

Jesenné M-SSO - dlhé trate
Dolný Kubín, 28.9.2025

disciplína 2
28.09.2025 - 9:48

ženy, 400m vo vlny spôsob

11 ro . a st.
Výsledky

bodovanie: AQUA 2024

Por.	Meno	Ro .	Klub	as	RT	Body	Odstup
seniorcky							
1.	Hrnárová Alexandra	2006	PK TENAX Žilina	5:08.79		420	
	50m: 34.03 34.03	150m: 1:51.10 38.96	250m: 3:09.35 39.08	350m: 4:29.76 39.93			
	100m: 1:12.14 38.11	200m: 2:30.27 39.17	300m: 3:49.83 40.48	400m: 5:08.79 39.03			
2.	Machajová Tatiana	2004	TT Dolný Kubín	5:27.95		350	+ 19.16
	50m: 36.81 36.81	150m: 1:58.60 41.79	250m: 3:22.20 41.71	350m: 4:46.39 41.90			
	100m: 1:16.81 40.00	200m: 2:40.49 41.89	300m: 4:04.49 42.29	400m: 5:27.95 41.56			
staršie juniorky							
1.	Tureková Rebeka	2008	Nereus Žilina	5:05.80		432	
	50m: 35.42 35.42	150m: 1:52.09 39.20	250m: 3:11.99 40.71	350m: 4:29.49 37.42			
	100m: 1:12.89 37.47	200m: 2:31.28 39.19	300m: 3:52.07 40.08	400m: 5:05.80 36.31			
2.	Konôpková Danka	2008	PK Banská Bystrica	5:09.00		419	+ 3.20
	50m: 34.78 34.78	150m: 1:50.20 38.42	250m: 3:09.67 40.07	350m: 4:30.66 40.52			
	100m: 1:11.78 37.00	200m: 2:29.60 39.40	300m: 3:50.14 40.47	400m: 5:09.00 38.34			
3.	Legemzová Sofia	2008	MPK Dolný Kubín	5:26.57		355	+ 20.77
	50m: 35.11 35.11	150m: 1:55.28 41.28	250m: 3:20.61 42.71	350m: 4:46.93 42.75			
	100m: 1:14.00 38.89	200m: 2:37.90 42.62	300m: 4:04.18 43.57	400m: 5:26.57 39.64			
4.	Garajová Katarína	2008	MPK Dolný Kubín	5:26.92		354	+ 21.12
	50m: 37.06 37.06	150m: 1:59.10 41.50	250m: 3:23.13 41.82	350m: 4:46.70 41.35			
	100m: 1:17.60 40.54	200m: 2:41.31 42.21	300m: 4:05.35 42.22	400m: 5:26.92 40.22			
mladšie juniorky							
1.	Janušeková Nina	2010	PK Banská Bystrica	5:18.78		381	
	50m: 35.78 35.78	150m: 1:52.50 38.79	250m: 3:13.25 40.79	350m: 4:36.53 41.07			
	100m: 1:13.71 37.93	200m: 2:32.46 39.96	300m: 3:55.46 42.21	400m: 5:18.78 42.25			
2.	Giertlová Žofia	2010	ŠKP Brezno	5:24.27		362	+ 5.49
	50m: 36.48 36.48	150m: 1:54.40 39.81	250m: 3:18.26 41.98	350m: 4:43.80 43.09			
	100m: 1:14.59 38.11	200m: 2:36.28 41.88	300m: 4:00.71 42.45	400m: 5:24.27 40.47			
3.	Šedíková Dorota	2009	PK Banská Bystrica	5:25.95		357	+ 7.17
	50m: 38.40 38.40	150m: 2:00.27 41.32	250m: 3:23.38 41.78	350m: 4:47.35 42.32			
	100m: 1:18.95 40.55	200m: 2:41.60 41.33	300m: 4:05.03 41.65	400m: 5:25.95 38.60			
4.	Jancurová Linda	2010	PK Banská Bystrica	5:28.00		350	+ 9.22
	50m: 35.38 35.38	150m: 1:58.21 42.37	250m: 3:23.68 42.81	350m: 4:49.32 43.10			
	100m: 1:15.84 40.46	200m: 2:40.87 42.66	300m: 4:06.22 42.54	400m: 5:28.00 38.68			
5.	Brisudová Alica	2010	PK Nanti	5:31.28		340	+ 12.50
	50m: 36.05 36.05	150m: 1:59.94 42.60	250m: 3:25.99 43.44	350m: 4:51.22 42.55			
	100m: 1:17.34 41.29	200m: 2:42.55 42.61	300m: 4:08.67 42.68	400m: 5:31.28 40.06			
6.	Beráková Silvia	2010	Nereus Žilina	5:44.50		302	+ 25.72
	50m: 32.41 32.41	150m: 1:48.10 37.83	250m: 3:24.43 51.83	350m: 4:59.42 48.13			
	100m: 1:10.27 37.86	200m: 2:32.60 44.50	300m: 4:11.29 46.86	400m: 5:44.50 45.08			
7.	Slovjakova Dominika	2010	PK Žabka adca	5:49.94		288	+ 31.16
	50m: 38.08 38.08	150m: 2:04.11 44.00	250m: 3:32.44 43.93	350m: 5:04.04 46.35			
	100m: 1:20.11 42.03	200m: 2:48.51 44.40	300m: 4:17.69 45.25	400m: 5:49.94 45.90			
8.	Horváthová Andrea	2009	Pk Martin	6:02.20		260	+ 43.42
	50m: 41.63 41.63	150m: 2:11.88 45.43	250m: 3:43.88 46.25	350m: 5:16.70 46.32			
	100m: 1:26.45 44.82	200m: 2:57.63 45.75	300m: 4:30.38 46.50	400m: 6:02.20 45.50			
9.	Šaušová Emma	2009	PO UMB Banská Bystrica	7:00.19		166	+ 1:41.41
	50m: 42.41 42.41	150m: 2:25.69 52.28	250m: 4:18.16 56.32	350m: 6:10.80 55.57			
	100m: 1:33.41 51.00	200m: 3:21.84 56.15	300m: 5:15.23 57.07	400m: 7:00.19 49.39			

