



Associação de Natação do Algarve
XI ALGARVE INTERNATIONAL MEETING
Albufeira, 14-16/11/2025



Prova 16
15/11/2025 - 17:12

Femin., 400m Livres

Absolutos
Resultados

Recordes Nacionais 25m Open	4:04.57	Francisca Soares, MARTINS	POR	Otopeni (ROU)	10/12/2023
Recordes Nacionais 25m Sen	4:04.57	Francisca Soares, MARTINS	POR	Otopeni (ROU)	10/12/2023
Recordes Nacionais 25m Jun 18	4:11.18	Francisca Soares, MARTINS	FOCA	Mealhada	14/11/2020
Recordes Nacionais 25m Jun 17	4:10.52	Tamila Hryhorivna, HOLUB	SCB	Porto	12/12/2015
Recordes Nacionais 25m Juv A	4:13.53	Ana Reis, SOUSA	CNLA	Porto	09/12/2017
Recordes Nacionais 25m Juv B	4:18.39	Ana Claudia, SANTOS	SFUAP	Cantanhede	20/12/2004
Recordes Nacionais 25m Inf A	4:23.08	Susana Patricia, MIGUEL	SFUAP	Alhandra	15/05/2004
Recordes Nacionais 25m Inf B	4:25.30	Alexandra Maria, SILVA	FCP	Porto	19/07/1980
Recordes Regionais Open	4:19.78	Sara Alexandra, MADEIRA	LDC	Sines	20/12/2008
Recordes Regionais Sen	4:19.78	Sara Alexandra, MADEIRA	LDC	Sines	20/12/2008
Recordes Regionais Jun 18	4:23.29	Beatriz Silva, LOURO	LDC	Santo Ant Cavaleiros	30/11/2024
Recordes Regionais Jun 17	4:27.66	Beatriz Silva, LOURO	LDC	Leiria	09/12/2023
Recordes Regionais Juv A	4:21.68	Catia Raquel, MARTINHEIRA	LDC	Porto	04/12/2010
Recordes Regionais Juv B	4:31.47	Catia Raquel, MARTINHEIRA	LDC	Quarteira	21/11/2009
Recordes Regionais Inf A	4:35.17	Catia Raquel, MARTINHEIRA	LDC	Sines	21/12/2008
Recordes Regionais Inf B	4:41.06	Catia Raquel, MARTINHEIRA	SALG	Abrantes	05/04/2008

