

Torneio de Abertura de Categorias  
Coimbra, 18 - 19/10/2025

Prova 3  
18/10/2025 - 10:55

Masc., 1500m Livres

Inf A e B  
Resultados

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
<b>Inf B</b>			
1. Martim Simoes, RODRIGUES	13 Louzan Natacao/EFAPEL	<b>21:41.39</b>	275
100m: 1:19.24 1:19.24	500m: 7:06.92 1:27.92	900m: 12:58.17 1:28.42	1300m: 18:50.50 1:27.94
200m: 2:45.83 1:26.59	600m: 8:34.21 1:27.29	1000m: 14:26.26 1:28.09	1400m: 20:17.35 1:26.85
300m: 4:11.86 1:26.03	700m: 10:01.98 1:27.77	1100m: 15:53.28 1:27.02	1500m: 21:41.39 1:24.04
400m: 5:39.00 1:27.14	800m: 11:29.75 1:27.77	1200m: 17:22.56 1:29.28	
2. Joao Filipe, SANTOS	13 Louzan Natacao/EFAPEL	<b>21:51.60</b>	269
100m: 1:19.19 1:19.19	500m: 7:08.86 1:28.14	900m: 13:01.68 1:28.87	1300m: 18:58.30 1:30.02
200m: 2:45.66 1:26.47	600m: 8:37.18 1:28.32	1000m: 14:28.36 1:26.68	1400m: 20:27.59 1:29.29
300m: 4:12.93 1:27.27	700m: 10:05.77 1:28.59	1100m: 15:58.09 1:29.73	1500m: 21:51.60 1:24.01
400m: 5:40.72 1:27.79	800m: 11:32.81 1:27.04	1200m: 17:28.28 1:30.19	
3. Goncalo Cardoso, LIMA	13 Columbofila Cantanhedense	<b>22:15.97</b>	254
100m: 1:19.33 1:19.33	500m: 7:15.41 1:30.20	900m: 13:19.86 1:31.48	1300m: 19:26.06 1:31.86
200m: 2:47.03 1:27.70	600m: 8:46.64 1:31.23	1000m: 14:51.62 1:31.76	1400m: 20:56.13 1:30.07
300m: 4:16.10 1:29.07	700m: 10:17.06 1:30.42	1100m: 16:22.28 1:30.66	1500m: 22:15.97 1:19.84
400m: 5:45.21 1:29.11	800m: 11:48.38 1:31.32	1200m: 17:54.20 1:31.92	
4. Mateo Silva, SANTOS	13 Columbofila Cantanhedense	<b>23:46.77</b>	209
100m: 1:28.28 1:28.28	500m: 7:50.68 1:36.18	900m: 14:16.59 1:35.56	1300m: 20:46.58 1:37.36
200m: 3:02.49 1:34.21	600m: 9:28.17 1:37.49	1000m: 15:52.88 1:36.29	1400m: 22:21.17 1:34.59
300m: 4:38.29 1:35.80	700m: 11:04.96 1:36.79	1100m: 17:31.63 1:38.75	1500m: 23:46.77 1:25.60
400m: 6:14.50 1:36.21	800m: 12:41.03 1:36.07	1200m: 19:09.22 1:37.59	
5. Afonso Duarte, FONSECA	13 Columbofila Cantanhedense	<b>23:46.92</b>	209
100m: 1:24.08 1:24.08	500m: 7:43.96 1:37.08	900m: 14:16.13 1:37.80	1300m: 20:46.60 1:36.94
200m: 2:58.03 1:33.95	600m: 9:21.68 1:37.72	1000m: 15:54.83 1:38.70	1400m: 22:21.61 1:35.01
300m: 4:32.22 1:34.19	700m: 10:59.27 1:37.59	1100m: 17:32.46 1:37.63	1500m: 23:46.92 1:25.31
