

Championnat québécois Speedo 2025  
Québec, 14- - 18-5-2025

Epreuve 11

Dames, 400m Libre

Cat. générale

2025-05-16 - 8:46

Liste résultats Eliminatoires

|                                           |         |                     |       |               |            |
|-------------------------------------------|---------|---------------------|-------|---------------|------------|
| Canadian Senior Records                   | 3:56.08 | MCINTOSH, Summer    | UNCAN | Toronto       | 2023-03-28 |
| Canadian Age Group Records 15 - 17        | 3:56.08 | MCINTOSH, Summer    | UNCAN | Toronto       | 2023-03-28 |
| Canadian Age Group Records 13 - 14        | 4:02.42 | MCINTOSH, Summer    | ESWIM | Tokyo (JPN)   | 2021-07-26 |
| Canadian Age Group Records 11 - 12        | 4:20.68 | MCINTOSH, Summer    | ESWIM | Winnipeg      | 2019-08-10 |
| Quebec Provincial Senior Records          | 4:07.45 | HORNER, Stephanie   | BBF   | Beijing (CHN) | 2008-08-10 |
| Quebec Provincial Age Group Records 17    | 4:09.69 | HARVEY, Mary-Sophie | NN    | Austin (USA)  | 2017-01-13 |
| Quebec Provincial Age Group Records 16    | 4:12.82 | JARDIN, Barbara     | CAMO  | Quebec        | 2008-08-02 |
| Quebec Provincial Age Group Records 15    | 4:15.09 | JARDIN, Barbara     | PPO   | Montreal      | 2007-06-30 |
| Quebec Provincial Age Group Records 14    | 4:22.18 | HARVEY, Mary-Sophie | NN    | Winnipeg      | 2014-07-27 |
| Quebec Provincial Age Group Records 13    | 4:31.48 | BIRCHENOUGH, Nancy  | PCSC  | ???           | 1984-08-01 |
| Quebec Provincial Age Group Records - 124 | 38.92   | CHEBARAKA, Majda    | CAMO  | Calgary       | 2012-07-29 |

