

Prova 12  
14/12/2025 - 17:20

Masc., 1500m Livres

Absolutos  
Resultados

RN25m Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
RN25m Sen	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
RN25m Jun18	15:06.77	Filipe Miguel, SANTO	SLB	Funchal	26/03/2018
RN25m Jun17	15:05.57	Gustavo Manuel, SANTA	CNLA	Leiria	06/12/2009

Pontos: AQUA 2025

Lugar	Nome	Ano	Clube	Tempo Final	TReac	AQUA
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Juniores

1.	Rui Silva, PEREIRA	08	Adrcimm	<b>15:06.43</b>		815
	<i>Recorde Nacional</i>					
	100m: 57.09	57.09	500m: 4:56.80	1:00.05	900m: 8:59.78	1:01.48
	200m: 1:56.93	59.84	600m: 5:56.71	59.91	1000m: 10:01.30	1:01.52
	300m: 2:56.77	59.84	700m: 6:57.49	1:00.78	1100m: 11:02.33	1:01.03
	400m: 3:56.75	59.98	800m: 7:58.30	1:00.81	1200m: 12:04.09	1:01.76
1500m:	15:06.43					
	59.27					
2.	Miguel Fragoso, MEDEIROS	08	Vitória Sport Clube	<b>15:38.99</b>		733
	100m: 57.60	57.60	500m: 5:02.79	1:02.84	900m: 9:16.94	1:03.70
	200m: 1:57.69	1:00.09	600m: 6:05.76	1:02.97	1000m: 10:20.78	1:03.84
	300m: 2:58.24	1:00.55	700m: 7:09.37	1:03.61	1100m: 11:24.95	1:04.17
	400m: 3:59.95	1:01.71	800m: 8:13.24	1:03.87	1200m: 12:29.20	1:04.25
1500m:	15:38.99					
	1:02.11					
3.	Martim Cunha, MACEDO	09	Natacao da Maia	<b>15:58.07</b>		690
	100m: 59.39	59.39	500m: 5:16.88	1:04.98	900m: 9:33.56	1:03.64
	200m: 2:02.95	1:03.56	600m: 6:21.32	1:04.44	1000m: 10:37.84	1:04.28
	300m: 3:07.34	1:04.39	700m: 7:25.96	1:04.64	1100m: 11:41.70	1:03.86
	400m: 4:11.90	1:04.56	800m: 8:29.92	1:03.96	1200m: 12:45.66	1:03.96
1500m:	15:58.07					
	1:03.84					
4.	Tiago Andre, CANELAS	08	Porto	<b>16:01.66</b>		682
	100m: 1:00.02	1:00.02	500m: 5:14.63	1:04.16	900m: 9:31.72	1:04.54
	200m: 2:03.21	1:03.19	600m: 6:18.52	1:03.89	1000m: 10:36.44	1:04.72
	300m: 3:06.68	1:03.47	700m: 7:22.78	1:04.26	1100m: 11:41.21	1:04.77
	400m: 4:10.47	1:03.79	800m: 8:27.18	1:04.40	1200m: 12:46.12	1:04.91
1500m:	16:01.66					
	1:04.30					
5.	Tomas Pinto, PEIXOTO	08	Porto	<b>16:05.09</b>		675
	100m: 59.77	59.77	500m: 5:17.01	1:04.92	900m: 9:35.52	1:04.81
	200m: 2:03.33	1:03.56	600m: 6:21.53	1:04.52	1000m: 10:40.49	1:04.97
	300m: 3:07.63	1:04.30	700m: 7:26.17	1:04.64	1100m: 11:45.26	1:04.77
	400m: 4:12.09	1:04.46	800m: 8:30.71	1:04.54	1200m: 12:50.65	1:05.39
1500m:	16:05.09					
	1:04.15					
6.	Paulo, KOT	09	Nautico Marinha Grande	<b>16:06.48</b>		672
	100m: 59.70	59.70	500m: 5:16.60	1:04.46	900m: 9:34.79	1:04.76
	200m: 2:03.11	1:03.41	600m: 6:20.67	1:04.07	1000m: 10:40.17	1:05.38
	300m: 3:07.65	1:04.54	700m: 7:25.17	1:04.50	1100m: 11:45.26	1:05.09
	400m: 4:12.14	1:04.49	800m: 8:30.03	1:04.86	1200m: 12:50.75	1:05.49
1500m:	16:06.48					
	1:04.45					
7.	Rafael Pereira, RODRIGUES	08	Condeixa Aqua Clube	<b>16:13.29</b>		658
	100m: 1:00.18	1:00.18	500m: 5:17.08	1:04.80	900m: 9:38.43	1:05.47
	200m: 2:03.71	1:03.53	600m: 6:22.30	1:05.22	1000m: 10:44.24	1:05.81
	300m: 3:07.64	1:03.93	700m: 7:27.49	1:05.19	1100m: 11:49.98	1:05.74
	400m: 4:12.28	1:04.64	800m: 8:32.96	1:05.47	1200m: 12:56.04	1:06.06
1500m:	16:13.29					
	1:05.31					