Pontos: AQUA 2024

Lugar	Nome	Licença	Clube	Tempo Final	AQUA	Pts
1.	Anna, FOMINA	208146	Sporting	4:11.55	777	8,00
	50m: 29.60 29.60 150m: 1:34.02 32.34 250m: 2:37.98 31.59 350m: 3:41.47 31.70			400m: 4:11.55 30.08		
	100m: 1:01.68 32.08 200m: 2:06.39 32.37 300m: 3:09.77 31.79					
2.	Diana Margarida, DURAES	102992	Benfica	4:14.95	746	7,00
	50m: 30.20 30.20 150m: 1:34.67 32.36 250m: 2:39.27 32.09 350m: 3:43.88 32.34			400m: 4:14.95 31.07		
	100m: 1:02.31 32.11 200m: 2:07.18 32.51 300m: 3:11.54 32.27					
3.	Li, TONGGUER	225381	Sport Alges e Dafundo	4:15.42	742	6,00
	50m: 30.23 30.23 150m: 1:34.84 32.38 250m: 2:39.61 32.16 350m: 3:44.51 32.21			400m: 4:15.42 30.91		
	100m: 1:02.46 32.23 200m: 2:07.45 32.61 300m: 3:12.30 32.69					
4.	Carolina Pereira, VIANA	129199	Sporting	4:17.44	725	5,00
	50m: 30.08 30.08 150m: 1:34.51 32.43 250m: 2:39.96 32.66 350m: 3:45.34 32.69			400m: 4:17.44 32.10		
	100m: 1:02.08 32.00 200m: 2:07.30 32.79 300m: 3:12.65 32.69					
5.	Helena, SEGURA FERREIRA		Círculo Mercantil Sevilla	4:23.96	672	4,00
	50m: 30.29 30.29 150m: 1:36.55 33.45 250m: 2:44.44 33.83 350m: 3:51.72 33.15			400m: 4:23.96 32.24		
	100m: 1:03.10 32.81 200m: 2:10.61 34.06 300m: 3:18.57 34.13					
6.	Beatriz Silva, LOURO	129303	Sporting	4:32.07	614	3,00
	50m: 30.72 30.72 150m: 1:37.66 33.92 250m: 2:46.63 34.69 350m: 3:56.99 35.19			400m: 4:32.07 35.08		
	100m: 1:03.74 33.02 200m: 2:11.94 34.28 300m: 3:21.80 35.17					
7.	Maria Alejandra, BRAMONT ARIAS		Club Náutico Sevilla	4:32.29	612	2,00
	50m: 31.40 31.40 150m: 1:40.79 34.85 250m: 2:50.00 34.60 350m: 3:58.70 34.51			400m: 4:32.29 33.59		
	100m: 1:05.94 34.54 200m: 2:15.40 34.61 300m: 3:24.19 34.19					
8.	Ana Beatriz, PIRES	205416	Sport Alges e Dafundo	4:33.61	604	1,00
	50m: 31.46 31.46 150m: 1:39.16 34.06 250m: 2:48.20 34.59 350m: 3:59.04 35.59			400m: 4:33.61 34.57		
	100m: 1:05.10 33.64 200m: 2:13.61 34.45 300m: 3:23.45 35.25					
9.	NORA, REIG JIMÉNEZ		Mairena del Aljarafe	4:35.27	593	-
	50m: 31.27 31.27 150m: 1:39.97 34.37 250m: 2:50.30 35.21 350m: 4:00.90 35.16			400m: 4:35.27 34.37		
	100m: 1:05.60 34.33 200m: 2:15.09 35.12 300m: 3:25.74 35.44					
10.	CELIA, CARO JAENES		Mairena del Aljarafe	4:37.61	578	-
	50m: 31.86 31.86 150m: 1:40.73 34.62 250m: 2:50.53 34.67 350m: 4:01.87 35.99			400m: 4:37.61 35.74		
	100m: 1:06.11 34.25 200m: 2:15.86 35.13 300m: 3:25.88 35.35					
11.	Clara, ESCOBAR CHERBUY		Louletano / Loule Aqui e Agc	4:37.98	576	-
	50m: 30.78 30.78 150m: 1:39.14 34.54 250m: 2:50.62 35.95 350m: 4:02.68 36.24			400m: 4:37.98 35.30		
	100m: 1:04.60 33.82 200m: 2:14.67 35.53 300m: 3:26.44 35.82					
12.	SOFÍA, MAQUEDA LLACH		Mairena del Aljarafe	4:46.95	523	-
	50m: 31.40 31.40 150m: 1:40.75 35.13 250m: 2:53.87 37.14 350m: 4:10.18 38.36			400m: 4:46.95 36.77		
	100m: 1:05.62 34.22 200m: 2:16.73 35.98 300m: 3:31.82 37.95					
13.	Margarida Maria, LUIZ	211814	Lagoa Academico Clube	4:48.00	518	-
	50m: 31.74 31.74 150m: 1:41.16 35.25 250m: 2:54.70 37.21 350m: 4:10.32 37.94			400m: 4:48.00 37.68		
	100m: 1:05.91 34.17 200m: 2:17.49 36.33 300m: 3:32.38 37.68					
14.	Carolina Brito, SANTOS	212564	Clube Natação de Alcalá	4:52.81	492	-
	50m: 32.83 32.83 150m: 1:45.41 36.52 250m: 3:00.84 37.94 350m: 4:16.62 37.94			400m: 4:52.81 36.19		
	100m: 1:08.89 36.06 200m: 2:22.90 37.49 300m: 3:38.68 37.84					
15.	Celia, DIAZ LEDESMA		Real Club Náutico Motril	4:52.99	492	-
	50m: 31.98 31.98 150m: 1:44.76 37.46 250m: 3:00.48 37.91 350m: 4:16.71 37.53			400m: 4:52.99 36.28		
	100m: 1:07.30 35.32 200m: 2:22.57 37.81 300m: 3:39.18 38.70					
16.	Lucia, CORREA FERNANDEZ		Club Natacion Huelva	4:53.03	491	-
	50m: 33.74 33.74 150m: 1:47.35 37.25 250m: 3:02.32 37.64 350m: 4:17.20 37.29			400m: 4:53.03 35.83		
	100m: 1:10.10 36.36 200m: 2:24.68 37.33 300m: 3:39.91 37.59					

