

ZMC-deel6-Kampen
Kampen, 20-9-2025

Programmanr. 1 200m vrije slag 2005 en ouder
20-9-2025 - 14:00 Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
Masters 20+, Dames								
1. Femke Backx	Orca Leeuwarden	2:13.63	200106430	2:13.50	30.68	33.49		
2. Jolien Wind	ZPC de Kanaalstreek	2:16.64	200100510	2:23.63	32.76	36.66		
3. Romée Beverdam	WS Twente	2:25.55	200100158	2:28.02	34.30	38.02		
4. Nynke Jansen	Batavia Swim	2:27.26	200404914	2:29.16	34.54	38.01		
5. Amber Westerink	De Hokseberg	2:46.69	200401078	2:42.80	34.74	40.66		
6. Ruth Hofstede	Deltasteur	2:57.12	200505220	2:50.48	38.16	42.73		
Masters 20+, Heren								
1. Declan Drost	De Hokseberg	2:23.76	200100203	2:23.40	32.77	36.09		
2. Carsten Bruinink	Noord-Veluwe	2:29.28	200303861	2:31.43	34.34	38.74		
Masters 25+, Heren								
1. Lars Jacobsen	Dwk	2:12.84	199705453 S14	2:16.12	563	30.70	34.20	
Masters 25+, Dames								
1. Tamara Grove	De Dolfijn	2:02.44	199601266	2:09.00	29.91	32.95		
Masters 30+, Dames								
1. A. Meulenbeld	Orca Leeuwarden	2:17.47	199506230	2:24.74	32.42	36.24		
2. Hilma Buiten	MZ&PC De Reest	2:44.82	199407522	2:48.39	37.43	41.07		
3. Liz van Dongen	MZ&PC De Reest	2:55.91	199504432	3:00.73	40.44	45.62		
Masters 30+, Heren								
1. Sander Riezebos	WS Twente	2:18.91	199400467	2:16.68	31.20	35.45		
Masters 35+, Heren								
1. Tim Bunnik	Triton	2:08.28	199000505	2:11.70	30.24	33.40		
2. Robert Braad	Steenwijk 1934	2:13.01	198600407	2:12.15	30.01	34.10		
3. Wessel Everloo	WS Twente	2:20.92	198906597 S14	2:18.56	534	31.80	36.13	
4. Dennis Wijbenga	Aqua 68	2:23.00	199003283	2:21.51	32.94	36.45		
5. Bob Tjaarda	Zuiderzeezwemmers	2:23.05	198903159	2:24.68	33.10	36.79		
6. Thijs de Roo	SWOL 1894	2:50.00	198705447	2:44.98	37.02	41.08		
Masters 35+, Dames								
1. Relinda Baas	TriVia	2:29.29	198900144	2:26.00	33.46	36.90		
2. Renske Gazendam	Zuiderzeezwemmers	2:45.87	199001102	2:36.61	35.59	40.04		
3. Nienke van Stipriaan	Zwemvereniging Hoogl:	2:45.00	198703970	2:38.69	35.77	40.31		
4. Liesbeth van Mill	Zwemlust Den Hommel	2:35.29	198702786	2:44.29	36.68	41.89		
5. Janneke Wynia	WS Twente	2:50.02	199005500	3:01.11	40.40	44.49		
Masters 40+, Dames								
1. Sandra Zwaanswijk	Daw	2:45.00	198503934	2:46.92	36.14	40.97		
2. Annemieke Visch	Zuiderzeezwemmers	3:48.00	198302762 S14	4:09.11	121	54.22	1:01.86	
Masters 40+, Heren								
1. Rene Koedoeder	Enkhuizer Zwem Veren	2:16.62	198200919	2:17.85	31.29	35.52		
2. Harm Jan Otter	Het Ravijn	2:24.34	198101283	2:24.08	32.05	36.67		
3. René van Dijk	ZPC Isis	2:24.02	198400489	2:25.38	33.54	37.05		
4. Cetin Cetiner	AZ&PC De Futen	2:40.00	198303155	2:29.17	34.26	37.45		
5. Sebastiaan de Vos	De Duinkickers	3:55.33	198402481 S7	3:50.85	190	51.50	59.42	