400m: 6:06.88 1:34.66	800m: 12:38.33 1:39.06	1200m: 19:09.66 1:37.20	
6. Tome Francisco, JESUS	13 Miranda do Corvo	<b>24:41.09</b>	186
100m: 1:33.00 1:33.00	500m: 8:17.65 1:41.44	900m: 15:01.63 1:40.17	1300m: 21:37.43 1:37.52
200m: 3:11.61 1:38.61	600m: 9:59.75 1:42.10	1000m: 16:43.40 1:41.77	1400m: 23:13.33 1:35.90
300m: 4:53.31 1:41.70	700m: 11:40.32 1:40.57	1100m: 18:22.26 1:38.86	1500m: 24:41.09 1:27.76
400m: 6:36.21 1:42.90	800m: 13:21.46 1:41.14	1200m: 19:59.91 1:37.65	
7. Xavier Bagagem, CARVALHO	13 Miranda do Corvo	<b>25:30.34</b>	169
100m: 1:32.38 1:32.38	500m: 8:17.25 1:39.73	900m: 15:00.75 1:40.17	1300m: 21:37.69 1:37.15
200m: 3:12.12 1:39.74	600m: 9:58.78 1:41.53	1000m: 16:42.84 1:42.09	1400m: 23:14.03 1:36.34
300m: 4:54.27 1:42.15	700m: 11:39.64 1:40.86	1100m: 18:21.97 1:39.13	1500m: 25:30.34 2:16.31
400m: 6:37.52 1:43.25	800m: 13:20.58 1:40.94	1200m: 20:00.54 1:38.57	
<b>Inf A</b>			
1. Afonso Manuel, FERNANDES	12 Academica de Coimbra	<b>19:06.96</b>	402
100m: 1:15.16 1:15.16	500m: 6:21.90 1:16.93	900m: 11:28.45 1:16.71	1300m: 16:34.81 1:16.54
200m: 2:31.90 1:16.74	600m: 7:38.89 1:16.99	1000m: 12:45.67 1:17.22	1400m: 17:51.62 1:16.81
300m: 3:48.77 1:16.87	700m: 8:55.54 1:16.65	1100m: 14:01.98 1:16.31	1500m: 19:06.96 1:15.34
400m: 5:04.97 1:16.20	800m: 10:11.74 1:16.20	1200m: 15:18.27 1:16.29	
2. Tomas Goncalves, RODRIGUES	12 Columbofila Cantanhedense	<b>19:36.82</b>	372
100m: 1:14.47 1:14.47	500m: 6:28.00 1:20.64	900m: 11:48.59 1:20.65	1300m: 17:04.20 1:18.47
200m: 2:32.14 1:17.67	600m: 7:48.60 1:20.60	1000m: 13:08.41 1:19.82	1400m: 18:22.83 1:18.63
300m: 3:50.22 1:18.08	700m: 9:07.93 1:19.33	1100m: 14:27.14 1:18.73	1500m: 19:36.82 1:13.99
400m: 5:07.36 1:17.14	800m: 10:27.94 1:20.01	1200m: 15:45.73 1:18.59	
3. Martim Neves, CARIDADE	12 Condeixa Clube	<b>20:39.92</b>	318
100m: 1:20.14 1:20.14	500m: 6:53.86 1:23.78	900m: 12:26.18 1:24.58	1300m: 18:00.37 1:22.84
200m: 2:43.20 1:23.06	600m: 8:17.31 1:23.45	1000m: 13:49.54 1:23.36	1400m: 19:22.87 1:22.50
300m: 4:06.46 1:23.26	700m: 9:38.94 1:21.63	1100m: 15:13.83 1:24.29	1500m: 20:39.92 1:17.05
400m: 5:30.08 1:23.62	800m: 11:01.60 1:22.66	1200m: 16:37.53 1:23.70	