Points: AQUA 2025

| Rang            | Age                   |         |       |       |         |       |       |         | Temps |       | Pts     | score |
|-----------------|-----------------------|---------|-------|-------|---------|-------|-------|---------|-------|-------|---------|-------|
| 13 ans et moins |                       |         |       |       |         |       |       |         |       |       |         |       |
| 1.              | BACCUS, Bianca        |         |       | 13    | PCSC    |       |       | 4:44.31 |       | 567   | Q       |       |
|                 | 50m:                  | 32.06   | 32.06 | 150m: | 1:43.19 | 36.17 | 250m: | 2:55.75 | 36.48 | 350m: | 4:08.77 | 36.48 |
|                 | 100m:                 | 1:07.02 | 34.96 | 200m: | 2:19.27 | 36.08 | 300m: | 3:32.29 | 36.54 | 400m: | 4:44.31 | 35.54 |
| 2.              | FORTIER, Charlie-Rose |         |       | 13    | SHER    |       |       | 4:47.54 |       | 548   | Q       |       |
|                 | 50m:                  | 31.50   | 31.50 | 150m: | 1:43.02 | 36.27 | 250m: | 2:57.04 | 37.11 | 350m: | 4:11.23 | 37.09 |
|                 | 100m:                 | 1:06.75 | 35.25 | 200m: | 2:19.93 | 36.91 | 300m: | 3:34.14 | 37.10 | 400m: | 4:47.54 | 36.31 |
| 3.              | RÉGNIER, Lily Rose    |         |       | 12    | MUST    |       |       | 4:49.61 |       | 536   | Q       |       |
|                 | 50m:                  | 31.54   | 31.54 | 150m: | 1:44.97 | 37.46 | 250m: | 2:59.87 | 37.30 | 350m: | 4:14.27 | 37.12 |
|                 | 100m:                 | 1:07.51 | 35.97 | 200m: | 2:22.57 | 37.60 | 300m: | 3:37.15 | 37.28 | 400m: | 4:49.61 | 35.34 |
| 4.              | MAXIMENCO, Sophia     |         |       | 13    | DDO     |       |       | 4:52.18 |       | 522   | Q       |       |
|                 | 50m:                  | 34.86   | 34.86 | 150m: | 1:49.47 | 36.98 | 250m: | 3:02.74 | 36.14 | 350m: | 4:16.38 | 36.65 |
|                 | 100m:                 | 1:12.49 | 37.63 | 200m: | 2:26.60 | 37.13 | 300m: | 3:39.73 | 36.99 | 400m: | 4:52.18 | 35.80 |
| 5.              | FORTIN, Flavie        |         |       | 13    | UL      |       |       | 4:52.26 |       | 522   | Q       |       |
|                 | 50m:                  | 33.59   | 33.59 | 150m: | 1:47.43 | 37.31 | 250m: | 3:02.75 | 37.20 | 350m: | 4:17.23 | 36.82 |
|                 | 100m:                 | 1:10.12 | 36.53 | 200m: | 2:25.55 | 38.12 | 300m: | 3:40.41 | 37.66 | 400m: | 4:52.26 | 35.03 |
| 6.              | MATHIEU, Lyvia        |         |       | 13    | VELOX   |       |       | 4:53.90 |       | 513   | Q       |       |
|                 | 50m:                  | 32.10   | 32.10 | 150m: | 1:46.85 | 38.10 | 250m: | 3:02.97 | 37.94 | 350m: | 4:18.17 | 37.28 |
|                 | 100m:                 | 1:08.75 | 36.65 | 200m: | 2:25.03 | 38.18 | 300m: | 3:40.89 | 37.92 | 400m: | 4:53.90 | 35.73 |
| 7.              | ST-AMOUR, Laurence    |         |       | 13    | ELITE   |       |       | 4:55.49 |       | 505   | Q       |       |
|                 | 50m:                  | 33.33   | 33.33 | 150m: | 1:47.13 | 37.20 | 250m: | 3:02.48 | 37.69 | 350m: | 4:18.81 | 38.13 |
|                 | 100m:                 | 1:09.93 | 36.60 | 200m: | 2:24.79 | 37.66 | 300m: | 3:40.68 | 38.20 | 400m: | 4:55.49 | 36.68 |
| 8.              | LEHAD, Milissa        |         |       | 13    | CNMN    |       |       | 4:56.39 |       | 500   | Q       |       |
|                 | 50m:                  | 31.86   | 31.86 | 150m: | 1:45.92 | 37.50 | 250m: | 3:01.51 | 38.41 | 350m: | 4:18.85 | 38.36 |
|                 | 100m:                 | 1:08.42 | 36.56 | 200m: | 2:23.10 | 37.18 | 300m: | 3:40.49 | 38.98 | 400m: | 4:56.39 | 37.54 |
| 9.              | LONGCHAMPS, Kaïna Wu  |         |       | 13    | MUST    |       |       | 4:56.80 |       | 498   | Q       |       |
|                 | 50m:                  | 33.15   | 33.15 | 150m: | 1:48.60 | 37.62 | 250m: | 3:04.04 | 38.10 | 350m: | 4:20.81 | 37.95 |
|                 | 100m:                 | 1:10.98 | 37.83 | 200m: | 2:25.94 | 37.34 | 300m: | 3:42.86 | 38.82 | 400m: | 4:56.80 | 35.99 |
| 10.             | HUANG, Vinciane       |         |       | 13    | SAMAK   |       |       | 4:59.44 |       | 485   | Q       |       |
|                 | 50m:                  | 33.10   | 33.10 | 150m: | 1:46.29 | 37.23 | 250m: | 3:03.19 | 38.57 | 350m: | 4:20.64 | 38.62 |
|                 | 100m:                 | 1:09.06 | 35.96 | 200m: | 2:24.62 | 38.33 | 300m: | 3:42.02 | 38.83 | 400m: | 4:59.44 | 38.80 |
| 11.             | MARCHAND, Gabrielle   |         |       | 13    | VELOX   |       |       | 4:59.78 |       | 484   | R       |       |
|                 | 50m:                  | 33.83   | 33.83 | 150m: | 1:50.03 | 38.37 | 250m: | 3:06.59 | 38.27 | 350m: | 4:22.85 | 38.02 |
|                 | 100m:                 | 1:11.66 | 37.83 | 200m: | 2:28.32 | 38.29 | 300m: | 3:44.83 | 38.24 | 400m: | 4:59.78 | 36.93 |
| 12.             | PERRY, Ella           |         |       | 12    | PCSC    |       |       | 5:00.00 |       | 482   | R       |       |
|                 | 50m:                  | 33.65   | 33.65 | 150m: | 1:50.36 | 38.88 | 250m: | 3:07.03 | 38.37 | 350m: | 4:23.69 | 37.93 |
|                 | 100m:                 | 1:11.48 | 37.83 | 200m: | 2:28.66 | 38.30 | 300m: | 3:45.76 | 38.73 | 400m: | 5:00.00 | 36.31 |

