



ShaRK 400m 2025 v4  
Herentals, 4/10/2025

Programmanr. 5  
4/10/2025 - 16:27

Jongens, 400m vrije slag

11 - 12 jaar  
Resultaten

Punten: FINA 2023

Rang			Geb.					Tijd	Pnt
1.	VERACHTEN Louis		13	Molse Zwemclub "Mozka"				<b>4:42.61</b>	423
	50m:	32.78 32.78	150m:	1:44.69	35.73	250m:	2:56.66 36.34	350m:	4:07.86 35.40
	100m:	1:08.96 36.18	200m:	2:20.32	35.63	300m:	3:32.46 35.80	400m:	4:42.61 34.75
2.	MERTENS Dieter		14	ShaRK				<b>5:05.83</b>	334
	50m:	34.21 34.21	150m:	1:51.63	39.25	250m:	3:10.18 39.51	350m:	4:28.20 38.85
	100m:	1:12.38 38.17	200m:	2:30.67	39.04	300m:	3:49.35 39.17	400m:	5:05.83 37.63
3.	LEYSEN Benjamin		14	Kempisch Swimming Team				<b>5:09.40</b>	322
	50m:	33.46 33.46	150m:	1:50.68	39.09	250m:	3:10.78 40.33	350m:	4:32.55 40.40
	100m:	1:11.59 38.13	200m:	2:30.45	39.77	300m:	3:52.15 41.37	400m:	5:09.40 36.85
4.	DE WEERDT Bent		13	Zwemvereniging Lier				<b>5:09.89</b>	321
	50m:	35.65 35.65	150m:	1:54.35	39.62	250m:	3:13.39 39.25	350m:	4:31.92 39.28
	100m:	1:14.73 39.08	200m:	2:34.14	39.79	300m:	3:52.64 39.25	400m:	5:09.89 37.97
5.	VANDEVIJVERE Lars		13	Rosc				<b>5:15.32</b>	304
	50m:	34.44 34.44	150m:	1:54.80	40.65	250m:	3:15.79 40.25	350m:	4:37.15 40.81
	100m:	1:14.15 39.71	200m:	2:35.54	40.74	300m:	3:56.34 40.55	400m:	5:15.32 38.17
6.	STAELENS Tyler		14	Rosc				<b>5:17.63</b>	298
	50m:	35.33 35.33	150m:	1:54.49	40.25	250m:	3:16.60 41.29	350m:	4:39.04 40.99
	100m:	1:14.24 38.91	200m:	2:35.31	40.82	300m:	3:58.05 41.45	400m:	5:17.63 38.59
7.	CLAESSENS Vic		13	Azk				<b>5:38.79</b>	245
	50m:	37.40 37.40	150m:	2:04.50	44.45	250m:	3:30.80 42.06	350m:	4:58.13 44.01
	100m:	1:20.05 42.65	200m:	2:48.74	44.24	300m:	4:14.12 43.32	400m:	5:38.79 40.66
8.	SEYMUS Axel		13	Heitse Zwemclub Arduas				<b>5:39.23</b>	244
	50m:	35.58 35.58	150m:	2:02.31	44.59	250m:	3:32.74 45.48	350m:	4:59.47 42.52
