

Jesenné M-SSO - dlhé trate
Dolný Kubín, 28.9.2025

disciplína 5
28.09.2025 - 14:45

muži, 800m vo ný spôsob

11 ro . a st.
Výsledky

bodovanie: AQUA 2024

Por.	Meno	Ro .	Klub	as	RT	Body	Odstup	
seniori								
1.	Kore Marek	2003	PK Banská Bystrica	9:13.22		504		
	50m: 31.75	31.75	250m: 2:48.78	34.40	450m: 5:06.25	33.87	650m: 7:26.63	35.50
	100m: 1:05.56	33.81	300m: 3:23.19	34.41	500m: 5:40.75	34.50	700m: 8:02.63	36.00
	150m: 1:39.66	34.10	350m: 3:57.84	34.65	550m: 6:16.34	35.59	750m: 8:38.19	35.56
	200m: 2:14.38	34.72	400m: 4:32.38	34.54	600m: 6:51.13	34.79	800m: 9:13.22	35.03
2.	Chladný Matej	2003	PK Banská Bystrica	9:33.81		452	+ 20.59	
	50m: 31.92	31.92	250m: 2:51.98	35.00	450m: 5:16.49	36.44	650m: 7:44.87	37.26
	100m: 1:06.54	34.62	300m: 3:27.49	35.51	500m: 5:53.49	37.00	700m: 8:22.07	37.20
	150m: 1:41.54	35.00	350m: 4:03.73	36.24	550m: 6:30.54	37.05	750m: 8:58.44	36.37
	200m: 2:16.98	35.44	400m: 4:40.05	36.32	600m: 7:07.61	37.07	800m: 9:33.81	35.37
3.	amaj Ján	1978	PK Banská Štiavnica	11:18.86		273	+ 2:05.64	
	50m: 34.43	34.43	250m: 3:20.24	42.75	450m: 6:14.12	43.82	650m: 9:09.87	43.62
	100m: 1:13.54	39.11	300m: 4:03.36	43.12	500m: 6:58.22	44.10	700m: 9:53.27	43.40
	150m: 1:55.43	41.89	350m: 4:46.85	43.49	550m: 7:42.32	44.10	750m: 10:36.41	43.14
	200m: 2:37.49	42.06	400m: 5:30.30	43.45	600m: 8:26.25	43.93	800m: 11:18.86	42.45
starší juniori								
1.	Liptai Matej	2008	Pk Martin	8:55.50		556		
	50m: 29.66	29.66	250m: 2:43.66	33.75	450m: 5:00.31	34.00	650m: 7:16.13	33.72
	100m: 1:02.50	32.84	300m: 3:17.81	34.15	500m: 5:34.66	34.35	700m: 7:49.72	33.59
	150m: 1:36.19	33.69	350m: 3:52.13	34.32	550m: 6:08.63	33.97	750m: 8:23.53	33.81
	200m: 2:09.91	33.72	400m: 4:26.31	34.18	600m: 6:42.41	33.78	800m: 8:55.50	31.97
2.	Cigánik Marián	2007	Nereus Žilina	9:18.95		489	+ 23.45	
	50m: 30.38	30.38	250m: 2:46.70	34.99	450m: 5:08.51	35.91	650m: 7:32.56	36.35
	100m: 1:03.32	32.94	300m: 3:21.81	35.11	500m: 5:44.35	35.84	700m: 8:08.93	36.37
	150m: 1:37.22	33.90	350m: 3:56.80	34.99	550m: 6:20.61	36.26	750m: 8:44.49	35.56
	200m: 2:11.71	34.49	400m: 4:32.60	35.80	600m: 6:56.21	35.60	800m: 9:18.95	34.46
3.	Zvozil Nikolas	2008	PK Banská Bystrica	9:32.74		454	+ 37.24	
	50m: 29.57	29.57	250m: 2:51.67	36.33	450m: 5:18.57	36.93	650m: 7:46.81	37.17
	100m: 1:03.99	34.42	300m: 3:28.09	36.42	500m: 5:55.46	36.89	700m: 8:24.31	37.50
	150m: 1:39.71	35.72	350m: 4:04.89	36.80	550m: 6:32.74	37.28	750m: 9:00.57	36.26
	200m: 2:15.34	35.63	400m: 4:41.64	36.75	600m: 7:09.64	36.90	800m: 9:32.74	32.17
4.	ernák Adam	2007	Pk Martin	9:54.96		405	+ 59.46	
	50m: 31.53	31.53	250m: 3:01.31	38.17	450m: 5:32.75	37.97	650m: 8:05.28	37.85
	100m: 1:07.31	35.78	300m: 3:39.28	37.97	500m: 6:11.25	38.50	700m: 8:43.31	38.03
	150m: 1:44.78	37.47	350m: 4:17.21	37.93	550m: 6:49.36	38.11	750m: 9:19.61	36.30
	200m: 2:23.14	38.36	400m: 4:54.78	37.57	600m: 7:27.43	38.07	800m: 9:54.96	35.35
5.	Baláž Šimon	2007	PK Banská Bystrica	10:03.13		389	+ 1:07.63	
	50m: 33.56	33.56	250m: 3:01.56	37.97	450m: 5:36.97	39.13	650m: 8:13.66	39.39
	100m: 1:09.03	35.47	300m: 3:39.69	38.13	500m: 6:15.97	39.00	700m: 8:52.44	38.78
	150m: 1:46.06	37.03	350m: 4:18.69	39.00	550m: 6:55.16	39.19	750m: 9:29.81	37.37
	200m: 2:23.59	37.53	400m: 4:57.84	39.15	600m: 7:34.27	39.11	800m: 10:03.13	33.32
6.	Kubas Rastislav	2008	TT Dolný Kubín	10:31.63		339	+ 1:36.13	
	50m: 33.90	33.90	250m: 3:12.85	40.04	450m: 5:55.60	40.79	650m: 8:35.92	39.43
	100m: 1:12.40	38.50	300m: 3:53.45	40.60	500m: 6:36.50	40.90	700m: 9:15.10	39.18
	150m: 1:52.81	40.41	350m: 4:34.20	40.75	550m: 7:16.60	40.10	750m: 9:51.85	36.75
	200m: 2:32.81	40.00	400m: 5:14.81	40.61	600m: 7:56.49	39.89	800m: 10:31.63	39.78
7.	Baroš Patrik	2007	PO UMB Banská Bystrica	12:26.21		205	+ 3:30.71	
	50m: 35.56	35.56	250m: 3:35.67	47.46	450m: 6:51.71	49.97	650m: 10:10.31	49.75
	100m: 1:16.92	41.36	300m: 4:23.67	48.00	500m: 7:40.59	48.88	700m: 10:58.99	48.68
	150m: 2:01.71	44.79	350m: 5:12.39	48.72	550m: 8:30.14	49.55	750m: 11:46.50	47.51
	200m: 2:48.21	46.50	400m: 6:01.74	49.35	600m: 9:20.56	50.42	800m: 12:26.21	39.71

