

Championnat québécois Speedo 2025
Québec, 14- - 18-5-2025

Epreuve 3

Dames, 400m 4 nages

Cat. générale

2025-05-15 - 16:33

Liste résultats Finales

Canadian Senior Records	4:24.38	MCINTOSH, Summer	UNCAN	Toronto	2024-05-16
Canadian Age Group Records 15 - 17	4:24.38	MCINTOSH, Summer	UNCAN	Toronto	2024-05-16
Canadian Age Group Records 13 - 14	4:46.69	BELLIO, Katrina	ESWIM	Toronto	2019-04-04
Canadian Age Group Records 11 - 12	4:50.21	MCINTOSH, Summer	ESWIM	Toronto	2019-04-04
Quebec Provincial Senior Records	4:36.60	HARVEY, Mary-Sophie	NN	Victoria	2017-04-07
Quebec Provincial Age Group Records 17	4:36.48	HARVEY, Mary-Sophie	NN	Rome (ITA)	2017-06-24
Quebec Provincial Age Group Records 16	4:47.55	HARVEY, Mary-Sophie	NN	Edmonton	2016-08-05
Quebec Provincial Age Group Records 15	4:45.36	HARVEY, Mary-Sophie	NN	Kihei (USA)	2014-08-28
Quebec Provincial Age Group Records 14	4:50.79	HARVEY, Mary-Sophie	NN	Saskatoon	2014-07-17
Quebec Provincial Age Group Records 13	4:55.58	HARVEY, Mary-Sophie	MEGO	Sherbrooke	2013-08-05
Quebec Provincial Age Group Records - 125:06.41		HARVEY, Mary-Sophie	MEGO	Montreal	2011-07-28

Points: AQUA 2025

Rang	Age						Temps		Pts	score
13 ans et moins										
1.	BACCUS, Bianca		13	PCSC			5:08.94		626	
	50m:	32.35	32.35	150m:	1:49.59	40.36	250m:	3:12.14	43.39	350m: 4:33.41 36.44
	100m:	1:09.23	36.88	200m:	2:28.75	39.16	300m:	3:56.97	44.83	400m: 5:08.94 35.53
2.	FORTIER, Charlie-Rose		13	SHER			5:17.26		578	
	50m:	33.44	33.44	150m:	1:54.92	41.59	250m:	3:18.99	43.78	350m: 4:41.38 37.35
	100m:	1:13.33	39.89	200m:	2:35.21	40.29	300m:	4:04.03	45.04	400m: 5:17.26 35.88
3.	MOFFET, Raphaëlle		13	CAMO			5:27.11		527	
	50m:	34.03	34.03	150m:	1:57.50	43.24	250m:	3:26.74	46.43	350m: 4:50.06 36.20
	100m:	1:14.26	40.23	200m:	2:40.31	42.81	300m:	4:13.86	47.12	400m: 5:27.11 37.05
4.	TESSIER, Ellyanne		12	CNQ			5:28.49		521	
	50m:	36.48	36.48	150m:	2:04.75	45.38	250m:	3:30.27	42.45	350m: 4:51.30 37.49
	100m:	1:19.37	42.89	200m:	2:47.82	43.07	300m:	4:13.81	43.54	400m: 5:28.49 37.19
5.	ST-AMOUR, Laurence		13	ELITE			5:33.69		497	
	50m:	33.81	33.81	150m:	1:56.87	44.03	250m:	3:31.21	51.76	350m: 4:57.94 36.29
	100m:	1:12.84	39.03	200m:	2:39.45	42.58	300m:	4:21.65	50.44	400m: 5:33.69 35.75
6.	FANG, Brenda		13	PCSC			5:39.70		471	
	50m:	32.92	32.92	150m:	1:57.04	44.09	250m:	3:27.35	47.51	350m: 4:58.39 41.45
	100m:	1:12.95	40.03	200m:	2:39.84	42.80	300m:	4:16.94	49.59	400m: 5:39.70 41.31
7.	PERRY, Ella		12	PCSC			5:41.03		465	
	50m:	35.28	35.28	150m:	2:05.03	46.51	250m:	3:38.06	49.56	350m: 5:05.20 37.82
	100m:	1:18.52	43.24	200m:	2:48.50	43.47	300m:	4:27.38	49.32	400m: 5:41.03 35.83
8.	WANG, Emily Zihan		13	SAMAK			5:42.02		461	
	50m:	35.67	35.67	150m:	2:02.35	44.67	250m:	3:35.15	49.13	350m: 5:04.58 38.57
	100m:	1:17.68	42.01	200m:	2:46.02	43.67	300m:	4:26.01	50.86	400m: 5:42.02 37.44
9.	HUANG, Vinciane		13	SAMAK			5:43.90		454	
	50m:	35.75	35.75	150m:	2:01.96	45.44	250m:	3:37.63	51.56	350m: 5:06.79 39.70
	100m:	1:16.52	40.77	200m:	2:46.07	44.11	300m:	4:27.09	49.46	400m: 5:43.90 37.11
10.	LINDSAY, Estelle		13	UL			5:51.04		427	
	50m:	37.18	37.18	150m:	2:06.85	46.22	250m:	3:40.70	49.60	350m: 5:12.55 41.01
	100m:	1:20.63	43.45	200m:	2:51.10	44.25	300m:	4:31.54	50.84	400m: 5:51.04 38.49

