

Finále, 5. kolo Slovenského pohára
Štúrovo, 13.9.2025

disciplína 6
13.09.2025 - 13:00

3000m vo ný spôsob

25 - 79 ro .
Výsledky

bodovanie: AQUA 2024

Por.	Meno	Ro .	Klub	as	RT	Body	Odstup	
35 - 39 ro ., muži								
1.	Macho Matej	1988	PVK Bratislava	39:18.99		402		
	100m: 1:15.16	1:15.16	900m: 11:43.71	1:17.83	1700m: 22:16.10	1:18.11	2500m: 32:50.50	1:20.83
	200m: 2:33.75	1:18.59	1000m: 13:01.86	1:18.15	1800m: 23:34.47	1:18.37	2600m: 34:08.61	1:18.11
	300m: 3:52.68	1:18.93	1100m: 14:19.69	1:17.83	1900m: 24:53.20	1:18.73	2700m: 35:27.89	1:19.28
	400m: 5:11.31	1:18.63	1200m: 15:38.13	1:18.44	2000m: 26:12.25	1:19.05	2800m: 36:46.76	1:18.87
	500m: 6:29.72	1:18.41	1300m: 16:56.33	1:18.20	2100m: 27:31.22	1:18.97	2900m: 38:04.72	1:17.96
	600m: 7:48.57	1:18.85	1400m: 18:15.23	1:18.90	2200m: 28:50.68	1:19.46	3000m: 39:18.99	1:14.27
	700m: 9:07.48	1:18.91	1500m: 19:34.82	1:19.59	2300m: 30:10.12	1:19.44		
	800m: 10:25.88	1:18.40	1600m: 20:57.99	1:23.17	2400m: 31:29.67	1:19.55		

40 - 44 ro ., muži

1.	T sér Alexander	1985	ŠK TopRunDS	1:00:27.00		110		
	100m: 1:43.40	1:43.40	900m: 17:10.15	2:00.18	1700m: 33:17.41	2:02.64	2500m: 50:01.15	2:09.23
	200m: 3:36.43	1:53.03	1000m: 19:08.89	1:58.74	1800m: 35:18.15	2:00.74	2600m: 52:06.09	2:04.94
	300m: 5:29.66	1:53.23	1100m: 21:08.36	1:59.47	1900m: 37:24.04	2:05.89	2700m: 54:15.30	2:09.21
	400m: 7:22.00	1:52.34	1200m: 23:08.19	1:59.83	2000m: 39:31.25	2:07.21	2800m: 56:22.27	2:06.97
	500m: 9:14.52	1:52.52	1300m: 25:09.20	2:01.01	2100m: 41:37.29	2:06.04	2900m: 58:26.38	2:04.11
	600m: 11:09.95	1:55.43	1400m: 27:10.21	2:01.01	2200m: 43:40.16	2:02.87	3000m:1:00:27.00	2:00.62
	700m: 13:10.33	2:00.38	1500m: 29:10.49	2:00.28	2300m: 45:44.51	2:04.35		
	800m: 15:09.97	1:59.64	1600m: 31:14.77	2:04.28	2400m: 47:51.92	2:07.41		

