

BC Masters 25m 2025
Kortrijk, 22 - 23/11/2025

Event 5

400m Freestyle

20 - 94 years

22/11/2025 - 14:00

Results

Points: AQUA Master 2025

Rank			YB					Time	Pts
25 - 29 years, Men									
1.	Benois Felix		98	BEL	CNBA			5:19.54	372
	50m:	33.29	33.29	150m:	1:48.81	38.82	250m:	3:10.95	41.55
	100m:	1:09.99	36.70	200m:	2:29.40	40.59	300m:	3:53.09	42.14
							350m:	4:36.77	43.68
							400m:	5:19.54	42.77
2.	De Roose Glenn		00	BEL	OZEKA			5:26.56	348
	50m:	35.41	35.41	150m:	1:55.93	41.28	250m:	3:19.44	41.57
	100m:	1:14.65	39.24	200m:	2:37.87	41.94	300m:	4:02.09	42.65
							350m:	4:45.22	43.13
							400m:	5:26.56	41.34
3.	Vinck Bernard		98	BEL	Stzc			6:05.17	249
	50m:	38.01	38.01	150m:	2:05.88	45.11	250m:	3:41.10	47.68
	100m:	1:20.77	42.76	200m:	2:53.42	47.54	300m:	4:29.28	48.18
							350m:	5:18.96	49.68
							400m:	6:05.17	46.21
25 - 29 years, Women									
1.	Polleunis Daphne		96	BEL	Stzc			4:52.60	651
	50m:	32.91	32.91	150m:	1:46.37	36.91	250m:	3:01.36	37.48
	100m:	1:09.46	36.55	200m:	2:23.88	37.51	300m:	3:38.92	37.56
							350m:	4:16.24	37.32
							400m:	4:52.60	36.36
2.	Vermaut Celine		99	BEL	Kzk			4:57.93	617
	50m:	33.08	33.08	150m:	1:47.52	37.74	250m:	3:03.68	37.78
	100m:	1:09.78	36.70	200m:	2:25.90	38.38	300m:	3:42.05	38.37
							350m:	4:20.72	38.67
							400m:	4:57.93	37.21
3.	Goemans Manon		96	FRA	EC			5:14.63	524
	50m:	34.05	34.05	150m:	1:52.10	39.86	250m:	3:13.85	41.08
	100m:	1:12.24	38.19	200m:	2:32.77	40.67	300m:	3:54.53	40.68
							350m:	4:35.26	40.73
							400m:	5:14.63	39.37
4.	Vancauwenbergh Charis		98	BEL	KAZS			5:26.12	470
	50m:	35.77	35.77	150m:	1:56.42	41.14	250m:	3:19.97	41.79
	100m:	1:15.28	39.51	200m:	2:38.18	41.76	300m:	4:02.93	42.96
							350m:	4:45.08	42.15
							400m:	5:26.12	41.04
5.	Piret Clemence		99	BEL	W			5:28.09	462
	50m:	36.63	36.63	150m:	1:59.70	41.81	250m:	3:23.89	41.94
	100m:	1:17.89	41.26	200m:	2:41.95	42.25	300m:	4:06.28	42.39
							350m:	4:48.56	42.28
							400m:	5:28.09	39.53
6.	Colson Lotte		00	BEL	CNBA			5:56.79	359
	50m:	38.81	38.81	150m:	2:07.11	44.71	250m:	3:38.75	46.07
	100m:	1:22.40	43.59	200m:	2:52.68	45.57	300m:	4:25.45	46.70
							350m:	5:11.83	46.38
							400m:	5:56.79	44.96
30 - 34 years, Men									
1.	Longdoz Enki		95	BEL	Mosan			4:44.11	520
	50m:	31.98	31.98	150m:	1:44.34	36.29	250m:	2:57.02	35.88
	100m:	1:08.05	36.07	200m:	2:21.14	36.80	300m:	3:33.15	36.13
							350m:	4:09.24	36.09
							400m:	4:44.11	34.87
2.	Clijmans Gert		94	BEL	KST			5:14.27	384
	50m:	32.12	32.12	150m:	1:46.05	37.95	250m:	3:07.01	41.34
	100m:	1:08.10	35.98	200m:	2:25.67	39.62	300m:	3:48.69	41.68
							350m:	4:31.49	42.80
							400m:	5:14.27	42.78
3.	Caprasse Thomas		92	BEL	FNCS			6:01.16	253
	50m:	39.71	39.71	150m:	2:07.52	45.12	250m:	3:42.47	48.00
	100m:	1:22.40	42.69	200m:	2:54.47	46.95	300m:	4:30.72	48.25
							350m:	5:17.97	47.25
							400m:	6:01.16	43.19
30 - 34 years, Women									
1.	Dejonckheere Melina		91	BEL	CNSW			5:51.55	379
	50m:	40.87	40.87	150m:	2:08.67	44.31	250m:	3:38.08	44.95
	100m:	1:24.36	43.49	200m:	2:53.13	44.46	300m:	4:22.99	44.91
							350m:	5:08.33	45.34
							400m:	5:51.55	43.22
2.	Vanslembrouck Bieke		92	BEL	DZV			6:16.56	308
	50m:	40.60	40.60	150m:	2:11.18	45.98	250m:	3:47.87	49.13
	100m:	1:25.20	44.60	200m:	2:58.74	47.56	300m:	4:37.49	49.62
							350m:	5:28.18	50.69
							400m:	6:16.56	48.38

