

Prova 15 Masc., 400m Livres Absolutos
15/11/2025 - 17:08 Resultados

Recordes Nacionais 25m Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Recordes Nacionais 25m Sen	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Recordes Nacionais 25m Jun 18	3:50.52	Adriano Miguel, NIZ	CFV	Fafe	26/06/2004
Recordes Nacionais 25m Jun 17	3:52.60	Rui Silva, PEREIRA	ADRCIMM	Tomar	14/12/2024
Recordes Nacionais 25m Juv A	3:58.45	Rui Silva, PEREIRA	ADRCIMM	Sines	17/12/2023
Recordes Nacionais 25m Juv B	4:01.42	Rui Silva, PEREIRA	POR	Tomar	15/01/2023
Recordes Nacionais 25m Inf A	4:12.35	Andre Vilas, RUIVO	DNMG	Campo Maior	29/03/2014
Recordes Nacionais 25m Inf B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santar�m	04/04/2003
Recordes Regionais Open	3:57.59	Nathan Keith, THEODORIS	LDC	Porto	12/12/2015
Recordes Regionais Sen	3:55.02	Miguel Martins, PIRES	LDC	Felgueiras	22/11/2002
Recordes Regionais Jun 18	4:01.65	Joao Duarte, SANTOS	CNOL	S. Antonio Cavaleiros	21/12/2012
Recordes Regionais Jun 17	4:05.34	Joao Duarte, SANTOS	CNOL	Silves	03/12/2011
Recordes Regionais Juv A	4:10.23	Tiago Miguel, VILHENA	SANALG	Abrantes	04/03/2017
Recordes Regionais Juv B	4:09.85	Tiago Miguel, VILHENA	CNFA	Setubal	05/12/2015
Recordes Regionais Inf A	4:19.82	Joao Duarte, SANTOS	CNOL	Pinhal Novo	07/03/2009
Recordes Regionais Inf B	4:37.22	Jose Miguel, RODEIA	CNFA	Sines	08/04/2017