Championnat québécois Speedo 2025  
Québec, 14- - 18-5-2025

Epreuve 11, Filles, 400m Libre, Elimatoire, 13 ans et moins

| Rang | Age      |         |       |       | Temps   |       |       |         | Pts   | score               |
|------|----------|---------|-------|-------|---------|-------|-------|---------|-------|---------------------|
| 13.  | 13 VELOX |         |       |       | 5:01.11 |       |       |         | 477   |                     |
|      | 50m:     | 34.51   | 34.51 | 150m: | 1:50.60 | 38.32 | 250m: | 3:07.36 | 38.00 | 350m: 4:24.22 38.56 |
|      | 100m:    | 1:12.28 | 37.77 | 200m: | 2:29.36 | 38.76 | 300m: | 3:45.66 | 38.30 | 400m: 5:01.11 36.89 |
| 14.  | 12 PCSC  |         |       |       | 5:01.36 |       |       |         | 476   |                     |
|      | 50m:     | 32.47   | 32.47 | 150m: | 1:47.97 | 37.94 | 250m: | 3:05.42 | 38.64 | 350m: 4:24.05 39.26 |
|      | 100m:    | 1:10.03 | 37.56 | 200m: | 2:26.78 | 38.81 | 300m: | 3:44.79 | 39.37 | 400m: 5:01.36 37.31 |
| 15.  | 12 ICI   |         |       |       | 5:01.78 |       |       |         | 474   |                     |
|      | 50m:     | 33.52   | 33.52 | 150m: | 1:50.27 | 38.87 | 250m: | 3:08.34 | 39.19 | 350m: 4:24.85 37.55 |
|      | 100m:    | 1:11.40 | 37.88 | 200m: | 2:29.15 | 38.88 | 300m: | 3:47.30 | 38.96 | 400m: 5:01.78 36.93 |
| 16.  | 13 CAMO  |         |       |       | 5:04.17 |       |       |         | 463   |                     |
|      | 50m:     | 33.16   | 33.16 | 150m: | 1:49.27 | 39.02 | 250m: | 3:07.73 | 39.11 | 350m: 4:25.89 38.88 |
|      | 100m:    | 1:10.25 | 37.09 | 200m: | 2:28.62 | 39.35 | 300m: | 3:47.01 | 39.28 | 400m: 5:04.17 38.28 |
| 17.  | 12 CNQ   |         |       |       | 5:06.83 |       |       |         | 451   |                     |
|      | 50m:     | 33.71   | 33.71 | 150m: | 1:50.87 | 39.08 | 250m: | 3:11.27 | 40.29 | 350m: 4:30.63 38.60 |
|      | 100m:    | 1:11.79 | 38.08 | 200m: | 2:30.98 | 40.11 | 300m: | 3:52.03 | 40.76 | 400m: 5:06.83 36.20 |
| 18.  | 12 SHER  |         |       |       | 5:07.20 |       |       |         | 449   |                     |
|      | 50m:     | 33.89   | 33.89 | 150m: | 1:52.54 | 40.09 | 250m: | 3:12.91 | 39.95 | 350m: 4:30.61 37.67 |
|      | 100m:    | 1:12.45 | 38.56 | 200m: | 2:32.96 | 40.42 | 300m: | 3:52.94 | 40.03 | 400m: 5:07.20 36.59 |
| 19.  | 12 PCSC  |         |       |       | 5:08.11 |       |       |         | 445   |                     |
|      | 50m:     | 34.24   | 34.24 | 150m: | 1:51.47 | 39.06 | 250m: | 3:10.96 | 39.73 | 350m: 4:30.28 39.68 |
|      | 100m:    | 1:12.41 | 38.17 | 200m: | 2:31.23 | 39.76 | 300m: | 3:50.60 | 39.64 | 400m: 5:08.11 37.83 |
| 20.  | 12 DDO   |         |       |       | 5:09.82 |       |       |         | 438   |                     |
|      | 50m:     | 33.19   | 33.19 | 150m: | 1:51.37 | 39.53 | 250m: | 3:10.84 | 39.64 | 350m: 4:30.38 38.86 |
|      | 100m:    | 1:11.84 | 38.65 | 200m: | 2:31.20 | 39.83 | 300m: | 3:51.52 | 40.68 | 400m: 5:09.82 39.44 |
| 21.  | 12 ELITE |         |       |       | 5:09.84 |       |       |         | 438   |                     |
|      | 50m:     | 34.29   | 34.29 | 150m: | 1:52.20 | 39.52 | 250m: | 3:12.09 | 39.78 | 350m: 4:31.12 39.00 |
|      | 100m:    | 1:12.68 | 38.39 | 200m: | 2:32.31 | 40.11 | 300m: | 3:52.12 | 40.03 | 400m: 5:09.84 38.72 |
| 22.  | 12 CNQ   |         |       |       | 5:10.06 |       |       |         | 437   |                     |
|      | 50m:     | 33.79   | 33.79 | 150m: | 1:51.82 | 39.79 | 250m: | 3:11.94 | 40.30 | 350m: 4:31.59 39.82 |
|      | 100m:    | 1:12.03 | 38.24 | 200m: | 2:31.64 | 39.82 | 300m: | 3:51.77 | 39.83 | 400m: 5:10.06 38.47 |
| 23.  | 11 CNRB  |         |       |       | 5:10.39 |       |       |         | 436   |                     |
|      | 50m:     | 33.73   | 33.73 | 150m: | 1:52.13 | 39.86 | 250m: | 3:12.21 | 40.05 | 350m: 4:32.17 39.69 |
|      | 100m:    | 1:12.27 | 38.54 | 200m: | 2:32.16 | 40.03 | 300m: | 3:52.48 | 40.27 | 400m: 5:10.39 38.22 |
| 24.  | 11 CAMO  |         |       |       | 5:11.14 |       |       |         | 432   |                     |
|      | 50m:     | 34.13   | 34.13 | 150m: | 1:52.94 | 39.61 | 250m: | 3:12.96 | 39.67 | 350m: 4:32.50 39.45 |
|      | 100m:    | 1:13.33 | 39.20 | 200m: | 2:33.29 | 40.35 | 300m: | 3:53.05 | 40.09 | 400m: 5:11.14 38.64 |
| 25.  | 12 GAMIN |         |       |       | 5:12.16 |       |       |         | 428   |                     |
|      | 50m:     | 33.79   | 33.79 | 150m: | 1:50.88 | 39.25 | 250m: | 3:11.16 | 40.56 | 350m: 4:33.04 40.92 |
|      | 100m:    | 1:11.63 | 37.84 | 200m: | 2:30.60 | 39.72 | 300m: | 3:52.12 | 40.96 | 400m: 5:12.16 39.12 |
| 26.  | 12 NG    |         |       |       | 5:17.85 |       |       |         | 406   |                     |
|      | 50m:     | 34.69   | 34.69 | 150m: | 1:53.77 | 39.91 | 250m: | 3:15.36 | 40.57 | 350m: 4:37.76 40.87 |
|      | 100m:    | 1:13.86 | 39.17 | 200m: | 2:34.79 | 41.02 | 300m: | 3:56.89 | 41.53 | 400m: 5:17.85 40.09 |

