

Meeting demi-fond
Petit-Lancy, 12.10.2025

Epreuve 4
12.10.2025 - 13:30

Dames, 400m 4 nages

Cat. générale
Liste résultats

Points: AQUA 2024

Rang	AN								Temps	Pts		
2012 et -												
1.	STETTLER, Inès								12	Lancy Natation	5:40.86	438
	50m:	35.69	35.69	150m:	2:02.92	44.11	250m:	3:33.12	48.21	350m:	5:02.58	39.65
	100m:	1:18.81	43.12	200m:	2:44.91	41.99	300m:	4:22.93	49.81	400m:	5:40.86	38.28
2.	LAJMI, Emna								12	Morges-Natation	5:42.17	433
	50m:	38.10	38.10	150m:	2:07.96	44.69	250m:	3:38.46	46.97	350m:	5:05.92	41.40
	100m:	1:23.27	45.17	200m:	2:51.49	43.53	300m:	4:24.52	46.06	400m:	5:42.17	36.25
3.	KAMPHUIS, Lisa								12	Lancy Natation	5:42.65	431
	50m:	36.51	36.51	150m:	2:01.76	43.00	250m:	3:35.17	49.47	350m:	5:06.18	39.55
	100m:	1:18.76	42.25	200m:	2:45.70	43.94	300m:	4:26.63	51.46	400m:	5:42.65	36.47
4.	GARELLI, Alyssa								12	Lancy Natation	5:53.24	393
	50m:	36.77	36.77	150m:	2:04.62	45.08	250m:	3:40.35	52.13	350m:	5:14.58	40.53
	100m:	1:19.54	42.77	200m:	2:48.22	43.60	300m:	4:34.05	53.70	400m:	5:53.24	38.66
5.	DURAND IGLOI, Timea								13	Genève Natation 1885	5:55.24	387
	50m:	37.23	37.23	150m:	2:06.98	46.52	250m:	3:40.33	48.68	350m:	5:14.33	44.36
	100m:	1:20.46	43.23	200m:	2:51.65	44.67	300m:	4:29.97	49.64	400m:	5:55.24	40.91
6.	ROCCHI, Camilla								13	Natation Sportive Genève	5:58.69	376
	50m:	37.56	37.56	150m:	2:08.71	46.92	250m:	3:44.24	49.48	350m:	5:17.57	42.78
	100m:	1:21.79	44.23	200m:	2:54.76	46.05	300m:	4:34.79	50.55	400m:	5:58.69	41.12
7.	LIU, Xinyang								12	Natation Sportive Genève	6:07.33	350
	50m:	39.95	39.95	150m:	2:15.81	47.22	250m:	3:54.18	51.98	350m:	5:28.20	40.51
	100m:	1:28.59	48.64	200m:	3:02.20	46.39	300m:	4:47.69	53.51	400m:	6:07.33	39.13
8.	HASANOVIC, Alma								12	Lancy Natation	6:07.70	349
	50m:	44.33	44.33	150m:	2:17.33	42.58	250m:	3:52.50	52.76	350m:	5:28.70	42.02
	100m:	1:34.75	50.42	200m:	2:59.74	42.41	300m:	4:46.68	54.18	400m:	6:07.70	39.00
9.	POLICARPIO, Mykaile								12	Natation Sportive Genève	6:13.84	332
