

International Swim Cup Bavaria 2026
Ingolstadt, 7. - 8.2.2026

Event 11
07.02.2026

Men, 1500m Freestyle

2014 and older
Results

MR	15:57.34	BOTTELIER, Lars	GER	Ingolstadt	12.02.2023
DR	14:34.89	WELLBROCK, Florian		Berlin	21.04.2023

Points: AQUA 2026

Platz	Name	JG / AC	NAT	Club	Zeit / Time	Pt.	
1.	STREHLKE DELGADO, Paulo <i>Neuer - New MR</i>	2006	GER	SG Stadtwerke München	15:36.88	802	
	50m: 28.20 28.20	450m: 4:40.19	31.79	850m: 8:52.39	31.45	1250m: 13:02.85	31.39
	100m: 58.62 30.42	500m: 5:11.78	31.59	900m: 9:23.93	31.54	1300m: 13:34.26	31.41
	150m: 1:29.77 31.15	550m: 5:43.41	31.63	950m: 9:55.38	31.45	1350m: 14:05.40	31.14
	200m: 2:01.24 31.47	600m: 6:14.88	31.47	1000m: 10:26.70	31.32	1400m: 14:36.86	31.46
	250m: 2:33.00 31.76	650m: 6:46.58	31.70	1050m: 10:57.67	30.97	1450m: 15:08.20	31.34
	300m: 3:04.74 31.74	700m: 7:18.01	31.43	1100m: 11:28.91	31.24	1500m: 15:36.88	28.68
	350m: 3:36.72 31.98	750m: 7:49.51	31.50	1150m: 11:59.99	31.08		
	400m: 4:08.40 31.68	800m: 8:20.94	31.43	1200m: 12:31.46	31.47		
2.	PASKO, Jaan	2006	GER	SG Stadtwerke München	16:07.21	729	
	50m: 28.85 28.85	450m: 4:45.51	32.43	850m: 9:05.75	32.94	1250m: 13:27.79	32.91
	100m: 1:00.00 31.15	500m: 5:17.79	32.28	900m: 9:38.21	32.46	1300m: 14:00.37	32.58
	150m: 1:31.93 31.93	550m: 5:50.10	32.31	950m: 10:11.15	32.94	1350m: 14:33.16	32.79
	200m: 2:03.88 31.95	600m: 6:22.43	32.33	1000m: 10:43.87	32.72	1400m: 15:05.30	32.14
	250m: 2:36.18 32.30	650m: 6:54.90	32.47	1050m: 11:16.85	32.98	1450m: 15:37.00	31.70
	300m: 3:08.47 32.29	700m: 7:27.47	32.57	1100m: 11:49.15	32.30	1500m: 16:07.21	30.21
	350m: 3:40.90 32.43	750m: 8:00.31	32.84	1150m: 12:22.20	33.05		
	400m: 4:13.08 32.18	800m: 8:32.81	32.50	1200m: 12:54.88	32.68		
3.	KOEPNICK, Jonathan	2009	GER	1.FCN Schwimmen	16:31.42	677	
	50m: 28.65 28.65	450m: 4:47.22	32.76	850m: 9:15.71	33.92	1250m: 13:44.76	33.53
	100m: 1:00.15 31.50	500m: 5:20.12	32.90	900m: 9:49.35	33.64	1300m: 14:18.53	33.77
	150m: 1:32.10 31.95	550m: 5:53.55	33.43	950m: 10:23.36	34.01	1350m: 14:52.47	33.94
	200m: 2:04.61 32.51	600m: 6:26.85	33.30	1000m: 10:57.26	33.90	1400m: 15:26.42	33.95
	250m: 2:36.77 32.16	650m: 7:00.40	33.55	1050m: 11:30.98	33.72	1450m: 15:59.92	33.50
	300m: 3:09.39 32.62	700m: 7:34.31	33.91	1100m: 12:04.45	33.47	1500m: 16:31.42	31.50
	350m: 3:41.82 32.43	750m: 8:08.10	33.79	1150m: 12:38.04	33.59		