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Epreuve 3, Dames, 400m 4 nages, Finale

14 - 15 ans

1.	DAGSAAN, Jadyn	15	PCSC	5:05.20	650
	50m: 31.13 31.13	150m: 1:46.01 39.07	250m: 3:09.01 44.47	350m: 4:30.28 36.34	
	100m: 1:06.94 35.81	200m: 2:24.54 38.53	300m: 3:53.94 44.93	400m: 5:05.20 34.92	
2.	FERGUSON, Taylor	14	PCSC	5:12.82	603
	50m: 31.54 31.54	150m: 1:47.51 39.37	250m: 3:13.78 47.32	350m: 4:37.70 36.30	
	100m: 1:08.14 36.60	200m: 2:26.46 38.95	300m: 4:01.40 47.62	400m: 5:12.82 35.12	
3.	MONETTE, Mathilde	15	NN	5:13.23	601
	50m: 32.06 32.06	150m: 1:50.77 39.75	250m: 3:15.86 46.22	350m: 4:38.56 36.84	
	100m: 1:11.02 38.96	200m: 2:29.64 38.87	300m: 4:01.72 45.86	400m: 5:13.23 34.67	
4.	GAUTHIER, Florence	15	SAMAK	5:19.62	565
	50m: 31.16 31.16	150m: 1:48.51 40.63	250m: 3:15.37 45.02	350m: 4:41.49 38.49	
	100m: 1:07.88 36.72	200m: 2:30.35 41.84	300m: 4:03.00 47.63	400m: 5:19.62 38.13	
5.	AUGER, Sophie	14	PCSC	5:22.08	553
	50m: 32.88 32.88	150m: 1:54.26 43.89	250m: 3:23.14 46.25	350m: 4:46.38 37.20	
	100m: 1:10.37 37.49	200m: 2:36.89 42.63	300m: 4:09.18 46.04	400m: 5:22.08 35.70	
6.	LEGARÉ, Lili-Marguerite	14	CNQ	5:23.98	543
	50m: 31.81 31.81	150m: 1:52.27 43.06	250m: 3:20.85 45.81	350m: 4:47.26 38.59	
	100m: 1:09.21 37.40	200m: 2:35.04 42.77	300m: 4:08.67 47.82	400m: 5:23.98 36.72	
7.	BROCHU, Aleni	14	NG	5:24.04	543
	50m: 34.60 34.60	150m: 1:55.90 41.40	250m: 3:23.59 47.79	350m: 4:48.37 36.90	
	100m: 1:14.50 39.90	200m: 2:35.80 39.90	300m: 4:11.47 47.88	400m: 5:24.04 35.67	
8.	GOSSELIN, Mélia	14	UL	5:25.69	534
	50m: 33.71 33.71	150m: 1:55.97 42.79	250m: 3:23.22 46.23	350m: 4:48.26 38.64	
	100m: 1:13.18 39.47	200m: 2:36.99 41.02	300m: 4:09.62 46.40	400m: 5:25.69 37.43	
9.	LACOSTE, Éliane	15	CASE	5:26.47	531
	50m: 32.88 32.88	150m: 1:57.19 44.75	250m: 3:27.12 47.02	350m: 4:50.36 36.92	
	100m: 1:12.44 39.56	200m: 2:40.10 42.91	300m: 4:13.44 46.32	400m: 5:26.47 36.11	
10.	FORTIN, Alix	14	NN	5:26.75	529
	50m: 32.48 32.48	150m: 1:55.06 43.55	250m: 3:23.94 45.72	350m: 4:49.88 37.77	
	100m: 1:11.51 39.03	200m: 2:38.22 43.16	300m: 4:12.11 48.17	400m: 5:26.75 36.87	

