

22e Lémanique 2026
Montreux, 21. - 22.3.2026

Epreuve 15
21.03.2026 - 16:12

Dames, 400m 4 nages

Cat. générale
Liste résultats

Temps limite : 6:15.00

Points: AQUA 2025

Rang	AN								Temps	Pts		
1.	RICHARD, Loane		09		Rfn				5:03.98	657		
	50m:	30.76	30.76	150m:	1:45.41	39.22	250m:	3:09.29	44.98	350m:	4:30.59	35.18
	100m:	1:06.19	35.43	200m:	2:24.31	38.90	300m:	3:55.41	46.12	400m:	5:03.98	33.39
2.	ROBERT-NICOUD, Chloé		12		CN La Chaux-de-Fonds				5:24.67	539		
	50m:	32.41	32.41	150m:	1:53.96	43.67	250m:	3:21.78	46.44	350m:	4:47.18	38.45
	100m:	1:10.29	37.88	200m:	2:35.34	41.38	300m:	4:08.73	46.95	400m:	5:24.67	37.49
3.	ZURBRIGGEN, Mia		09		Skbe				5:30.23	513		
	50m:	34.01	34.01	150m:	2:01.08	45.71	250m:	3:29.63	43.84	350m:	4:54.15	39.84
	100m:	1:15.37	41.36	200m:	2:45.79	44.71	300m:	4:14.31	44.68	400m:	5:30.23	36.08
4.	NOVY, Mathilde		10		Vn				5:30.69	511		
	50m:	35.72	35.72	150m:	2:00.14	41.52	250m:	3:30.06	49.90	350m:	4:56.06	37.15
	100m:	1:18.62	42.90	200m:	2:40.16	40.02	300m:	4:18.91	48.85	400m:	5:30.69	34.63
5.	LA GROTTERIA, Alyssia		10		CN La Chaux-de-Fonds				5:35.12	491		
	50m:	36.17	36.17	150m:	2:01.34	43.46	250m:	3:29.69	46.76	350m:	4:56.53	39.25
	100m:	1:17.88	41.71	200m:	2:42.93	41.59	300m:	4:17.28	47.59	400m:	5:35.12	38.59
6.	CHARBONNIER, Kira		08		Lancy Natation				5:35.26	490		
	50m:	34.19	34.19	150m:	1:58.43	43.61	250m:	3:27.64	46.22	350m:	4:56.52	42.53
	100m:	1:14.82	40.63	200m:	2:41.42	42.99	300m:	4:13.99	46.35	400m:	5:35.26	38.74
7.	LUTAUD, Maellie		10		Genève Natation 1885				5:35.61	488		
	50m:	35.98	35.98	150m:	2:03.63	45.97	250m:	3:32.64	45.30	350m:	4:58.19	38.80
	100m:	1:17.66	41.68	200m:	2:47.34	43.71	300m:	4:19.39	46.75	400m:	5:35.61	37.42
8.	PARPEIX, Moya		11		CN Yverdon				5:39.72	471		
	50m:	36.31	36.31	150m:	2:04.16	44.25	250m:	3:36.34	49.62	350m:	5:02.88	37.59
	100m:	1:19.91	43.60	200m:	2:46.72	42.56	300m:	4:25.29	48.95	400m:	5:39.72	36.84
9.	VIDAKOVIC, Téa		11		Natation Sportive Genève				5:41.59	463		
	50m:	37.44	37.44	150m:	2:06.92	45.45	250m:	3:36.03	45.45	350m:	5:04.21	40.07
	100m:	1:21.47	44.03	200m:	2:50.58	43.66	300m:	4:24.14	48.11	400m:	5:41.59	37.38
10.	LA GROTTERIA, Kayli		13		CN La Chaux-de-Fonds				5:44.07	453		
	50m:	37.13	37.13	150m:	2:07.89	45.12	250m:	3:37.74	45.55	350m:	5:05.08	39.00
	100m:	1:22.77	45.64	200m:	2:52.19	44.30	300m:	4:26.08	48.34	400m:	5:44.07	38.99
11.	KREBS, Chloé Anouk		12		Skbe				5:54.08	416		
	50m:	36.35	36.35	150m:	2:06.66	45.77	250m:	3:43.02	50.46	350m:	5:12.46	40.35
	100m:	1:20.89	44.54	200m:	2:52.56	45.90	300m:	4:32.11	49.09	400m:	5:54.08	41.62
12.	ZWINGLI, Anne-Catherine		09		La				6:01.64	390		
	50m:	34.70	34.70	150m:	2:05.58	49.34	250m:	3:44.90	52.92	350m:	5:20.63	43.28
	100m:	1:16.24	41.54	200m:	2:51.98	46.40	300m:	4:37.35	52.45	400m:	6:01.64	41.01
13.	FÉVRIER-HAMILTON, Camille		13		Montreux-Natation				6:33.90	302		
	50m:	39.36	39.36	150m:	2:19.61	50.93	250m:	4:04.89	53.79	350m:	5:47.93	45.58
	100m:	1:28.68	49.32	200m:	3:11.10	51.49	300m:	5:02.35	57.46	400m:	6:33.90	45.97
disq.	ROCHAT, Adina		11		CN La Chaux-de-Fonds				5:41.38			
	<i>403 - Pas touché le mur simultanément avec les deux mains (arrivée) (Temps: 16:52)</i>											
	50m:	35.86	35.86	150m:	2:00.72	43.81	250m:	3:33.37	50.22	350m:	5:03.06	39.43
	100m:	1:16.91	41.05	200m:	2:43.15	42.43	300m:	4:23.63	50.26	400m:	5:41.38	38.32