	400m: 4:14.46 32.64	800m: 8:41.79	33.69	1200m: 13:11.23	33.19		
4.	STROHALM, Josef	2009	GER	SG Stadtwerke München	16:38.59	662	
	50m: 29.50 29.50	450m: 4:55.58	33.36	850m: 9:21.82	32.89	1250m: 13:49.98	33.71
	100m: 1:02.47 32.97	500m: 5:29.17	33.59	900m: 9:55.46	33.64	1300m: 14:23.74	33.76
	150m: 1:35.61 33.14	550m: 6:02.05	32.88	950m: 10:28.55	33.09	1350m: 14:58.49	34.75
	200m: 2:09.02 33.41	600m: 6:35.11	33.06	1000m: 11:02.24	33.69	1400m: 15:33.11	34.62
	250m: 2:42.00 32.98	650m: 7:08.37	33.26	1050m: 11:35.30	33.06	1450m: 16:06.86	33.75
	300m: 3:15.35 33.35	700m: 7:41.89	33.52	1100m: 12:09.30	34.00	1500m: 16:38.59	31.73
	350m: 3:48.70 33.35	750m: 8:15.36	33.47	1150m: 12:42.73	33.43		
	400m: 4:22.22 33.52	800m: 8:48.93	33.57	1200m: 13:16.27	33.54		
5.	GERDELMANN, Nils	2009	GER	SSG Saar Max Ritter	17:53.37	533	
	50m: 30.74 30.74	450m: 5:17.94	36.45	850m: 10:08.42	36.33	1250m: 14:56.69	36.30
	100m: 1:05.28 34.54	500m: 5:54.87	36.93	900m: 10:44.38	35.96	1300m: 15:32.50	35.81
	150m: 1:40.61 35.33	550m: 6:31.08	36.21	950m: 11:19.53	35.15	1350m: 16:08.13	35.63
	200m: 2:16.46 35.85	600m: 7:06.98	35.90	1000m: 11:55.73	36.20	1400m: 16:43.27	35.14
	250m: 2:53.01 36.55	650m: 7:43.27	36.29	1050m: 12:32.26	36.53	1450m: 17:18.94	35.67
	300m: 3:29.12 36.11	700m: 8:19.42	36.15	1100m: 13:08.70	36.44	1500m: 17:53.37	34.43
	350m: 4:05.03 35.91	750m: 8:55.64	36.22	1150m: 13:44.49	35.79		
	400m: 4:41.49 36.46	800m: 9:32.09	36.45	1200m: 14:20.39	35.90		
6.	PRUEFER, Simon	2012	GER	SV Bayreuth	20:22.88	360	
	50m: 34.96 34.96	450m: 5:59.01	40.27	850m: 11:27.26	40.86	1250m: 16:57.37	41.13
	100m: 1:14.70 39.74	500m: 6:39.88	40.87	900m: 12:08.08	40.82	1300m: 17:39.24	41.87
	150m: 1:55.72 41.02	550m: 7:21.02	41.14	950m: 12:49.64	41.56	1350m: 18:20.77	41.53
	200m: 2:35.48 39.76	600m: 8:02.19	41.17	1000m: 13:30.95	41.31	1400m: 19:01.84	41.07
	250m: 3:16.75 41.27	650m: 8:43.19	41.00	1050m: 14:12.10	41.15	1450m: 19:42.90	41.06
	300m: 3:57.10 40.35	700m: 9:23.80	40.61	1100m: 14:53.65	41.55	1500m: 20:22.88	39.98
	350m: 4:38.24 41.14	750m: 10:04.91	41.11	1150m: 15:34.93	41.28		
	400m: 5:18.74 40.50	800m: 10:46.40	41.49	1200m: 16:16.24	41.31		
DNS	RUMMEL, Franz	2011	GER	SC Regensburg			
DNS	QUANTZ, Vito	2008	GER	SSV Ulm 1846			
WDR	RANGELOV, David	2013	GER	SG Stadtwerke München			
WDR	STREHLKE DELGADO, M.	2003	GER	SG Stadtwerke München			



ROOMREICH