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disciplína 5, muži, 800m vo ný spôsob

mladší juniori

1.	amaj Ján		2010	PK Banská Štiavnica	9:00.83	540						
	50m:	29.72	29.72	250m:	2:42.65	33.98	450m:	5:00.44	34.22	650m:	7:19.25	35.03
	100m:	1:02.75	33.03	300m:	3:16.79	34.14	500m:	5:35.22	34.78	700m:	7:53.97	34.72
	150m:	1:35.90	33.15	350m:	3:51.40	34.61	550m:	6:10.00	34.78	750m:	8:28.22	34.25
	200m:	2:08.67	32.77	400m:	4:26.22	34.82	600m:	6:44.22	34.22	800m:	9:00.83	32.61
2.	Malachovský Daniel		2010	PK Banská Bystrica	9:11.83	508				+ 11.00		
	50m:	31.28	31.28	250m:	2:48.50	35.22	450m:	5:08.68	35.32	650m:	7:28.93	35.15
	100m:	1:04.64	33.36	300m:	3:23.18	34.68	500m:	5:43.43	34.75	700m:	8:03.28	34.35
	150m:	1:38.71	34.07	350m:	3:58.21	35.03	550m:	6:18.61	35.18	750m:	8:37.50	34.22
	200m:	2:13.28	34.57	400m:	4:33.36	35.15	600m:	6:53.78	35.17	800m:	9:11.83	34.33
3.	Go altovský Daniel		2009	PK Martin	9:16.30	496				+ 15.47		
	50m:	30.73	30.73	250m:	2:45.85	34.24	450m:	5:04.43	35.00	650m:	7:29.79	36.36
	100m:	1:04.11	33.38	300m:	3:20.11	34.26	500m:	5:41.11	36.68	700m:	8:05.73	35.94
	150m:	1:37.79	33.68	350m:	3:54.79	34.68	550m:	6:17.36	36.25	750m:	8:41.24	35.51
	200m:	2:11.61	33.82	400m:	4:29.43	34.64	600m:	6:53.43	36.07	800m:	9:16.30	35.06
4.	Be o Jakub		2010	PK Banská Štiavnica	9:19.71	487				+ 18.88		
	50m:	31.71	31.71	250m:	2:50.36	35.18	450m:	5:12.75	35.97	650m:	7:35.81	35.20
	100m:	1:05.78	34.07	300m:	3:25.50	35.14	500m:	5:48.61	35.86	700m:	8:11.28	35.47
	150m:	1:40.25	34.47	350m:	4:01.03	35.53	550m:	6:24.78	36.17	750m:	8:46.46	35.18
	200m:	2:15.18	34.93	400m:	4:36.78	35.75	600m:	7:00.61	35.83	800m:	9:19.71	33.25
5.	Reich Dávid		2010	PK Martin	9:27.53	467				+ 26.70		
	50m:	32.32	32.32	250m:	2:57.03	35.96	450m:	5:21.22	35.97	650m:	7:43.72	35.15
	100m:	1:08.00	35.68	300m:	3:33.50	36.47	500m:	5:57.07	35.85	700m:	8:19.32	35.60
	150m:	1:44.43	36.43	350m:	4:09.28	35.78	550m:	6:32.86	35.79	750m:	8:54.50	35.18
	200m:	2:21.07	36.64	400m:	4:45.25	35.97	600m:	7:08.57	35.71	800m:	9:27.53	33.03
6.	Valúch Richard		2010	PK Banská Bystrica	9:35.06	449				+ 34.23		
	50m:	30.81	30.81	250m:	2:52.03	36.06	450m:	5:18.44	36.94	650m:	7:46.75	37.37
	100m:	1:05.41	34.60	300m:	3:28.16	36.13	500m:	5:55.41	36.97	700m:	8:24.75	38.00
	150m:	1:40.47	35.06	350m:	4:04.94	36.78	550m:	6:32.41	37.00	750m:	9:00.63	35.88
	200m:	2:15.97	35.50	400m:	4:41.50	36.56	600m:	7:09.38	36.97	800m:	9:35.06	34.43
7.	Rovnianek Tomáš		2009	PK Martin	9:53.93	407				+ 53.10		
	50m:	33.22	33.22	250m:	3:01.50	36.85	450m:	5:32.40	38.12	650m:	8:05.32	38.82
	100m:	1:09.57	36.35	300m:	3:39.03	37.53	500m:	6:10.15	37.75	700m:	8:43.07	37.75
	150m:	1:47.11	37.54	350m:	4:17.40	38.37	550m:	6:48.00	37.85	750m:	9:20.90	37.83
	200m:	2:24.65	37.54	400m:	4:54.28	36.88	600m:	7:26.50	38.50	800m:	9:53.93	33.03
8.	Vavrica Erik		2009	PK Banská Bystrica	10:04.23	387				+ 1:03.40		
	50m:	33.66	33.66	250m:	3:01.63	37.97	450m:	5:37.06	39.15	650m:	8:13.73	39.39
	100m:	1:09.13	35.47	300m:	3:39.76	38.13	500m:	6:16.06	39.00	700m:	8:52.48	38.75
	150m:	1:46.46	37.33	350m:	4:18.76	39.00	550m:	6:55.23	39.17	750m:	9:29.87	37.39
	200m:	2:23.66	37.20	400m:	4:57.91	39.15	600m:	7:34.34	39.11	800m:	10:04.23	34.36
9.	Mínek Filip		2010	PK Martin	10:08.91	378				+ 1:08.08		
	50m:	32.94	32.94	250m:	3:03.06	20.22	450m:	5:38.19	38.93	650m:	8:14.09	38.78
	100m:	1:09.06	36.12	300m:	3:41.56	38.50	500m:	6:17.38	39.19	700m:	8:53.09	39.00
	150m:	1:46.59	37.53	350m:	4:20.09	38.53	550m:	6:56.34	38.96	750m:	9:32.16	39.07
	200m:	2:42.84	56.25	400m:	4:59.26	39.17	600m:	7:35.31	38.97	800m:	10:08.91	36.75
10.	erný Matúš		2010	Nereus Žilina	10:10.66	375				+ 1:09.83		
	50m:	32.71	32.71	250m:	3:03.99	40.38	450m:	5:41.16	38.51	650m:	8:19.68	40.15
	100m:	1:08.04	35.33	300m:	3:43.28	39.29	500m:	6:20.27	39.11	700m:	8:59.00	39.32
	150m:	1:45.34	37.30	350m:	4:22.99	39.71	550m:	6:59.82	39.55	750m:	9:37.94	38.94
	200m:	2:23.61	38.27	400m:	5:02.65	39.66	600m:	7:39.53	39.71	800m:	10:10.66	32.72
11.	Béreš Samuel		2010	Nereus Žilina	10:12.73	371				+ 1:11.90		
	50m:	34.02	34.02	250m:	3:08.77	39.40	450m:	5:46.87	39.32	650m:	8:23.73	39.03
	100m:	1:11.87	37.85	300m:	3:48.09	39.32	500m:	6:26.98	40.11	700m:	9:02.12	38.39
	150m:	1:50.59	38.72	350m:	4:27.98	39.89	550m:	7:05.59	38.61	750m:	9:39.77	37.65
	200m:	2:29.37	38.78	400m:	5:07.55	39.57	600m:	7:44.70	39.11	800m:	10:12.73	32.96