Pontos: AQUA 2024

Lugar	Nome	Licen�a	Clube	Tempo Final	AQUA	Pts
1.	Yury, FOMIN	208159	Sport Alges e Dafundo	3:58.09	708	8,00
	50m: 27.45 27.45 150m: 1:27.23 30.23 250m: 2:28.78 30.84 350m: 3:29.99 30.58			100m: 57.00 29.55 200m: 1:57.94 30.71 300m: 2:59.41 30.63 400m: 3:58.09 28.10		
2.	Pablo, GRANADO MART��N		Mairena del Aljarafe	3:58.31	706	7,00
	50m: 27.27 27.27 150m: 1:27.48 30.32 250m: 2:28.66 30.56 350m: 3:29.44 30.11			100m: 57.16 29.89 200m: 1:58.10 30.62 300m: 2:59.33 30.67 400m: 3:58.31 28.87		
3.	Pedro Bethlem, TIGRE	208305	Sporting	3:59.00	700	6,00
	50m: 26.88 26.88 150m: 1:27.10 30.51 250m: 2:28.84 30.78 350m: 3:29.51 29.91			100m: 56.59 29.71 200m: 1:58.06 30.96 300m: 2:59.60 30.76 400m: 3:59.00 29.49		
4.	Antonio, P��REZ RODR��GUEZ		Mairena del Aljarafe	4:02.96	666	5,00
	50m: 27.87 27.87 150m: 1:28.89 30.71 250m: 2:30.97 31.07 350m: 3:32.72 30.60			100m: 58.18 30.31 200m: 1:59.90 31.01 300m: 3:02.12 31.15 400m: 4:02.96 30.24		
5.	Ignacio, NAVARRO SASTRE		Mairena del Aljarafe	4:06.40	639	4,00
	50m: 27.55 27.55 150m: 1:28.24 30.48 250m: 2:30.49 31.36 350m: 3:34.46 32.22			100m: 57.76 30.21 200m: 1:59.13 30.89 300m: 3:02.24 31.75 400m: 4:06.40 31.94		
6.	Miguel Lourenco, VELHINHO	207677	Lagoa Academico Clube	4:08.37	624	3,00
	50m: 27.76 27.76 150m: 1:28.70 30.80 250m: 2:31.51 31.61 350m: 3:36.67 32.78			100m: 57.90 30.14 200m: 1:59.90 31.20 300m: 3:03.89 32.38 400m: 4:08.37 31.70		
7.	Jaime, ALCANTARILLA ROMERO		Mairena del Aljarafe	4:10.50	608	2,00
	50m: 27.74 27.74 150m: 1:29.85 31.67 250m: 2:33.82 32.23 350m: 3:38.41 32.09			100m: 58.18 30.44 200m: 2:01.59 31.74 300m: 3:06.32 32.50 400m: 4:10.50 32.09		
8.	Enrique, GUILL��N RODR��GUEZ		CDN Inacua M��laga	4:11.10	603	1,00
	50m: 28.71 28.71 150m: 1:30.58 31.31 250m: 2:34.05 31.95 350m: 3:39.00 32.63			100m: 59.27 30.56 200m: 2:02.10 31.52 300m: 3:06.37 32.32 400m: 4:11.10 32.10		
9.	TOM��S, PEREZ CALBO		C��rculo Mercantil Sevilla	4:15.77	571	-
	50m: 29.20 29.20 150m: 1:31.79 31.51 250m: 2:36.84 32.81 350m: 3:43.78 33.61			100m: 1:00.28 31.08 200m: 2:04.03 32.24 300m: 3:10.17 33.33 400m: 4:15.77 31.99		
10.	Francisco Guilherme, MIRANDA	206796	Naval Do Funchal	4:15.98	570	-
	50m: 28.39 28.39 150m: 1:31.93 32.22 250m: 2:37.40 32.90 350m: 3:44.03 33.41			100m: 59.71 31.32 200m: 2:04.50 32.57 300m: 3:10.62 33.22 400m: 4:15.98 31.95		
11.	Carlos, LI��N DEL ROSARIO		Club N��utico Sevilla	4:16.05	569	-
	50m: 29.58 29.58 150m: 1:33.64 32.23 250m: 2:38.68 32.37 350m: 3:43.79 32.79			100m: 1:01.41 31.83 200m: 2:06.31 32.67 300m: 3:11.00 32.32 400m: 4:16.05 32.26		
12.	Rodrigo Canedo, SANTOS	153185	Bombeiros de Ponta Delgada	4:16.18	568	-
	50m: 28.53 28.53 150m: 1:32.25 31.99 250m: 2:37.75 32.81 350m: 3:44.05 33.26			100m: 1:00.26 31.73 200m: 2:04.94 32.69 300m: 3:10.79 33.04 400m: 4:16.18 32.13		
13.	Rafael Alexandre, SILVA	212573	Louletano / Loule Aqui e Ag�a	4:16.44	567	-
	50m: 28.61 28.61 150m: 1:32.37 32.20 250m: 2:37.50 32.55 350m: 3:43.63 33.19			100m: 1:00.17 31.56 200m: 2:04.95 32.58 300m: 3:10.44 32.94 400m: 4:16.44 32.81		
14.	Alexander, DRACHMANN		Pro Swim Esbjerg	4:17.03	563	-
	50m: 28.46 28.46 150m: 1:31.18 32.10 250m: 2:37.01 33.10 350m: 3:44.11 33.82			100m: 59.08 30.62 200m: 2:03.91 32.73 300m: 3:10.29 33.28 400m: 4:17.03 32.92		
15.	Goncalo Alexandre, RETRE	212248	Louletano / Loule Aqui e Ag�a	4:27.70	498	-
	50m: 29.98 29.98 150m: 1:36.88 33.52 250m: 2:45.36 33.91 350m: 3:55.15 35.07			100m: 1:03.36 33.38 200m: 2:11.45 34.57 300m: 3:20.08 34.72 400m: 4:27.70 32.55		
16.	Diogo Filipe, CARDOSO	210399	Clube Natacao Olhao	4:27.80	497	-
	50m: 29.89 29.89 150m: 1:36.61 33.74 250m: 2:45.46 34.55 350m: 3:54.94 34.76			100m: 1:02.87 32.98 200m: 2:10.91 34.30 300m: 3:20.18 34.72 400m: 4:27.80 32.86		

