

Epreuve 11
02.11.2025 - 9:45

400m Libre

2006 et plus agés
Liste résultats

Points: AQUA Master 2025

Rang	Beh.Kat.	Jg.			Zeit	IPC	Masters	FINA
Pre-Masters -- 19 - 24 Jahre, Dames								
1.	Mia Boldt	04	Skbe		4:55.97	653	629	629
<i>Masters-Schweizermeisterin 2025 über 400 m Freistil Altersklasse 19 - 24 Jahre</i>								
	50m: 32.77	32.77	150m: 1:45.32	36.43	250m: 3:00.83	38.20	350m: 4:18.09	38.70
	100m: 1:08.89	36.12	200m: 2:22.63	37.31	300m: 3:39.39	38.56	400m: 4:55.97	37.88
2.	Elena Streun	02	Skbe		5:01.14	619	598	598
	50m: 33.97	33.97	150m: 1:49.10	37.99	250m: 3:05.90	38.58	350m: 4:23.31	38.64
	100m: 1:11.11	37.14	200m: 2:27.32	38.22	300m: 3:44.67	38.77	400m: 5:01.14	37.83
3.	Fiona Rüttimann	01	Skz		5:10.45	565	545	545
	50m: 32.91	32.91	150m: 1:47.75	38.08	250m: 3:07.67	40.57	350m: 4:30.25	41.33
	100m: 1:09.67	36.76	200m: 2:27.10	39.35	300m: 3:48.92	41.25	400m: 5:10.45	40.20
4.	Noelia Breu	05	Schwimmclub Flipper Gossau		5:15.96	536	517	517
	50m: 34.26	34.26	150m: 1:51.61	39.42	250m: 3:12.44	40.70	350m: 4:35.51	41.67
	100m: 1:12.19	37.93	200m: 2:31.74	40.13	300m: 3:53.84	41.40	400m: 5:15.96	40.45
5.	Adriana Azzarone	04	Flos		5:19.91	517	498	498
	50m: 35.42	35.42	150m: 1:55.18	40.53	250m: 3:16.36	40.27	350m: 4:39.36	41.62
	100m: 1:14.65	39.23	200m: 2:36.09	40.91	300m: 3:57.74	41.38	400m: 5:19.91	40.55
6.	Caroline Mauroux	03	Fribourg Natation 1925		5:24.95	493	475	475
	50m: 37.02	37.02	150m: 1:58.37	41.47	250m: 3:23.20	42.22	350m: 4:46.98	41.55
	100m: 1:16.90	39.88	200m: 2:40.98	42.61	300m: 4:05.43	42.23	400m: 5:24.95	37.97
7.	Angelica Wheeler	06	SV Baar		5:29.55	473	456	456
	50m: 35.62	35.62	150m: 1:56.66	41.68	250m: 3:21.63	42.52	350m: 4:48.27	43.19
	100m: 1:14.98	39.36	200m: 2:39.11	42.45	300m: 4:05.08	43.45	400m: 5:29.55	41.28

Masters -- 25 - 29 Jahre, Dames

1.	Bigna Schall	99	Fribourg Natation 1925		5:11.60	635	539	539
<i>Masters-Schweizermeisterin 2025 über 400 m Freistil Altersklasse 25 - 29 Jahre</i>								
	50m: 35.41	35.41	150m: 1:53.09	39.25	250m: 3:12.66	39.95	350m: 4:33.13	40.37
	100m: 1:13.84	38.43	200m: 2:32.71	39.62	300m: 3:52.76	40.10	400m: 5:11.60	38.47
2.	Paula Desire Valdor	99	Natation Sportive Genève		5:17.38	601	510	510
	50m: 34.25	34.25	150m: 1:52.44	39.87	250m: 3:14.40	41.27	350m: 4:37.64	41.68
	100m: 1:12.57	38.32	200m: 2:33.13	40.69	300m: 3:55.96	41.56	400m: 5:17.38	39.74
3.	Nadine Steinmann	99	Schwimmclub Burgdorf		5:18.67	593	504	504
	50m: 34.84	34.84	150m: 1:53.92	40.18	250m: 3:14.93	40.99	350m: 4:38.04	41.97
	100m: 1:13.74	38.90	200m: 2:33.94	40.02	300m: 3:56.07	41.14	400m: 5:18.67	40.63