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Dolný Kubín, 28.9.2025

disciplína 5, žiaci, 800m vo ný spôsob, mladší juniori

Por.	Meno	Ro.	Klub	as	RT	Body	Odstup	
12.	Hryshchenko Hlieb	2009	PK Banská Bystrica	10:14.10		368	+ 1:13.27	
	50m: 33.93	33.93	250m: 3:06.15	38.77	450m: 5:42.73	39.30	650m: 8:20.31	39.05
	100m: 1:11.02	37.09	300m: 3:44.40	38.25	500m: 6:22.70	39.97	700m: 8:58.98	38.67
	150m: 1:48.90	37.88	350m: 4:23.66	39.26	550m: 7:02.02	39.32	750m: 9:37.60	38.62
	200m: 2:27.38	38.48	400m: 5:03.43	39.77	600m: 7:41.26	39.24	800m: 10:14.10	36.50
13.	Machaj Jakub	2010	TT Dolný Kubín	10:14.86		367	+ 1:14.03	
	50m: 34.64	34.64	250m: 3:10.53	38.75	450m: 5:48.78	39.78	650m: 8:23.96	38.40
	100m: 1:13.46	38.82	300m: 3:49.81	39.28	500m: 6:28.18	39.40	700m: 9:02.06	38.10
	150m: 1:52.53	39.07	350m: 4:29.39	39.58	550m: 7:06.81	38.63	750m: 9:40.11	38.05
	200m: 2:31.78	39.25	400m: 5:09.00	39.61	600m: 7:45.56	38.75	800m: 10:14.86	34.75
14.	Varga Jozef	2009	PO UMB Banská Bystrica	10:34.54		334	+ 1:33.71	
	50m: 34.36	34.36	250m: 3:12.36	40.00	450m: 5:52.98	40.81	650m: 8:36.43	40.70
	100m: 1:13.17	38.81	300m: 3:52.31	39.95	500m: 6:33.67	40.69	700m: 9:16.79	40.36
	150m: 1:52.67	39.50	350m: 4:32.31	40.00	550m: 7:14.98	41.31	750m: 9:56.61	39.82
	200m: 2:32.36	39.69	400m: 5:12.17	39.86	600m: 7:55.73	40.75	800m: 10:34.54	37.93
15.	Shkliar Andrii	2010	PK TENAX Žilina	10:37.40		329	+ 1:36.57	
	50m: 34.24	34.24	250m: 3:12.66	40.43	450m: 5:55.34	41.10	650m: 8:37.22	40.70
	100m: 1:12.48	38.24	300m: 3:53.23	40.57	500m: 6:36.28	40.94	700m: 9:18.08	40.86
	150m: 1:52.18	39.70	350m: 4:33.76	40.53	550m: 7:16.25	39.97	750m: 9:58.84	40.76
	200m: 2:32.23	40.05	400m: 5:14.24	40.48	600m: 7:56.52	40.27	800m: 10:37.40	38.56
16.	Holúbek Jakub	2010	PO UMB Banská Bystrica	10:59.09		298	+ 1:58.26	
	50m: 36.73	36.73	250m: 3:20.09	41.55	450m: 6:08.07	41.31	650m: 8:57.81	42.34
	100m: 1:17.10	40.37	300m: 4:01.63	41.54	500m: 6:50.10	42.03	700m: 9:38.17	40.36
	150m: 1:58.25	41.15	350m: 4:44.50	42.87	550m: 7:32.55	42.45	750m: 10:19.76	41.59
	200m: 2:38.54	40.29	400m: 5:26.76	42.26	600m: 8:15.47	42.92	800m: 10:59.09	39.33
17.	Calík Šimon	2010	Nereus Žilina	11:12.64		280	+ 2:11.81	
	50m: 35.22	35.22	250m: 3:20.99	42.80	450m: 6:14.27	44.12	650m: 9:08.03	43.49
	100m: 1:14.77	39.55	300m: 4:03.37	42.38	500m: 6:57.08	42.81	700m: 9:51.93	43.90
	150m: 1:55.73	40.96	350m: 4:46.93	43.56	550m: 7:40.58	43.50	750m: 10:33.87	41.94
	200m: 2:38.19	42.46	400m: 5:30.15	43.22	600m: 8:24.54	43.96	800m: 11:12.64	38.77
18.	unga Viliam	2010	Nereus Žilina	11:28.61		261	+ 2:27.78	
	50m: 35.86	35.86	250m: 3:27.00	43.75	450m: 6:24.28	44.25	650m: 9:20.65	43.18
	100m: 1:17.50	41.64	300m: 4:10.75	43.75	500m: 7:08.78	44.50	700m: 10:04.22	43.57
	150m: 2:00.58	43.08	350m: 4:55.18	44.43	550m: 7:53.25	44.47	750m: 10:47.61	43.39
	200m: 2:43.25	42.67	400m: 5:40.03	44.85	600m: 8:37.47	44.22	800m: 11:28.61	41.00
19.	Bursa Samuel	2009	PO Ružomberok	12:38.22		196	+ 3:37.39	
	50m: 38.75	38.75	250m: 3:45.23	48.59	450m: 7:00.85	49.51	650m: 10:15.91	48.21
	100m: 1:22.77	44.02	300m: 4:34.32	49.09	500m: 7:50.21	49.36	700m: 11:04.61	48.70
	150m: 2:09.35	46.58	350m: 5:23.19	48.87	550m: 8:39.14	48.93	750m: 11:51.46	46.85
	200m: 2:56.64	47.29	400m: 6:11.34	48.15	600m: 9:27.70	48.56	800m: 12:38.22	46.76
20.	Solivajs Jakub	2010	PO UMB Banská Bystrica	13:33.84		158	+ 4:33.01	
	50m: 50.20	50.20	250m: 4:00.07	51.56	450m: 7:28.76	52.30	650m: 10:57.58	50.65
	100m: 1:27.50	37.30	300m: 4:51.56	51.49	500m: 8:21.38	52.62	700m: 11:51.14	53.56
	150m: 2:16.85	49.35	350m: 5:44.60	53.04	550m: 9:13.73	52.35	750m: 12:42.97	51.83
	200m: 3:08.51	51.66	400m: 6:36.46	51.86	600m: 10:06.93	53.20	800m: 13:33.84	50.87