16 - 17 ans

1.	BROUSSEAU, Charlotte	17	CAMO	4:54.02	727
	50m: 30.88 30.88	150m: 1:45.43 39.50	250m: 3:05.87 42.94	350m: 4:21.78 33.57	
	100m: 1:05.93 35.05	200m: 2:22.93 37.50	300m: 3:48.21 42.34	400m: 4:54.02 32.24	
2.	NICHOLSON-JODOIN, Annie	16	PCSC	4:56.14	711
	50m: 31.68 31.68	150m: 1:47.23 38.91	250m: 3:07.06 42.48	350m: 4:22.88 34.42	
	100m: 1:08.32 36.64	200m: 2:24.58 37.35	300m: 3:48.46 41.40	400m: 4:56.14 33.26	
3.	LAPIERRE, Justine	17	PCSC	5:06.02	644
	50m: 33.54 33.54	150m: 1:53.25 39.94	250m: 3:15.13 41.75	350m: 4:32.39 35.13	
	100m: 1:13.31 39.77	200m: 2:33.38 40.13	300m: 3:57.26 42.13	400m: 5:06.02 33.63	
4.	BLANCHARD, Kamila	17	PCSC	5:06.25	643
	50m: 31.65 31.65	150m: 1:49.24 40.55	250m: 3:13.03 44.19	350m: 4:31.84 36.08	
	100m: 1:08.69 37.04	200m: 2:28.84 39.60	300m: 3:55.76 42.73	400m: 5:06.25 34.41	
5.	KRAUSS, Ellie	16	NG	5:07.93	632
	50m: 30.93 30.93	150m: 1:49.18 41.34	250m: 3:13.92 44.43	350m: 4:34.30 34.92	
	100m: 1:07.84 36.91	200m: 2:29.49 40.31	300m: 3:59.38 45.46	400m: 5:07.93 33.63	

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Epreuve 3, Filles, 400m 4 nages, Finale, 16 - 17 ans