	50m:	39.48	39.48	150m:	2:12.26	45.34	250m:	3:51.55	52.63	350m:	5:32.07	45.90
	100m:	1:26.92	47.44	200m:	2:58.92	46.66	300m:	4:46.17	54.62	400m:	6:13.84	41.77
10.	BHOGARAJU, Eira								12	Natation Sportive Genève	6:16.28	325
	50m:	40.38	40.38	150m:	2:19.08	49.62	250m:	3:57.21	47.89	350m:	5:32.58	44.24
	100m:	1:29.46	49.08	200m:	3:09.32	50.24	300m:	4:48.34	51.13	400m:	6:16.28	43.70
11.	KEHRLI, Sarah								12	Lancy Natation	6:17.77	322
	50m:	44.04	44.04	150m:	2:24.20	49.95	250m:	4:00.61	48.63	350m:	5:34.80	45.27
	100m:	1:34.25	50.21	200m:	3:11.98	47.78	300m:	4:49.53	48.92	400m:	6:17.77	42.97
12.	TORRUBIA BAEZA, Carlota								12	Lancy Natation	6:27.35	298
	50m:	45.12	45.12	150m:	2:22.50	47.47	250m:	4:05.42	56.10	350m:	5:47.40	45.43
	100m:	1:35.03	49.91	200m:	3:09.32	46.82	300m:	5:01.97	56.55	400m:	6:27.35	39.95
13.	NIXON, Alice Joy								14	Natation Sportive Genève	6:27.72	297
	50m:	40.36	40.36	150m:	2:19.40	51.48	250m:	4:03.59	52.89	350m:	5:42.92	45.85
	100m:	1:27.92	47.56	200m:	3:10.70	51.30	300m:	4:57.07	53.48	400m:	6:27.72	44.80
14.	FROST, Leïla								13	Natation Sportive Genève	6:36.02	279
	50m:	41.36	41.36	150m:	2:25.80	51.99	250m:	4:10.67	53.73	350m:	5:52.15	47.26
	100m:	1:33.81	52.45	200m:	3:16.94	51.14	300m:	5:04.89	54.22	400m:	6:36.02	43.87
15.	MELLOUL, Mayssa Aya								14	Natation Sportive Genève	6:36.88	277
	50m:	45.75	45.75	150m:	2:32.88	53.16	250m:	4:15.49	51.71	350m:	5:55.40	46.83
	100m:	1:39.72	53.97	200m:	3:23.78	50.90	300m:	5:08.57	53.08	400m:	6:36.88	41.48
16.	RODRIGUEZ PARGA, Mila								14	Natation Sportive Genève	6:37.61	276
	50m:	43.19	43.19	150m:	2:25.64	51.02	250m:	4:11.15	55.11	350m:	5:53.77	45.04
	100m:	1:34.62	51.43	200m:	3:16.04	50.40	300m:	5:08.73	57.58	400m:	6:37.61	43.84
17.	BOYDELL, Eloise								13	Natation Sportive Genève	6:39.22	272
	50m:	43.38	43.38	150m:	2:26.49	52.32	250m:	4:12.53	56.74	350m:	5:57.30	46.10
	100m:	1:34.17	50.79	200m:	3:15.79	49.30	300m:	5:11.20	58.67	400m:	6:39.22	41.92