45 - 49 ro ., muži

1.	amaj Ján	1978	PK Banská Štiavnica	44:07.95		284		
	100m: 1:19.47	1:19.47	900m: 12:58.28	1:28.33	1700m: 24:49.97	1:30.08	2500m: 36:49.09	1:29.25
	200m: 2:45.37	1:25.90	1000m: 14:26.54	1:28.26	1800m: 26:19.98	1:30.01	2600m: 38:18.28	1:29.19
	300m: 4:12.55	1:27.18	1100m: 15:54.66	1:28.12	1900m: 27:50.09	1:30.11	2700m: 39:47.46	1:29.18
	400m: 5:39.78	1:27.23	1200m: 17:23.61	1:28.95	2000m: 29:19.71	1:29.62	2800m: 41:16.56	1:29.10
	500m: 7:07.20	1:27.42	1300m: 18:52.37	1:28.76	2100m: 30:49.92	1:30.21	2900m: 42:45.10	1:28.54
	600m: 8:34.91	1:27.71	1400m: 20:21.75	1:29.38	2200m: 32:19.87	1:29.95	3000m: 44:07.95	1:22.85
	700m: 10:01.38	1:26.47	1500m: 21:50.70	1:28.95	2300m: 33:50.21	1:30.34		
	800m: 11:29.95	1:28.57	1600m: 23:19.89	1:29.19	2400m: 35:19.84	1:29.63		
2.	Horák Jaroslav	1978	PSK Žilina	48:26.44		215	+ 4:18.49	
	100m: 1:29.01	1:29.01	900m: 14:16.44	1:37.16	1700m: 27:14.47	1:37.16	2500m: 40:19.09	1:38.62
	200m: 3:03.34	1:34.33	1000m: 15:53.12	1:36.68	1800m: 28:52.18	1:37.71	2600m: 41:58.00	1:38.91
	300m: 4:38.78	1:35.44	1100m: 17:28.44	1:35.32	1900m: 30:29.56	1:37.38	2700m: 43:36.56	1:38.56
	400m: 6:13.78	1:35.00	1200m: 19:06.28	1:37.84	2000m: 32:06.78	1:37.22	2800m: 45:15.50	1:38.94
	500m: 7:49.72	1:35.94	1300m: 20:43.78	1:37.50	2100m: 33:44.18	1:37.40	2900m: 46:53.12	1:37.62
	600m: 9:25.78	1:36.06	1400m: 22:21.78	1:38.00	2200m: 35:22.15	1:37.97	3000m: 48:26.44	1:33.32
	700m: 11:02.50	1:36.72	1500m: 24:00.15	1:38.37	2300m: 37:01.00	1:38.85		
	800m: 12:39.28	1:36.78	1600m: 25:37.31	1:37.16	2400m: 38:40.47	1:39.47		

55 - 59 ro ., muži

1.	Broani Ivan	1967	PSK Žilina	47:09.82		233		
	100m: 1:22.38	1:22.38	900m: 13:47.14	1:33.88	1700m: 26:29.17	1:36.72	2500m: 39:22.02	1:37.73
	200m: 2:52.75	1:30.37	1000m: 15:22.65	1:35.51	1800m: 28:06.33	1:37.16	2600m: 40:57.00	1:34.98
	300m: 4:26.50	1:33.75	1100m: 16:58.04	1:35.39	1900m: 29:42.91	1:36.58	2700m: 42:33.13	1:36.13
	400m: 5:58.59	1:32.09	1200m: 18:32.30	1:34.26	2000m: 31:20.87	1:37.96	2800m: 44:07.68	1:34.55
	500m: 7:31.32	1:32.73	1300m: 20:08.86	1:36.56	2100m: 32:54.94	1:34.07	2900m: 45:41.52	1:33.84
	600m: 9:05.53	1:34.21	1400m: 21:44.12	1:35.26	2200m: 34:34.61	1:39.67	3000m: 47:09.82	1:28.30
	700m: 10:38.55	1:33.02	1500m: 23:19.07	1:34.95	2300m: 36:08.40	1:33.79		
	800m: 12:13.26	1:34.71	1600m: 24:52.45	1:33.38	2400m: 37:44.29	1:35.89		

Finále, 5. kolo Slovenského pohára
Štúrovo, 13.9.2025

disciplína 6, muži, 3000m vo ný spôsob, 55 - 59 ro .