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staršie žia ky "A", 14.ro né

1.	Vytyká ová Stela		2011	Pk Martin	4:36.10	587	
	50m: 31.35 31.35	150m: 1:38.70 33.89	250m: 2:49.10 35.50	350m: 4:00.85 36.00			
	100m: 1:04.81 33.46	200m: 2:13.60 34.90	300m: 3:24.85 35.75	400m: 4:36.10 35.25			
2.	Novinská Kristína		2011	Pk Martin	4:44.31	538	+ 8.21
	50m: 32.78 32.78	150m: 1:41.53 35.59	250m: 2:54.41 37.00	350m: 4:09.29 38.38			
	100m: 1:05.94 33.16	200m: 2:17.41 35.88	300m: 3:30.91 36.50	400m: 4:44.31 35.02			
3.	Valachová Ela		2011	PK Rimavská Sobota	4:48.02	517	+ 11.92
	50m: 31.69 31.69	150m: 1:42.12 35.93	250m: 2:56.30 37.28	350m: 4:12.09 37.97			
	100m: 1:06.19 34.50	200m: 2:19.02 36.90	300m: 3:34.12 37.82	400m: 4:48.02 35.93			
4.	Benková Sára		2011	Nereus Žilina	5:11.42	409	+ 35.32
	50m: 32.78 32.78	150m: 1:49.78 39.82	250m: 3:10.81 40.14	350m: 4:30.64 39.83			
	100m: 1:09.96 37.18	200m: 2:30.67 40.89	300m: 3:50.81 40.00	400m: 5:11.42 40.78			
5.	Kvašovská Karolína		2011	MPK Dolný Kubín	5:14.28	398	+ 38.18
	50m: 34.59 34.59	150m: 1:49.97 38.69	250m: 3:11.35 40.95	350m: 4:35.14 42.01			
	100m: 1:11.28 36.69	200m: 2:30.40 40.43	300m: 3:53.13 41.78	400m: 5:14.28 39.14			
6.	Ivaníková Nina		2011	Nereus Žilina	5:16.97	388	+ 40.87
	50m: 34.64 34.64	150m: 1:54.60 40.94	250m: 3:16.93 41.33	350m: 4:38.49 40.19			
	100m: 1:13.66 39.02	200m: 2:35.60 41.00	300m: 3:58.30 41.37	400m: 5:16.97 38.48			
7.	Martinkovi ová Paula		2011	PK Banská Bystrica	5:21.74	371	+ 45.64
	50m: 36.46 36.46	150m: 1:58.07 41.93	250m: 3:20.24 41.43	350m: 4:41.96 40.87			
	100m: 1:16.14 39.68	200m: 2:38.81 40.74	300m: 4:01.09 40.85	400m: 5:21.74 39.78			
8.	Schedlingová Emília		2011	PK Rimavská Sobota	5:30.97	341	+ 54.87
	50m: 36.72 36.72	150m: 2:00.50 43.15	250m: 3:26.01 43.51	350m: 4:51.65 42.90			
	100m: 1:17.35 40.63	200m: 2:42.50 42.00	300m: 4:08.75 42.74	400m: 5:30.97 39.32			
9.	Poloncová Zuzana		2011	Pk Martin	5:31.93	338	+ 55.83
	50m: 37.07 37.07	150m: 1:59.53 41.75	250m: 3:25.06 42.78	350m: 4:50.64 42.71			
	100m: 1:17.78 40.71	200m: 2:42.28 42.75	300m: 4:07.93 42.87	400m: 5:31.93 41.29			
10.	Látková Sofia		2011	PK Rimavská Sobota	5:36.61	324	+ 1:00.51
	50m: 35.40 35.40	150m: 1:58.47 42.97	250m: 3:25.00 43.39	350m: 4:53.43 43.82			
	100m: 1:15.50 40.10	200m: 2:41.61 43.14	300m: 4:09.61 44.61	400m: 5:36.61 43.18			
11.	Calíková Karolína		2011	Nereus Žilina	5:38.60	318	+ 1:02.50
	50m: 36.04 36.04	150m: 1:59.34 41.95	250m: 3:26.12 43.84	350m: 4:51.48 41.54			
	100m: 1:17.39 41.35	200m: 2:42.28 42.94	300m: 4:09.94 43.82	400m: 5:38.60 47.12			
12.	Slovjaková Diana		2011	PK Žabka adca	5:55.30	275	+ 1:19.20
	50m: 37.15 37.15	150m: 2:02.08 43.89	250m: 3:34.47 46.25	350m: 5:09.33 47.86			
	100m: 1:18.19 41.04	200m: 2:48.22 46.14	300m: 4:21.47 47.00	400m: 5:55.30 45.97			
13.	Šefranková Lucia		2011	PO Ružomberok	6:13.18	238	+ 1:37.08
	50m: 37.90 37.90	150m: 2:08.87 47.79	250m: 3:46.75 48.60	350m: 5:17.22 39.48			
	100m: 1:21.08 43.18	200m: 2:58.15 49.28	300m: 4:37.74 50.99	400m: 6:13.18 55.96			
14.	Staníková Lilien		2011	PK TENAX Žilina	6:14.10	236	+ 1:38.00
	50m: 39.35 39.35	150m: 2:11.10 47.58	250m: 3:48.20 49.10	350m: 5:25.42 47.93			
	100m: 1:23.52 44.17	200m: 2:59.10 48.00	300m: 4:37.49 49.29	400m: 6:14.10 48.68			
15.	Machová Nina		2011	PK Banská Bystrica	6:45.69	185	+ 2:09.59
	50m: 40.69 40.69	150m: 2:19.08 50.57	250m: 4:05.65 53.54	350m: 5:53.01 54.50			
	100m: 1:28.51 47.82	200m: 3:12.11 53.03	300m: 4:58.51 52.86	400m: 6:45.69 52.68			
16.	Smereková Tamara		2011	PO UMB Banská Bystrica	6:49.85	179	+ 2:13.75
	50m: 46.10 46.10	150m: 2:27.42 51.73	250m: 4:12.17 53.04	350m: 5:58.45 52.58			
	100m: 1:35.69 49.59	200m: 3:19.13 51.71	300m: 5:05.87 53.70	400m: 6:49.85 51.40			
17.	Mlynaríková Viola		2011	PO UMB Banská Bystrica	6:52.90	175	+ 2:16.80
	50m: 44.00 44.00	150m: 2:31.16 54.31	250m: 4:21.33 55.22	350m: 6:09.67 53.21			
	100m: 1:36.85 52.85	200m: 3:26.11 54.95	300m: 5:16.46 55.13	400m: 6:52.90 43.23			