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Event 5, 400m Freestyle

35 - 39 years, Men

1.	Peeters Tim		87	BEL	Rscm				4:20.73	758		
	50m:	28.47	28.47	150m:	1:33.05	32.65	250m:	2:39.88	33.45	350m:	3:47.54	33.77
	100m:	1:00.40	31.93	200m:	2:06.43	33.38	300m:	3:13.77	33.89	400m:	4:20.73	33.19
2.	Windels Tom		88	BEL	Uz kz				4:52.18	538		
	50m:	30.72	30.72	150m:	1:42.79	36.94	250m:	2:59.19	38.15	350m:	4:14.99	37.73
	100m:	1:05.85	35.13	200m:	2:21.04	38.25	300m:	3:37.26	38.07	400m:	4:52.18	37.19
3.	Vaernewyck Jonathan		86	BEL	DZV				4:56.18	517		
	50m:	32.72	32.72	150m:	1:47.22	37.99	250m:	3:03.09	37.95	350m:	4:19.34	38.06
	100m:	1:09.23	36.51	200m:	2:25.14	37.92	300m:	3:41.28	38.19	400m:	4:56.18	36.84
4.	Mazure Benoit		87	FRA	EC				5:00.15	497		
	50m:	32.37	32.37	150m:	1:45.63	37.26	250m:	3:02.20	38.67	350m:	4:21.01	39.84
	100m:	1:08.37	36.00	200m:	2:23.53	37.90	300m:	3:41.17	38.97	400m:	5:00.15	39.14
5.	Van Kerckhoven Niels		89	BEL	KAZS				5:18.11	417		
	50m:	35.25	35.25	150m:	1:52.81	39.86	250m:	3:14.39	40.59	350m:	4:37.68	41.59
	100m:	1:12.95	37.70	200m:	2:33.80	40.99	300m:	3:56.09	41.70	400m:	5:18.11	40.43
6.	D'Hondt Xavier		90	BEL	CNBA				5:18.65	415		
	50m:	35.21	35.21	150m:	1:54.77	40.40	250m:	3:17.28	41.48	350m:	4:39.41	41.02
	100m:	1:14.37	39.16	200m:	2:35.80	41.03	300m:	3:58.39	41.11	400m:	5:18.65	39.24
7.	Schaballie Thijs		88	BEL	OZEKA				5:21.33	405		
	50m:	34.10	34.10	150m:	1:55.06	41.19	250m:	3:19.60	42.38	350m:	4:42.08	40.71
	100m:	1:13.87	39.77	200m:	2:37.22	42.16	300m:	4:01.37	41.77	400m:	5:21.33	39.25

35 - 39 years, Women

1.	Cavadini Caroline		90	BEL	CNBA				4:34.82	846		
	50m:	30.49	30.49	150m:	1:38.77	34.73	250m:	2:49.08	35.11	350m:	4:00.59	35.74
	100m:	1:04.04	33.55	200m:	2:13.97	35.20	300m:	3:24.85	35.77	400m:	4:34.82	34.23
2.	Temmerman Annelies		88	BEL	FIRST				5:47.78	417		
	50m:	39.38	39.38	150m:	2:06.54	44.13	250m:	3:36.61	45.19	350m:	5:05.08	44.01
	100m:	1:22.41	43.03	200m:	2:51.42	44.88	300m:	4:21.07	44.46	400m:	5:47.78	42.70
3.	Prevot Ann		87	BEL	Zik				5:49.75	410		
	50m:	38.51	38.51	150m:	2:04.60	43.88	250m:	3:34.99	45.31	350m:	5:07.02	46.21
	100m:	1:20.72	42.21	200m:	2:49.68	45.08	300m:	4:20.81	45.82	400m:	5:49.75	42.73