Por.	Meno	Ro .	Klub	as	RT	Body	Odstup	
2.	Gálffy Tibor	1969	ŠK TopRunDS	1:08:11.85		77	+21:02.03	
	100m: 1:50.94	1:50.94	900m: 19:07.63	2:09.89	1700m: 36:56.79	2:19.75	2500m: 55:57.94	2:20.34
	200m: 3:57.04	2:06.10	1000m: 21:17.49	2:09.86	1800m: 39:15.89	2:19.10	2600m: 58:27.83	2:29.89
	300m: 6:05.15	2:08.11	1100m: 23:27.94	2:10.45	1900m: 41:41.07	2:25.18	2700m:1:01:00.00	2:32.17
	400m: 8:13.64	2:08.49	1200m: 25:39.93	2:11.99	2000m: 44:01.42	2:20.35	2800m:1:03:39.23	2:39.23
	500m: 10:23.76	2:10.12	1300m: 27:52.50	2:12.57	2100m: 46:28.39	2:26.97	2900m:1:06:01.20	2:21.97
	600m: 12:34.82	2:11.06	1400m: 30:07.23	2:14.73	2200m: 48:46.24	2:17.85	3000m:1:08:11.85	2:10.65
	700m: 14:48.00	2:13.18	1500m: 32:21.02	2:13.79	2300m: 51:08.21	2:21.97		
	800m: 16:57.74	2:09.74	1600m: 34:37.04	2:16.02	2400m: 53:37.60	2:29.39		

60 - 64 ro ., muži

1.	Laincz Jaroslav	1965	adové Medvede Bratislava	52:43.73		166		
	100m: 1:36.77	1:36.77	900m: 15:26.75	1:44.07	1700m: 29:29.42	1:45.43	2500m: 43:45.38	1:47.21
	200m: 3:19.60	1:42.83	1000m: 17:11.71	1:44.96	1800m: 31:14.26	1:44.84	2600m: 45:32.63	1:47.25
	300m: 5:02.38	1:42.78	1100m: 18:57.18	1:45.47	1900m: 33:00.00	1:45.74	2700m: 47:19.72	1:47.09
	400m: 6:45.73	1:43.35	1200m: 20:42.16	1:44.98	2000m: 34:47.66	1:47.66	2800m: 49:09.07	1:49.35
	500m: 8:29.74	1:44.01	1300m: 22:28.20	1:46.04	2100m: 36:33.03	1:45.37	2900m: 50:56.16	1:47.09
	600m: 10:14.31	1:44.57	1400m: 24:13.79	1:45.59	2200m: 38:21.73	1:48.70	3000m: 52:43.73	1:47.57
	700m: 11:58.21	1:43.90	1500m: 25:58.75	1:44.96	2300m: 40:11.54	1:49.81		
	800m: 13:42.68	1:44.47	1600m: 27:43.99	1:45.24	2400m: 41:58.17	1:46.63		
2.	Soško Miroslav	1965	Matador Púchov	55:35.58		142	+2:51.85	
	100m: 1:35.20	1:35.20	900m: 16:05.50	1:50.51	1700m: 30:54.66	1:52.55	2500m: 46:04.55	1:54.95
	200m: 3:24.02	1:48.82	1000m: 17:55.80	1:50.30	1800m: 32:57.32	2:02.66	2600m: 48:00.19	1:55.64
	300m: 5:11.72	1:47.70	1100m: 19:46.65	1:50.85	1900m: 34:40.13	1:42.81	2700m: 49:55.86	1:55.67
	400m: 7:00.66	1:48.94	1200m: 21:37.27	1:50.62	2000m: 36:32.55	1:52.42	2800m: 51:50.54	1:54.68
	500m: 8:49.08	1:48.42	1300m: 23:27.86	1:50.59	2100m: 38:26.18	1:53.63	2900m: 53:43.52	1:52.98
	600m: 10:37.58	1:48.50	1400m: 25:19.43	1:51.57	2200m: 40:21.45	1:55.27	3000m: 55:35.58	1:52.06
	700m: 12:26.15	1:48.57	1500m: 27:11.14	1:51.71	2300m: 42:14.77	1:53.32		
	800m: 14:14.99	1:48.84	1600m: 29:02.11	1:50.97	2400m: 44:09.60	1:54.83		