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staršie žia ky "A", 13.ro né

1.	Hlavajová Tea		2012	Pk Martin		4:52.72	493		
	50m:	32.44	32.44	150m:	1:45.22	36.88	250m:	3:00.44	37.89
	100m:	1:08.34	35.90	200m:	2:22.55	37.33	300m:	3:38.55	38.11
							350m:	4:16.44	37.89
							400m:	4:52.72	36.28
2.	Štrbáková Simona		2012	Pk Martin		5:00.59	455	+ 7.87	
	50m:	33.90	33.90	150m:	1:47.79	38.00	250m:	3:05.53	39.37
	100m:	1:09.79	35.89	200m:	2:26.16	38.37	300m:	3:44.50	38.97
							350m:	4:23.88	39.38
							400m:	5:00.59	36.71
3.	Mikulášová Tamara		2012	TT Dolný Kubín		5:15.32	394	+ 22.60	
	50m:	35.27	35.27	150m:	1:52.88	39.32	250m:	3:13.66	40.65
	100m:	1:13.56	38.29	200m:	2:33.01	40.13	300m:	3:54.55	40.89
							350m:	4:35.41	40.86
							400m:	5:15.32	39.91
4.	Šrobová Simona		2012	MPK Tvrdošín		5:20.50	375	+ 27.78	
	50m:	35.12	35.12	150m:	1:55.33	40.50	250m:	3:17.30	41.33
	100m:	1:14.83	39.71	200m:	2:35.97	40.64	300m:	3:58.87	41.57
							350m:	4:40.15	41.28
							400m:	5:20.50	40.35
5.	Baloghová Alexandra		2012	PK Banská Bystrica		5:21.70	371	+ 28.98	
	50m:	36.27	36.27	150m:	1:56.31	40.61	250m:	3:18.10	40.91
	100m:	1:15.70	39.43	200m:	2:37.19	40.88	300m:	3:59.74	41.64
							350m:	4:41.13	41.39
							400m:	5:21.70	40.57
6.	Grossmannová Anna		2012	PK Nanti		5:39.34	316	+ 46.62	
	50m:	37.00	37.00	150m:	1:59.63	42.04	250m:	3:27.47	44.41
	100m:	1:17.59	40.59	200m:	2:43.06	43.43	300m:	4:11.31	43.84
							350m:	4:56.84	45.53
							400m:	5:39.34	42.50
7.	Gyénová Natalia		2012	Pk Martin		5:39.57	316	+ 46.85	
	50m:	39.07	39.07	150m:	2:03.99	42.68	250m:	3:29.84	43.06
	100m:	1:21.31	42.24	200m:	2:46.78	42.79	300m:	4:13.49	43.65
							350m:	4:57.39	43.90
							400m:	5:39.57	42.18
8.	Brózová Laura		2012	Nereus Žilina		5:39.87	315	+ 47.15	
	50m:	37.44	37.44	150m:	2:02.05	43.29	250m:	3:29.69	43.97
	100m:	1:18.76	41.32	200m:	2:45.72	43.67	300m:	4:13.26	43.57
							350m:	4:57.34	44.08
							400m:	5:39.87	42.53
9.	Glezková Karolína		2012	PO UMB Banská Bystrica		5:42.53	307	+ 49.81	
	50m:	37.71	37.71	150m:	2:02.60	43.21	250m:	3:30.46	43.93
	100m:	1:19.39	41.68	200m:	2:46.53	43.93	300m:	4:15.11	44.65
							350m:	4:59.62	44.51
							400m:	5:42.53	42.91
10.	Giertlová Tamara		2012	ŠKP Brezno		5:47.37	295	+ 54.65	
	50m:	40.87	40.87	150m:	2:07.94	44.50	250m:	3:37.30	44.86
	100m:	1:23.44	42.57	200m:	2:52.44	44.50	300m:	4:22.84	45.54
							350m:	5:06.84	44.00
							400m:	5:47.37	40.53
11.	Jur ová Dorota		2012	PK Nanti		5:48.16	293	+ 55.44	
	50m:	36.91	36.91	150m:	2:07.81	47.12	250m:	3:38.13	45.30
	100m:	1:20.69	43.78	200m:	2:52.83	45.02	300m:	4:23.76	45.63
							350m:	5:09.92	46.16
							400m:	5:48.16	38.24
12.	Súkeniková Ella		2012	Nereus Žilina		5:50.03	288	+ 57.31	
	50m:	37.49	37.49	150m:	2:02.24	43.17	250m:	3:30.74	44.67
	100m:	1:19.07	41.58	200m:	2:46.07	43.83	300m:	4:16.81	46.07
							350m:	5:04.81	48.00
							400m:	5:50.03	45.22
13.	Chrenová Simona		2012	PK Nanti		6:04.23	256	+ 1:11.51	
	50m:	36.65	36.65	150m:	2:07.76	45.86	250m:	3:41.97	46.29
	100m:	1:21.90	45.25	200m:	2:55.68	47.92	300m:	4:29.83	47.86
							350m:	5:19.72	49.89
							400m:	6:04.23	44.51
14.	Ilkani ová Nina		2012	PO UMB Banská Bystrica		6:28.97	210	+ 1:36.25	
	50m:	40.81	40.81	150m:	2:14.82	47.07	250m:	3:54.41	50.49
	100m:	1:27.75	46.94	200m:	3:03.92	49.10	300m:	4:45.77	51.36
							350m:	5:37.95	52.18
							400m:	6:28.97	51.02
15.	Janovská Natália		2012	Pk Martin		6:37.92	196	+ 1:45.20	
	50m:	43.85	43.85	150m:	2:23.95	50.70	250m:	4:04.70	49.89
	100m:	1:33.25	49.40	200m:	3:14.81	50.86	300m:	4:56.95	52.25
							350m:	5:48.99	52.04
							400m:	6:37.92	48.93
16.	Bursova Natalia		2012	PO Ružomberok		7:34.42	131	+ 2:41.70	
	50m:	44.49	44.49	150m:	2:34.22	55.97	250m:	4:33.26	59.99
	100m:	1:38.25	53.76	200m:	3:33.27	59.05	300m:	5:32.94	59.68
							350m:	6:29.42	56.48
							400m:	7:34.42	1:05.00