Championnat québécois Speedo 2025  
Québec, 14- - 18-5-2025

Epreuve 11, Dames, 400m Libre, Elimatoire

14 - 15 ans

|     |                              |       |               |       |               |       |               |                |     |   |
|-----|------------------------------|-------|---------------|-------|---------------|-------|---------------|----------------|-----|---|
| 1.  | TURCOTTE, Annabelle          | 15    | CNQ           |       |               |       |               | <b>4:29.75</b> | 664 | Q |
|     | 50m: 30.34                   | 30.34 | 150m: 1:38.71 | 34.46 | 250m: 2:47.91 | 34.58 | 350m: 3:56.81 | 34.33          |     |   |
|     | 100m: 1:04.25                | 33.91 | 200m: 2:13.33 | 34.62 | 300m: 3:22.48 | 34.57 | 400m: 4:29.75 | 32.94          |     |   |
| 2.  | LEFSRUD, Reilly              | 15    | PCSC          |       |               |       |               | <b>4:30.93</b> | 655 | Q |
|     | 50m: 30.64                   | 30.64 | 150m: 1:38.74 | 34.53 | 250m: 2:48.37 | 34.84 | 350m: 3:57.90 | 34.40          |     |   |
|     | 100m: 1:04.21                | 33.57 | 200m: 2:13.53 | 34.79 | 300m: 3:23.50 | 35.13 | 400m: 4:30.93 | 33.03          |     |   |
| 3.  | BOILY, Claudia               | 15    | PCSC          |       |               |       |               | <b>4:36.74</b> | 615 | Q |
|     | 50m: 30.86                   | 30.86 | 150m: 1:39.70 | 34.87 | 250m: 2:50.08 | 35.24 | 350m: 4:01.85 | 35.85          |     |   |
|     | 100m: 1:04.83                | 33.97 | 200m: 2:14.84 | 35.14 | 300m: 3:26.00 | 35.92 | 400m: 4:36.74 | 34.89          |     |   |
| 4.  | NICHOLSON-JODOIN, Clementine | 14    | PCSC          |       |               |       |               | <b>4:36.77</b> | 615 | Q |
|     | 50m: 31.72                   | 31.72 | 150m: 1:40.85 | 34.14 | 250m: 2:51.80 | 35.55 | 350m: 4:02.36 | 35.16          |     |   |
|     | 100m: 1:06.71                | 34.99 | 200m: 2:16.25 | 35.40 | 300m: 3:27.20 | 35.40 | 400m: 4:36.77 | 34.41          |     |   |
| 5.  | LABRIE, Ève                  | 14    | NN            |       |               |       |               | <b>4:39.59</b> | 596 | Q |
|     | 50m: 31.22                   | 31.22 | 150m: 1:40.77 | 35.11 | 250m: 2:52.12 | 35.64 | 350m: 4:04.17 | 35.85          |     |   |
|     | 100m: 1:05.66                | 34.44 | 200m: 2:16.48 | 35.71 | 300m: 3:28.32 | 36.20 | 400m: 4:39.59 | 35.42          |     |   |
| 6.  | POMERLEAU, Mikaelle          | 15    | PCSC          |       |               |       |               | <b>4:40.82</b> | 588 | Q |
|     | 50m: 31.33                   | 31.33 | 150m: 1:41.14 | 35.32 | 250m: 2:52.45 | 35.67 | 350m: 4:04.96 | 36.35          |     |   |
|     | 100m: 1:05.82                | 34.49 | 200m: 2:16.78 | 35.64 | 300m: 3:28.61 | 36.16 | 400m: 4:40.82 | 35.86          |     |   |
| 7.  | DAGSAAN, Jadyn               | 15    | PCSC          |       |               |       |               | <b>4:41.60</b> | 583 | Q |
|     | 50m: 31.87                   | 31.87 | 150m: 1:41.85 | 35.49 | 250m: 2:54.14 | 36.10 | 350m: 4:06.23 | 35.90          |     |   |
|     | 100m: 1:06.36                | 34.49 | 200m: 2:18.04 | 36.19 | 300m: 3:30.33 | 36.19 | 400m: 4:41.60 | 35.37          |     |   |
| 8.  | BROCHU, Aleni                | 14    | NG            |       |               |       |               | <b>4:43.35</b> | 573 | Q |
|     | 50m: 32.68                   | 32.68 | 150m: 1:44.16 | 35.91 | 250m: 2:56.26 | 35.23 | 350m: 4:07.47 | 35.86          |     |   |