65 - 69 ro ., muži

1.	Kr ík Jozef	1957	MPK Prievidza	50:15.05		192		
	100m: 1:34.07	1:34.07	900m: 14:46.05	1:38.55	1700m: 28:00.87	1:40.60	2500m: 41:33.88	1:43.48
	200m: 3:13.92	1:39.85	1000m: 16:24.76	1:38.71	1800m: 29:10.11	1:09.24	2600m: 43:17.41	1:43.53
	300m: 4:53.05	1:39.13	1100m: 18:03.42	1:38.66	1900m: 31:22.82	2:12.71	2700m: 45:01.60	1:44.19
	400m: 6:31.70	1:38.65	1200m: 19:42.63	1:39.21	2000m: 33:04.51	1:41.69	2800m: 46:45.51	1:43.91
	500m: 8:10.31	1:38.61	1300m: 21:21.79	1:39.16	2100m: 34:46.41	1:41.90	2900m: 48:30.03	1:44.52
	600m: 9:49.19	1:38.88	1400m: 23:01.17	1:39.38	2200m: 36:28.00	1:41.59	3000m: 50:15.05	1:45.02
	700m: 11:28.59	1:39.40	1500m: 24:40.60	1:39.43	2300m: 38:09.33	1:41.33		
	800m: 13:07.50	1:38.91	1600m: 26:20.27	1:39.67	2400m: 39:50.40	1:41.07		

25 - 29 ro ., ženy

1.	Stašková Paulína	1997	TJ Dunaj Štúrovo	44:16.49		332		
	100m: 1:20.46	1:20.46	900m: 12:59.01	1:28.27	1700m: 24:50.64	1:29.86	2500m: 36:53.47	1:31.71
	200m: 2:45.94	1:25.48	1000m: 14:27.21	1:28.20	1800m: 26:20.64	1:30.00	2600m: 38:24.01	1:30.54
	300m: 4:12.77	1:26.83	1100m: 15:55.78	1:28.57	1900m: 27:50.63	1:29.99	2700m: 39:54.90	1:30.89
	400m: 5:40.06	1:27.29	1200m: 17:24.22	1:28.44	2000m: 29:20.13	1:29.50	2800m: 41:25.02	1:30.12
	500m: 7:07.83	1:27.77	1300m: 18:53.56	1:29.34	2100m: 30:50.39	1:30.26	2900m: 42:54.36	1:29.34
	600m: 8:35.35	1:27.52	1400m: 20:22.22	1:28.66	2200m: 32:20.34	1:29.95	3000m: 44:16.49	1:22.13
	700m: 10:03.03	1:27.68	1500m: 21:51.49	1:29.27	2300m: 33:50.96	1:30.62		
	800m: 11:30.74	1:27.71	1600m: 23:20.78	1:29.29	2400m: 35:21.76	1:30.80		

35 - 39 ro ., ženy

Finále, 5. kolo Slovenského pohára
Štúrovo, 13.9.2025

disciplína 6, ženy, 3000m vo ný spôsob, 35 - 39 ro .

Por.	Meno	Ro .	Klub	as	RT	Body	Odstup	
1.	Klimová Kristína	1986	ŠK TopRunDS	55:48.31		166		
	100m: 1:46.58	1:46.58	900m: 16:39.01	1:51.25	1700m: 31:27.96	1:51.10	2500m: 46:26.09	1:52.55
	200m: 3:37.61	1:51.03	1000m: 18:30.22	1:51.21	1800m: 33:18.95	1:50.99	2600m: 48:18.58	1:52.49
	300m: 5:29.64	1:52.03	1100m: 20:21.51	1:51.29	1900m: 35:11.35	1:52.40	2700m: 50:12.52	1:53.94
	400m: 7:21.98	1:52.34	1200m: 22:12.86	1:51.35	2000m: 37:03.16	1:51.81	2800m: 52:05.75	1:53.23
	500m: 9:14.48	1:52.50	1300m: 24:03.80	1:50.94	2100m: 38:55.92	1:52.76	2900m: 53:59.12	1:53.37
	600m: 11:06.20	1:51.72	1400m: 25:54.89	1:51.09	2200m: 40:47.67	1:51.75	3000m: 55:48.31	1:49.19
	700m: 12:57.32	1:51.12	1500m: 27:45.39	1:50.50	2300m: 42:40.41	1:52.74		
	800m: 14:47.76	1:50.44	1600m: 29:36.86	1:51.47	2400m: 44:33.54	1:53.13		