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disciplína 2, ženy, 400m vo ný spôsob

mladšie žia ky "B", 12.ro né

1.	Dubovská Nikola	2013	MPK Dolný Kubín	5:17.69	385	
	50m: 36.72 36.72	150m: 1:58.09 41.34	250m: 3:20.84 41.50	350m: 4:41.59 39.25		
	100m: 1:16.75 40.03	200m: 2:39.34 41.25	300m: 4:02.34 41.50	400m: 5:17.69 36.10		
2.	Lešovská Miriama	2013	MPK Dolný Kubín	5:18.17	384	+ 0.48
	50m: 35.74 35.74	150m: 1:54.71 40.47	250m: 3:17.67 42.18	350m: 4:40.59 41.50		
	100m: 1:14.24 38.50	200m: 2:35.49 40.78	300m: 3:59.09 41.42	400m: 5:18.17 37.58		
3.	Krebesová Ema	2013	PK TENAX Žilina	5:26.59	355	+ 8.90
	50m: 36.59 36.59	150m: 1:58.27 41.35	250m: 3:23.02 42.57	350m: 4:47.42 42.15		
	100m: 1:16.92 40.33	200m: 2:40.45 42.18	300m: 4:05.27 42.25	400m: 5:26.59 39.17		
4.	Kubínáková Dominika	2013	MPK Tvrdošín	5:27.40	352	+ 9.71
	50m: 36.69 36.69	150m: 1:58.37 41.22	250m: 3:22.47 42.50	350m: 4:47.37 42.65		
	100m: 1:17.15 40.46	200m: 2:39.97 41.60	300m: 4:04.72 42.25	400m: 5:27.40 40.03		
5.	Ondrušková Nela	2013	PK Banská Bystrica	5:27.96	350	+ 10.27
	50m: 36.14 36.14	150m: 1:58.09 41.80	250m: 3:22.41 42.63	350m: 4:47.58 42.49		
	100m: 1:16.29 40.15	200m: 2:39.78 41.69	300m: 4:05.09 42.68	400m: 5:27.96 40.38		
6.	Belová Darina	2013	Pk Martin	5:28.66	348	+ 10.97
	50m: 36.23 36.23	150m: 1:58.43 41.50	250m: 3:21.76 41.68	350m: 4:47.83 43.14		
	100m: 1:16.93 40.70	200m: 2:40.08 41.65	300m: 4:04.69 42.93	400m: 5:28.66 40.83		
7.	Krivdová Michaela	2013	MPK Tvrdošín	5:29.50	345	+ 11.81
	50m: 36.22 36.22	150m: 2:00.40 42.10	250m: 3:25.55 42.83	350m: 4:50.44 41.89		
	100m: 1:18.30 42.08	200m: 2:42.72 42.32	300m: 4:08.55 43.00	400m: 5:29.50 39.06		
8.	Capandová Romana	2013	Nereus Žilina	5:42.25	308	+ 24.56
	50m: 38.04 38.04	150m: 2:04.17 44.28	250m: 3:32.16 43.87	350m: 4:59.99 44.02		
	100m: 1:19.89 41.85	200m: 2:48.29 44.12	300m: 4:15.97 43.81	400m: 5:42.25 42.26		
9.	Slosárová Natália	2013	MPK Dolný Kubín	5:44.81	301	+ 27.12
	50m: 39.99 39.99	150m: 2:08.43 44.69	250m: 3:36.14 43.19	350m: 5:04.52 44.46		