|     | 100m: 1:08.25                | 35.57 | 200m: 2:21.03 | 36.87 | 300m: 3:31.61 | 35.35 | 400m: 4:43.35 | 35.88          |     |   |
| 9.  | AUGER, Sophie                | 14    | PCSC          |       |               |       |               | <b>4:43.58</b> | 571 | Q |
|     | 50m: 31.69                   | 31.69 | 150m: 1:42.85 | 36.05 | 250m: 2:54.55 | 35.98 | 350m: 4:08.17 | 36.92          |     |   |
|     | 100m: 1:06.80                | 35.11 | 200m: 2:18.57 | 35.72 | 300m: 3:31.25 | 36.70 | 400m: 4:43.58 | 35.41          |     |   |
| 10. | OUATTARA ROUSSEAU, Zahia     | 15    | ELITE         |       |               |       |               | <b>4:44.08</b> | 568 | Q |
|     | 50m: 32.09                   | 32.09 | 150m: 1:43.07 | 35.93 | 250m: 2:55.89 | 35.93 | 350m: 4:08.78 | 35.97          |     |   |
|     | 100m: 1:07.14                | 35.05 | 200m: 2:19.96 | 36.89 | 300m: 3:32.81 | 36.92 | 400m: 4:44.08 | 35.30          |     |   |
| 11. | PICHETTE, Alexandra          | 14    | CNQ           |       |               |       |               | <b>4:44.73</b> | 564 | R |
|     | 50m: 31.54                   | 31.54 | 150m: 1:43.44 | 36.62 | 250m: 2:56.55 | 36.34 | 350m: 4:09.31 | 36.31          |     |   |
|     | 100m: 1:06.82                | 35.28 | 200m: 2:20.21 | 36.77 | 300m: 3:33.00 | 36.45 | 400m: 4:44.73 | 35.42          |     |   |
| 12. | BLUMEL, Margaret             | 15    | CNSL          |       |               |       |               | <b>4:45.31</b> | 561 | R |
|     | 50m: 32.03                   | 32.03 | 150m: 1:43.45 | 35.93 | 250m: 2:55.97 | 36.15 | 350m: 4:09.34 | 37.15          |     |   |
|     | 100m: 1:07.52                | 35.49 | 200m: 2:19.82 | 36.37 | 300m: 3:32.19 | 36.22 | 400m: 4:45.31 | 35.97          |     |   |
| 13. | D'ORSONNENS, Emma            | 15    | NN            |       |               |       |               | <b>4:46.58</b> | 554 |   |
|     | 50m: 32.00                   | 32.00 | 150m: 1:45.17 | 36.98 | 250m: 2:58.79 | 36.95 | 350m: 4:11.79 | 36.22          |     |   |
|     | 100m: 1:08.19                | 36.19 | 200m: 2:21.84 | 36.67 | 300m: 3:35.57 | 36.78 | 400m: 4:46.58 | 34.79          |     |   |
| 14. | GOSSELIN, Mélia              | 14    | UL            |       |               |       |               | <b>4:47.74</b> | 547 |   |
|     | 50m: 33.00                   | 33.00 | 150m: 1:45.09 | 36.44 | 250m: 2:59.14 | 36.84 | 350m: 4:12.18 | 36.20          |     |   |
|     | 100m: 1:08.65                | 35.65 | 200m: 2:22.30 | 37.21 | 300m: 3:35.98 | 36.84 | 400m: 4:47.74 | 35.56          |     |   |
| 15. | CORNEAU, Élyza               | 14    | CNQ           |       |               |       |               | <b>4:48.34</b> | 543 |   |
|     | 50m: 32.06                   | 32.06 | 150m: 1:43.73 | 36.26 | 250m: 2:56.74 | 36.69 | 350m: 4:11.82 | 37.95          |     |   |
|     | 100m: 1:07.47                | 35.41 | 200m: 2:20.05 | 36.32 | 300m: 3:33.87 | 37.13 | 400m: 4:48.34 | 36.52          |     |   |
| 16. | DESJARDINS, Katelyn          | 14    | PCSC          |       |               |       |               | <b>4:48.44</b> | 543 |   |
|     | 50m: 32.18                   | 32.18 | 150m: 1:43.08 | 35.94 | 250m: 2:56.34 | 36.29 | 350m: 4:11.44 | 37.29          |     |   |
|     | 100m: 1:07.14                | 34.96 | 200m: 2:20.05 | 36.97 | 300m: 3:34.15 | 37.81 | 400m: 4:48.44 | 37.00          |     |   |