	100m:	1:17.72 42.14	200m:	2:47.26	44.95	300m:	4:16.95 44.21	400m:	5:39.23 39.76
9.	BELLENS Pieter		13	ShaRK				<b>5:40.71</b>	241
	50m:	37.22 37.22	150m:	2:06.57	44.73	250m:	3:34.63 44.15	350m:	5:03.04 44.33
	100m:	1:21.84 44.62	200m:	2:50.48	43.91	300m:	4:18.71 44.08	400m:	5:40.71 37.67
10.	STABEL Jonathan		13	Kempisch Swimming Team				<b>5:40.91</b>	241
	50m:	37.67 37.67	150m:	2:05.12	43.84	250m:	3:33.39 44.19	350m:	5:01.66 44.03
	100m:	1:21.28 43.61	200m:	2:49.20	44.08	300m:	4:17.63 44.24	400m:	5:40.91 39.25
11.	CAMBRÉ Arthur		14	Zwemclub Nijlen				<b>5:44.74</b>	233
	50m:	36.93 36.93	150m:	2:05.15	44.60	250m:	3:34.32 44.60	350m:	4:57.50 40.90
	100m:	1:20.55 43.62	200m:	2:49.72	44.57	300m:	4:16.60 42.28	400m:	5:44.74 47.24
12.	JOOSEN Cis		14	Azk				<b>5:50.12</b>	222
	50m:	42.56 42.56	150m:	2:13.76	45.45	250m:	3:41.98 43.48	350m:	5:09.91 43.42
	100m:	1:28.31 45.75	200m:	2:58.50	44.74	300m:	4:26.49 44.51	400m:	5:50.12 40.21
13.	DE MESSEMAEKER Zydrich		13	Molse Zwemclub "Mozka"				<b>5:53.76</b>	215
	50m:	39.86 39.86	150m:	2:09.91	45.94	250m:	3:42.95 46.99	350m:	5:12.57 44.49
	100m:	1:23.97 44.11	200m:	2:55.96	46.05	300m:	4:28.08 45.13	400m:	5:53.76 41.19
14.	VANHAESBROECK Louis-Emile		14	Zwemclub Nijlen				<b>5:59.11</b>	206
	50m:	40.63 40.63	150m:	2:12.03	46.10	250m:	3:40.88 43.11	350m:	5:09.02 43.12
	100m:	1:25.93 45.30	200m:	2:57.77	45.74	300m:	4:25.90 45.02	400m:	5:59.11 50.09
15.	TILLEUIL Nathan		14	Zwemclub Nijlen				<b>6:04.27</b>	197
	50m:	41.83 41.83	150m:	2:16.26	47.73	250m:	3:50.71 46.62	350m:	5:21.75 45.12
	100m:	1:28.53 46.70	200m:	3:04.09	47.83	300m:	4:36.63 45.92	400m:	6:04.27 42.52
16.	JANSSENS Alexander		14	ShaRK				<b>6:06.86</b>	193
	50m:	38.46 38.46	150m:	2:08.63	46.65	250m:	3:44.11 47.44	350m:	5:21.24 47.34
	100m:	1:21.98 43.52	200m:	2:56.67	48.04	300m:	4:33.90 49.79	400m:	6:06.86 45.62