Masters -- 30 - 34 Jahre, Dames

1.	Joanna Dembska	95	La		5:09.59	659	555	555
<i>Masters-Schweizermeisterin 2025 über 400 m Freistil Altersklasse 30 - 34 Jahre</i>								
	50m: 34.86	34.86	150m: 1:52.64	39.44	250m: 3:11.08	39.05	350m: 4:32.14	40.55
	100m: 1:13.20	38.34	200m: 2:32.03	39.39	300m: 3:51.59	40.51	400m: 5:09.59	37.45
2.	Christina Albert	91	LIMM		5:11.46	647	545	545
	50m: 34.06	34.06	150m: 1:51.69	39.18	250m: 3:11.86	40.17	350m: 4:32.56	40.49
	100m: 1:12.51	38.45	200m: 2:31.69	40.00	300m: 3:52.07	40.21	400m: 5:11.46	38.90
3.	Caroline Giacomini	92	SC Winterthur		5:24.41	573	483	483
	50m: 35.33	35.33	150m: 1:55.18	41.19	250m: 3:19.39	42.38	350m: 4:44.29	42.56
	100m: 1:13.99	38.66	200m: 2:37.01	41.83	300m: 4:01.73	42.34	400m: 5:24.41	40.12
4.	Anja Bornhauser	91	Schwimmclub Allschwil		5:24.60	572	482	482
	50m: 35.16	35.16	150m: 1:54.22	40.46	250m: 3:16.72	41.40	350m: 4:41.67	42.85
	100m: 1:13.76	38.60	200m: 2:35.32	41.10	300m: 3:58.82	42.10	400m: 5:24.60	42.93
5.	Valérie Bodevin	93	Genève Natation 1885		5:26.04	564	475	475
	50m: 35.85	35.85	150m: 1:56.61	40.87	250m: 3:20.45	42.41	350m: 4:45.25	42.15
	100m: 1:15.74	39.89	200m: 2:38.04	41.43	300m: 4:03.10	42.65	400m: 5:26.04	40.79
6.	Rosalba Maruca	91	Rn		6:09.52	387	326	326
	50m: 39.37	39.37	150m: 2:12.50	47.52	250m: 3:48.19	47.78	350m: 5:23.73	47.64
	100m: 1:24.98	45.61	200m: 3:00.41	47.91	300m: 4:36.09	47.90	400m: 6:09.52	45.79

Epreuve 11, 400m Libre

Masters -- 30 - 34 Jahre, Messieurs

1. Manuel Gutjahr	94	Biel	5:37.98	359	309	309					
<i>Masters-Schweizermeister 2025 über 400 m Freistil Altersklasse 30 - 34 Jahre</i>											
50m:	35.84	35.84	150m:	2:00.02	42.84	250m:	3:28.08	44.18	350m:	4:55.91	43.97
100m:	1:17.18	41.34	200m:	2:43.90	43.88	300m:	4:11.94	43.86	400m:	5:37.98	42.07
2. Axel Schneider	93	Flos	6:10.98	271	233	233					
<i>Masters-Schweizermeister 2025 über 400 m Freistil Altersklasse 30 - 34 Jahre</i>											
50m:	38.67	38.67	150m:	2:05.87	45.18	250m:	3:42.49	48.75	350m:	5:22.50	50.18
100m:	1:20.69	42.02	200m:	2:53.74	47.87	300m:	4:32.32	49.83	400m:	6:10.98	48.48

Masters -- 35 - 39 Jahre, Dames

1. Sara Gaffuri	90	Num	5:30.18	565	488	488					
<i>Masters-Schweizermeisterin 2025 über 400 m Freistil Altersklasse 35 - 39 Jahre</i>											
50m:	36.44	36.44	150m:	1:59.45	42.40	250m:	3:25.20	42.80	350m:	4:49.86	41.90
100m:	1:17.05	40.61	200m:	2:42.40	42.95	300m:	4:07.96	42.76	400m:	5:30.18	40.32
2. Stéphanie Fracheboud	86	Fribourg Natation 1925	6:24.72	357	308	308					
<i>Masters-Schweizermeisterin 2025 über 400 m Freistil Altersklasse 35 - 39 Jahre</i>											
50m:	41.46	41.46	150m:	2:15.61	48.30	250m:	3:55.12	49.82	350m:	5:36.05	50.37
100m:	1:27.31	45.85	200m:	3:05.30	49.69	300m:	4:45.68	50.56	400m:	6:24.72	48.67

Masters -- 35 - 39 Jahre, Messieurs

1. Giacomo Madrassi	90	La	4:34.11	691	652	652					
<i>Masters-Schweizermeister 2025 über 400 m Freistil Altersklasse 35 - 39 Jahre</i>											
50m:	31.34	31.34	150m:	1:40.39	34.71	250m:	2:50.50	34.88	350m:	4:00.28	35.07
100m:	1:05.68	34.34	200m:	2:15.62	35.23	300m:	3:25.21	34.71	400m:	4:34.11	33.83

