

VZC deel 1
Budel, 5/10/2025

Programmanr. 11
5/10/2025 - 14:25

Heren, 400m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT	
1.	Rick de Greef	ZPK Budel	5:06.78	198400749	4:55.86	
	50m: 31.00	31.00	150m: 1:45.72	37.87	250m: 3:02.32	38.27
	100m: 1:07.85	36.85	200m: 2:24.05	38.33	300m: 3:40.75	38.43
					350m: 4:18.70	37.95
					400m: 4:55.86	37.16
2.	Neel Steensels	ZPK Budel	NT	200101185	5:02.53	
	50m: 32.12	32.12	150m: 1:46.45	38.61	250m: 3:04.42	39.18
	100m: 1:07.84	35.72	200m: 2:25.24	38.79	300m: 3:43.97	39.55
					350m: 4:23.89	39.92
					400m: 5:02.53	38.64
3.	Dyon de Greef	ZPK Budel	5:41.48	198202385	5:34.96	
	50m: 34.57	34.57	150m: 1:58.06	43.27	250m: 3:25.96	43.49
	100m: 1:14.79	40.22	200m: 2:42.47	44.41	300m: 4:09.87	43.91
					350m: 4:53.74	43.87
					400m: 5:34.96	41.22
AFGEM	Ivan Timmers	EOZC	4:56.66	198502601		