45 - 49 ro ., ženy

1.	Lutterová Ivana	1980	Vitale	52:09.35		203		
	100m: 1:35.86	1:35.86	900m: 15:40.20	2:08.72	1700m: 29:06.93	1:44.07	2500m: 43:16.63	1:46.67
	200m: 3:16.50	1:40.64	1000m: 16:58.34	1:18.14	1800m: 30:52.15	1:45.22	2600m: 45:04.55	1:47.92
	300m: 4:57.92	1:41.42	1100m: 18:42.39	1:44.05	1900m: 32:34.72	1:42.57	2700m: 46:51.24	1:46.69
	400m: 6:40.53	1:42.61	1200m: 20:26.45	1:44.06	2000m: 34:21.14	1:46.42	2800m: 48:39.79	1:48.55
	500m: 8:23.06	1:42.53	1300m: 22:10.86	1:44.41	2100m: 36:07.71	1:46.57	2900m: 50:26.68	1:46.89
	600m: 10:05.39	1:42.33	1400m: 23:24.50	1:13.64	2200m: 37:55.34	1:47.63	3000m: 52:09.35	1:42.67
	700m: 11:47.71	1:42.32	1500m: 25:38.61	2:14.11	2300m: 39:44.10	1:48.76		
	800m: 13:31.48	1:43.77	1600m: 27:22.86	1:44.25	2400m: 41:29.96	1:45.86		
2.	Fleming Eva	1976	MPK Prievidza	55:12.71		171	+ 3:03.36	
	100m: 1:36.82	1:36.82	900m: 16:05.94	1:48.73	1700m: 30:49.18	1:50.22	2500m: 45:48.64	1:53.20
	200m: 3:32.33	1:55.51	1000m: 17:56.05	1:50.11	1800m: 32:39.88	1:50.70	2600m: 47:40.48	1:51.84
	300m: 5:09.62	1:37.29	1100m: 19:47.16	1:51.11	1900m: 34:33.14	1:53.26	2700m: 49:36.63	1:56.15
	400m: 6:57.95	1:48.33	1200m: 21:37.49	1:50.33	2000m: 36:24.35	1:51.21	2800m: 51:28.71	1:52.08
	500m: 8:46.55	1:48.60	1300m: 23:28.53	1:51.04	2100m: 38:18.21	1:53.86	2900m: 53:22.55	1:53.84
	600m: 10:35.45	1:48.90	1400m: 25:19.84	1:51.31	2200m: 40:11.03	1:52.82	3000m: 55:12.71	1:50.16
	700m: 12:23.80	1:48.35	1500m: 27:09.77	1:49.93	2300m: 42:02.61	1:51.58		
	800m: 14:17.21	1:53.41	1600m: 28:58.96	1:49.19	2400m: 43:55.44	1:52.83		
3.	Hošeková Katarína	1977	MPK Prievidza	1:05:23.48		103	+ 13:14.13	
	100m: 1:56.82	1:56.82	900m: 18:45.02	2:09.68	1700m: 36:16.66	2:13.94	2500m: 54:10.34	2:12.68
	200m: 4:00.27	2:03.45	1000m: 20:53.24	2:08.22	1800m: 38:31.02	2:14.36	2600m: 56:25.38	2:15.04
	300m: 6:02.22	2:01.95	1100m: 23:02.91	2:09.67	1900m: 40:45.70	2:14.68	2700m: 58:40.52	2:15.14
	400m: 8:05.73	2:03.51	1200m: 25:15.91	2:13.00	2000m: 43:00.97	2:15.27	2800m:1:00:55.04	2:14.52
	500m: 10:11.24	2:05.51	1300m: 27:27.46	2:11.55	2100m: 45:13.25	2:12.28	2900m:1:03:04.50	2:09.46
	600m: 12:18.62	2:07.38	1400m: 29:38.72	2:11.26	2200m: 47:27.12	2:13.87	3000m:1:05:23.48	2:18.98
	700m: 14:27.28	2:08.66	1500m: 31:57.72	2:12.00	2300m: 49:42.97	2:15.85		
	800m: 16:35.34	2:08.06	1600m: 34:02.72	2:12.00	2400m: 51:57.66	2:14.69		

