

11th International Meeting Briz - Ivan "The Roshav" Stoychev
Burgas, 10. - 12.10.2025

Event 15
11.10.2025 . - 10:58

Women, 400m Freestyle

13 years and older
Results

Points: AQUA 2025

Rank			Age			Time	Pts	
18 years and older								
1.	Lojine HAMED		21	Al-Ahly		4:17.59	714	
	50m:	29.75 29.75	150m:	1:34.92 32.66	250m:	2:40.31 32.65	350m:	3:45.77 32.59
	100m:	1:02.26 32.51	200m:	2:07.66 32.74	300m:	3:13.18 32.87	400m:	4:17.59 31.82
2.	Lamees ELSOKKARY		18	Al-Ahly		4:27.66	636	
	50m:	29.73 29.73	150m:	1:36.38 33.53	250m:	2:44.94 34.60	350m:	3:54.19 34.57
	100m:	1:02.85 33.12	200m:	2:10.34 33.96	300m:	3:19.62 34.68	400m:	4:27.66 33.47
3.	Emiliia BEREGOVAIA		19	Briz		4:59.64	453	
	50m:	33.96 33.96	150m:	1:49.61 38.27	250m:	3:06.76 38.28	350m:	4:23.25 38.16
	100m:	1:11.34 37.38	200m:	2:28.48 38.87	300m:	3:45.09 38.33	400m:	4:59.64 36.39
4.	Dariana MONEVA		18	Briz		4:59.88	452	
	50m:	34.46 34.46	150m:	1:50.32 38.53	250m:	3:07.11 38.22	350m:	4:24.18 38.42
	100m:	1:11.79 37.33	200m:	2:28.89 38.57	300m:	3:45.76 38.65	400m:	4:59.88 35.70
15 - 17 years								
1.	Alexandra ABLOVATSKAIA		17	Dgets Chisinau		4:21.45	683	
	50m:	29.53 29.53	150m:	1:35.88 33.14	250m:	2:41.78 32.97	350m:	3:48.62 33.67
	100m:	1:02.74 33.21	200m:	2:08.81 32.93	300m:	3:14.95 33.17	400m:	4:21.45 32.83
2.	Arwa ALSHARIEF		17	Al-Ahly		4:26.94	641	
	50m:	30.57 30.57	150m:	1:36.64 33.59	250m:	2:44.75 34.21	350m:	3:53.57 34.22
	100m:	1:03.05 32.48	200m:	2:10.54 33.90	300m:	3:19.35 34.60	400m:	4:26.94 33.37
3.	Rodyna RAMDAN		16	Al-Ahly		4:37.61	570	
	50m:	30.69 30.69	150m:	1:38.55 34.59	250m:	2:50.38 36.00	350m:	4:02.33 35.98
	100m:	1:03.96 33.27	200m:	2:14.38 35.83	300m:	3:26.35 35.97	400m:	4:37.61 35.28
4.	Mihaela STEFANOVA		16	Dobrudzha2021		4:39.42	559	