starší žiaci "A", 14.ro ní

1.	Bela Ivan	2011	PK Martin	9:41.00		435		
	50m: 32.78	32.78	250m: 2:59.39	37.14	450m: 5:26.96	37.03	650m: 7:53.34	36.48
	100m: 1:08.50	35.72	300m: 3:36.09	36.70	500m: 6:03.91	36.95	700m: 8:30.41	37.07
	150m: 1:44.89	36.39	350m: 4:12.82	36.73	550m: 6:40.70	36.79	750m: 9:07.48	37.07
	200m: 2:22.25	37.36	400m: 4:49.93	37.11	600m: 7:16.86	36.16	800m: 9:41.00	33.52
2.	Jaško Tobias	2011	PK TENAX Žilina	10:36.69		331	+ 55.69	
	50m: 33.53	33.53	250m: 3:13.78	40.22	450m: 5:53.38	39.90	650m: 8:36.55	40.83
	100m: 1:14.13	40.60	300m: 3:53.95	40.17	500m: 6:34.40	41.02	700m: 9:17.09	40.54
	150m: 1:53.38	39.25	350m: 4:33.88	39.93	550m: 7:15.33	40.93	750m: 9:57.87	40.78
	200m: 2:33.56	40.18	400m: 5:13.48	39.60	600m: 7:55.72	40.39	800m: 10:36.69	38.82