60 - 64 ro ., ženy

1.	Lainczová Monika	1965	adové Medvede Bratislava	1:20:26.34		55		
	100m: 2:22.22	2:22.22	900m: 23:09.94	2:38.65	1700m: 44:37.80	2:42.89	2500m:1:06:41.15	2:45.84
	200m: 4:56.32	2:34.10	1000m: 25:48.45	2:38.51	1800m: 47:22.50	2:44.70	2600m:1:09:27.32	2:46.17
	300m: 7:31.08	2:34.76	1100m: 28:28.29	2:39.84	1900m: 50:06.00	2:43.50	2700m:1:12:10.56	2:43.24
	400m: 10:07.18	2:36.10	1200m: 31:08.30	2:40.01	2000m: 52:53.08	2:47.08	2800m:1:14:53.91	2:43.35
	500m: 12:42.74	2:35.56	1300m: 33:48.22	2:39.92	2100m: 55:37.63	2:44.55	2900m:1:17:40.62	2:46.71
	600m: 15:18.27	2:35.53	1400m: 36:30.70	2:42.48	2200m: 58:22.16	2:44.53	3000m:1:20:26.34	2:45.72
	700m: 17:54.86	2:36.59	1500m: 39:12.54	2:41.84	2300m:1:01:09.86	2:47.70		
	800m: 20:31.29	2:36.43	1600m: 41:54.91	2:42.37	2400m:1:03:55.31	2:45.45		

65 - 69 ro ., ženy

1.	Ahmed Othmanová Zita	1958	ŠK TopRunDS	1:28:26.92		41		
	100m: 2:36.19	2:36.19	900m: 25:30.74	2:56.08	1700m: 49:30.24	3:00.86	2500m:1:13:28.94	3:04.10
	200m: 5:23.68	2:47.49	1000m: 28:26.70	2:55.96	1800m: 52:28.66	2:58.42	2600m:1:16:29.85	3:00.91
	300m: 8:13.80	2:50.12	1100m: 31:23.56	2:56.86	1900m: 55:25.89	2:57.23	2700m:1:19:29.92	3:00.07
	400m: 11:03.26	2:49.46	1200m: 34:27.34	3:03.78	2000m: 58:25.47	2:59.58	2800m:1:22:28.85	2:58.93
	500m: 13:55.41	2:52.15	1300m: 37:28.45	3:01.11	2100m:1:01:26.56	3:01.09	2900m:1:25:28.82	2:59.97
	600m: 16:48.00	2:52.59	1400m: 40:28.72	3:00.27	2200m:1:04:24.65	2:58.09	3000m:1:28:26.92	2:58.10
	700m: 19:39.79	2:51.79	1500m: 43:28.52	2:59.80	2300m:1:07:25.75	3:01.10		
	800m: 22:34.66	2:54.87	1600m: 46:29.38	3:00.86	2400m:1:10:24.84	2:59.09		