55.53	36.48	350m:	4:08.27	36.36
	100m:	1:06.74	35.04	200m:	2:19.05	36.21	300m:	3:31.91	36.38	400m:	4:44.62	36.35
9.	VERDONCK Marius		08	Zola				4:50.23	391			
	50m:	30.24	30.24	150m:	1:41.33	36.29	250m:	2:55.69	37.24	350m:	4:12.81	38.80
	100m:	1:05.04	34.80	200m:	2:18.45	37.12	300m:	3:34.01	38.32	400m:	4:50.23	37.42
10.	CANNAERTS Jens		93	Heistse Zwemclub Arduas				4:58.58	359			
	50m:	32.73	32.73	150m:	1:48.23	37.88	250m:	3:05.38	38.51	350m:	4:22.04	37.86
	100m:	1:10.35	37.62	200m:	2:26.87	38.64	300m:	3:44.18	38.80	400m:	4:58.58	36.54
FF	HOROVYI Mykyta		07	Zola								

