

55. Meeting Internazionale del Castello
Bellinzona, 30. - 31.5.2026

Event 17
31.05.2026 - 15:00

Women, 400m Freestyle

13 years and older
Results Finals

Meet record 16 +	4:16.51	Flavia RIGAMONTI	SUI	Bellinzona	01.06.1999
Meet record 11 - 15	4:29.57	Francesca ARREDONDO	ITA	Bellinzona	29.05.2010

Rank	YB	Time	100m	200m	300m	400m	
13 - 15 years							
1.	Carolina COLOMBO	11 DDS ssd	4:42.42	1:06.84	1:12.65	1:16.82	1:06.11
	50m: 1:06.84	150m: 2:19.49	250m: 3:36.31	350m: 4:42.42			
	100m: 1:06.84	200m: 2:19.49	300m: 3:36.31	400m: 4:42.42			
2.	Ludovica Sara VILLANI	12 DDS ssd	4:42.50	1:07.26	1:13.14	1:13.08	1:09.02
	50m: 1:07.26	150m: 2:20.40	250m: 3:33.48	350m: 4:42.50			
	100m: 1:07.26	200m: 2:20.40	300m: 3:33.48	400m: 4:42.50			
3.	Sara SONNERAT	13 DDS ssd	4:48.13	1:08.28	1:13.53	1:15.54	1:10.78
	50m: 1:08.28	150m: 2:21.81	250m: 3:37.35	350m: 4:48.13			
	100m: 1:08.28	200m: 2:21.81	300m: 3:37.35	400m: 4:48.13			
4.	Giorgia FRIGIONE	12 DDS ssd	4:52.70	1:09.71	1:14.56	1:15.37	1:13.06
	50m: 1:09.71	150m: 2:24.27	250m: 3:39.64	350m: 4:52.70			
	100m: 1:09.71	200m: 2:24.27	300m: 3:39.64	400m: 4:52.70			
5.	Sara SCARFONE	11 Mendrisiotto Nuoto	4:52.97	1:09.08	1:14.82	1:14.82	1:14.25
	50m: 1:09.08	150m: 2:23.90	250m: 3:38.72	350m: 4:52.97			
	100m: 1:09.08	200m: 2:23.90	300m: 3:38.72	400m: 4:52.97			
6.	Nicole FORTINA	13 Mendrisiotto Nuoto	4:54.81	1:11.10	1:14.77	1:15.93	1:13.01
	50m: 1:11.10	150m: 2:25.87	250m: 3:41.80	350m: 4:54.81			
	100m: 1:11.10	200m: 2:25.87	300m: 3:41.80	400m: 4:54.81			
7.	Laura VANETTI	11 DDS ssd	4:55.06	1:10.50	1:15.09	1:15.67	1:13.80
	50m: 1:10.50	150m: 2:25.59	250m: 3:41.26	350m: 4:55.06			
	100m: 1:10.50	200m: 2:25.59	300m: 3:41.26	400m: 4:55.06			
8.	Linda DI PIETRANGELO	13 DDS ssd	4:56.69	1:10.87	1:16.00	1:14.92	1:14.90
	50m: 1:10.87	150m: 2:26.87	250m: 3:41.79	350m: 4:56.69			
	100m: 1:10.87	200m: 2:26.87	300m: 3:41.79	400m: 4:56.69			
16 years and older							
1.	Amelie BERTSCHI	05 Ast	4:27.36	1:03.71	1:07.87	1:08.41	1:07.37
	50m: 1:03.71	150m: 2:11.58	250m: 3:19.99	350m: 4:27.36			
	100m: 1:03.71	200m: 2:11.58	300m: 3:19.99	400m: 4:27.36			
2.	Suami PAPAIS	08 Ast	4:32.26	1:05.56	1:09.38	1:10.23	1:07.09
	50m: 1:05.56	150m: 2:14.94	250m: 3:25.17	350m: 4:32.26			
	100m: 1:05.56	200m: 2:14.94	300m: 3:25.17	400m: 4:32.26			
3.	Arianna REDAELLI	08 In Sport Rane Rosse	4:32.28	1:04.94	1:09.94	1:10.24	1:07.16
	50m: 1:04.94	150m: 2:14.88	250m: 3:25.12	350m: 4:32.28			
	100m: 1:04.94	200m: 2:14.88	300m: 3:25.12	400m: 4:32.28			
4.	Greta CORTI	10 In Sport Rane Rosse	4:35.35	1:05.60	1:10.73	1:10.61	1:08.41
	50m: 1:05.60	150m: 2:16.33	250m: 3:26.94	350m: 4:35.35			
	100m: 1:05.60	200m: 2:16.33	300m: 3:26.94	400m: 4:35.35			
5.	Micol D'ORIO	09 Turrita	4:39.95	1:06.39	1:10.45	1:11.00	1:12.11
	50m: 1:06.39	150m: 2:16.84	250m: 3:27.84	350m: 4:39.95			
	100m: 1:06.39	200m: 2:16.84	300m: 3:27.84	400m: 4:39.95			
6.	Viola FAGGI	07 In Sport Rane Rosse	4:43.76	1:06.60	1:11.80	1:13.26	1:12.10
	50m: 1:06.60	150m: 2:18.40	250m: 3:31.66	350m: 4:43.76			
	100m: 1:06.60	200m: 2:18.40	300m: 3:31.66	400m: 4:43.76			
7.	Anna BERNO	04 Societa Canottieri Milano	4:45.41	1:06.92	1:12.47	1:13.74	1:12.28
	50m: 1:06.92	150m: 2:19.39	250m: 3:33.13	350m: 4:45.41			
	100m: 1:06.92	200m: 2:19.39	300m: 3:33.13	400m: 4:45.41			
8.	Jessica GILLIERON	08 Mendrisiotto Nuoto	4:50.17	1:07.54	1:13.49	1:15.03	1:14.11
	50m: 1:07.54	150m: 2:21.03	250m: 3:36.06	350m: 4:50.17			
	100m: 1:07.54	200m: 2:21.03	300m: 3:36.06	400m: 4:50.17			