40 - 44 years, Men

1.	Blondeel Charlie		84	BEL	RZV				4:40.65	630		
	50m:	31.33	31.33	150m:	1:40.75	35.11	250m:	2:53.26	36.26	350m:	4:06.28	36.26
	100m:	1:05.64	34.31	200m:	2:17.00	36.25	300m:	3:30.02	36.76	400m:	4:40.65	34.37
2.	Seuntiens Hans		84	BEL	KST				4:59.85	517		
	50m:	32.02	32.02	150m:	1:46.19	37.77	250m:	3:04.09	39.13	350m:	4:22.72	39.13
	100m:	1:08.42	36.40	200m:	2:24.96	38.77	300m:	3:43.59	39.50	400m:	4:59.85	37.13
3.	Buttenaers Patrice		83	BEL	FNCS				5:01.99	506		
	50m:	32.80	32.80	150m:	1:46.69	37.55	250m:	3:04.57	39.05	350m:	4:23.41	39.67
	100m:	1:09.14	36.34	200m:	2:25.52	38.83	300m:	3:43.74	39.17	400m:	5:01.99	38.58
4.	Van Nooten Stan		81	BEL	LAQUA				5:06.91	482		
	50m:	32.25	32.25	150m:	1:46.90	38.13	250m:	3:04.99	39.35	350m:	4:26.00	40.95
	100m:	1:08.77	36.52	200m:	2:25.64	38.74	300m:	3:45.05	40.06	400m:	5:06.91	40.91

40 - 44 years, Women

1.	Vaernewyck Stephanie		83	BEL	DZV				4:48.06	750		
	50m:	33.66	33.66	150m:	1:46.61	37.01	250m:	2:59.75	36.33	350m:	4:12.46	36.31
	100m:	1:09.60	35.94	200m:	2:23.42	36.81	300m:	3:36.15	36.40	400m:	4:48.06	35.60

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Event 5, Women, 400m Freestyle, 40 - 44 years

Rank			YB						Time	Pts		
2.	Manchel Isaline		85		BEL CNSW				5:52.34	409		
	50m:	40.27	40.27	150m:	2:08.65	44.69	250m:	3:38.14	44.66	350m:	5:08.38	45.25
	100m:	1:23.96	43.69	200m:	2:53.48	44.83	300m:	4:23.13	44.99	400m:	5:52.34	43.96

45 - 49 years, Men

1.	Rutten Ben		76		BEL OZEKA				4:43.35	631		
	50m:	31.90	31.90	150m:	1:41.83	35.61	250m:	2:54.15	36.20	350m:	4:07.45	36.65
	100m:	1:06.22	34.32	200m:	2:17.95	36.12	300m:	3:30.80	36.65	400m:	4:43.35	35.90
2.	Kindt Maarten		80		BEL BGS				5:02.86	517		
	50m:	34.59	34.59	150m:	1:50.50	38.28	250m:	3:07.32	38.35	350m:	4:25.29	39.00
	100m:	1:12.22	37.63	200m:	2:28.97	38.47	300m:	3:46.29	38.97	400m:	5:02.86	37.57
3.	Cape Pascal		78		BEL FNCS				5:51.61	330		
	50m:	38.72	38.72	150m:	2:06.49	44.61	250m:	3:36.78	44.94	350m:	5:07.54	45.36
	100m:	1:21.88	43.16	200m:	2:51.84	45.35	300m:	4:22.18	45.40	400m:	5:51.61	44.07
4.	Somers Sven		78		BEL KST				5:55.75	319		
	50m:	39.01	39.01	150m:	2:07.38	45.14	250m:	3:39.22	45.92	350m:	5:11.18	46.06
	100m:	1:22.24	43.23	200m:	2:53.30	45.92	300m:	4:25.12	45.90	400m:	5:55.75	44.57
5.	Quesnel Laurent		79		BEL CNSW				6:12.26	278		
	50m:	44.72	44.72	150m:	2:17.45	46.52	250m:	3:51.34	47.11	350m:	5:25.88	47.39
	100m:	1:30.93	46.21	200m:	3:04.23	46.78	300m:	4:38.49	47.15	400m:	6:12.26	46.38