Prova 16, Femin., 400m Livres, Absolutos

Lugar	Nome	Licen�a	Clube	Tempo Final	AQUA	Pts
17.	Bruna Filipa, BORRALHO	216451	Lagoa Academico Clube	4:54.38	485	-
	50m: 33.32 33.32	150m: 1:48.34 37.73	250m: 3:03.76 37.70	350m: 4:18.53 37.33		
	100m: 1:10.61 37.29	200m: 2:26.06 37.72	300m: 3:41.20 37.44	400m: 4:54.38 35.85		
18.	Priscila, ARRABAL JIMENEZ		Real Club N��utico Motril	4:55.35	480	-
	50m: 31.14 31.14	150m: 1:44.14 37.23	250m: 3:00.34 38.20	350m: 4:18.09 39.06		
	100m: 1:06.91 35.77	200m: 2:22.14 38.00	300m: 3:39.03 38.69	400m: 4:55.35 37.26		
19.	Eva, MAGIYEVA	210396	Lagoa Academico Clube	5:04.63	437	-
	50m: 33.98 33.98	150m: 1:50.22 38.76	250m: 3:08.33 39.08	350m: 4:25.45 38.48		
	100m: 1:11.46 37.48	200m: 2:29.25 39.03	300m: 3:46.97 38.64	400m: 5:04.63 39.18		
20.	Ana, LOPEZ SALGUERO		Club Natacion Huelva	5:05.46	434	-
	50m: 33.63 33.63	150m: 1:49.34 38.30	250m: 3:07.97 39.78	350m: 4:26.93 39.55		
	100m: 1:11.04 37.41	200m: 2:28.19 38.85	300m: 3:47.38 39.41	400m: 5:05.46 38.53		
21.	Julia Laginha, BRAZ	216455	Lagoa Academico Clube	5:09.88	415	-
	50m: 34.70 34.70	150m: 1:52.51 39.65	250m: 3:12.00 39.99	350m: 4:31.32 39.63		
	100m: 1:12.86 38.16	200m: 2:32.01 39.50	300m: 3:51.69 39.69	400m: 5:09.88 38.56		
22.	Elsa, RODRIGUEZ RUZ		Club Natacion Huelva	5:20.40	376	-
	50m: 35.12 35.12	150m: 1:54.87 39.99	250m: 3:17.23 41.63	350m: 4:39.77 42.02		
	100m: 1:14.88 39.76	200m: 2:35.60 40.73	300m: 3:57.75 40.52	400m: 5:20.40 40.63		
23.	Isla, KEATTS		Nata��o de lagos	5:45.95	298	-
	50m: 38.16 38.16	150m: 2:06.90 44.88	250m: 3:35.67 44.25	350m: 5:04.12 44.31		
	100m: 1:22.02 43.86	200m: 2:51.42 44.52	300m: 4:19.81 44.14	400m: 5:45.95 41.83		
DNS	Emma Neves, ALMEIDA	217222	Nata��o de lagos			-