

Epreuve 12
04-10-25 - 12:30

400m Libre
championnat DH

10 ans
Liste résultats

Points: AQUA 2025

Rang			AN							Temps	Pts
10 ans, Filles											
1.	ROEST, Norah		15	RDM						6:07.24	
	50m:	38.12 38.12	150m:	2:10.10	47.62	250m:	3:45.62	47.82	350m:	5:21.73	48.40
	100m:	1:22.48 44.36	200m:	2:57.80	47.70	300m:	4:33.33	47.71	400m:	6:07.24	45.51
2.	RENARD, Camille		15	ENLN						6:21.23	
	50m:	38.97 38.97	150m:	2:12.58	48.35	250m:			350m:		
	100m:	1:24.23 45.26	200m:	3:01.94	49.36	300m:	4:42.64		400m:	6:21.23	
3.	PUGENGER, Ophélie		15	ENLN						6:23.83	
	50m:	40.64 40.64	150m:	2:17.46	49.54	250m:	3:57.16	49.85	350m:	5:36.86	49.39
	100m:	1:27.92 47.28	200m:	3:07.31	49.85	300m:	4:47.47	50.31	400m:	6:23.83	46.97
4.	EL KACEM EL ALAOUI, Inès		15	MHN						6:28.35	
	50m:	43.62 43.62	150m:	2:20.14	48.56	250m:	4:01.77	51.09	350m:	5:42.60	49.96
	100m:	1:31.58 47.96	200m:	3:10.68	50.54	300m:	4:52.64	50.87	400m:	6:28.35	45.75
5.	THÈVE, Selene		15	RDM						7:05.65	
	50m:	44.97 44.97	150m:	2:31.47	53.76	250m:	4:20.43	54.74	350m:	6:12.18	56.68
	100m:	1:37.71 52.74	200m:	3:25.69	54.22	300m:	5:15.50	55.07	400m:	7:05.65	53.47
6.	HEUX, Manon		15	RDM						7:09.58	
	50m:	45.40 45.40	150m:	2:34.63	54.73	250m:	4:24.74	54.49	350m:	6:16.73	55.25
	100m:	1:39.90 54.50	200m:	3:30.25	55.62	300m:	5:21.48	56.74	400m:	7:09.58	52.85
7.	BERTRAND, Alice		15	MHN						7:11.85	
	50m:		150m:			250m:			350m:		
	100m:		200m:			300m:			400m:	7:11.85	
8.	BOULARD, Valentine		15	BCSG						7:11.88	
	50m:	47.96 47.96	150m:	2:38.77	55.69	250m:			350m:		
	100m:	1:43.08 55.12	200m:	3:32.92	54.15	300m:	5:23.29		400m:	7:11.88	
9.	JONCKHEERE CLAES, Clara		15	MHN						7:22.33	
	50m:	46.22 46.22	150m:	2:41.31	58.33	250m:	4:38.62	56.92	350m:	6:34.48	58.73
	100m:	1:42.98 56.76	200m:	3:41.70	1:00.39	300m:	5:35.75	57.13	400m:	7:22.33	47.85
10.	BRIENNE, Valentine		15	RDM						7:28.06	
	50m:	48.31 48.31	150m:	2:41.99	57.58	250m:	4:36.85	59.51	350m:	6:31.49	57.41
	100m:	1:44.41 56.10	200m:	3:37.34	55.35	300m:	5:34.08	57.23	400m:	7:28.06	56.57
11.	GOSSIEAUX, Lucie		15	BCSG						7:44.54	
	50m:	51.07 51.07	150m:	2:48.51	59.59	250m:	4:50.41	1:02.17	350m:	6:49.50	58.28
	100m:	1:48.92 57.85	200m:	3:48.24	59.73	300m:	5:51.22	1:00.81	400m:	7:44.54	55.04
12.	DOMINGOS, Camille		15	RDM						7:50.84	
	50m:	49.99 49.99	150m:	3:49.11	58.60	250m:	4:49.65		350m:		
	100m:	2:50.51 2:00.52	200m:			300m:	5:49.53	59.88	400m:	7:50.84	
13.	MALEC, Olivia		15	BCSG						8:01.06	
	50m:		150m:			250m:			350m:		
	100m:		200m:			300m:			400m:	8:01.06	
10 ans, Garçons											
1.	BOULANGER, Emilien		15	ENLN						5:58.44	
	50m:	38.38 38.38	150m:	2:08.27	46.19	250m:	3:41.16	46.21	350m:	5:15.44	47.17
	100m:	1:22.08 43.70	200m:	2:54.95	46.68	300m:	4:28.27	47.11	400m:	5:58.44	43.00
2.	HAMMAMI, Haroun		15	ENLN						6:15.77	
	50m:	40.14 40.14	150m:	2:15.76	48.40	250m:	3:52.50	48.96	350m:	5:28.88	47.38
	100m:	1:27.36 47.22	200m:	3:03.54	47.78	300m:	4:41.50	49.00	400m:	6:15.77	46.89
3.	ANTOLINI, Seviano		15	ENLN						6:19.26	
	50m:	40.26 40.26	150m:	2:15.47	48.50	250m:	3:53.15	49.41	350m:	5:31.13	49.69
	100m:	1:26.97 46.71	200m:	3:03.74	48.27	300m:	4:41.44	48.29	400m:	6:19.26	48.13

Epreuve 12, Garçons, 400m Libre, 10 ans

Rang			AN				Temps		Pts
4.	BONVOISIN REMY, Elie		15	ENLN				6:23.34	
	50m:	40.98	40.98	150m:	2:17.43	49.03	250m:	3:56.57	49.61
	100m:	1:28.40	47.42	200m:	3:06.96	49.53	300m:	4:45.77	49.20
							350m:	5:34.86	49.09
							400m:	6:23.34	48.48
5.	MARTENS-LATTEUR, Ethan		15	CCM				6:51.70	
	50m:	53.63	53.63	150m:			250m:		
	100m:	1:42.89	49.26	200m:	3:23.59		300m:		
							350m:		
							400m:	6:51.70	
6.	CORNET, Loris		15	BCSG				7:08.64	
	50m:			150m:			250m:		
	100m:			200m:			300m:		
							350m:		
							400m:	7:08.64	
7.	ALBRECHT, Lucas		15	BCSG				7:58.51	
	50m:			150m:			250m:		
	100m:			200m:			300m:		
							350m:		
							400m:	7:58.51	