Jesenné M-SSO - dlhé trate
Dolný Kubín, 28.9.2025

disciplína 5, žiaci, 800m vo ný spôsob, starší žiaci "A", 14.ro ní

Por.	Meno		Ro .	Klub		as	RT	Body	Odstup			
3.	Janza Simon		2011	Nereus Žilina		10:48.22		313	+ 1:07.22			
	50m:	35.83	35.83	250m:	3:18.97	41.54	450m:	6:04.50	41.47	650m:	8:48.86	40.86
	100m:	1:15.93	40.10	300m:	4:00.22	41.25	500m:	6:45.33	40.83	700m:	9:30.29	41.43
	150m:	1:56.78	40.85	350m:	4:41.75	41.53	550m:	7:26.28	40.95	750m:	10:11.36	41.07
	200m:	2:37.43	40.65	400m:	5:23.03	41.28	600m:	8:08.00	41.72	800m:	10:48.22	36.86
4.	Debnár Jakub Alexander		2011	PK Banská Štiavnica		11:03.04		293	+ 1:22.04			
	50m:	36.64	36.64	250m:	3:21.03	40.64	450m:	6:10.50	42.47	650m:	8:57.93	40.75
	100m:	1:17.18	40.54	300m:	4:03.46	42.43	500m:	6:52.43	41.93	700m:	9:40.18	42.25
	150m:	1:58.81	41.63	350m:	4:45.81	42.35	550m:	7:34.00	41.57	750m:	10:20.28	40.10
	200m:	2:40.39	41.58	400m:	5:28.03	42.22	600m:	8:17.18	43.18	800m:	11:03.04	42.76
5.	urica Martin		2011	PO UMB Banská Bystrica		11:18.47		273	+ 1:37.47			
	50m:	35.94	35.94	250m:	3:19.26	42.57	450m:	6:13.34	43.68	650m:	9:09.69	44.35
	100m:	1:14.94	39.00	300m:	4:02.44	43.18	500m:	6:57.97	44.63	700m:	9:53.62	43.93
	150m:	1:55.59	40.65	350m:	4:46.16	43.72	550m:	7:41.97	44.00	750m:	10:37.16	43.54
	200m:	2:36.69	41.10	400m:	5:29.66	43.50	600m:	8:25.34	43.37	800m:	11:18.47	41.31
6.	Debnár Matej František		2011	PK Banská Štiavnica		11:42.87		246	+ 2:01.87			
	50m:	36.77	36.77	250m:	3:30.27	44.17	450m:	6:32.52	45.65	650m:	9:35.63	46.14
	100m:	1:18.87	42.10	300m:	4:15.70	45.43	500m:	7:16.99	44.47	700m:	10:21.45	45.82
	150m:	2:02.25	43.38	350m:	5:01.45	45.75	550m:	8:03.06	46.07	750m:	11:04.56	43.11
	200m:	2:46.10	43.85	400m:	5:46.87	45.42	600m:	8:49.49	46.43	800m:	11:42.87	38.31
7.	Knecht Maximilian		2011	Pk Martin		13:18.81		167	+ 3:37.81			
	50m:	39.13	39.13	250m:	3:56.06	50.80	450m:	7:23.26	51.75	650m:	10:53.98	53.04
	100m:	1:24.87	45.74	300m:	4:47.51	51.45	500m:	8:14.63	51.37	700m:	11:44.87	50.89
	150m:	2:14.06	49.19	350m:	5:39.78	52.27	550m:	9:06.66	52.03	750m:	12:35.09	50.22
	200m:	3:05.26	51.20	400m:	6:31.51	51.73	600m:	10:00.94	54.28	800m:	13:18.81	43.72

starší žiaci "A", 13.ro ní

1.	Mi o Tomáš		2012	Pk Martin		9:50.25		415				
	50m:	33.55	33.55	250m:	3:01.72	37.35	450m:	5:31.47	37.35	650m:	8:00.65	37.32
	100m:	1:10.12	36.57	300m:	3:39.08	37.36	500m:	6:08.65	37.18	700m:	8:37.97	37.32
	150m:	1:47.22	37.10	350m:	4:16.44	37.36	550m:	6:45.87	37.22	750m:	9:14.97	37.00
	200m:	2:24.37	37.15	400m:	4:54.12	37.68	600m:	7:23.33	37.46	800m:	9:50.25	35.28
2.	Buc Tomáš		2012	PO Ružomberok		10:13.42		370	+ 23.17			
	50m:	33.52	33.52	250m:	3:09.56	39.46	450m:	5:47.77	40.03	650m:	8:23.92	39.00
	100m:	1:11.92	38.40	300m:	3:48.74	39.18	500m:	6:26.49	38.72	700m:	9:02.85	38.93
	150m:	1:51.25	39.33	350m:	4:28.31	39.57	550m:	7:05.60	39.11	750m:	9:40.27	37.42
	200m:	2:30.10	38.85	400m:	5:07.74	39.43	600m:	7:44.92	39.32	800m:	10:13.42	33.15
3.	Jelšovský Milan		2012	Pk Martin		10:37.59		329	+ 47.34			
	50m:	33.98	33.98	250m:	3:15.03	41.08	450m:	5:59.34	40.71	650m:	8:42.78	40.72
	100m:	1:13.06	39.08	300m:	3:55.63	40.60	500m:	6:40.53	41.19	700m:	9:22.88	40.10
	150m:	1:53.63	40.57	350m:	4:37.13	41.50	550m:	7:20.95	40.42	750m:	10:00.06	37.18
	200m:	2:33.95	40.32	400m:	5:18.63	41.50	600m:	8:02.06	41.11	800m:	10:37.59	37.53
4.	Tichý Peter		2012	ŠKP Brezno		10:38.45		328	+ 48.20			
	50m:	35.17	35.17	250m:	3:15.73	40.57	450m:	5:59.76	40.77	650m:	8:43.02	40.48
	100m:	1:14.46	39.29	300m:	3:56.53	40.80	500m:	6:40.75	40.99	700m:	9:23.13	40.11
	150m:	1:54.91	40.45	350m:	4:37.52	40.99	550m:	7:21.56	40.81	750m:	10:02.38	39.25
	200m:	2:35.16	40.25	400m:	5:18.99	41.47	600m:	8:02.54	40.98	800m:	10:38.45	36.07
5.	Gut Matej		2012	Nereus Žilina		10:50.39		310	+ 1:00.14			
	50m:	35.40	35.40	250m:	3:13.93	40.13	450m:	6:00.96	41.51	650m:	8:48.65	42.19
	100m:	1:13.53	38.13	300m:	3:55.40	41.47	500m:	6:42.91	41.95	700m:	9:30.14	41.49
	150m:	1:53.92	40.39	350m:	4:37.32	41.92	550m:	7:24.60	41.69	750m:	10:12.04	41.90
	200m:	2:33.80	39.88	400m:	5:19.45	42.13	600m:	8:06.46	41.86	800m:	10:50.39	38.35
6.	Fabian Matej		2012	Pk Martin		11:02.80		293	+ 1:12.55			
	50m:	36.20	36.20	250m:	3:21.76	42.16	450m:	6:10.50	42.36	650m:	8:59.90	42.32
	100m:	1:16.62	40.42	300m:	4:04.22	42.46	500m:	6:52.75	42.25	700m:	9:41.80	41.90
	150m:	1:58.40	41.78	350m:	4:46.27	42.05	550m:	7:35.60	42.85	750m:	10:22.65	40.85
	200m:	2:39.60	41.20	400m:	5:28.14	41.87	600m:	8:17.58	41.98	800m:	11:02.80	40.15