45 - 49 years, Women

1.	Blondeel Nathalie		77		BEL CNSW				5:22.13	555		
	50m:	36.26	36.26	150m:	1:57.14	41.09	250m:	3:19.10	41.29	350m:	4:41.67	41.19
	100m:	1:16.05	39.79	200m:	2:37.81	40.67	300m:	4:00.48	41.38	400m:	5:22.13	40.46
2.	Nuyten Marie-Celine		76		FRA CNBA				5:31.22	511		
	50m:	37.22	37.22	150m:	2:01.18	42.33	250m:	3:25.94	42.45	350m:	4:51.50	42.62
	100m:	1:18.85	41.63	200m:	2:43.49	42.31	300m:	4:08.88	42.94	400m:	5:31.22	39.72
3.	Christiaens Elke		78		BEL GBZ				5:50.74	430		
	50m:	38.95	38.95	150m:	2:08.21	45.27	250m:	3:39.06	45.61	350m:	5:08.17	44.37
	100m:	1:22.94	43.99	200m:	2:53.45	45.24	300m:	4:23.80	44.74	400m:	5:50.74	42.57

50 - 54 years, Men

1.	Delbrouck Manuel		72		BEL Helios				4:58.76	547		
	50m:	33.95	33.95	150m:	1:48.22	37.72	250m:	3:04.75	38.15	350m:	4:21.56	38.50
	100m:	1:10.50	36.55	200m:	2:26.60	38.38	300m:	3:43.06	38.31	400m:	4:58.76	37.20
2.	Bogaerts Michel		75		BEL SCZ				5:04.39	518		
	50m:	33.53	33.53	150m:	1:49.01	38.63	250m:	3:07.35	39.22	350m:	4:26.79	39.59
	100m:	1:10.38	36.85	200m:	2:28.13	39.12	300m:	3:47.20	39.85	400m:	5:04.39	37.60
3.	Vanderborgh Yannick		75		BEL LAQUA				5:15.30	466		
	50m:	35.76	35.76	150m:	1:55.22	40.33	250m:	3:16.93	41.05	350m:	4:37.55	40.08
	100m:	1:14.89	39.13	200m:	2:35.88	40.66	300m:	3:57.47	40.54	400m:	5:15.30	37.75
4.	De Schepper Christoffe		75		BEL RZV				5:34.03	392		
	50m:	38.09	38.09	150m:	1:57.88	40.71	250m:	3:23.26	43.11	350m:	4:51.20	44.19
	100m:	1:17.17	39.08	200m:	2:40.15	42.27	300m:	4:07.01	43.75	400m:	5:34.03	42.83

50 - 54 years, Women

1.	Van Lindt Kathy		71		BEL CNSW				6:58.52	280		
	50m:	46.55	46.55	150m:	2:33.44	54.33	250m:	4:23.33	55.35	350m:	6:08.34	51.56
	100m:	1:39.11	52.56	200m:	3:27.98	54.54	300m:	5:16.78	53.45	400m:	6:58.52	50.18

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Event 5, 400m Freestyle

55 - 59 years, Men

1.	Smans Philip		70	BEL	SHARK				4:54.55	656		
	50m:	32.10	32.10	150m:	1:44.57	36.72	250m:	2:59.63	37.90	350m:	4:16.92	38.71
	100m:	1:07.85	35.75	200m:	2:21.73	37.16	300m:	3:38.21	38.58	400m:	4:54.55	37.63
2.	Valcke Darlin		66	BEL	DZV					5:21.78	503	
	50m:	36.12	36.12	150m:	1:56.49	40.43	250m:	3:19.15	41.51	350m:	4:42.31	41.71
	100m:	1:16.06	39.94	200m:	2:37.64	41.15	300m:	4:00.60	41.45	400m:	5:21.78	39.47
3.	Bresoux Olivier		69	BEL	CNSW					5:38.77	431	
	50m:	38.31	38.31	150m:	2:02.04	43.08	250m:	3:30.66	44.17	350m:	4:57.96	43.55
	100m:	1:18.96	40.65	200m:	2:46.49	44.45	300m:	4:14.41	43.75	400m:	5:38.77	40.81
4.	Naili Karim		66	BEL	CNBA					5:45.18	408	
	50m:	40.14	40.14	150m:	2:08.39	44.92	250m:	3:37.00	43.75	350m:	5:04.17	43.90
	100m:	1:23.47	43.33	200m:	2:53.25	44.86	300m:	4:20.27	43.27	400m:	5:45.18	41.01
5.	De Baere Erwin		70	BEL	Uzkz					5:51.06	387	
	50m:	40.25	40.25	150m:	2:07.05	44.32	250m:	3:37.17	45.55	350m:	5:07.62	45.23
	100m:	1:22.73	42.48	200m:	2:51.62	44.57	300m:	4:22.39	45.22	400m:	5:51.06	43.44
6.	Van Uytven Marc		66	BEL	OZEKA					7:31.27	182	
	50m:	44.37	44.37	150m:	2:36.22	58.85	250m:	4:34.30	58.71	350m:	6:36.53	1:01.88
	100m:	1:37.37	53.00	200m:	3:35.59	59.37	300m:	5:34.65	1:00.35	400m:	7:31.27	54.74