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Programmanr. 1, 200m vrije slag

Masters 45+, Heren

1. Ruud Holswilder	Zpch	2:08.58	197800435	2:10.25	29.91	32.92
2. Arjen Nieveen	Dz&Pc	2:32.65	198002545	2:20.75	32.17	35.52
3. Antoine Karel	Noord-Veluwe	2:32.27	197801973	2:31.22	34.87	37.69
4. Tom Bandsma	Psv 1	2:31.91	197701625	2:31.24	35.72	39.15
5. Richard Kremer	Azuro	2:36.02	198001871	2:42.06	35.55	40.48
6. Marco Broenink	Batavia Swim	3:16.68	197801987	3:12.78	42.09	47.42

Masters 45+, Dames

1. Alina Spijkerman	Daw	2:30.31	197701220	2:33.39	50.32	23.73
2. A. Glazema-Boelema	TriVia	2:47.40	197701166	2:39.54	36.77	40.30
3. Jannie Vennik	HZ&PC Heerenveen	2:41.41	197601006	2:40.66	36.97	34.13
4. Margriet Leeffers	Deltasteur	2:55.69	197800448	2:53.52	38.40	43.45
5. Jessica van Velzen	SWOL 1894	3:30.36	197601122	3:43.51		
6. Inge Geel	Batavia Swim	4:05.87	197701208	3:53.76	50.52	59.15

Masters 50+, Heren

1. Heiner Stevens	Zignea	2:32.96	197201299	2:30.20	33.80	37.66
2. Arjan Aalbers	SWOL 1894	2:31.36	197500001	2:31.47	33.59	37.62
3. Korstiaan de Boer	Steenwijk 1934	2:40.89	197101629	2:38.32	34.77	39.23
4. Michiel Ijskes	SWOL 1894	2:46.00	197301505	2:44.62	36.83	42.33

Masters 55+, Heren

1. Gerko Versluis	Zuiderzeewemmers	2:23.05	196901439	2:22.75	33.78	36.61
2. Huyb Stegeman	Steenwijk 1934	2:45.00	196701535	2:38.20	36.01	40.64
3. Jeroen Wilmer	Enkhuizer Zwem Veren	2:48.63	196601711	2:39.56	37.83	40.73

Masters 55+, Dames

1. Peggi Hurenkamp	HZ&PC Heerenveen	2:56.63	196900922	2:51.24	38.74	43.03
2. A. Neuteboom Spijker	Aquapoldro	3:19.41	196800890	3:20.09	44.47	49.20

Masters 60+, Dames

1. A. Vuist-Blum	SWOL 1894	3:23.23	196300282	3:05.79	43.74	47.10
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Masters 60+, Heren

1. Henri Michels	De Amstel	2:19.13	196501587	2:28.00	33.67	36.92
2. E. Neuteboom Spijker	Aquapoldro	2:42.83	196500657	2:42.96	38.23	40.52
3. Eric Langhorst	Rzc	3:30.00	196201299	3:02.13	40.52	46.49

Masters 65+, Heren

1. Paul Bunnik	Triton	2:54.58	195600413	2:39.08	35.93	40.13
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Masters 65+, Dames

1. M. Kraak-Beckers	SWOL 1894	2:58.67	196000240	2:58.99	41.33	45.37
2. Hannie Poletiek	TriVia	3:13.00	195900278	3:14.42	44.41	48.09
3. W. Schoenmaker-ter VeDwk		3:53.76	195900254	3:54.42	51.11	58.89

Masters 70+, Dames

1. Margriet Pasma	TriVia	2:56.82	195500088	2:59.01	41.72	45.32
2. C. Nieuwenhuis	SWOL 1894	3:05.00	195100022	3:03.40	41.54	47.60

Masters 80+, Dames

1. L. van Huissteden	Zpc Amersfoort	4:39.12	194500002	4:34.34		
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