Jesenné M-SSO - dlhé trate
Dolný Kubín, 28.9.2025

disciplína 5, žiaci, 800m vo ný spôsob, starší žiaci "A", 13.ro ní

Por.	Meno	Ro .	Klub	as	RT	Body	Odstup	
7.	Šmajda Marián	2012	Pk Martin	11:35.74		253	+ 1:45.49	
	50m: 38.91	38.91	250m: 3:33.00	43.52	450m: 6:31.50	44.09	650m: 9:27.65	43.88
	100m: 1:21.96	43.05	300m: 4:17.26	44.26	500m: 7:15.60	44.10	700m: 10:11.30	43.65
	150m: 2:05.48	43.52	350m: 5:02.10	44.84	550m: 7:59.42	43.82	750m: 10:54.06	42.76
	200m: 2:49.48	44.00	400m: 5:47.41	45.31	600m: 8:43.77	44.35	800m: 11:35.74	41.68
8.	Slovík Samuel	2012	PK Nanti	11:50.44		238	+ 2:00.19	
	50m: 37.23	37.23	250m: 3:33.69	45.28	450m: 6:37.69	46.31	650m: 9:42.34	45.96
	100m: 1:19.13	41.90	300m: 4:19.51	45.82	500m: 7:24.63	46.94	700m: 10:26.69	44.35
	150m: 2:03.94	44.81	350m: 5:05.41	45.90	550m: 8:10.91	46.28	750m: 11:09.13	42.44
	200m: 2:48.41	44.47	400m: 5:51.38	45.97	600m: 8:56.38	45.47	800m: 11:50.44	41.31
9.	Hrúz Jakub	2012	Pk Martin	12:08.94		220	+ 2:18.69	
	50m: 38.82	38.82	250m: 3:41.49	45.65	450m: 6:45.97	45.19	650m: 9:53.11	46.85
	100m: 1:23.59	44.77	300m: 4:27.94	46.45	500m: 7:33.48	47.51	700m: 10:38.91	45.80
	150m: 2:09.24	45.65	350m: 5:13.85	45.91	550m: 8:19.88	46.40	750m: 11:25.77	46.86
	200m: 2:55.84	46.60	400m: 6:00.78	46.93	600m: 9:06.26	46.38	800m: 12:08.94	43.17
10.	Lubellan Damian	2012	PK Banská Bystrica	12:18.02		212	+ 2:27.77	
	50m: 36.43	36.43	250m: 3:34.93	46.86	450m: 6:45.74	48.94	650m: 9:57.76	47.68
	100m: 1:17.98	41.55	300m: 4:22.44	47.51	500m: 7:34.00	48.26	700m: 10:45.51	47.75
	150m: 2:02.24	44.26	350m: 5:10.07	47.63	550m: 8:21.88	47.88	750m: 11:32.70	47.19
	200m: 2:48.07	45.83	400m: 5:56.80	46.73	600m: 9:10.08	48.20	800m: 12:18.02	45.32
11.	Dubovec Ivan	2012	MPK Dolný Kubín	13:04.03		177	+ 3:13.78	
	50m: 39.67	39.67	250m: 3:58.49	49.50	450m: 7:19.92	50.61	650m: 10:41.33	50.94
	100m: 1:27.59	47.92	300m: 4:49.34	50.85	500m: 8:10.67	50.75	700m: 11:31.49	50.16
	150m: 2:18.24	50.65	350m: 5:39.24	49.90	550m: 9:00.99	50.32	750m: 12:20.71	49.22
	200m: 3:08.99	50.75	400m: 6:29.31	50.07	600m: 9:50.39	49.40	800m: 13:04.03	43.32

mladší žiaci "B", 12.ro ní

1.	Gavula Stanislav	2013	MPK Tvrdošín	10:20.59		357		
	50m: 35.05	35.05	250m: 3:11.44	39.28	450m: 5:48.55	39.36	650m: 8:24.51	39.14
	100m: 1:14.22	39.17	300m: 3:50.19	38.75	500m: 6:27.44	38.89	700m: 9:03.97	39.46
	150m: 1:53.41	39.19	350m: 4:29.94	39.75	550m: 7:06.34	38.90	750m: 9:41.94	37.97
	200m: 2:32.16	38.75	400m: 5:09.19	39.25	600m: 7:45.37	39.03	800m: 10:20.59	38.65
2.	Kekely Richard	2013	PK TENAX Žilina	10:25.81		348	+ 5.22	
	50m: 35.06	35.06	250m: 3:12.31	39.53	450m: 5:50.68	40.29	650m: 8:31.81	40.50
	100m: 1:13.93	38.87	300m: 3:51.36	39.05	500m: 6:30.86	40.18	700m: 9:10.89	39.08
	150m: 1:53.06	39.13	350m: 4:31.21	39.85	550m: 7:10.96	40.10	750m: 9:49.71	38.82
	200m: 2:32.78	39.72	400m: 5:10.39	39.18	600m: 7:51.31	40.35	800m: 10:25.81	36.10
3.	urian ík Lukáš	2013	PK Banská Bystrica	10:28.81		343	+ 8.22	
	50m: 35.23	35.23	250m: 3:14.01	39.97	450m: 5:53.51	39.21	650m: 8:32.92	39.56
	100m: 1:13.46	38.23	300m: 3:54.18	40.17	500m: 6:34.08	40.57	700m: 9:12.67	39.75
	150m: 1:54.07	40.61	350m: 4:34.38	40.20	550m: 7:13.59	39.51	750m: 9:51.70	39.03
	200m: 2:34.04	39.97	400m: 5:14.30	39.92	600m: 7:53.36	39.77	800m: 10:28.81	37.11
4.	Svitek Artur	2013	Pk Martin	10:31.46		339	+ 10.87	
	50m: 34.98	34.98	250m: 3:13.49	40.32	450m: 5:51.17	39.56	650m: 8:30.11	40.43
	100m: 1:14.49	39.51	300m: 3:52.73	39.24	500m: 6:30.68	39.51	700m: 9:10.68	40.57
	150m: 1:54.17	39.68	350m: 4:31.85	39.12	550m: 7:09.85	39.17	750m: 9:51.27	40.59
	200m: 2:33.17	39.00	400m: 5:11.61	39.76	600m: 7:49.68	39.83	800m: 10:31.46	40.19
5.	Urban Adam	2013	Pk Martin	10:39.81		326	+ 19.22	
	50m: 35.06	35.06	250m: 3:15.25	41.09	450m: 5:59.47	41.25	650m: 8:43.03	40.50
	100m: 1:13.91	38.85	300m: 3:56.19	40.94	500m: 6:40.28	40.81	700m: 9:23.03	40.00
	150m: 1:53.84	39.93	350m: 4:37.22	41.03	550m: 7:21.44	41.16	750m: 10:03.38	40.35
	200m: 2:34.16	40.32	400m: 5:18.22	41.00	600m: 8:02.53	41.09	800m: 10:39.81	36.43
6.	Gabarík Peter	2013	MPK Tvrdošín	10:44.30		319	+ 23.71	
	50m: 35.94	35.94	250m: 3:15.30	40.70	450m: 5:58.94	41.07	650m: 8:43.30	40.86
	100m: 1:14.95	39.01	300m: 3:56.15	40.85	500m: 6:40.12	41.18	700m: 9:24.50	41.20
	150m: 1:54.55	39.60	350m: 4:37.00	40.85	550m: 7:21.44	41.32	750m: 10:05.70	41.20
	200m: 2:34.60	40.05	400m: 5:17.87	40.87	600m: 8:02.44	41.00	800m: 10:44.30	38.60