	100m: 1:23.74 43.75	200m: 2:52.95 44.52	300m: 4:20.06 43.92	400m: 5:44.81 40.29		
10.	Maňošíková Barbora	2013	MPK Tvrdošín	5:46.45	297	+ 28.76
	50m: 38.00 38.00	150m: 2:05.20 44.68	250m: 3:34.60 44.50	350m: 5:04.42 44.17		
	100m: 1:20.52 42.52	200m: 2:50.10 44.90	300m: 4:20.25 45.65	400m: 5:46.45 42.03		
11.	Lauková Alexis	2013	Pk Martin	5:47.63	294	+ 29.94
	50m: 38.38 38.38	150m: 2:04.84 43.59	250m: 3:34.06 45.06	350m: 5:05.56 45.40		
	100m: 1:21.25 42.87	200m: 2:49.00 44.16	300m: 4:20.16 46.10	400m: 5:47.63 42.07		
12.	Lejová Dorota	2013	Pk Martin	5:50.99	286	+ 33.30
	50m: 38.29 38.29	150m: 2:09.39 48.09	250m: 3:34.35 43.16	350m: 5:06.27 46.42		
	100m: 1:21.30 43.01	200m: 2:51.19 41.80	300m: 4:19.85 45.50	400m: 5:50.99 44.72		
13.	Žuffová Nela	2013	MPK Tvrdošín	5:54.84	276	+ 37.15
	50m: 39.09 39.09	150m: 2:09.69 45.78	250m: 3:42.51 46.82	350m: 5:13.94 45.28		
	100m: 1:23.91 44.82	200m: 2:55.69 46.00	300m: 4:28.66 46.15	400m: 5:54.84 40.90		
14.	Medlová Simona	2013	Pk Martin	5:58.16	269	+ 40.47
	50m: 37.91 37.91	150m: 2:09.97 48.63	250m: 3:38.59 49.07	350m: 5:11.44 45.63		
	100m: 1:21.34 43.43	200m: 2:49.52 39.55	300m: 4:25.81 47.22	400m: 5:58.16 46.72		
15.	Tašková Timea	2013	Nereus Žilina	6:05.66	253	+ 47.97
	50m: 37.59 37.59	150m: 2:10.84 47.21	250m: 3:45.22 47.44	350m: 5:18.88 47.19		
	100m: 1:23.63 46.04	200m: 2:57.78 46.94	300m: 4:31.69 46.47	400m: 6:05.66 46.78		
16.	Kubínová Rebeka	2013	MPK Dolný Kubín	6:11.24	241	+ 53.55
	50m: 40.39 40.39	150m: 2:15.92 48.08	250m: 3:50.71 46.97	350m: 5:27.46 48.12		
	100m: 1:27.84 47.45	200m: 3:03.74 47.82	300m: 4:39.34 48.63	400m: 6:11.24 43.78		
17.	Balková Ema	2013	MPK Dolný Kubín	6:17.09	230	+ 59.40
	50m: 40.19 40.19	150m: 2:15.42 48.59	250m: 3:53.27 49.51	350m: 5:32.07 49.11		
	100m: 1:26.83 46.64	200m: 3:03.76 48.34	300m: 4:42.96 49.69	400m: 6:17.09 45.02		
18.	Paesová Ela	2013	MPK Dolný Kubín	6:33.25	203	+ 1:15.56
	50m: 45.62 45.62	150m: 2:28.47 51.75	250m: 4:11.08 51.14	350m: 5:49.47 48.32		
	100m: 1:36.72 51.10	200m: 3:19.94 51.47	300m: 5:01.15 50.07	400m: 6:33.25 43.78		

