

Severoslovenská liga 3.kolo
Dolný Kubín, 18.10.2025

disciplína 9
18.10.2025 - 12:06

ženy, 400m vo vlny spôsob

Open
Výsledky

bodovanie: AQUA 2024

por.			Ro .			as			body
9 ro . a ml.									
1.	Balková Hana		16	MPK Dolný Kubín			6:48.95		180
	50m:	43.08	43.08	150m:	2:24.49	51.91	250m:	4:09.47	52.47
	100m:	1:32.58	49.50	200m:	3:17.00	52.51	300m:	5:03.77	54.30
							350m:	5:56.96	53.19
							400m:	6:48.95	51.99
10 ro .									
1.	Vrobelová Zara		15	MPK Tvrdošín			6:10.70		242
	50m:	40.01	40.01	150m:	2:14.45	47.14	250m:	3:51.72	48.80
	100m:	1:27.31	47.30	200m:	3:02.92	48.47	300m:	4:39.12	47.40
							350m:	5:26.72	47.60
							400m:	6:10.70	43.98
2.	Húsková Dorota		15	PK Martin			6:42.38		189
	50m:	43.53	43.53	150m:	2:24.95	52.22	250m:	4:09.59	51.41
	100m:	1:32.73	49.20	200m:	3:18.18	53.23	300m:	5:01.66	52.07
							350m:	5:53.43	51.77
							400m:	6:42.38	48.95
3.	Demeterová Zoja		15	PK Martin			6:53.80		174
	50m:	45.53	45.53	150m:	2:33.72	54.08	250m:	4:22.25	54.90
	100m:	1:39.64	54.11	200m:	3:27.35	53.63	300m:	5:14.24	51.99
							350m:	6:03.52	49.28
							400m:	6:53.80	50.28
4.	Jozef eková Tereza		15	PK Nanti			7:16.61		148
	50m:	48.86	48.86	150m:	2:40.41	56.78	250m:	4:33.54	56.10
	100m:	1:43.63	54.77	200m:	3:37.44	57.03	300m:	5:29.89	56.35
							350m:	6:24.85	54.96
							400m:	7:16.61	51.76
5.	Vantúchová Tereza		15	PK Martin			7:43.36		124
	50m:	46.56	46.56	150m:	2:37.73	57.33	250m:	4:40.19	1:02.85
	100m:	1:40.40	53.84	200m:	3:37.34	59.61	300m:	5:42.31	1:02.12
							350m:	6:44.32	1:02.01
							400m:	7:43.36	59.04
11 ro .									
1.	Šišková Eliška		14	MPK Dolný Kubín			5:17.42		386
	50m:	35.17	35.17	150m:	1:54.97	40.49	250m:	3:16.79	40.98
	100m:	1:14.48	39.31	200m:	2:35.81	40.84	300m:	3:58.07	41.28
							350m:	4:39.23	41.16
							400m:	5:17.42	38.19
2.	K azúrová Nela		14	MPK Dolný Kubín			5:44.75		302
	50m:	38.86	38.86	150m:	2:06.82	44.34	250m:	3:35.55	44.01
	100m:	1:22.48	43.62	200m:	2:51.54	44.72	300m:	4:19.82	44.27
							350m:	5:03.13	43.31
							400m:	5:44.75	41.62
3.	Aleksandrova Milana		14	PK Nanti			6:12.43		239
	50m:	40.25	40.25	150m:	2:12.13	46.68	250m:	3:48.83	48.29
	100m:	1:25.45	45.20	200m:	3:00.54	48.41	300m:	4:38.73	49.90
							350m:	5:27.04	48.31
							400m:	6:12.43	45.39
4.	Masnicová Sofia		14	MPK Dolný Kubín			6:22.53		221
	50m:	42.39	42.39	150m:	2:19.60	49.38	250m:	3:59.08	50.33
	100m:	1:30.22	47.83	200m:	3:08.75	49.15	300m:	4:46.80	47.72
							350m:	5:34.81	48.01
							400m:	6:22.53	47.72
5.	Hrúzová Katarina		14	PK Martin			6:51.81		177
	50m:	44.92	44.92	150m:	2:32.95	54.77	250m:	4:19.64	53.11
	100m:	1:38.18	53.26	200m:	3:26.53	53.58	300m:	5:12.51	52.87
							350m:	6:06.74	54.23
							400m:	6:51.81	45.07
6.	Dršková Nina		14	PK TENAX Žilina			7:11.24		154
	50m:	47.54	47.54	150m:	2:37.28	54.28	250m:	4:27.83	55.63
	100m:	1:43.00	55.46	200m:	3:32.20	54.92	300m:	5:23.58	55.75
							350m:	6:15.14	51.56
							400m:	7:11.24	56.10
7.	Olosová Ela		14	PO Ružomberok			7:20.21		145
	50m:	50.41	50.41	150m:	2:43.54	57.77	250m:	4:39.85	57.93
	100m:	1:45.77	55.36	200m:	3:41.92	58.38	300m:	5:34.99	55.14
							350m:	6:30.37	55.38
							400m:	7:20.21	49.84
8.	Pyvovarova Kira		14	PK TENAX Žilina			7:21.76		143
	50m:	48.36	48.36	150m:	2:40.44	57.16	250m:	4:35.23	58.12
	100m:	1:43.28	54.92	200m:	3:37.11	56.67	300m:	5:31.82	56.59
							350m:	6:30.13	58.31
							400m:	7:21.76	51.63
DSQ	Kazíková So a		14	PK TENAX Žilina					
	<i>SW 10.2 - Pretekár nepreplával celú vzdialenos sám.</i>								