55 - 59 years, Women

1.	van de Gevel Veerle		70	BEL	DZV					6:06.85	432	
	50m:	38.58	38.58	150m:	2:06.10	45.06	250m:	3:40.60	47.66	350m:	5:18.03	48.85
	100m:	1:21.04	42.46	200m:	2:52.94	46.84	300m:	4:29.18	48.58	400m:	6:06.85	48.82
2.	Delaere Sabine		69	BEL	DM					6:34.02	348	
	50m:	43.96	43.96	150m:	2:22.80	49.80	250m:	4:03.43	50.02	350m:	5:45.15	51.12
	100m:	1:33.00	49.04	200m:	3:13.41	50.61	300m:	4:54.03	50.60	400m:	6:34.02	48.87

60 - 64 years, Men

1.	Rogiers Jo		63	BEL	Rscm					4:51.14	776	
	50m:	33.83	33.83	150m:	1:47.50	37.17	250m:	3:01.70	36.96	350m:	4:16.22	37.39
	100m:	1:10.33	36.50	200m:	2:24.74	37.24	300m:	3:38.83	37.13	400m:	4:51.14	34.92
2.	Witteboon David		63	BEL	BRABO					5:18.23	594	
	50m:	36.13	36.13	150m:	1:57.32	40.91	250m:	3:20.12	41.41	350m:	4:40.02	39.65
	100m:	1:16.41	40.28	200m:	2:38.71	41.39	300m:	4:00.37	40.25	400m:	5:18.23	38.21
3.	Ardenoy Hein		65	BEL	DZV					5:30.82	529	
	50m:	37.69	37.69	150m:	2:01.52	42.25	250m:	3:25.25	41.54	350m:	4:50.18	42.74
	100m:	1:19.27	41.58	200m:	2:43.71	42.19	300m:	4:07.44	42.19	400m:	5:30.82	40.64
4.	Vercouter Wolfgang		64	BEL	DZV					6:13.29	368	
	50m:	39.55	39.55	150m:	2:12.03	47.67	250m:	3:48.62	48.49	350m:	5:26.70	48.76
	100m:	1:24.36	44.81	200m:	3:00.13	48.10	300m:	4:37.94	49.32	400m:	6:13.29	46.59
5.	Cantamessa Toni		64	BEL	W					6:49.62	278	
	50m:	45.34	45.34	150m:	2:27.94	52.29	250m:	4:14.30	53.24	350m:	5:59.96	52.40
	100m:	1:35.65	50.31	200m:	3:21.06	53.12	300m:	5:07.56	53.26	400m:	6:49.62	49.66

60 - 64 years, Women

1.	Theate Francoise		63	BEL	CCM					5:30.08	627	
	50m:	37.85	37.85	150m:	2:00.71	41.79	250m:	3:24.71	41.90	350m:	4:49.16	42.29
	100m:	1:18.92	41.07	200m:	2:42.81	42.10	300m:	4:06.87	42.16	400m:	5:30.08	40.92
2.	Vandormael Marie-Jeanne		63	BEL	Gzvn					7:39.49	232	
	50m:	50.42	50.42	150m:	2:45.23	58.10	250m:	4:42.59	59.07	350m:	6:42.17	1:00.27
	100m:	1:47.13	56.71	200m:	3:43.52	58.29	300m:	5:41.90	59.31	400m:	7:39.49	57.32

BC Masters 25m 2025
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Event 5, 400m Freestyle

65 - 69 years, Men

1. Mourmans Eddy			57	BEL	DM					6:07.28	388
50m:	41.57	41.57	150m:	2:12.62	46.32	250m:	3:48.05	48.18	350m:	5:21.96	46.60
100m:	1:26.30	44.73	200m:	2:59.87	47.25	300m:	4:35.36	47.31	400m:	6:07.28	45.32

