

Nordic Open Masters Championships
Tallinn, 10. - 11.10.2025

Event 3
10.10.2025 - 16:51

Women, 400m Freestyle

20 years and older
Startlist

		Age		
<u>Heat 1 of 7</u>				
1	MIKKANEN, Heidi	29	Kempeleen Pyrinto	NT
2	TENSING, Karin	39	Keila Swimclub	9:00.00
3	RAYNAUD, Mariane	81	France	8:28.53
4	LANNES, Sandra	25	Nord Sport	7:20.00
5	VOOLMAA, Sirje	72	Meisterujumise U-Klubi	7:42.42
6	SIKKARLA, Pirkko	79	Uintiklubi Nereus	8:30.14
7	AMORIM, Marina	25	Turun Urheiluliitto	NT
<u>Heat 2 of 7</u>				
1	ARON, Sirlí	39	MyFitness	7:01.81
2	MARKKULA, Kaarina	73	Cetus Espoo	6:46.47
3	MELLETT, Wendy	62	Chirk	6:31.62
4	FADEEVA, Elena	51	Stockholmspolisens IF	6:30.00
5	SANGLA, Riina	31	GoSwim Ujumisklubi	6:30.00
6	MAISNIEMI, Niina	57	Lahden Uimaseura	6:37.69
7	NEIMISEVA, Elizabete	45	PK Kobras	6:50.54
8	LANNES, Sarah	25	Tuk	7:20.00
<u>Heat 3 of 7</u>				
1	KRAMARE, Anzelika	28	PK Kobras	6:16.07
2	HORUP, Anja	54	Swim Team Taastrup	6:10.00
3	SKABE, Aiga	51	PK Kobras	6:05.06
4	TUNZI, Kerstin	69	Gavle Simsallskap	5:58.21
5	LUNDE, June	54	Roma	6:05.00
6	LEHTONEN, Tiina	42	Jarvenpaan Uintiklubi ry	6:08.00
7	TERVONEN, Mari	57	Keravan Uimarit	6:11.00
8	KULLERKUPP, Keidi	42	Ujumisklubi Briis	6:28.74
<u>Heat 4 of 7</u>				
1	AKER, Linn Lovoll	47	Asker SK	5:56.25
2	LAINE, Essi	41	Lahden Uimaseura	5:52.36
3	KARAJAMIES, Anne-Mari	61	Hydra Platypus	5:50.32
4	SIPARI, Sari	50	Kouvola Uimarit	5:45.00
5	SEIKOLA, Hanna-Katariina	40	Lane 4 Swimming Triathlon Club	5:50.00
6	THUNEE, Camilla	58	Solna Sundbyberg SS 04	5:51.46
7	HILLUKKALA, Mervi	47	Haukiputaan Heitto	5:54.55
8	WATKINS, Ylva	49	Alands Simforening	5:56.50

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Heat 5 of 7

1 ROHTLA, Birgit	38 Meisterujumise U-Klubi	5:38.64
2 SORENSEN, Margit	53 Ringsted Svoemmekklub	5:35.00
3 VALTARI, Salla	40 Espoon Kilpauinti	5:30.00
4 ARKTOFT, Ann-Louise	61 SK Neptun	5:28.87
5 STEFFEN, Paivi	54 ORCA Helsinki	5:29.31
6 VILJANEN, Meri	45 Hydra Platypus	5:34.58
7 VILIMIENE, Aida	63 Nendre	5:37.01
8 JAASKELAINEN, Minna	46 Hydra Platypus	5:40.59

Heat 6 of 7

1 SEKKESAETER, Trine Aasland	58 Roma	5:24.00
2 WESTERGREN-FALK, Katja	41 Angelholms Swim Team	5:20.50
3 LARSSON, Anna	44 Klippan	5:13.80
4 POHJALAINEN, Tiina	40 Lane 4 Swimming Triathlon Club	5:12.64
5 OJALA, Meri	25 Hu	5:13.62
6 LAGERFORS, Camilla	55 SK Neptun	5:16.00
7 THOMSEN, Gitte Rud	53 Hillerod Svømmekklub	5:21.00
8 ELMBERG, Karin	60 Kristianstad SLS	5:28.78

Heat 7 of 7

1 JENSEN, Nicole	29 Hovedstad	5:06.06
2 RUUSKANEN, Irene	26 ORCA Helsinki	5:00.00
3 ORSTED, Ditte	31 Hovedstad	4:57.96
4 PONOMAREVA, Alisa	34 Uinti Turku - Abo Simning ry	4:52.62
5 WALDEN, Laura	32 Lahden Uimaseura	4:54.15
6 STARK, Sofia	50 Pitea Sim	4:58.45
7 METZSCH, Susanne	57 Swim Team Odense	5:02.55
8 ERKINARO, Aino	30 Oulun Uinti 1906	5:09.93