Prova 15, Masc., 400m Livres, Absolutos

Lugar	Nome	Licen�a	Clube	Tempo Final	AQUA	Pts
17.	Uriel, FARAUSTE CAMACHO		Club Natacion Huelva	4:30.33	484	-
	50m: 29.04 29.04	150m: 1:34.46 33.74	250m: 2:44.53 35.11	350m: 3:55.34 35.35		
	100m: 1:00.72 31.68	200m: 2:09.42 34.96	300m: 3:19.99 35.46	400m: 4:30.33 34.99		
18.	Tiago Malhador, LULAK	212575	Clube Nata��o de Alcal��	4:30.41	483	-
	50m: 29.96 29.96	150m: 1:37.58 34.44	250m: 2:47.31 35.26	350m: 3:56.82 34.41		
	100m: 1:03.14 33.18	200m: 2:12.05 34.47	300m: 3:22.41 35.10	400m: 4:30.41 33.59		
19.	Jose Pedro, MINHALMA	210690	Clube N��utico do Guadiana	4:32.23	473	-
	50m: 30.37 30.37	150m: 1:38.08 34.39	250m: 2:48.02 35.04	350m: 3:58.39 34.73		
	100m: 1:03.69 33.32	200m: 2:12.98 34.90	300m: 3:23.66 35.64	400m: 4:32.23 33.84		
20.	H��CTOR, TALAV��N GIL		Club Nataci��n Plasencia	4:36.61	451	-
	50m: 30.53 30.53	150m: 1:37.92 34.14	250m: 2:47.56 35.04	350m: 4:00.65 36.92		
	100m: 1:03.78 33.25	200m: 2:12.52 34.60	300m: 3:23.73 36.17	400m: 4:36.61 35.96		
21.	Isaac Salavessa, HORTA	214384	Clube N��utico do Guadiana	4:38.81	441	-
	50m: 30.51 30.51	150m: 1:38.99 34.48	250m: 2:50.40 36.03	350m: 4:03.36 36.49		
	100m: 1:04.51 34.00	200m: 2:14.37 35.38	300m: 3:26.87 36.47	400m: 4:38.81 35.45		
22.	Jose Maria, CANO PEREZ		Club Deportivo Nataci��n Ginebra	4:45.16	412	-
	50m: 32.00 32.00	150m: 1:43.14 36.13	250m: 2:55.63 36.28	350m: 4:08.55 36.40		
	100m: 1:07.01 35.01	200m: 2:19.35 36.21	300m: 3:32.15 36.52	400m: 4:45.16 36.61		
23.	Jose Luis, ALVAREZ DE CIENFUEGOS		Club N��utico Sevilla	4:45.31	411	-
	50m: 30.58 30.58	150m: 1:37.86 34.42	250m: 2:50.76 37.29	350m: 4:06.77 38.42		
	100m: 1:03.44 32.86	200m: 2:13.47 35.61	300m: 3:28.35 37.59	400m: 4:45.31 38.54		
24.	Rodrigo Ferreira, PLACIDO	213280	Louletano / Loule Aqui e Agora	4:59.24	356	-
	50m: 31.09 31.09	150m: 1:44.25 37.25	250m: 3:01.45 38.87	350m: 4:20.34 39.61		
	100m: 1:07.00 35.91	200m: 2:22.58 38.33	300m: 3:40.73 39.28	400m: 4:59.24 38.90		