

Provinciale Kampioenschappen Korte Baan 2025
Diksmuide, 11 - 12/10/2025

Programmanr. 21
12/10/2025 - 9:27

Dames, 400m wisselslag

11 jaar en ouder
Resultaten

Punten: AQUA 2025

Rang				Inschr.	Tijd	Pnt						
13 jaar												
1.	VELGHE, Laura			IKZ/21118/12	5:24.35	5:23.43	492					
	50m:	35.17	35.17	150m:	1:57.61	40.72	250m:	3:24.31	47.17	350m:	4:47.89	37.38
	100m:	1:16.89	41.72	200m:	2:37.14	39.53	300m:	4:10.51	46.20	400m:	5:23.43	35.54

14 jaar												
1.	SCHACHT, Hanne			IKZ/21104/11	5:22.78	5:26.03	481					
	50m:	36.34	36.34	150m:	2:00.60	41.42	250m:	3:26.56	43.95	350m:	4:50.30	37.41
	100m:	1:19.18	42.84	200m:	2:42.61	42.01	300m:	4:12.89	46.33	400m:	5:26.03	35.73
2.	FEYS, Farah			KZK/21126/11	5:36.77	5:31.78	456					
	50m:	34.77	34.77	150m:	1:59.16	44.01	250m:	3:30.28	48.36	350m:	4:56.88	37.55
	100m:	1:15.15	40.38	200m:	2:41.92	42.76	300m:	4:19.33	49.05	400m:	5:31.78	34.90
3.	VANLANCKER, Ynthe			DMI/21073/11	6:08.14	5:52.04	382					
	50m:	35.21	35.21	150m:	2:03.62	45.51	250m:	3:33.81	47.09	350m:	5:08.54	45.68
	100m:	1:18.11	42.90	200m:	2:46.72	43.10	300m:	4:22.86	49.05	400m:	5:52.04	43.50

15 - 16 jaar												
1.	DECOUTERE, Imani			KZK/21111/10	5:11.87	5:13.56	540					
	50m:	33.05	33.05	150m:	1:51.20	40.27	250m:	3:16.43	45.85	350m:	4:38.31	36.07
	100m:	1:10.93	37.88	200m:	2:30.58	39.38	300m:	4:02.24	45.81	400m:	5:13.56	35.25
2.	BOUTTELEGIER, Anaïs			ZB/21071/09	5:39.60	5:36.43	437					
	50m:	35.65	35.65	150m:	2:02.78	44.22	250m:	3:31.40	45.53	350m:	4:58.05	39.76
	100m:	1:18.56	42.91	200m:	2:45.87	43.09	300m:	4:18.29	46.89	400m:	5:36.43	38.38
3.	DEPUYDT, Hasse			IKZ/21166/09	5:44.79	5:37.37	434					
	50m:	34.49	34.49	150m:	1:58.95	43.11	250m:	3:31.12	49.84	350m:	5:00.66	39.55
	100m:	1:15.84	41.35	200m:	2:41.28	42.33	300m:	4:21.11	49.99	400m:	5:37.37	36.71
4.	ANDRIES, Febe			BZK/21384/09	5:39.24	5:51.70	383					
	50m:	35.23	35.23	150m:	2:06.51	48.63	250m:	3:41.07	48.12	350m:	5:12.74	40.75
	100m:	1:17.88	42.65	200m:	2:52.95	46.44	300m:	4:31.99	50.92	400m:	5:51.70	38.96
dis	CARIS, Marthe			dis:KWZC/21113/10	5:35.88							
	<i>SW 6.2 - Rugligging verlaten, behalve bij KP met borstligging</i>											

17 jaar en ouder												
1.	DEBECKER, Charlotte			DMI/21010/08	5:11.81	4:58.55	626					
	50m:	32.55	32.55	150m:	1:47.67	37.93	250m:	3:08.66	42.96	350m:	4:25.99	33.94
	100m:	1:09.74	37.19	200m:	2:25.70	38.03	300m:	3:52.05	43.39	400m:	4:58.55	32.56
2.	CARIS, Louise			KWZC/21111/08	5:32.30	5:48.49	394					
	50m:	38.47	38.47	150m:	2:10.84	44.35	250m:	3:42.30	48.61	350m:	5:10.88	39.31
	100m:	1:26.49	48.02	200m:	2:53.69	42.85	300m:	4:31.57	49.27	400m:	5:48.49	37.61