

International Swim Cup Bavaria 2026
Ingolstadt, 7. - 8.2.2026

Wettkampf 28
08.02.2026

Männer, 400m Freistil

Jahrgang 2014 und älter
Protokoll

MR	4:04.66	BUDA, Levente	HUN	Ingolstadt	23.02.2025
DR	3:39.96	MÄRTENS, Lukas		Stockholm (SWE)	12.04.2025

Punkte: AQUA 2026

vorläufige Ergebnisse

Platz	Name	JG / AC	NAT	Club	Zeit / Time	Pt
	STREHLKE DELGADO, Paulo <i>Neuer - New MR</i>	2006	GER	SG Stadtwerke München	4:02.05	750
	50m: 27.43 27.43 150m: 1:28.45 30.91 250m: 2:31.02 30.96 350m: 3:33.97 31.29 100m: 57.54 30.11 200m: 2:00.06 31.61 300m: 3:02.68 31.66 400m: 4:02.05 28.08					
	BRUGGER, Simon	2009	GER	SG Stadtwerke München	4:02.17	749
	50m: 27.31 27.31 150m: 1:28.43 30.84 250m: 2:31.23 31.39 350m: 3:33.85 30.51 100m: 57.59 30.28 200m: 1:59.84 31.41 300m: 3:03.34 32.11 400m: 4:02.17 28.32					
	PASKO, Jaan	2006	GER	SG Stadtwerke München	4:04.37	729
	50m: 29.00 29.00 150m: 1:31.55 31.36 250m: 2:32.73 30.22 350m: 3:33.98 30.75 100m: 1:00.19 31.19 200m: 2:02.51 30.96 300m: 3:03.23 30.50 400m: 4:04.37 30.39					
	KÖNIG, Valentin	2007	GER	SC Delphin Ingolstadt	4:05.68	717
	50m: 27.92 27.92 150m: 1:29.47 31.41 250m: 2:32.70 31.76 350m: 3:36.13 31.66 100m: 58.06 30.14 200m: 2:00.94 31.47 300m: 3:04.47 31.77 400m: 4:05.68 29.55					
	KOEPNICK, Jonathan	2009	GER	1.FCN Schwimmen	4:06.04	714
	50m: 27.94 27.94 150m: 1:29.51 31.38 250m: 2:32.85 31.94 350m: 3:36.63 31.64 100m: 58.13 30.19 200m: 2:00.91 31.40 300m: 3:04.99 32.14 400m: 4:06.04 29.41					
	LENGFELLNER, Luis	2008	GER	SC Regensburg	4:07.95	698
	50m: 27.62 27.62 150m: 1:30.30 31.30 250m: 2:33.59 31.36 350m: 3:37.13 31.61 100m: 59.00 31.38 200m: 2:02.23 31.93 300m: 3:05.52 31.93 400m: 4:07.95 30.82					
	NOWAK, Louis	2008	GER	TSV Eintracht Karlsfeld	4:13.28	654
	50m: 28.66 28.66 150m: 1:31.30 31.70 250m: 2:35.35 31.96 350m: 3:40.92 32.88 100m: 59.60 30.94 200m: 2:03.39 32.09 300m: 3:08.04 32.69 400m: 4:13.28 32.36					
	STROHALM, Josef	2009	GER	SG Stadtwerke München	4:17.92	620
	50m: 29.10 29.10 150m: 1:32.98 32.41 250m: 2:37.98 32.72 350m: 3:45.17 33.95 100m: 1:00.57 31.47 200m: 2:05.26 32.28 300m: 3:11.22 33.24 400m: 4:17.92 32.75					
	QUANTZ, Vito	2008	GER	SSV Ulm 1846	4:36.47	503
	50m: 27.87 27.87 150m: 1:34.13 34.30 250m: 2:46.79 36.40 350m: 4:00.14 36.53 100m: 59.83 31.96 200m: 2:10.39 36.26 300m: 3:23.61 36.82 400m: 4:36.47 36.33					
na.	HINZE, Paul	2010	GER	SC Prinz Eugen München		
ab.	LAHR, Leevi	2010	GER	SV Würzburg 05		
ab.	SCHMIDT, Till Melvin	2009	GER	SV Würzburg 05		
ab.	JESKE, Emil	2010	GER	1.FCN Schwimmen		
ab.	STREHLKE DELGADO, M.	2003	GER	SG Stadtwerke München		



ROOMREICH