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Rang			Geb.					Tijd	Pnt			
17.	VLEEMING Biagio		14	Zwemclub Schoten				<b>6:06.87</b>	193			
	50m:	39.66	39.66	150m:	2:11.87	47.75	250m:	3:44.60	46.72	350m:	5:22.56	49.20
	100m:	1:24.12	44.46	200m:	2:57.88	46.01	300m:	4:33.36	48.76	400m:	6:06.87	44.31
18.	REYMEN Rhune		13	Kempisch Swimming Team				<b>6:13.53</b>	183			
	50m:	40.58	40.58	150m:	2:16.61	48.92	250m:	3:52.90	48.13	350m:	5:29.44	47.73
	100m:	1:27.69	47.11	200m:	3:04.77	48.16	300m:	4:41.71	48.81	400m:	6:13.53	44.09
19.	CELEN Lars		13	ShaRK				<b>6:18.79</b>	175			
	50m:	41.99	41.99	150m:	2:16.36	47.46	250m:	3:55.18	49.90	350m:	5:33.70	48.32
	100m:	1:28.90	46.91	200m:	3:05.28	48.92	300m:	4:45.38	50.20	400m:	6:18.79	45.09
20.	LENAERTS Ruben		14	Zwemclub Nijlen				<b>6:25.87</b>	166			
	50m:	43.61	43.61	150m:	2:20.82	49.38	250m:	4:01.93	50.89	350m:	5:40.75	48.16
	100m:	1:31.44	47.83	200m:	3:11.04	50.22	300m:	4:52.59	50.66	400m:	6:25.87	45.12
21.	VAN STEENBERGEN Aron		13	ShaRK				<b>6:27.68</b>	164			
	50m:	40.28	40.28	150m:	2:19.69	51.17	250m:	4:02.75	51.53	350m:	5:42.73	48.85
	100m:	1:28.52	48.24	200m:	3:11.22	51.53	300m:	4:53.88	51.13	400m:	6:27.68	44.95
22.	MEEKERS Carsten		13	Molse Zwemclub "Mozka"				<b>6:32.73</b>	157			
	50m:	38.93	38.93	150m:	2:16.37	50.42	250m:	3:59.44	51.95	350m:	5:44.06	52.52
	100m:	1:25.95	47.02	200m:	3:07.49	51.12	300m:	4:51.54	52.10	400m:	6:32.73	48.67
23.	PANKEN Lex		13	Heitse Zwemclub Arduas				<b>6:38.25</b>	151			
	50m:	45.72	45.72	150m:	2:27.29	51.02	250m:	4:09.54	51.03	350m:	5:51.82	50.35
	100m:	1:36.27	50.55	200m:	3:18.51	51.22	300m:	5:01.47	51.93	400m:	6:38.25	46.43
24.	VAN ROOY Ilyano		13	ShaRK				<b>6:38.31</b>	151			
	50m:	45.64	45.64	150m:	2:28.14	51.23	250m:	4:12.82	53.00	350m:	5:53.22	49.52
	100m:	1:36.91	51.27	200m:	3:19.82	51.68	300m:	5:03.70	50.88	400m:	6:38.31	45.09
25.	VAN WAELDEREN Karel		14	Westerlo Swimming Team				<b>6:38.66</b>	150			
	50m:	42.53	42.53	150m:	2:24.45	51.93	250m:	4:09.78	52.99	350m:	5:52.87	51.36
	100m:	1:32.52	49.99	200m:	3:16.79	52.34	300m:	5:01.51	51.73	400m:	6:38.66	45.79
26.	GILLIS Bas		13	Zwemvereniging Lier				<b>6:57.74</b>	131			
	50m:	43.81	43.81	150m:	2:28.89	53.36	250m:	4:17.32	56.43	350m:	6:08.47	55.73
	100m:	1:35.53	51.72	200m:	3:20.89	52.00	300m:	5:12.74	55.42	400m:	6:57.74	49.27
27.	SAZONOV Victor		14	Kempisch Swimming Team				<b>7:00.10</b>	128			
	50m:	44.96	44.96	150m:	2:34.61	54.24	250m:	4:25.63	55.44	350m:	6:15.58	56.55
	100m:	1:40.37	55.41	200m:	3:30.19	55.58	300m:	5:19.03	53.40	400m:	7:00.10	44.52
28.	VAN DER HOEVEN Luca		14	Zwemvereniging Lier				<b>7:19.69</b>	112			
	50m:	44.35	44.35	150m:	2:35.94	56.71	250m:	4:32.68	58.32	350m:	6:29.42	58.99
	100m:	1:39.23	54.88	200m:	3:34.36	58.42	300m:	5:30.43	57.75	400m:	7:19.69	50.27
29.	WINNENINCKX Felix		14	K. Aarschotse Zwemclub Schoonhoven				<b>7:38.27</b>	99			
	50m:	47.50	47.50	150m:	2:45.23	59.88	250m:	4:46.58	1:00.74	350m:	6:45.08	58.17
	100m:	1:45.35	57.85	200m:	3:45.84	1:00.61	300m:	5:46.91	1:00.33	400m:	7:38.27	53.19
dis	MEYVIS Jonas		13	Arendonkse Zwemvereniging								
	SW 4.4 - valse start											
dis	SERNEELS Roan		13	ShaRK								
	SW 4.4 - valse start											
FF	KOLACNY Tuur		13	K. Aarschotse Zwemclub Schoonhoven								