Rang				Age					Temps		Pts	score
6.	NUGENT, Lea			17	NN				5:08.86		627	
	50m:	32.08	32.08	150m:	1:46.36	37.53	250m:	3:10.67	48.15	350m:	4:34.34	35.69
	100m:	1:08.83	36.75	200m:	2:22.52	36.16	300m:	3:58.65	47.98	400m:	5:08.86	34.52
7.	BEAUDOIN, Shanelle			17	SAMAK				5:11.87		609	
	50m:	33.58	33.58	150m:	1:54.64	40.96	250m:	3:16.40	43.61	350m:	4:37.22	36.54
	100m:	1:13.68	40.10	200m:	2:32.79	38.15	300m:	4:00.68	44.28	400m:	5:11.87	34.65
8.	GONZALEZ, Daniella			16	CAMO				5:11.89		609	
	50m:	32.61	32.61	150m:	1:51.42	40.06	250m:	3:15.53	43.82	350m:	4:36.63	35.48
	100m:	1:11.36	38.75	200m:	2:31.71	40.29	300m:	4:01.15	45.62	400m:	5:11.89	35.26
9.	KARAGIANNIS, Maria-Theoni			17	SAMAK				5:12.92		603	
	50m:	31.47	31.47	150m:	1:49.21	40.82	250m:	3:15.85	46.03	350m:	4:38.13	36.19
	100m:	1:08.39	36.92	200m:	2:29.82	40.61	300m:	4:01.94	46.09	400m:	5:12.92	34.79
10.	GORDON, Erika			16	PCSC				5:15.45		588	
	50m:	32.46	32.46	150m:	1:50.90		250m:	3:16.51	46.42	350m:	4:40.22	36.32
	100m:			200m:	2:30.09	39.19	300m:	4:03.90	47.39	400m:	5:15.45	35.23

18 ans et plus

1.	TREMBLAY, Raphaelle			20	LMRL				4:58.63		693	
	50m:	31.78	31.78	150m:	1:47.05	38.89	250m:	3:07.53	42.73	350m:	4:26.15	34.75
	100m:	1:08.16	36.38	200m:	2:24.80	37.75	300m:	3:51.40	43.87	400m:	4:58.63	32.48
2.	GORDON, Lindsay			18	PCSC				5:07.83		633	
	50m:	31.33	31.33	150m:	1:48.77	40.89	250m:	3:12.96	44.90	350m:	4:33.40	35.83
	100m:	1:07.88	36.55	200m:	2:28.06	39.29	300m:	3:57.57	44.61	400m:	5:07.83	34.43
3.	MARIGAUX, Maika			20	UDEM				5:12.78		603	
	50m:	34.51	34.51	150m:	1:55.65	40.56	250m:	3:18.91	45.05	350m:	4:38.97	35.63
	100m:	1:15.09	40.58	200m:	2:33.86	38.21	300m:	4:03.34	44.43	400m:	5:12.78	33.81
4.	TANGUAY, Daphnée			19	GAMIN				5:19.31		567	
	50m:	33.00	33.00	150m:	1:53.90	43.58	250m:	3:20.21	44.03	350m:	4:43.17	37.75
	100m:	1:10.32	37.32	200m:	2:36.18	42.28	300m:	4:05.42	45.21	400m:	5:19.31	36.14
5.	MICHAUD, Élisabeth			19	CNSL				5:20.27		562	
	50m:	32.72	32.72	150m:	1:54.67	43.82	250m:	3:22.59	45.51	350m:	4:45.64	36.38
	100m:	1:10.85	38.13	200m:	2:37.08	42.41	300m:	4:09.26	46.67	400m:	5:20.27	34.63
6.	SHINK, Ariane			18	CNQ				5:20.36		562	
	50m:	33.01	33.01	150m:	1:54.55	43.50	250m:	3:22.85	46.38	350m:	4:45.62	35.87
	100m:	1:11.05	38.04	200m:	2:36.47	41.92	300m:	4:09.75	46.90	400m:	5:20.36	34.74
7.	MARCON, Isabella			18	DDO				5:29.53		516	
	50m:	35.40	35.40	150m:	1:59.14	43.12	250m:	3:28.90	47.41	350m:	4:54.19	36.28
	100m:	1:16.02	40.62	200m:	2:41.49	42.35	300m:	4:17.91	49.01	400m:	5:29.53	35.34
8.	SYLVESTRE, Justine			18	NN				5:40.05		469	
	50m:	35.22	35.22	150m:	2:03.63	45.57	250m:	3:34.81	47.34	350m:	5:01.51	38.33
	100m:	1:18.06	42.84	200m:	2:47.47	43.84	300m:	4:23.18	48.37	400m:	5:40.05	38.54