Jesenné M-SSO - dlhé trate
Dolný Kubín, 28.9.2025

disciplína 5, žiaci, 800m vo ný spôsob, mladší žiaci "B", 12.ro ní

Por.	Meno	Ro .	Klub	as	RT	Body	Odstup	
7.	Amrich Andrej	2013	MPK Tvrdošín	11:04.65		291	+ 44.06	
	50m: 38.12	38.12	250m: 3:26.44	41.94	450m: 6:15.19	41.97	650m: 9:02.55	42.25
	100m: 1:20.00	41.88	300m: 4:08.58	42.14	500m: 6:56.55	41.36	700m: 9:44.97	42.42
	150m: 2:02.22	42.22	350m: 4:51.19	42.61	550m: 7:38.30	41.75	750m: 10:27.15	42.18
	200m: 2:44.50	42.28	400m: 5:33.22	42.03	600m: 8:20.30	42.00	800m: 11:04.65	37.50
8.	Kerná Jakub	2013	PK Banská Štiavnica	11:22.92		268	+ 1:02.33	
	50m: 37.29	37.29	250m: 3:26.30	43.01	450m: 6:20.46	43.36	650m: 9:15.46	43.95
	100m: 1:18.67	41.38	300m: 4:10.63	44.33	500m: 7:04.11	43.65	700m: 9:59.17	43.71
	150m: 2:00.55	41.88	350m: 4:53.70	43.07	550m: 7:48.11	44.00	750m: 10:42.41	43.24
	200m: 2:43.29	42.74	400m: 5:37.10	43.40	600m: 8:31.51	43.40	800m: 11:22.92	40.51
9.	Vierik Samuel	2013	PO Ružomberok	11:34.76		254	+ 1:14.17	
	50m: 36.26	36.26	250m: 3:30.98	44.39	450m: 6:28.44	43.28	650m: 9:26.34	44.50
	100m: 1:18.44	42.18	300m: 4:15.48	44.50	500m: 7:12.91	44.47	700m: 10:10.91	44.57
	150m: 2:02.02	43.58	350m: 5:00.16	44.68	550m: 7:57.59	44.68	750m: 10:54.16	43.25
	200m: 2:46.59	44.57	400m: 5:45.16	45.00	600m: 8:41.84	44.25	800m: 11:34.76	40.60
10.	Dziura Alex	2013	PK Martin	11:45.80		243	+ 1:25.21	
	50m: 39.07	39.07	250m: 3:36.58	43.44	450m: 6:32.97	44.31	650m: 9:35.50	45.70
	100m: 1:23.44	44.37	300m: 4:19.82	43.24	500m: 7:17.16	44.19	700m: 10:21.67	46.17
	150m: 2:08.28	44.84	350m: 5:03.99	44.17	550m: 8:03.84	46.68	750m: 11:08.32	46.65
	200m: 2:53.14	44.86	400m: 5:48.66	44.67	600m: 8:49.80	45.96	800m: 11:45.80	37.48
11.	Benko Adam	2013	PK TENAX Žilina	11:47.49		241	+ 1:26.90	
	50m: 39.81	39.81	250m: 3:38.70	45.45	450m: 6:39.27	45.24	650m: 9:40.13	44.36
	100m: 1:23.56	43.75	300m: 4:24.25	45.55	500m: 7:24.77	45.50	700m: 10:24.56	44.43
	150m: 2:08.13	44.57	350m: 5:09.42	45.17	550m: 8:09.87	45.10	750m: 11:06.95	42.39
	200m: 2:53.25	45.12	400m: 5:54.03	44.61	600m: 8:55.77	45.90	800m: 11:47.49	40.54
12.	Plešinský Miroslav	2013	MPK Dolný Kubín	11:56.84		231	+ 1:36.25	
	50m: 40.41	40.41	250m: 3:42.13	46.00	450m: 6:44.06	45.36	650m: 9:46.03	44.97
	100m: 1:25.31	44.90	300m: 4:27.80	45.67	500m: 7:30.09	46.03	700m: 10:31.73	45.70
	150m: 2:11.63	46.32	350m: 5:13.91	46.11	550m: 8:15.31	45.22	750m: 11:15.59	43.86
	200m: 2:56.13	44.50	400m: 5:58.70	44.79	600m: 9:01.06	45.75	800m: 11:56.84	41.25
13.	Gallik Filip	2013	PK TENAX Žilina	12:48.80		188	+ 2:28.21	
	50m: 42.65	42.65	250m: 3:55.25	48.85	450m: 7:12.72	49.14	650m: 10:27.20	47.01
	100m: 1:30.55	47.90	300m: 4:44.00	48.75	500m: 8:02.05	49.33	700m: 11:16.22	49.02
	150m: 2:18.69	48.14	350m: 5:33.72	49.72	550m: 8:51.58	49.53	750m: 12:06.12	49.90
	200m: 3:06.40	47.71	400m: 6:23.58	49.86	600m: 9:40.19	48.61	800m: 12:48.80	42.68
14.	Liptai Tomáš	2013	PK Martin	13:08.75		174	+ 2:48.16	
	50m: 42.68	42.68	250m: 3:56.46	49.78	450m: 7:17.03	50.03	650m: 10:39.78	51.00
	100m: 1:29.53	46.85	300m: 4:45.81	49.35	500m: 8:08.03	51.00	700m: 11:30.86	51.08
	150m: 2:17.53	48.00	350m: 5:36.11	50.30	550m: 8:57.78	49.75	750m: 12:20.78	49.92
	200m: 3:06.68	49.15	400m: 6:27.00	50.89	600m: 9:48.78	51.00	800m: 13:08.75	47.97
15.	Hudák Juraj	2013	PK TENAX Žilina	13:17.97		168	+ 2:57.38	
	50m: 43.22	43.22	250m: 4:07.00	51.91	450m: 7:31.41	50.16	650m: 10:55.13	49.22
	100m: 1:33.38	50.16	300m: 4:59.31	52.31	500m: 8:22.34	50.93	700m: 11:49.66	54.53
	150m: 2:23.94	50.56	350m: 5:48.53	49.22	550m: 9:14.47	52.13	750m: 12:31.38	41.72
	200m: 3:15.09	51.15	400m: 6:41.25	52.72	600m: 10:05.91	51.44	800m: 13:17.97	46.59