Championnat québécois Speedo 2025  
Québec, 14- - 18-5-2025

Epreuve 11, Filles, 400m Libre, Elimatoire, 14 - 15 ans

| Rang | Age                         |               |       |               | Temps          |               |       |  | Pts | score |
|------|-----------------------------|---------------|-------|---------------|----------------|---------------|-------|--|-----|-------|
| 17.  | TANGUAY, Lily-Rose          | 14            | RL    |               | <b>4:49.33</b> |               |       |  | 538 |       |
|      | 50m: 31.47 31.47            | 150m: 1:43.19 | 36.48 | 250m: 2:58.59 | 37.44          | 350m: 4:13.56 | 37.22 |  |     |       |
|      | 100m: 1:06.71 35.24         | 200m: 2:21.15 | 37.96 | 300m: 3:36.34 | 37.75          | 400m: 4:49.33 | 35.77 |  |     |       |
| 18.  | LAFRENIÈRE, Juliette        | 14            | CNQ   |               | <b>4:49.62</b> |               |       |  | 536 |       |
|      | 50m: 30.63 30.63            | 150m: 1:41.04 | 36.48 | 250m: 2:56.86 | 38.58          | 350m: 4:13.47 | 38.72 |  |     |       |
|      | 100m: 1:04.56 33.93         | 200m: 2:18.28 | 37.24 | 300m: 3:34.75 | 37.89          | 400m: 4:49.62 | 36.15 |  |     |       |
| 19.  | CHEN, Michelle              | 14            | PCSC  |               | <b>4:49.67</b> |               |       |  | 536 |       |
|      | 50m: 32.14 32.14            | 150m: 1:44.81 | 36.97 | 250m: 2:59.16 | 36.98          | 350m: 4:13.46 | 36.69 |  |     |       |
|      | 100m: 1:07.84 35.70         | 200m: 2:22.18 | 37.37 | 300m: 3:36.77 | 37.61          | 400m: 4:49.67 | 36.21 |  |     |       |
| 20.  | LACOSTE, Éliane             | 15            | CASE  |               | <b>4:49.94</b> |               |       |  | 535 |       |
|      | 50m: 32.31 32.31            | 150m: 1:42.72 | 35.66 | 250m: 2:56.12 | 36.73          | 350m: 4:12.27 | 38.45 |  |     |       |
|      | 100m: 1:07.06 34.75         | 200m: 2:19.39 | 36.67 | 300m: 3:33.82 | 37.70          | 400m: 4:49.94 | 37.67 |  |     |       |
| 21.  | CANTIN, Élisabeth           | 14            | UL    |               | <b>4:50.36</b> |               |       |  | 532 |       |
|      | 50m: 32.67 32.67            | 150m: 1:45.23 | 36.80 | 250m: 2:59.34 | 36.93          | 350m: 4:14.15 | 37.24 |  |     |       |
|      | 100m: 1:08.43 35.76         | 200m: 2:22.41 | 37.18 | 300m: 3:36.91 | 37.57          | 400m: 4:50.36 | 36.21 |  |     |       |
| 22.  | LABERGE, Élise              | 15            | UL    |               | <b>4:50.57</b> |               |       |  | 531 |       |
|      | 50m: 32.25 32.25            | 150m: 1:45.41 | 37.01 | 250m: 3:00.31 | 37.54          | 350m: 4:14.51 | 36.79 |  |     |       |
|      | 100m: 1:08.40 36.15         | 200m: 2:22.77 | 37.36 | 300m: 3:37.72 | 37.41          | 400m: 4:50.57 | 36.06 |  |     |       |
| 23.  | LEMELIN, Émie               | 15            | CNQ   |               | <b>4:51.34</b> |               |       |  | 527 |       |
|      | 50m: 33.35 33.35            | 150m: 1:45.94 | 36.82 | 250m: 2:59.58 | 36.72          | 350m: 4:14.70 | 37.53 |  |     |       |
|      | 100m: 1:09.12 35.77         | 200m: 2:22.86 | 36.92 | 300m: 3:37.17 | 37.59          | 400m: 4:51.34 | 36.64 |  |     |       |