Masters -- 40 - 44 Jahre, Messieurs

1. Stefano Marano	83	LIMM	4:32.08	692	692	692					
<i>Masters-Schweizermeister 2025 über 400 m Freistil Altersklasse 40 - 44 Jahre</i>											
50m:	31.48	31.48	150m:	1:40.55	34.77	250m:	2:50.07	34.15	350m:	3:58.39	34.10
100m:	1:05.78	34.30	200m:	2:15.92	35.37	300m:	3:24.29	34.22	400m:	4:32.08	33.69
2. Aurélien Blain	82	SC Winterthur	5:11.80	459	459	459					
<i>Masters-Schweizermeister 2025 über 400 m Freistil Altersklasse 40 - 44 Jahre</i>											
50m:	35.69	35.69	150m:	1:55.16	40.38	250m:	3:16.05	40.17	350m:	4:35.23	39.02
100m:	1:14.78	39.09	200m:	2:35.88	40.72	300m:	3:56.21	40.16	400m:	5:11.80	36.57
3. Antonio Di Marzo	81	Skz	5:43.92	342	342	342					
<i>Masters-Schweizermeister 2025 über 400 m Freistil Altersklasse 40 - 44 Jahre</i>											

Masters -- 45 - 49 Jahre, Dames

1. Verena Neidow	79	SG Liechtenstein	5:37.06	597	485	485					
<i>Masters-Schweizermeisterin 2025 über 400 m Freistil Altersklasse 45 - 49 Jahre</i>											
50m:	36.60	36.60	150m:	1:59.70	42.71	250m:	3:26.55	43.51	350m:	4:53.95	43.82
100m:	1:16.99	40.39	200m:	2:43.04	43.34	300m:	4:10.13	43.58	400m:	5:37.06	43.11

Masters -- 45 - 49 Jahre, Messieurs

1. Vincent Gremeaux	76	La	4:42.97	656	634	634					
<i>Masters-Schweizermeister 2025 über 400 m Freistil Altersklasse 45 - 49 Jahre</i>											
50m:	32.55	32.55	150m:	1:43.33	35.68	250m:	2:55.52	35.98	350m:	4:07.69	36.05
100m:	1:07.65	35.10	200m:	2:19.54	36.21	300m:	3:31.64	36.12	400m:	4:42.97	35.28
2. Julien Baillod	80	Rfn	4:44.19	647	625	625					
<i>Masters-Schweizermeister 2025 über 400 m Freistil Altersklasse 45 - 49 Jahre</i>											
50m:	33.18	33.18	150m:	1:45.36	36.19	250m:	2:57.60	36.12	350m:	4:09.58	35.89
100m:	1:09.17	35.99	200m:	2:21.48	36.12	300m:	3:33.69	36.09	400m:	4:44.19	34.61

Masters -- 50 - 54 Jahre, Messieurs

1. Gerd Gerdes	73	Schwimmverein St.Gallen-Witten	5:02.91	635	525	525					
<i>Masters-Schweizermeister 2025 über 400 m Freistil Altersklasse 50 - 54 Jahre</i>											
50m:	33.83	33.83	150m:	1:48.23	37.57	250m:	3:05.75	39.02	350m:	4:24.69	39.38
100m:	1:10.66	36.83	200m:	2:26.73	38.50	300m:	3:45.31	39.56	400m:	5:02.91	38.22
2. Frederic Menu	73	CN Plan-les-Ouates	5:04.51	625	517	517					
<i>Masters-Schweizermeister 2025 über 400 m Freistil Altersklasse 50 - 54 Jahre</i>											
50m:	35.50	35.50	150m:	1:53.09	39.43	250m:	3:12.01	39.37	350m:	4:28.03	37.41
100m:	1:13.66	38.16	200m:	2:32.64	39.55	300m:	3:50.62	38.61	400m:	5:04.51	36.48

Epreuve 11, Messieurs, 400m Libre, Masters -- 50 - 54 Jahre

Rang	Beh.Kat.	Jg.							Zeit	IPC	Masters	FINA
3.		73	Schwimmclub Allschwil						5:13.68	572	473	473
	50m:	35.59	35.59	150m:	1:54.71	40.19	250m:	3:15.13	39.88	350m:	4:35.30	40.03
	100m:	1:14.52	38.93	200m:	2:35.25	40.54	300m:	3:55.27	40.14	400m:	5:13.68	38.38