mladší žiaci "B", 11.ro ní

1.	Plešinský Jakub	2014	MPK Dolný Kubín	11:56.55		232		
	50m: 40.06	40.06	250m: 3:42.43	45.88	450m: 6:45.30	45.19	650m: 9:47.67	46.33
	100m: 1:24.36	44.30	300m: 4:28.55	46.12	500m: 7:30.73	45.43	700m: 10:32.30	44.63
	150m: 2:11.05	46.69	350m: 5:14.17	45.62	550m: 8:16.05	45.32	750m: 11:15.24	42.94
	200m: 2:56.55	45.50	400m: 6:00.11	45.94	600m: 9:01.34	45.29	800m: 11:56.55	41.31
2.	Žuffa Michal	2014	MPK Tvrdošín	11:58.70		230	+ 2.15	
	50m: 39.95	39.95	250m: 3:39.66	45.65	450m: 6:42.73	46.25	650m: 9:47.42	46.66
	100m: 1:23.58	43.63	300m: 4:24.72	45.06	500m: 7:28.39	45.66	700m: 10:32.48	45.06
	150m: 2:08.57	44.99	350m: 5:10.24	45.52	550m: 8:14.66	46.27	750m: 11:13.67	41.19
	200m: 2:54.01	45.44	400m: 5:56.48	46.24	600m: 9:00.76	46.10	800m: 11:58.70	45.03

Jesenné M-SSO - dlhé trate
Dolný Kubín, 28.9.2025

disciplína 5, žiaci, 800m vo ný spôsob, mladší žiaci "B", 11.ro ní

Por.	Meno	Ro .	Klub	as	RT	Body	Odstup	
3.	Go altovský Patrik	2014	Pk Martin	12:20.28		210	+ 23.73	
	50m: 39.63	39.63	250m: 3:48.84	48.21	450m: 6:59.41	47.38	650m: 10:06.53	44.65
	100m: 1:25.44	45.81	300m: 4:36.84	48.00	500m: 7:47.00	47.59	700m: 10:52.53	46.00
	150m: 2:14.53	49.09	350m: 5:25.41	48.57	550m: 8:35.25	48.25	750m: 11:37.09	44.56
	200m: 3:00.63	46.10	400m: 6:12.03	46.62	600m: 9:21.88	46.63	800m: 12:20.28	43.19
4.	Ondřík D' Angel	2014	MPK Dolný Kubín	13:06.53		175	+ 1:09.98	
	50m: 41.38	41.38	250m: 3:58.59	50.26	450m: 7:19.45	50.42	650m: 10:40.41	49.93
	100m: 1:29.13	47.75	300m: 4:48.73	50.14	500m: 8:10.03	50.58	700m: 11:30.06	49.65
	150m: 2:18.60	49.47	350m: 5:38.66	49.93	550m: 8:59.56	49.53	750m: 12:19.80	49.74
	200m: 3:08.33	49.73	400m: 6:29.03	50.37	600m: 9:50.48	50.92	800m: 13:06.53	46.73
5.	Morinec Martin	2014	MPK Dolný Kubín	14:03.96		142	+ 2:07.41	
	50m: 43.27	43.27	250m: 4:11.81	53.27	450m: 7:49.48	54.32	650m: 11:25.30	54.84
	100m: 1:33.76	50.49	300m: 5:06.69	54.88	500m: 8:43.03	53.55	700m: 12:20.69	55.39
	150m: 2:24.65	50.89	350m: 6:01.56	54.87	550m: 9:37.07	54.04	750m: 13:13.51	52.82
	200m: 3:18.54	53.89	400m: 6:55.16	53.60	600m: 10:30.46	53.39	800m: 14:03.96	50.45