Torneio de Abertura de Categorias  
Coimbra, 18 - 19/10/2025

Prova 3, Masc., 1500m Livres, Inf A

Lugar			Ano					Tempo final	Pts			
4.	Miguel Simoes, DIAS		12	Louzan Natacao/EFAPEL				<b>20:40.55</b>	318			
	100m:	1:17.79	1:17.79	500m:	6:47.89	1:22.78	900m:	12:22.51	1:23.03	1300m:	17:58.65	1:24.55
	200m:	2:39.92	1:22.13	600m:	8:12.00	1:24.11	1000m:	13:46.99	1:24.48	1400m:	19:21.52	1:22.87
	300m:	4:02.28	1:22.36	700m:	9:35.93	1:23.93	1100m:	15:10.40	1:23.41	1500m:	20:40.55	1:19.03
	400m:	5:25.11	1:22.83	800m:	10:59.48	1:23.55	1200m:	16:34.10	1:23.70			
5.	Diogo Cunha, CORTE-REAL		12	Columbofila Cantanhedense				<b>21:32.81</b>	281			
	100m:	1:20.91	1:20.91	500m:	7:06.85	1:27.05	900m:	12:55.45	1:27.56	1300m:	18:43.87	1:27.70
	200m:	2:46.96	1:26.05	600m:	8:33.14	1:26.29	1000m:	14:23.37	1:27.92	1400m:	20:10.16	1:26.29
	300m:	4:13.71	1:26.75	700m:	10:01.18	1:28.04	1100m:	15:49.50	1:26.13	1500m:	21:32.81	1:22.65
	400m:	5:39.80	1:26.09	800m:	11:27.89	1:26.71	1200m:	17:16.17	1:26.67			
6.	Rodrigo Miguel, CORDEIRO		12	Condeixa Clube				<b>21:35.86</b>	279			
	100m:	1:21.01	1:21.01	500m:	7:03.86	1:26.37	900m:	12:53.99	1:27.91	1300m:	18:44.27	1:25.72
	200m:	2:45.91	1:24.90	600m:	8:32.56	1:28.70	1000m:	14:23.03	1:29.04	1400m:	20:11.96	1:27.69
	300m:	4:11.44	1:25.53	700m:	9:58.81	1:26.25	1100m:	15:50.54	1:27.51	1500m:	21:35.86	1:23.90
	400m:	5:37.49	1:26.05	800m:	11:26.08	1:27.27	1200m:	17:18.55	1:28.01			
7.	Estevao Amado, SANTOS		12	Miranda do Corvo				<b>22:01.85</b>	262			
	100m:	1:22.01	1:22.01	500m:	7:19.54	1:29.16	900m:	13:14.90	1:27.64	1300m:	19:08.44	1:27.63
	200m:	2:51.18	1:29.17	600m:	8:48.04	1:28.50	1000m:	14:44.07	1:29.17	1400m:	20:37.21	1:28.77
	300m:	4:21.46	1:30.28	700m:	10:17.79	1:29.75	1100m:	16:12.21	1:28.14	1500m:	22:01.85	1:24.64
	400m:	5:50.38	1:28.92	800m:	11:47.26	1:29.47	1200m:	17:40.81	1:28.60			
8.	Tomas Dinis, TORRES		12	Columbofila Cantanhedense				<b>22:46.76</b>	237			
	100m:	1:19.72	1:19.72	500m:	7:26.40	1:33.34	900m:	13:36.71	1:32.82	1300m:	19:48.53	1:32.41
	200m:	2:48.56	1:28.84	600m:	8:58.78	1:32.38	1000m:	15:09.22	1:32.51	1400m:	21:18.45	1:29.92
	300m:	4:20.50	1:31.94	700m:	10:31.55	1:32.77	1100m:	16:42.11	1:32.89	1500m:	22:46.76	1:28.31
	400m:	5:53.06	1:32.56	800m:	12:03.89	1:32.34	1200m:	18:16.12	1:34.01			
9.	Afonso Simoes, COSTA		12	Louzan Natacao/EFAPEL				<b>23:07.89</b>	227			
	100m:	1:24.31	1:24.31	500m:	7:37.26	1:33.52	900m:	13:49.43	1:33.57	1300m:	20:06.49	1:34.52
	200m:	2:57.58	1:33.27	600m:	9:09.44	1:32.18	1000m:	15:22.86	1:33.43	1400m:	21:40.38	1:33.89
	300m:	4:30.48	1:32.90	700m:	10:42.97	1:33.53	1100m:	16:57.86	1:35.00	1500m:	23:07.89	1:27.51
	400m:	6:03.74	1:33.26	800m:	12:15.86	1:32.89	1200m:	18:31.97	1:34.11			
10.	Mario Martins, FERREIRA		12	Louzan Natacao/EFAPEL				<b>24:59.28</b>	180			
	100m:	1:28.14	1:28.14	500m:	8:16.72	1:43.28	900m:	15:07.18	1:41.64	1300m:	21:44.89	1:39.29
	200m:	3:07.65	1:39.51	600m:	10:00.72	1:44.00	1000m:	16:48.88	1:41.70	1400m:	23:24.86	1:39.97
	300m:	4:48.93	1:41.28	700m:	11:42.80	1:42.08	1100m:	18:26.42	1:37.54	1500m:	24:59.28	1:34.42
	400m:	6:33.44	1:44.51	800m:	13:25.54	1:42.74	1200m:	20:05.60	1:39.18			