Jesenné M-SSO - dlhé trate
Dolný Kubín, 28.9.2025

disciplína 2, žia ky, 400m vo ný spôsob, mladšie žia ky "B", 12.ro né

Por.	Meno	Ro .	Klub	as	RT	Body	Odstup
19.	Martonová Nela	2013	PK Banská Bystrica	6:40.30		192	+ 1:22.61
	50m: 42.30 42.30	150m: 2:25.90 52.90	250m: 4:09.62 51.25	350m: 5:51.37 50.58			
	100m: 1:33.00 50.70	200m: 3:18.37 52.47	300m: 5:00.79 51.17	400m: 6:40.30 48.93			
20.	Džuponová Barbora	2013	PK Žabka adca	7:09.25		156	+ 1:51.56
	50m: 41.34 41.34	150m: 2:22.81 52.78	250m: 4:12.31 55.72	350m: 6:07.78 58.75			
	100m: 1:30.03 48.69	200m: 3:16.59 53.78	300m: 5:09.03 56.72	400m: 7:09.25 1:01.47			
21.	Oravcova Natalia	2013	Swim Warriors	7:19.03		146	+ 2:01.34
	50m: 45.25 45.25	150m: 2:32.00 54.25	250m: 4:21.25 55.35	350m: 6:07.93 52.25			
	100m: 1:37.75 52.50	200m: 3:25.90 53.90	300m: 5:15.68 54.43	400m: 7:19.03 1:11.10			
22.	urková Paulína	2013	PK TENAX Žilina	7:24.42		140	+ 2:06.73
	50m: 45.25 45.25	150m: 2:34.63 55.82	250m: 4:27.38 56.78	350m: 6:18.49 54.39			
	100m: 1:38.81 53.56	200m: 3:30.60 55.97	300m: 5:24.10 56.72	400m: 7:24.42 1:05.93			
23.	Fliegová Angie Rachel	2013	PO Ružomberok	7:38.51		128	+ 2:20.82
	50m: 45.84 45.84	150m: 2:41.62 58.86	250m: 4:45.26 1:04.64	350m: 6:43.72 57.03			
	100m: 1:42.76 56.92	200m: 3:40.62 59.00	300m: 5:46.69 1:01.43	400m: 7:38.51 54.79			
DSQ	Chomová Amália	2013	PK Banská Bystrica				
	<i>SW 10.2 - Pretekár nepreplával celú vzdialenos sám.</i>						

