

22e Lémanique 2026
Montreux, 21. - 22.3.2026

Epreuve 1
21.03.2026 - 8:30

Messieurs, 400m Libre

Cat. générale
Liste résultats

Temps limite : 5:00.00

Points: AQUA 2025

Rang	AN								Temps	Pts	
1.	GOURLAOUEN, Benjamin		06	Skbe				4:09.43	686		
	50m:	27.48 27.48	150m:	1:29.50	31.37	250m:	2:33.28	31.69	350m:	3:38.35	32.31
	100m:	58.13 30.65	200m:	2:01.59	32.09	300m:	3:06.04	32.76	400m:	4:09.43	31.08
2.	MESSERLI, Leo		07	Skbe				4:19.07	612		
	50m:	28.06 28.06	150m:	1:31.12	32.17	250m:	2:36.53	33.26	350m:	3:45.64	34.68
	100m:	58.95 30.89	200m:	2:03.27	32.15	300m:	3:10.96	34.43	400m:	4:19.07	33.43
3.	STEINHART, Kilian		09	Skbe				4:24.22	577		
	50m:	28.23 28.23	150m:	1:34.40	33.42	250m:	2:41.51	33.48	350m:	3:50.56	35.06
	100m:	1:00.98 32.75	200m:	2:08.03	33.63	300m:	3:15.50	33.99	400m:	4:24.22	33.66
4.	MORAGUEZ, Pascal		10	Genève Natation 1885				4:25.10	572		
	50m:	28.95 28.95	150m:	1:35.79	33.40	250m:	2:43.77	33.66	350m:	3:52.29	33.93
	100m:	1:02.39 33.44	200m:	2:10.11	34.32	300m:	3:18.36	34.59	400m:	4:25.10	32.81
5.	DONATI, Ernesto		11	La				4:25.74	567		
	50m:	29.57 29.57	150m:	1:37.21	34.72	250m:	2:45.63	33.79	350m:	3:53.55	33.80
	100m:	1:02.49 32.92	200m:	2:11.84	34.63	300m:	3:19.75	34.12	400m:	4:25.74	32.19
6.	MOSCONI, Pietro		09	Genève Natation 1885				4:26.24	564		
	50m:	29.88 29.88	150m:	1:37.34	33.84	250m:	2:45.26	33.68	350m:	3:53.03	33.44
	100m:	1:03.50 33.62	200m:	2:11.58	34.24	300m:	3:19.59	34.33	400m:	4:26.24	33.21
7.	TSCHANZ, Adrian		09	Skbe				4:27.76	555		
	50m:	29.34 29.34	150m:	1:34.89	33.36	250m:	2:44.74	34.89	350m:	3:55.03	34.70
	100m:	1:01.53 32.19	200m:	2:09.85	34.96	300m:	3:20.33	35.59	400m:	4:27.76	32.73
8.	PRICE, Findlay		07	CN Plan-les-Ouates				4:29.87	542		
	50m:	30.48 30.48	150m:	1:37.85	33.76	250m:	2:46.99	34.84	350m:	3:57.50	34.78
	100m:	1:04.09 33.61	200m:	2:12.15	34.30	300m:	3:22.72	35.73	400m:	4:29.87	32.37
9.	TRUREO, Patrick		12	CN Sion				4:33.40	521		
	50m:	30.36 30.36	150m:	1:38.85	34.85	250m:	2:49.35	35.16	350m:	3:59.66	34.71
	100m:	1:04.00 33.64	200m:	2:14.19	35.34	300m:	3:24.95	35.60	400m:	4:33.40	33.74
10.	ZWEIACKER, Charly		10	Rfn				4:33.49	521		
	50m:	29.70 29.70	150m:	1:37.51	34.64	250m:	2:47.79	35.17	350m:	3:59.05	35.69
	100m:	1:02.87 33.17	200m:	2:12.62	35.11	300m:	3:23.36	35.57	400m:	4:33.49	34.44
11.	KELEHER, Luke		10	Rfn				4:33.85	518		
	50m:	30.70 30.70	150m:	1:38.80	34.41	250m:	2:48.67	35.13	350m:	3:59.58	35.44
	100m:	1:04.39 33.69	200m:	2:13.54	34.74	300m:	3:24.14	35.47	400m:	4:33.85	34.27
12.	FIALA, Christian Jaro		08	Biel				4:37.53	498		
	50m:	30.03 30.03	150m:	1:38.80	34.61	250m:	2:49.57	35.10	350m:	4:01.53	35.60
	100m:	1:04.19 34.16	200m:	2:14.47	35.67	300m:	3:25.93	36.36	400m:	4:37.53	36.00
13.	CHAUVY, Lucien		10	La				4:39.61	487		
	50m:	30.38 30.38	150m:	1:40.53	35.71	250m:	2:53.61	36.66	350m:	4:05.82	35.47
	100m:	1:04.82 34.44	200m:	2:16.95	36.42	300m:	3:30.35	36.74	400m:	4:39.61	33.79
14.	DI LORENZO, Luca		09	CN Yverdon				4:40.45	483		
	50m:	32.26 32.26	150m:	1:41.70	35.50	250m:	2:54.08	36.49	350m:	4:06.32	36.00
	100m:	1:06.20 33.94	200m:	2:17.59	35.89	300m:	3:30.32	36.24	400m:	4:40.45	34.13
15.	PETERS, Stijn		11	Genève Natation 1885				4:40.54	482		
	50m:	31.62 31.62	150m:	1:43.05	36.04	250m:	2:55.36	35.81	350m:	4:06.56	35.30
	100m:	1:07.01 35.39	200m:	2:19.55	36.50	300m:	3:31.26	35.90	400m:	4:40.54	33.98
16.	JOSEPH, Dany		10	CN Yverdon				4:42.55	472		
	50m:	31.16 31.16	150m:	1:43.25	36.41	250m:	2:56.27	36.96	350m:	4:08.48	35.82
	100m:	1:06.84 35.68	200m:	2:19.31	36.06	300m:	3:32.66	36.39	400m:	4:42.55	34.07
17.	D'ADDONA, Francesco		08	Vn				4:42.99	470		
	50m:	30.13 30.13	150m:	1:40.22	35.72	250m:	2:53.51	36.77	350m:	4:06.95	36.65
	100m:	1:04.50 34.37	200m:	2:16.74	36.52	300m:	3:30.30	36.79	400m:	4:42.99	36.04
18.	SANDOZ, Kylian		10	Morges-Natation				4:43.47	467		
	50m:	31.49 31.49	150m:	1:43.45	36.58	250m:	2:55.70	36.01	350m:	4:08.73	35.74
	100m:	1:06.87 35.38	200m:	2:19.69	36.24	300m:	3:32.99	37.29	400m:	4:43.47	34.74
19.	ALEMU, Noah		10	La				4:45.78	456		
	50m:	32.39 32.39	150m:	1:44.27	36.19	250m:	2:56.28	36.03	350m:	4:10.21	36.94
	100m:	1:08.08 35.69	200m:	2:20.25	35.98	300m:	3:33.27	36.99	400m:	4:45.78	35.57