Prova 12, Masc., 1500m Livres

Seniores

1. Rodrigo Costa, BORGES	07	Porto	<b>14:59.92</b>	833
100m: 57.07 57.07	500m: 4:59.10	1:00.93	900m: 9:01.11	1:00.47
200m: 1:57.33 1:00.26	600m: 5:59.53	1:00.43	1000m: 10:02.16	1:01.05
300m: 2:57.71 1:00.38	700m: 7:00.02	1:00.49	1100m: 11:02.13	59.97
400m: 3:58.17 1:00.46	800m: 8:00.64	1:00.62	1200m: 12:02.16	1:00.03
1300m: 13:02.65	1400m: 14:02.76	1500m: 14:59.92		1:00.49
				1:00.11
				57.16
2. Ricardo Matias, SANTOS	05	Louzan Natacao/EFAPEL	<b>15:15.75</b>	790
100m: 57.67 57.67	500m: 5:01.75	1:01.28	900m: 9:08.49	1:02.15
200m: 1:58.33 1:00.66	600m: 6:03.11	1:01.36	1000m: 10:10.42	1:01.93
300m: 2:59.35 1:01.02	700m: 7:04.54	1:01.43	1100m: 11:12.43	1:02.01
400m: 4:00.47 1:01.12	800m: 8:06.34	1:01.80	1200m: 12:13.91	1:01.48
				13:16.28
				1:02.37
				1:01.38
				58.09
3. Diogo Santos, CARDOSO	01	Sporting	<b>15:18.04</b>	785
100m: 59.44 59.44	500m: 5:06.78	1:01.60	900m: 9:12.47	1:01.29
200m: 2:01.29 1:01.85	600m: 6:08.38	1:01.60	1000m: 10:13.97	1:01.50
300m: 3:03.18 1:01.89	700m: 7:09.81	1:01.43	1100m: 11:15.65	1:01.68
400m: 4:05.18 1:02.00	800m: 8:11.18	1:01.37	1200m: 12:17.38	1:01.73
				13:18.78
				1:01.40
				1:01.03
				58.23
4. Duarte Cachulo, MARQUES	07	Condeixa Aqua Clube	<b>15:20.50</b>	778
100m: 57.07 57.07	500m: 4:59.85	1:00.88	900m: 9:05.64	1:01.87
200m: 1:57.52 1:00.45	600m: 6:00.70	1:00.85	1000m: 10:08.06	1:02.42
300m: 2:57.95 1:00.43	700m: 7:02.27	1:01.57	1100m: 11:10.58	1:02.52
400m: 3:58.97 1:01.02	800m: 8:03.77	1:01.50	1200m: 12:12.93	1:02.35
				13:16.19
				1:03.26
				1:03.05
				1:01.26
5. Francisco Rodriguez, AMARAL	02	Porto	<b>15:20.96</b>	777
100m: 57.28 57.28	500m: 4:59.60	1:01.03	900m: 9:06.20	1:02.03
200m: 1:57.40 1:00.12	600m: 6:00.73	1:01.13	1000m: 10:07.93	1:01.73
300m: 2:57.86 1:00.46	700m: 7:02.20	1:01.47	1100m: 11:09.68	1:01.75
400m: 3:58.57 1:00.71	800m: 8:04.17	1:01.97	1200m: 12:12.10	1:02.42
				13:15.31
				1:03.21
				1:03.68
				1:01.97