mladšie žia ky "B", 11.ro né

1.	Gajanová Dorota	2014	PK TENAX Žilina	5:25.03		360	
	50m: 36.34 36.34	150m: 1:58.63 41.57	250m: 3:23.06 42.50	350m: 4:45.70 41.29			
	100m: 1:17.06 40.72	200m: 2:40.56 41.93	300m: 4:04.41 41.35	400m: 5:25.03 39.33			
2.	Šišková Eliška	2014	MPK Dolný Kubín	5:33.42		333	+ 8.39
	50m: 35.56 35.56	150m: 1:58.33 42.04	250m: 3:24.84 43.38	350m: 4:51.65 43.90			
	100m: 1:16.29 40.73	200m: 2:41.46 43.13	300m: 4:07.75 42.91	400m: 5:33.42 41.77			
3.	Machavová Nina	2014	PO UMB Banská Bystrica	5:47.58		294	+ 22.55
	50m: 39.74 39.74	150m: 2:07.77 44.14	250m: 3:36.66 43.88	350m: 5:06.50 44.28			
	100m: 1:23.63 43.89	200m: 2:52.78 45.01	300m: 4:22.22 45.56	400m: 5:47.58 41.08			
4.	Hnilicová Isabella	2014	PK Martin	5:54.06		278	+ 29.03
	50m: 37.64 37.64	150m: 2:07.09 46.09	250m: 3:40.49 46.19	350m: 5:13.20 46.64			
	100m: 1:21.00 43.36	200m: 2:54.30 47.21	300m: 4:26.56 46.07	400m: 5:54.06 40.86			
5.	Hanusová Jesica	2014	Nereus Žilina	5:55.16		276	+ 30.13
	50m: 38.51 38.51	150m: 2:09.23 46.04	250m: 3:40.98 46.14	350m: 5:13.16 46.82			
	100m: 1:23.19 44.68	200m: 2:54.84 45.61	300m: 4:26.34 45.36	400m: 5:55.16 42.00			
6.	K azúrová Nela	2014	MPK Dolný Kubín	5:58.81		267	+ 33.78
	50m: 39.51 39.51	150m: 2:09.60 45.54	250m: 3:41.56 45.68	350m: 5:11.14 43.25			
	100m: 1:24.06 44.55	200m: 2:55.88 46.28	300m: 4:27.89 46.33	400m: 5:58.81 47.67			
7.	Klincková Viktória	2014	PK Rimavská Sobota	5:59.76		265	+ 34.73
	50m: 38.97 38.97	150m: 2:08.12 45.18	250m: 3:40.12 45.53	350m: 5:13.87 46.53			
	100m: 1:22.94 43.97	200m: 2:54.59 46.47	300m: 4:27.34 47.22	400m: 5:59.76 45.89			
8.	Merková Kristína	2014	PK Banská Bystrica	5:59.86		265	+ 34.83
	50m: 38.53 38.53	150m: 2:09.11 46.15	250m: 3:42.36 46.72	350m: 5:15.53 46.25			
	100m: 1:22.96 44.43	200m: 2:55.64 46.53	300m: 4:29.28 46.92	400m: 5:59.86 44.33			
9.	Luká ová Ema	2014	PK Martin	6:00.00		265	+ 34.97
	50m: 39.42 39.42	150m: 2:10.74 45.89	250m: 3:43.47 46.37	350m: 5:17.38 46.45			
	100m: 1:24.85 45.43	200m: 2:57.10 46.36	300m: 4:30.93 47.46	400m: 6:00.00 42.62			
10.	Troupová Lea	2014	MPK Dolný Kubín	6:01.86		261	+ 36.83
	50m: 39.28 39.28	150m: 2:09.86 45.68	250m: 3:43.36 46.65	350m: 5:17.31 47.45			
	100m: 1:24.18 44.90	200m: 2:56.71 46.85	300m: 4:29.86 46.50	400m: 6:01.86 44.55			
11.	Figei Vivien	2014	PK Rimavská Sobota	6:02.81		259	+ 37.78
	50m: 38.38 38.38	150m: 2:10.87 47.20	250m: 3:44.87 47.31	350m: 5:17.99 46.89			
	100m: 1:23.67 45.29	200m: 2:57.56 46.69	300m: 4:31.10 46.23	400m: 6:02.81 44.82			