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Epreuve 4, Filles, 400m 4 nages, 2012 et -

Rang			AN						Temps	Pts		
18.	MARRA, Emilie		14		Natation Sportive Genève				6:59.71	234		
	50m:	47.72	47.72	150m:	2:41.57	55.79	250m:	4:31.41	57.97	350m:	6:18.78	46.22
	100m:	1:45.78	58.06	200m:	3:33.44	51.87	300m:	5:32.56	1:01.15	400m:	6:59.71	40.93
19.	ADAY, Artemis		14		Natation Sportive Genève				7:40.21	178		
	50m:	47.10	47.10	150m:	2:50.87	1:04.84	250m:	4:54.12	59.96	350m:	6:49.34	53.78
	100m:	1:46.03	58.93	200m:	3:54.16	1:03.29	300m:	5:55.56	1:01.44	400m:	7:40.21	50.87

2011 - 2010

1.	ROCHAT, Leane		10		La				5:13.11	565		
	50m:	32.65	32.65	150m:	1:50.26	39.19	250m:	3:14.74	45.01	350m:	4:38.17	37.33
	100m:	1:11.07	38.42	200m:	2:29.73	39.47	300m:	4:00.84	46.10	400m:	5:13.11	34.94
2.	PENNEL, Alice Mei		10		La				5:21.20	523		
	50m:	33.20	33.20	150m:	1:53.52	41.92	250m:	3:21.24	47.07	350m:	4:45.75	37.05
	100m:	1:11.60	38.40	200m:	2:34.17	40.65	300m:	4:08.70	47.46	400m:	5:21.20	35.45
3.	GUEGUEN, Eloa		10		La				5:24.58	507		
	50m:	34.58	34.58	150m:	1:57.97	42.37	250m:	3:24.34	45.57	350m:	4:49.11	38.87
	100m:	1:15.60	41.02	200m:	2:38.77	40.80	300m:	4:10.24	45.90	400m:	5:24.58	35.47
4.	FERRARI, Maddalena		11		Morges-Natation				5:25.65	502		
	50m:	34.14	34.14	150m:	1:59.33	43.12	250m:	3:25.00	45.63	350m:	4:49.15	37.99
	100m:	1:16.21	42.07	200m:	2:39.37	40.04	300m:	4:11.16	46.16	400m:	5:25.65	36.50
5.	DELLA BONA, Lucy		10		Lancy Natation				5:27.54	494		
	50m:	33.49	33.49	150m:	1:54.65	41.98	250m:	3:23.80	48.04	350m:	4:50.63	38.27
	100m:	1:12.67	39.18	200m:	2:35.76	41.11	300m:	4:12.36	48.56	400m:	5:27.54	36.91
6.	DEWARRAT, Maya		10		Morges-Natation				5:34.32	464		
	50m:	35.52	35.52	150m:	2:02.08	44.96	250m:	3:33.26	47.44	350m:	4:57.72	37.26
	100m:	1:17.12	41.60	200m:	2:45.82	43.74	300m:	4:20.46	47.20	400m:	5:34.32	36.60
7.	GRICHTING, Jolyne		10		Lancy Natation				5:39.46	443		
	50m:	35.92	35.92	150m:	2:01.60	42.88	250m:	3:31.30	48.39	350m:	5:00.23	40.13
	100m:	1:18.72	42.80	200m:	2:42.91	41.31	300m:	4:20.10	48.80	400m:	5:39.46	39.23
8.	LECOULTRE, Zoja		10		Lancy Natation				5:39.82	442		
	50m:	37.43	37.43	150m:	2:06.36	42.91	250m:	3:34.80	45.63	350m:	5:00.86	40.63
	100m:	1:23.45	46.02	200m:	2:49.17	42.81	300m:	4:20.23	45.43	400m:	5:39.82	38.96
9.	MCLAUGHLIN, Francesca		11		Natation Sportive Genève				5:42.69	431		
	50m:	38.50	38.50	150m:	2:06.01	41.96	250m:	3:36.49	49.52	350m:	5:05.06	40.53
	100m:	1:24.05	45.55	200m:	2:46.97	40.96	300m:	4:24.53	48.04	400m:	5:42.69	37.63
10.	RUGGERI, Greta		11		Natation Sportive Genève				5:55.81	385		
	50m:	37.04	37.04	150m:	2:10.57	49.48	250m:	3:47.24	49.71	350m:	5:17.98	40.69
	100m:	1:21.09	44.05	200m:	2:57.53	46.96	300m:	4:37.29	50.05	400m:	5:55.81	37.83
11.	ATIENZA KHALED, Inès		11		Morges-Natation				5:59.23	374		
	50m:	38.58	38.58	150m:	2:10.37	46.74	250m:	3:47.73	51.14	350m:	5:20.83	40.88
	100m:	1:23.63	45.05	200m:	2:56.59	46.22	300m:	4:39.95	52.22	400m:	5:59.23	38.40
12.	JOHAN, Suraya		11		Natation Sportive Genève				6:00.76	369		
	50m:	37.70	37.70	150m:	2:10.24	47.25	250m:	3:46.55	50.39	350m:	5:20.78	42.22
	100m:	1:22.99	45.29	200m:	2:56.16	45.92	300m:	4:38.56	52.01	400m:	6:00.76	39.98
13.	BOUTY, Noahme		11		Natation Sportive Genève				6:04.42	358		
	50m:	38.72	38.72	150m:	2:10.31	45.33	250m:	3:47.96	52.17	350m:	5:24.89	42.73
	100m:	1:24.98	46.26	200m:	2:55.79	45.48	300m:	4:42.16	54.20	400m:	6:04.42	39.53
14.	BISELX, Amélie		10		Morges-Natation				6:06.23	353		
	50m:	39.81	39.81	150m:	2:15.76	48.77	250m:	3:51.97	50.77	350m:	5:25.53	44.36
	100m:	1:26.99	47.18	200m:	3:01.20	45.44	300m:	4:41.17	49.20	400m:	6:06.23	40.70
15.	GARDON, Charlotte		11		Morges-Natation				6:13.16	334		
	50m:	39.81	39.81	150m:	2:14.48	46.71	250m:	3:54.24	54.13	350m:	5:32.40	42.57
	100m:	1:27.77	47.96	200m:	3:00.11	45.63	300m:	4:49.83	55.59	400m:	6:13.16	40.76