	50m:	30.81 30.81	150m:	1:40.47 35.46	250m:	2:52.44 36.05	350m:	4:04.38 36.23
	100m:	1:05.01 34.20	200m:	2:16.39 35.92	300m:	3:28.15 35.71	400m:	4:39.42 35.04
5.	Yana MOLINA		15	Mol Team Swim		4:48.10	510	
	50m:	33.34 33.34	150m:	1:44.96 36.07	250m:	2:58.06 36.64	350m:	4:11.77 36.84
	100m:	1:08.89 35.55	200m:	2:21.42 36.46	300m:	3:34.93 36.87	400m:	4:48.10 36.33
6.	Anita IVANOVA		16	Bolyari 2009		4:53.18	484	
	50m:	32.57 32.57	150m:	1:46.54 37.40	250m:	3:02.24 37.89	350m:	4:16.99 37.45
	100m:	1:09.14 36.57	200m:	2:24.35 37.81	300m:	3:39.54 37.30	400m:	4:53.18 36.19
7.	Federica VATAMAN		15	Mol Team Swim		4:54.84	476	
	50m:	34.22 34.22	150m:	1:49.09 37.64	250m:	3:04.36 37.53	350m:	4:19.44 37.41
	100m:	1:11.45 37.23	200m:	2:26.83 37.74	300m:	3:42.03 37.67	400m:	4:54.84 35.40
8.	Antonia NACHEVA		16	Bolyari 2009		4:55.96	470	
	50m:	31.65 31.65	150m:	1:43.34 36.43	250m:	3:00.69 38.93	350m:	4:19.12 39.10
	100m:	1:06.91 35.26	200m:	2:21.76 38.42	300m:	3:40.02 39.33	400m:	4:55.96 36.84
9.	Evghenia DEINECO		16	Tiraspol		4:56.13	470	
	50m:	32.13 32.13	150m:	1:46.89 37.99	250m:	3:03.80 38.52	350m:	4:20.45 38.32
	100m:	1:08.90 36.77	200m:	2:25.28 38.39	300m:	3:42.13 38.33	400m:	4:56.13 35.68
10.	Tsvetelina STOYANOVA		15	Galata-Varna		4:56.44	468	
	50m:	32.24 32.24	150m:	1:45.98 37.60	250m:	3:02.27 38.13	350m:	4:18.60 38.46
	100m:	1:08.38 36.14	200m:	2:24.14 38.16	300m:	3:40.14 37.87	400m:	4:56.44 37.84
11.	Mihaela GHIMPU		15	Mol Team Swim		4:59.44	454	
	50m:	31.66 31.66	150m:	1:46.18 38.14	250m:	3:02.65 38.52	350m:	4:20.09 39.05
	100m:	1:08.04 36.38	200m:	2:24.13 37.95	300m:	3:41.04 38.39	400m:	4:59.44 39.35
12.	Simona STAYKOVA		16	Briz		5:03.36	437	
	50m:	34.49 34.49	150m:	1:50.63 38.58	250m:	3:07.64 38.52	350m:	4:24.96 39.03
	100m:	1:12.05 37.56	200m:	2:29.12 38.49	300m:	3:45.93 38.29	400m:	5:03.36 38.40