65 - 69 years, Women

1. D'Hondt Georgette			60	BEL	LZV					8:53.20	181
50m:	59.88	59.88	150m:	3:15.30	1:08.16	250m:	5:32.41	1:08.97	350m:	7:47.96	1:07.83
100m:	2:07.14	1:07.26	200m:	4:23.44	1:08.14	300m:	6:40.13	1:07.72	400m:	8:53.20	1:05.24

70 - 74 years, Men

1. Hohenbichler Michael			53	GER	CNSW					10:14.65	101
50m:	1:07.52	1:07.52	150m:	3:41.24	1:15.42	250m:	6:17.82	1:18.20	350m:	8:55.20	1:18.68
100m:	2:25.82	1:18.30	200m:	4:59.62	1:18.38	300m:	7:36.52	1:18.70	400m:	10:14.65	1:19.45

70 - 74 years, Women

1. Vincent Martine			55	FRA	FR-DN					6:25.43	563
50m:	42.10	42.10	150m:	2:18.21	49.11	250m:	3:59.04	50.58	350m:	5:39.88	50.00
100m:	1:29.10	47.00	200m:	3:08.46	50.25	300m:	4:49.88	50.84	400m:	6:25.43	45.55
2. Dugauquier Brigitte			55	BEL	CNSW					7:09.47	406
50m:	48.51	48.51	150m:	2:39.77	56.98	250m:	4:30.85	55.07	350m:	6:18.62	53.76
100m:	1:42.79	54.28	200m:	3:35.78	56.01	300m:	5:24.86	54.01	400m:	7:09.47	50.85

75 - 79 years, Men

1. Willems Albert			50	BEL	ROSC					6:06.36	605
50m:	41.57	41.57	150m:	2:12.78	46.46	250m:	3:46.84	47.37	350m:	5:21.44	47.45
100m:	1:26.32	44.75	200m:	2:59.47	46.69	300m:	4:33.99	47.15	400m:	6:06.36	44.92

20 - 24 years, Men

1. Vanderborcht Nils			01	BEL	LAQUA					4:34.74	585
50m:	30.01	30.01	150m:	1:38.54	34.91	250m:	2:49.67	35.40	350m:	4:01.58	35.86
100m:	1:03.63	33.62	200m:	2:14.27	35.73	300m:	3:25.72	36.05	400m:	4:34.74	33.16
2. Zerihun Desta Jakub			03	BEL	LAQUA					5:33.56	327
50m:	31.98	31.98	150m:	1:49.63	40.58	250m:	3:17.63	44.88	350m:	4:48.93	45.13
100m:	1:09.05	37.07	200m:	2:32.75	43.12	300m:	4:03.80	46.17	400m:	5:33.56	44.63

20 - 24 years, Women

1. Maka Emilie			02	BEL	Esn					4:57.69	619
50m:	33.84	33.84	150m:	1:47.71	37.55	250m:	3:03.62	38.11	350m:	4:20.92	38.68
100m:	1:10.16	36.32	200m:	2:25.51	37.80	300m:	3:42.24	38.62	400m:	4:57.69	36.77
2. Vinck Lore			02	BEL	MEGA					5:09.60	550
50m:	36.11	36.11	150m:	1:54.47	39.30	250m:	3:13.65	39.55	350m:	4:32.55	39.17
100m:	1:15.17	39.06	200m:	2:34.10	39.63	300m:	3:53.38	39.73	400m:	5:09.60	37.05
3. Overbergh Lisa			05	BEL	Vzv					5:32.48	444
50m:	37.08	37.08	150m:	2:00.29	42.19	250m:	3:26.27	43.13	350m:	4:51.29	42.26
100m:	1:18.10	41.02	200m:	2:43.14	42.85	300m:	4:09.03	42.76	400m:	5:32.48	41.19
4. Verbeke Sarah			02	BEL	Uzgz					6:02.43	343
50m:	40.54	40.54	150m:	2:09.41	45.17	250m:	3:41.10	46.19	350m:	5:15.13	47.43
100m:	1:24.24	43.70	200m:	2:54.91	45.50	300m:	4:27.70	46.60	400m:	6:02.43	47.30
5. Cop Caro			02	BEL	BRABO					6:20.41	296
50m:	42.06	42.06	150m:	2:15.95	47.76	250m:	3:53.51	48.92	350m:	5:32.18	49.32
100m:	1:28.19	46.13	200m:	3:04.59	48.64	300m:	4:42.86	49.35	400m:	6:20.41	48.23