| 24.  | BONNEVILLE, Chloe           | 14            | CAMO  |               | <b>4:51.45</b> |               |       |  | 526 |       |
|      | 50m: 32.10 32.10            | 150m: 1:45.15 | 36.93 | 250m: 3:00.03 | 37.47          | 350m: 4:15.05 | 37.43 |  |     |       |
|      | 100m: 1:08.22 36.12         | 200m: 2:22.56 | 37.41 | 300m: 3:37.62 | 37.59          | 400m: 4:51.45 | 36.40 |  |     |       |
| 25.  | BARRETTE, Sophia            | 15            | NN    |               | <b>4:51.69</b> |               |       |  | 525 |       |
|      | 50m: 32.11 32.11            | 150m: 1:44.69 | 37.11 | 250m: 2:59.77 | 37.81          | 350m: 4:15.36 | 38.21 |  |     |       |
|      | 100m: 1:07.58 35.47         | 200m: 2:21.96 | 37.27 | 300m: 3:37.15 | 37.38          | 400m: 4:51.69 | 36.33 |  |     |       |
| 26.  | LEMELIN DUCHARME, Michaëlle | 15            | CNQ   |               | <b>4:51.87</b> |               |       |  | 524 |       |
|      | 50m: 31.20 31.20            | 150m: 1:43.02 | 36.74 | 250m: 2:58.02 | 37.89          | 350m: 4:15.16 | 38.13 |  |     |       |
|      | 100m: 1:06.28 35.08         | 200m: 2:20.13 | 37.11 | 300m: 3:37.03 | 39.01          | 400m: 4:51.87 | 36.71 |  |     |       |
| 27.  | HARVEY, Éllie               | 14            | CNQ   |               | <b>4:52.34</b> |               |       |  | 521 |       |
|      | 50m: 33.64 33.64            | 150m: 1:47.67 | 37.20 | 250m: 3:02.25 | 37.41          | 350m: 4:16.96 | 37.42 |  |     |       |
|      | 100m: 1:10.47 36.83         | 200m: 2:24.84 | 37.17 | 300m: 3:39.54 | 37.29          | 400m: 4:52.34 | 35.38 |  |     |       |
| 28.  | CÔTÉ, Aurélie               | 14            | BG    |               | <b>4:52.41</b> |               |       |  | 521 |       |
|      | 50m: 32.99 32.99            | 150m: 1:46.79 | 37.32 | 250m: 3:02.09 | 37.35          | 350m: 4:16.63 | 37.08 |  |     |       |
|      | 100m: 1:09.47 36.48         | 200m: 2:24.74 | 37.95 | 300m: 3:39.55 | 37.46          | 400m: 4:52.41 | 35.78 |  |     |       |
| 29.  | NAULT, Laurence             | 14            | CNBF  |               | <b>4:55.83</b> |               |       |  | 503 |       |
|      | 50m: 32.56 32.56            | 150m: 1:46.02 | 37.48 | 250m: 3:02.17 | 38.04          | 350m: 4:18.36 | 37.77 |  |     |       |
|      | 100m: 1:08.54 35.98         | 200m: 2:24.13 | 38.11 | 300m: 3:40.59 | 38.42          | 400m: 4:55.83 | 37.47 |  |     |       |
| 30.  | GAGNON, Héloïse             | 14            | CNQ   |               | <b>4:57.52</b> |               |       |  | 495 |       |
|      | 50m: 33.12 33.12            | 150m: 1:47.51 | 37.84 | 250m: 3:04.43 | 38.78          | 350m: 4:20.86 | 38.36 |  |     |       |
|      | 100m: 1:09.67 36.55         | 200m: 2:25.65 | 38.14 | 300m: 3:42.50 | 38.07          | 400m: 4:57.52 | 36.66 |  |     |       |
| 31.  | ROBIN, Dana-Ève             | 14            | CARAT |               | <b>5:08.49</b> |               |       |  | 444 |       |
|      | 50m: 33.38 33.38            | 150m: 1:48.60 | 38.02 | 250m: 3:07.17 | 39.46          | 350m: 4:28.46 | 41.04 |  |     |       |
|      | 100m: 1:10.58 37.20         | 200m: 2:27.71 | 39.11 | 300m: 3:47.42 | 40.25          | 400m: 5:08.49 | 40.03 |  |     |       |