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Event 15, Girls, 400m Freestyle, 15 - 17 years

Rank			Age					Time	Pts		
13.	Iva-Mariya MITEVA		15	Aquazard				5:04.91	430		
	50m:	31.87 31.87	150m:	1:46.82	38.22	250m:	3:06.49	40.03	350m:	4:26.92	39.98
	100m:	1:08.60 36.73	200m:	2:26.46	39.64	300m:	3:46.94	40.45	400m:	5:04.91	37.99
14.	Mirela VENKOVA		15	Galata-Varna				5:14.34	393		
	50m:	34.80 34.80	150m:	1:55.01	40.69	250m:	3:16.50	40.89	350m:	4:37.05	40.07
	100m:	1:14.32 39.52	200m:	2:35.61	40.60	300m:	3:56.98	40.48	400m:	5:14.34	37.29
13 - 14 years											
1.	Deya DOBREVA		13	Delfin Varna				4:46.94	516		
	50m:	32.18 32.18	150m:	1:41.80	35.33	250m:	2:54.68	36.81	350m:	4:10.06	38.01
	100m:	1:06.47 34.29	200m:	2:17.87	36.07	300m:	3:32.05	37.37	400m:	4:46.94	36.88
2.	Lilya MEDNIKAROVA		14	Delfin Varna				4:51.03	495		
	50m:	30.36 30.36	150m:	1:41.31	36.54	250m:	2:56.26	37.66	350m:	4:13.24	38.73
	100m:	1:04.77 34.41	200m:	2:18.60	37.29	300m:	3:34.51	38.25	400m:	4:51.03	37.79
3.	Dariya LACHEVA		13	Aquazard				4:56.98	466		
	50m:	33.04 33.04	150m:	1:47.94	37.69	250m:	3:04.31	38.66	350m:	4:20.74	38.43
	100m:	1:10.25 37.21	200m:	2:25.65	37.71	300m:	3:42.31	38.00	400m:	4:56.98	36.24
4.	Liliya YONKOVA		14	Olimp				4:57.50	463		
	50m:	32.36 32.36	150m:	1:46.27	38.03	250m:	3:03.13	38.54	350m:	4:20.50	38.69
	100m:	1:08.24 35.88	200m:	2:24.59	38.32	300m:	3:41.81	38.68	400m:	4:57.50	37.00
5.	Vera KOZOVSKA		14	Delfin Varna				5:04.11	434		
	50m:	32.70 32.70	150m:	1:48.74	38.41	250m:	3:07.09	39.18	350m:	4:26.15	39.37
	100m:	1:10.33 37.63	200m:	2:27.91	39.17	300m:	3:46.78	39.69	400m:	5:04.11	37.96
6.	Kalina SMILKOVA		14	Phoenix				5:05.57	427		
	50m:	34.36 34.36	150m:	1:50.94	38.84	250m:	3:09.78	39.56	350m:	4:28.35	39.11
	100m:	1:12.10 37.74	200m:	2:30.22	39.28	300m:	3:49.24	39.46	400m:	5:05.57	37.22
7.	Margarita GUSHEVA		13	Torpedo				5:14.58	392		
	50m:	34.24 34.24	150m:	1:53.07	40.29	250m:	3:14.61	40.75	350m:	4:36.65	40.96
	100m:	1:12.78 38.54	200m:	2:33.86	40.79	300m:	3:55.69	41.08	400m:	5:14.58	37.93
8.	Ana ROSCA		14	Balti				5:18.84	376		
	50m:	34.54 34.54	150m:	1:56.05	41.29	250m:	3:18.62	41.64	350m:	4:41.19	40.99
	100m:	1:14.76 40.22	200m:	2:36.98	40.93	300m:	4:00.20	41.58	400m:	5:18.84	37.65
9.	Deya MILEVA		13	Delfin Varna				5:27.80	346		
	50m:	34.91 34.91	150m:	1:57.31	41.65	250m:	3:21.60	42.06	350m:	4:45.99	42.67
	100m:	1:15.66 40.75	200m:	2:39.54	42.23	300m:	4:03.32	41.72	400m:	5:27.80	41.81
10.	Svetoslava SASHEVA		13	Etar2				5:28.47	344		
	50m:	35.45 35.45	150m:	1:56.23	41.66	250m:	3:21.38	42.60	350m:	4:47.24	43.13
	100m:	1:14.57 39.12	200m:	2:38.78	42.55	300m:	4:04.11	42.73	400m:	5:28.47	41.23
11.	Rada MIHAYLOVA		14	Galata-Varna				5:33.89	327		
	50m:	36.57 36.57	150m:	2:01.89	43.35	250m:	3:26.98	42.80	350m:	4:54.58	44.07
	100m:	1:18.54 41.97	200m:	2:44.18	42.29	300m:	4:10.51	43.53	400m:	5:33.89	39.31
12.	Raluca-Maria SOIMARU		14	Balti				5:34.96	324		
	50m:	37.97 37.97	150m:	2:04.72	44.03	250m:	3:32.47	43.61	350m:	4:56.34	41.11
	100m:	1:20.69 42.72	200m:	2:48.86	44.14	300m:	4:15.23	42.76	400m:	5:34.96	38.62
13.	Diana GEORGIEVA		13	Dorostol				5:35.35	323		
	50m:	36.47 36.47	150m:	2:00.26	41.46	250m:	3:26.95	43.33	350m:	4:53.11	43.98
	100m:	1:18.80 42.33	200m:	2:43.62	43.36	300m:	4:09.13	42.18	400m:	5:35.35	42.24
14.	Karina NIKOLOVA		13	Galata-Varna				6:06.50	247		
	50m:	40.32 40.32	150m:	2:12.83	47.06	250m:	3:49.07	48.38	350m:	5:23.85	47.09
	100m:	1:25.77 45.45	200m:	3:00.69	47.86	300m:	4:36.76	47.69	400m:	6:06.50	42.65