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Epreuve 4, Filles, 400m 4 nages, 2011 - 2010

Rang			AN						Temps	Pts		
16.	SCRIMITORE, Daria		11		La				6:33.24	285		
	50m:	39.10	39.10	150m:	2:21.96	50.82	250m:	4:03.71	52.14	350m:	5:46.90	47.42
	100m:	1:31.14	52.04	200m:	3:11.57	49.61	300m:	4:59.48	55.77	400m:	6:33.24	46.34
17.	CANTO, Etna		10		La				6:36.73	278		
	50m:	39.63	39.63	150m:	2:17.55	46.90	250m:	4:08.09	1:01.30	350m:	5:54.88	43.65
	100m:	1:30.65	51.02	200m:	3:06.79	49.24	300m:	5:11.23	1:03.14	400m:	6:36.73	41.85
disq.	HAU, Noémie		11		Nyon				6:18.09			
	<i>303 - Pas touché le mur simultanément avec les deux mains (virage 11)</i>											
	50m:	40.12	40.12	150m:	2:16.32	48.83	250m:	3:58.81	56.63	350m:	5:39.11	44.34
	100m:	1:27.49	47.37	200m:	3:02.18	45.86	300m:	4:54.77	55.96	400m:	6:18.09	38.98

2009 et -

1.	DELLA BONA, Lea		08		Lancy Natation				5:19.13	534		
	50m:	33.73	33.73	150m:	1:53.34	40.04	250m:	3:19.28	46.77	350m:	4:42.75	37.05
	100m:	1:13.30	39.57	200m:	2:32.51	39.17	300m:	4:05.70	46.42	400m:	5:19.13	36.38
2.	VELLETRI, Tina		07		Lancy Natation				5:25.57	503		
	50m:	33.39	33.39	150m:	1:56.87	44.74	250m:	3:25.10	45.11	350m:	4:49.21	37.98
	100m:	1:12.13	38.74	200m:	2:39.99	43.12	300m:	4:11.23	46.13	400m:	5:25.57	36.36
3.	NÖDL, Amandine		07		Morges-Natation				5:29.19	486		
	50m:	34.73	34.73	150m:	1:56.89	39.05	250m:	3:23.63	49.43	350m:	4:51.33	38.91
	100m:	1:17.84	43.11	200m:	2:34.20	37.31	300m:	4:12.42	48.79	400m:	5:29.19	37.86
4.	SORG, Kyrja		07		Lancy Natation				5:37.99	449		
	50m:	36.29	36.29	150m:	2:02.79	44.24	250m:	3:35.71	48.54	350m:	5:01.47	37.69
	100m:	1:18.55	42.26	200m:	2:47.17	44.38	300m:	4:23.78	48.07	400m:	5:37.99	36.52
5.	FATHI, Soraya		08		Lancy Natation				5:40.73	438		
	50m:	35.53	35.53	150m:	2:02.35	43.15	250m:	3:33.37	47.75	350m:	5:02.10	38.76
	100m:	1:19.20	43.67	200m:	2:45.62	43.27	300m:	4:23.34	49.97	400m:	5:40.73	38.63
6.	CHARBONNIER, Kira		08		Lancy Natation				5:42.44	432		
	50m:	35.31	35.31	150m:	2:04.24	45.19	250m:	3:34.98	46.85	350m:	5:03.28	40.56
	100m:	1:19.05	43.74	200m:	2:48.13	43.89	300m:	4:22.72	47.74	400m:	5:42.44	39.16