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12 ro .

1.	Dubovská Nikola		13	MPK Dolný Kubín		5:06.26	430					
	50m:	34.83	34.83	150m:	1:51.62	38.69	250m:	3:09.73	39.12	350m:	4:29.05	39.89
	100m:	1:12.93	38.10	200m:	2:30.61	38.99	300m:	3:49.16	39.43	400m:	5:06.26	37.21
2.	Leš ovská Miriama		13	MPK Dolný Kubín		5:14.44	398					
	50m:	34.85	34.85	150m:	1:53.11	39.68	250m:	3:13.82	40.35	350m:	4:35.53	40.57
	100m:	1:13.43	38.58	200m:	2:33.47	40.36	300m:	3:54.96	41.14	400m:	5:14.44	38.91
3.	Belová Darina		13	PK Martin		5:15.96	392					
	50m:	34.58	34.58	150m:	1:54.56	39.64	250m:	3:15.07	39.93	350m:	4:35.56	40.75
	100m:	1:14.92	40.34	200m:	2:35.14	40.58	300m:	3:54.81	39.74	400m:	5:15.96	40.40
4.	Kubín áková Dominika		13	MPK Tvrdošín		5:17.18	387					
	50m:	34.30	34.30	150m:	1:53.45	40.01	250m:	3:14.33	40.40	350m:	4:37.49	41.83
	100m:	1:13.44	39.14	200m:	2:33.93	40.48	300m:	3:55.66	41.33	400m:	5:17.18	39.69
5.	Balková Ema		13	MPK Dolný Kubín		6:04.52	255					
	50m:	40.62	40.62	150m:	2:13.72	47.14	250m:	3:49.06	47.39	350m:	5:19.31	43.36
	100m:	1:26.58	45.96	200m:	3:01.67	47.95	300m:	4:35.95	46.89	400m:	6:04.52	45.21
6.	Langšádlová Tamara		13	PO Ružomberok		6:05.02	254					
	50m:	38.96	38.96	150m:	2:09.97	46.30	250m:	3:43.43	47.08	350m:	5:17.70	47.00
	100m:	1:23.67	44.71	200m:	2:56.35	46.38	300m:	4:30.70	47.27	400m:	6:05.02	47.32
7.	Ki ková Kristína		13	PK Nanti		6:28.02	211					
	50m:	41.64	41.64	150m:	2:19.00	49.64	250m:	3:59.39	50.43	350m:	5:41.17	50.54
	100m:	1:29.36	47.72	200m:	3:08.96	49.96	300m:	4:50.63	51.24	400m:	6:28.02	46.85
8.	Hanák Victoria		13	PO Ružomberok		6:30.75	207					
	50m:	41.73	41.73	150m:	2:19.75	49.35	250m:	4:01.59	50.84	350m:	5:44.77	52.15
	100m:	1:30.40	48.67	200m:	3:10.75	51.00	300m:	4:52.62	51.03	400m:	6:30.75	45.98
9.	Polónyiiová Stella		13	PK TENAX Žilina		7:08.61	157					
	50m:	46.59	46.59	150m:	2:28.86	53.61	250m:	4:18.63	55.13	350m:	6:16.12	1:00.63
	100m:	1:35.25	48.66	200m:	3:23.50	54.64	300m:	5:15.49	56.86	400m:	7:08.61	52.49

13 - 14 ro .