Masters -- 55 - 59 Jahre, Dames

1.	Susanne Tanno	70	SRV Linth						5:18.13	768	662	662
	<i>Masters-Schweizermeisterin 2025 über 400 m Freistil Altersklasse 55 - 59 Jahre</i>											
	50m:	36.31	36.31	150m:	1:54.60	39.40	250m:	3:14.69	40.16	350m:	4:37.06	41.53
	100m:	1:15.20	38.89	200m:	2:34.53	39.93	300m:	3:55.53	40.84	400m:	5:18.13	41.07
2.	Christina Ballmer	66	SC Winterthur						5:26.36	712	613	613
	50m:	37.63	37.63	150m:	2:00.78	41.76	250m:	3:23.71	41.15	350m:	4:46.80	41.39
	100m:	1:19.02	41.39	200m:	2:42.56	41.78	300m:	4:05.41	41.70	400m:	5:26.36	39.56
3.	Fiona Krüsi	70	SC Winterthur						5:57.06	543	468	468
	50m:	39.60	39.60	150m:	2:08.63	45.25	250m:	3:39.91	45.74	350m:	5:12.37	46.33
	100m:	1:23.38	43.78	200m:	2:54.17	45.54	300m:	4:26.04	46.13	400m:	5:57.06	44.69
4.	Marion Pырlik	67	La						6:18.87	455	392	392
	50m:	42.21	42.21	150m:	2:18.22	48.62	250m:	3:55.35	48.92	350m:	5:31.42	47.85
	100m:	1:29.60	47.39	200m:	3:06.43	48.21	300m:	4:43.57	48.22	400m:	6:18.87	47.45

Masters -- 55 - 59 Jahre, Messieurs

1.	Sandy Warth	70	La						5:25.66	568	485	485
	<i>Masters-Schweizermeister 2025 über 400 m Freistil Altersklasse 55 - 59 Jahre</i>											
	50m:	35.35	35.35	150m:	1:56.01	41.05	250m:	3:20.42	42.55	350m:	4:44.74	42.26
	100m:	1:14.96	39.61	200m:	2:37.87	41.86	300m:	4:02.48	42.06	400m:	5:25.66	40.92
2.	Stephan Blum	70	Brem						5:30.90	541	463	463
	50m:	36.52	36.52	150m:	1:59.96	42.51	250m:	3:24.38	41.99	350m:	4:50.02	42.68
	100m:	1:17.45	40.93	200m:	2:42.39	42.43	300m:	4:07.34	42.96	400m:	5:30.90	40.88
3.	Jan Schmalhorst	70	SAS Swiss Alumni Swimming						6:04.20	406	347	347
	50m:	38.03	38.03	150m:	2:05.89	45.22	250m:	3:39.25	46.85	350m:	5:16.12	49.45
	100m:	1:20.67	42.64	200m:	2:52.40	46.51	300m:	4:26.67	47.42	400m:	6:04.20	48.08
4.	Grégoire Leconte	69	CN Plan-les-Ouates						7:08.51	249	213	213
	50m:	41.04	41.04	150m:	2:16.53	49.77	250m:	4:04.32	55.89	350m:	5:59.23	57.11
	100m:	1:26.76	45.72	200m:	3:08.43	51.90	300m:	5:02.12	57.80	400m:	7:08.51	1:09.28

Masters -- 60 - 64 Jahre, Messieurs

1.	Fredy Portmann	65	SAS Swiss Alumni Swimming						5:40.95	623	483	483
	<i>Masters-Schweizermeister 2025 über 400 m Freistil Altersklasse 60 - 64 Jahre</i>											
	50m:	38.23	38.23	150m:	2:03.52	43.09	250m:	3:30.30	43.52	350m:	4:58.20	44.06
	100m:	1:20.43	42.20	200m:	2:46.78	43.26	300m:	4:14.14	43.84	400m:	5:40.95	42.75

Masters -- 65 - 69 Jahre, Messieurs

1.	Luc-Yves Thierrin	60	Fribourg Natation 1925						5:54.28	638	432	432
	<i>Masters-Schweizermeister 2025 über 400 m Freistil Altersklasse 65 - 69 Jahre</i>											
	50m:	40.45	40.45	150m:	2:08.28	44.47	250m:	3:37.95	44.12	350m:	5:09.79	46.14
	100m:	1:23.81	43.36	200m:	2:53.83	45.55	300m:	4:23.65	45.70	400m:	5:54.28	44.49

Masters -- 70 - 74 Jahre, Dames

1.	Françoise Constantin	55	La						7:44.31	547	322	322
	<i>Masters-Schweizermeisterin 2025 über 400 m Freistil Altersklasse 70 - 74 Jahre</i>											
	50m:	55.64	55.64	150m:	2:53.29	59.05	250m:	4:49.98	58.23	350m:	6:47.64	58.23
	100m:	1:54.24	58.60	200m:	3:51.75	58.46	300m:	5:49.41	59.43	400m:	7:44.31	56.67

Masters -- 70 - 74 Jahre, Messieurs

forf.déc.	Alexandre Barrena	53	CN Plan-les-Ouates									
-----------	-------------------	----	--------------------	--	--	--	--	--	--	--	--	--