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Rang					AN					Temps	Pts	
20.	MABILLARD, Guillaume				09	Genève Natation 1885				4:46.98	450	
	50m:	31.32	31.32	150m:	1:43.28	36.77	250m:	2:57.49	37.00	350m:	4:12.37	37.46
	100m:	1:06.51	35.19	200m:	2:20.49	37.21	300m:	3:34.91	37.42	400m:	4:46.98	34.61
21.	BERGER-SABBATEL, Adrien				11	Roll				4:47.13	450	
	50m:	30.45	30.45	150m:	1:40.73	35.89	250m:	2:55.41	37.93	350m:	4:10.81	37.89
	100m:	1:04.84	34.39	200m:	2:17.48	36.75	300m:	3:32.92	37.51	400m:	4:47.13	36.32
22.	GOBAT, Achille				11	La				4:48.16	445	
	50m:	31.36	31.36	150m:	1:43.46	36.64	250m:	2:57.95	37.09	350m:	4:11.96	36.72
	100m:	1:06.82	35.46	200m:	2:20.86	37.40	300m:	3:35.24	37.29	400m:	4:48.16	36.20
23.	KOKKALIS, Alexandros				10	Biel				4:48.97	441	
	50m:	31.77	31.77	150m:	1:43.87	36.42	250m:	2:57.81	36.77	350m:	4:12.76	37.67
	100m:	1:07.45	35.68	200m:	2:21.04	37.17	300m:	3:35.09	37.28	400m:	4:48.97	36.21
24.	BORLOZ, Luca				11	Natation Sportive Genève				4:51.60	429	
	50m:	31.59	31.59	150m:	1:42.84	36.31	250m:	2:57.35	37.34	350m:	4:13.78	38.28
	100m:	1:06.53	34.94	200m:	2:20.01	37.17	300m:	3:35.50	38.15	400m:	4:51.60	37.82
25.	MARTINEZ, Rafael				10	Spb				4:51.86	428	
	50m:	32.75	32.75	150m:	1:45.33	36.95	250m:	3:00.02	37.75	350m:	4:15.87	38.16
	100m:	1:08.38	35.63	200m:	2:22.27	36.94	300m:	3:37.71	37.69	400m:	4:51.86	35.99
26.	HAMILTON-SMITH, Samuel				12	Roll				4:55.31	413	
	50m:	32.13	32.13	150m:	1:45.33	37.51	250m:	3:01.69	38.11	350m:	4:18.68	38.32
	100m:	1:07.82	35.69	200m:	2:23.58	38.25	300m:	3:40.36	38.67	400m:	4:55.31	36.63
	ROSSIER, Andréa				09	CN Plan-les-Ouates				4:55.31	413	
	50m:	32.43	32.43	150m:	1:45.83	37.71	250m:	3:01.22	37.67	350m:	4:17.72	38.24
	100m:	1:08.12	35.69	200m:	2:23.55	37.72	300m:	3:39.48	38.26	400m:	4:55.31	37.59
disq.	BLASIUS, Lukas				12	Roll				5:02.67		
	<i>204 - Départ avant le signal de départ (Temps: 8:36)</i>											
	50m:	31.71	31.71	150m:	1:46.73	39.04	250m:	3:05.30	39.85	350m:	4:24.34	39.56
	100m:	1:07.69	35.98	200m:	2:25.45	38.72	300m:	3:44.78	39.48	400m:	5:02.67	38.33
malade	REYNAUD, Guillaume				11	Rn						