

Limietwedstrijd KB1  
Nijmegen, 11-10-2025

Programmanr. 2  
11-10-2025 - 14:12

Dames, 400m vrije slag

10 jaar en ouder  
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Marieke Vanhoof	Racing Swimming Club Mechel	4:38.21	RSCM/21147/07	<b>4:48.27</b>
	50m: 30.66	150m: 1:41.96	250m: 2:56.37	350m: 4:11.19	
	100m: 1:05.36	200m: 2:19.28	300m: 3:33.57	400m: 4:48.27	
2.	Eloisa Gomes Delgado	Albion	4:50.13	200700812	<b>4:49.79</b>
	50m: 30.69	150m: 1:41.71	250m: 2:57.07	350m: 4:13.17	
	100m: 1:05.35	200m: 2:19.41	300m: 3:35.15	400m: 4:49.79	
3.	Jara Schmidt	ENC Arnhem	NT	199405062	<b>5:07.52</b>
	50m: 33.46	150m: 1:49.94	250m: 3:09.58	350m: 4:28.91	
	100m: 1:11.08	200m: 2:29.63	300m: 3:49.28	400m: 5:07.52	
4.	Laure Eekhoff	CWW Swimteam	5:25.20	201100674	<b>5:12.59</b>
	50m: 34.61	150m: 1:53.93	250m: 3:14.77	350m: 4:35.19	
	100m: 1:13.55	200m: 2:34.32	300m: 3:55.24	400m: 5:12.59	
5.	Isa de Rooij	ZWK Merlet	NT	201300760	<b>6:26.92</b>
	50m: 43.57	150m: 2:21.04	250m: 4:00.57	350m: 5:40.29	
	100m: 1:32.13	200m: 3:10.73	300m: 4:50.59	400m: 6:26.92	