6. Bernardo Jorge, SIMOES	04	Os Belenenses	<b>15:42.71</b>	724
100m: 57.78 57.78	500m: 5:09.71	1:03.61	900m: 9:23.73	1:03.67
200m: 1:59.92 1:02.14	600m: 6:13.22	1:03.51	1000m: 10:27.34	1:03.61
300m: 3:02.91 1:02.99	700m: 7:16.78	1:03.56	1100m: 11:30.90	1:03.56
400m: 4:06.10 1:03.19	800m: 8:20.06	1:03.28	1200m: 12:34.26	1:03.36
				13:37.33
				1:03.07
				1:03.22
				1:02.16
7. Tomas Amor, SARREIRA	05	Porto	<b>15:54.49</b>	698
100m: 57.58 57.58	500m: 5:09.71	1:03.85	900m: 9:26.34	1:04.53
200m: 1:59.50 1:01.92	600m: 6:13.55	1:03.84	1000m: 10:31.23	1:04.89
300m: 3:02.39 1:02.89	700m: 7:17.87	1:04.32	1100m: 11:36.08	1:04.85
400m: 4:05.86 1:03.47	800m: 8:21.81	1:03.94	1200m: 12:41.21	1:05.13
				13:46.17
				1:04.96
				1:05.40
				1:02.92
8. Axel Guedes, ASMAR	07	Sporting	<b>15:54.85</b>	697
100m: 59.30 59.30	500m: 5:13.08	1:04.11	900m: 9:31.45	1:04.78
200m: 2:02.17 1:02.87	600m: 6:17.32	1:04.24	1000m: 10:35.26	1:03.81
300m: 3:05.20 1:03.03	700m: 7:21.78	1:04.46	1100m: 11:39.67	1:04.41
400m: 4:08.97 1:03.77	800m: 8:26.67	1:04.89	1200m: 12:44.38	1:04.71
				13:48.43
				1:04.05
				1:04.10
				1:02.32
9. Tiago Filipe, CAMPOS	99	Porto	<b>16:06.05</b>	673
100m: 59.12 59.12	500m: 5:12.68	1:04.02	900m: 9:32.91	1:06.48
200m: 2:02.32 1:03.20	600m: 6:17.07	1:04.39	1000m: 10:38.84	1:05.93
300m: 3:05.30 1:02.98	700m: 7:21.58	1:04.51	1100m: 11:44.74	1:05.90
400m: 4:08.66 1:03.36	800m: 8:26.43	1:04.85	1200m: 12:50.37	1:05.63
				13:56.76
				1:06.39
				1:05.63
				1:03.66

Prova 12, Masc., 1500m Livres, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	AQUA	
10.	Bruno Silva, LOUREIRO	06	Porto	<b>17:02.23</b>		<b>568</b>	
	100m: 58.17 58.17	500m: 5:08.88	1:03.06	900m: 9:58.25	1:25.40	1300m: 14:43.89	1:10.85
	200m: 1:59.87 1:01.70	600m: 6:12.53	1:03.65	1000m: 11:11.34	1:13.09	1400m: 15:53.95	1:10.06
	300m: 3:02.83 1:02.96	700m: 7:16.95	1:04.42	1100m: 12:22.78	1:11.44	1500m: 17:02.23	1:08.28
	400m: 4:05.82 1:02.99	800m: 8:32.85	1:15.90	1200m: 13:33.04	1:10.26		