Jesenné M-SSO - dlhé trate
Dolný Kubín, 28.9.2025

disciplína 2, žia ky, 400m vo ný spôsob, mladšie žia ky "B", 11.ro né

Por.	Meno	Ro .	Klub	as	RT	Body	Odstup
12.	Blahušiaková Nelka	2014	Pk Martin	6:08.17		247	+ 43.14
	50m: 38.92 38.92	150m: 2:13.09	48.56	250m: 3:49.17	47.86	350m: 5:25.17	47.10
	100m: 1:24.53 45.61	200m: 3:01.31	48.22	300m: 4:38.07	48.90	400m: 6:08.17	43.00
13.	Poláková Kristína	2014	Nereus Žilina	6:11.34		241	+ 46.31
	50m: 37.78 37.78	150m: 2:11.53	47.69	250m: 3:49.60	50.01	350m: 5:27.14	49.79
	100m: 1:23.84 46.06	200m: 2:59.59	48.06	300m: 4:37.35	47.75	400m: 6:11.34	44.20
14.	Puch ová Zuzana	2014	MPK Tvrdošín	6:13.03		238	+ 48.00
	50m: 39.96 39.96	150m: 2:13.34	47.81	250m: 3:49.78	48.00	350m: 5:27.84	48.50
	100m: 1:25.53 45.57	200m: 3:01.78	48.44	300m: 4:39.34	49.56	400m: 6:13.03	45.19
15.	Konôpková Michaela	2014	PK Banská Bystrica	6:29.35		209	+ 1:04.32
	50m: 41.70 41.70	150m: 2:19.93	49.88	250m: 4:01.75	50.95	350m: 5:41.85	48.56
	100m: 1:30.05 48.35	200m: 3:10.80	50.87	300m: 4:53.29	51.54	400m: 6:29.35	47.50
16.	Dziurová Ela	2014	Pk Martin	6:33.30		203	+ 1:08.27
	50m: 41.40 41.40	150m: 2:22.50	52.75	250m: 4:06.50	51.35	350m: 5:48.37	48.12
	100m: 1:29.75 48.35	200m: 3:15.15	52.65	300m: 5:00.25	53.75	400m: 6:33.30	44.93
17.	Celecova Anna	2014	MPK Dolný Kubín	6:35.16		200	+ 1:10.13
	50m: 41.93 41.93	150m: 2:26.40	52.85	250m: 4:09.02	51.40	350m: 5:51.83	51.00
	100m: 1:33.55 51.62	200m: 3:17.62	51.22	300m: 5:00.83	51.81	400m: 6:35.16	43.33
18.	Zá ová Zuzana	2014	MPK Dolný Kubín	6:41.41		191	+ 1:16.38
	50m: 44.09 44.09	150m: 2:25.87	51.71	250m: 4:11.94	52.82	350m: 5:51.44	49.22
	100m: 1:34.16 50.07	200m: 3:19.12	53.25	300m: 5:02.22	50.28	400m: 6:41.41	49.97
19.	Glezgová Rebeka	2014	PO UMB Banská Bystrica	6:42.97		189	+ 1:17.94
	50m: 44.72 44.72	150m: 2:26.72	51.78	250m: 4:10.72	52.25	350m: 5:53.97	52.18
	100m: 1:34.94 50.22	200m: 3:18.47	51.75	300m: 5:01.79	51.07	400m: 6:42.97	49.00
20.	Gallová Stela	2014	MPK Dolný Kubín	6:44.95		186	+ 1:19.92
	50m: 41.73 41.73	150m: 2:25.84	52.49	250m: 4:11.92	52.62	350m: 5:55.98	51.44
	100m: 1:33.35 51.62	200m: 3:19.30	53.46	300m: 5:04.54	52.62	400m: 6:44.95	48.97
21.	Mikulášová Alžbetka	2014	MPK Dolný Kubín	6:53.50		175	+ 1:28.47
	50m: 43.51 43.51	150m: 2:28.40	53.36	250m: 4:15.79	54.35	350m: 6:02.40	52.89
	100m: 1:35.04 51.53	200m: 3:21.44	53.04	300m: 5:09.51	53.72	400m: 6:53.50	51.10
22.	Božo ová Tamara	2014	MPK Dolný Kubín	6:55.09		173	+ 1:30.06
	50m: 43.70 43.70	150m: 2:29.13	53.40	250m: 4:16.41	53.85	350m: 6:04.38	54.07
	100m: 1:35.73 52.03	200m: 3:22.56	53.43	300m: 5:10.31	53.90	400m: 6:55.09	50.71
23.	Knapcová Tereza	2014	Nereus Žilina	7:16.47		148	+ 1:51.44
	50m: 46.97 46.97	150m: 2:37.22	55.50	250m: 4:30.75	57.03	350m: 6:22.83	55.36
	100m: 1:41.72 54.75	200m: 3:33.72	56.50	300m: 5:27.47	56.72	400m: 7:16.47	53.64
24.	Lopatko Yelyzaveta	2014	Nereus Žilina	7:24.91		140	+ 1:59.88
	50m: 45.62 45.62	150m: 2:36.72	57.10	250m: 4:34.12	59.40	350m: 6:27.34	55.29
	100m: 1:39.62 54.00	200m: 3:34.72	58.00	300m: 5:32.05	57.93	400m: 7:24.91	57.57
25.	Rošteková Petra	2014	Pk Martin	7:26.51		139	+ 2:01.48
	50m: 48.11 48.11	150m: 2:35.11	52.30	250m: 4:39.11	1:00.82	350m: 6:32.75	58.58
	100m: 1:42.81 54.70	200m: 3:38.29	1:03.18	300m: 5:34.17	55.06	400m: 7:26.51	53.76
26.	Halušková Anna	2014	PO Ružomberok	7:35.88		130	+ 2:10.85
	50m: 48.28 48.28	150m: 2:42.00	57.84	250m: 4:41.63	1:00.41	350m: 6:42.59	1:02.56
	100m: 1:44.16 55.88	200m: 3:41.22	59.22	300m: 5:40.03	58.40	400m: 7:35.88	53.29
27.	Weisová Stela	2014	Nereus Žilina	7:42.72		124	+ 2:17.69
	50m: 49.03 49.03	150m: 2:46.17	59.57	250m: 4:45.67	1:00.43	350m: 6:44.70	59.12
	100m: 1:46.60 57.57	200m: 3:45.24	59.07	300m: 5:45.58	59.91	400m: 7:42.72	58.02
DSQ	Aleksandrova Milana	2014	PK Nanti				
	<i>SW 4.4 - Štart pred štartovným povelom.</i>						