1.	Benková Sára		11	Nereus Žilina		5:01.72	450					
	50m:	33.21	33.21	150m:	1:49.84	39.45	250m:	3:06.93	38.71	350m:	4:24.92	39.29
	100m:	1:10.39	37.18	200m:	2:28.22	38.38	300m:	3:45.63	38.70	400m:	5:01.72	36.80
2.	Kvaš ovská Karolína		11	MPK Dolný Kubín		5:11.81	408					
	50m:	34.85	34.85	150m:	1:52.59	39.44	250m:	3:12.36	39.77	350m:	4:33.94	40.78
	100m:	1:13.15	38.30	200m:	2:32.59	40.00	300m:	3:53.16	40.80	400m:	5:11.81	37.87
3.	Jurigová Petronela		12	PK Nanti		5:30.97	341					
	50m:	36.61	36.61	150m:	1:56.88	40.94	250m:	3:20.83	41.94	350m:	4:48.00	43.85
	100m:	1:15.94	39.33	200m:	2:38.89	42.01	300m:	4:04.15	43.32	400m:	5:30.97	42.97
4.	Gyéonová Natalia		12	PK Martin		5:45.00	301					
	50m:	38.51	38.51	150m:	2:05.71	44.20	250m:	3:33.59	43.49	350m:	5:01.69	44.26
	100m:	1:21.51	43.00	200m:	2:50.10	44.39	300m:	4:17.43	43.84	400m:	5:45.00	43.31
5.	Aleksandrova Zlata		11	PK Nanti		5:49.70	289					
	50m:	39.68	39.68	150m:	2:08.03	44.50	250m:	3:38.26	45.31	350m:	5:09.02	44.94
	100m:	1:23.53	43.85	200m:	2:52.95	44.92	300m:	4:24.08	45.82	400m:	5:49.70	40.68
6.	Došeková Sofia		11	PK TENAX Žilina		5:54.89	276					
	50m:	38.49	38.49	150m:	2:09.06	45.74	250m:	3:41.46	46.00	350m:	5:13.00	45.64
	100m:	1:23.32	44.83	200m:	2:55.46	46.40	300m:	4:27.36	45.90	400m:	5:54.89	41.89
7.	Sedlá ková Laura		12	PK Nanti		6:15.44	233					
	50m:	41.02	41.02	150m:	2:13.87	47.02	250m:	3:51.75	49.09	350m:	5:30.44	49.56
	100m:	1:26.85	45.83	200m:	3:02.66	48.79	300m:	4:40.88	49.13	400m:	6:15.44	45.00
8.	Šlachtová Lea		12	PK Nanti		6:48.40	181					
	50m:	43.35	43.35	150m:	2:22.64	50.49	250m:	4:07.68	52.15	350m:	5:56.74	54.84
	100m:	1:32.15	48.80	200m:	3:15.53	52.89	300m:	5:01.90	54.22	400m:	6:48.40	51.66

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disciplína 9, žia ky, 400m vo ný spôsob, 13 - 14 ro .

por.				Ro .					as	body		
9.	Plavá Kristína			12	PK TENAX Žilina				7:06.51	159		
	50m:	45.84	45.84	150m:	2:35.27	54.73	250m:	4:24.95	54.59	350m:	6:16.34	55.51
	100m:	1:40.54	54.70	200m:	3:30.36	55.09	300m:	5:20.83	55.88	400m:	7:06.51	50.17
10.	Janeková Lucia			12	PK TENAX Žilina				7:26.90	138		
	50m:	50.46	50.46	150m:	2:45.44	58.09	250m:	4:40.01	56.04	350m:	6:32.43	56.49
	100m:	1:47.35	56.89	200m:	3:43.97	58.53	300m:	5:35.94	55.93	400m:	7:26.90	54.47