Championnat québécois Speedo 2025  
Québec, 14- - 18-5-2025

Epreuve 11, Dames, 400m Libre, Eliminatoire

16 - 17 ans

|     |                           |                     |                     |                     |     |   |
|-----|---------------------------|---------------------|---------------------|---------------------|-----|---|
| 1.  | BLANCHARD, Kamila         | 17                  | PCSC                | <b>4:29.57</b>      | 665 | Q |
|     | 50m: 31.09 31.09          | 150m: 1:39.24 34.39 | 250m: 2:48.59 34.83 | 350m: 3:57.50 34.20 |     |   |
|     | 100m: 1:04.85 33.76       | 200m: 2:13.76 34.52 | 300m: 3:23.30 34.71 | 400m: 4:29.57 32.07 |     |   |
| 2.  | ROBITAILLE, Florence      | 16                  | ELITE               | <b>4:31.20</b>      | 653 | Q |
|     | 50m: 30.70 30.70          | 150m: 1:39.09 34.51 | 250m: 2:48.66 34.91 | 350m: 3:58.13 34.50 |     |   |
|     | 100m: 1:04.58 33.88       | 200m: 2:13.75 34.66 | 300m: 3:23.63 34.97 | 400m: 4:31.20 33.07 |     |   |
| 3.  | TURCOTTE, Juliette        | 17                  | CNQ                 | <b>4:35.81</b>      | 621 | Q |
|     | 50m: 31.47 31.47          | 150m: 1:39.82 34.57 | 250m: 2:50.18 35.16 | 350m: 4:00.94 35.07 |     |   |
|     | 100m: 1:05.25 33.78       | 200m: 2:15.02 35.20 | 300m: 3:25.87 35.69 | 400m: 4:35.81 34.87 |     |   |
| 4.  | GONZALEZ, Daniella        | 16                  | CAMO                | <b>4:36.24</b>      | 618 | Q |
|     | 50m: 30.60 30.60          | 150m: 1:40.25 35.16 | 250m: 2:51.21 35.24 | 350m: 4:01.95 35.43 |     |   |
|     | 100m: 1:05.09 34.49       | 200m: 2:15.97 35.72 | 300m: 3:26.52 35.31 | 400m: 4:36.24 34.29 |     |   |
| 5.  | NICHOLSON-JODOIN, Annie   | 16                  | PCSC                | <b>4:36.43</b>      | 617 | Q |
|     | 50m: 31.26 31.26          | 150m: 1:40.18 34.81 | 250m: 2:50.97 35.17 | 350m: 4:01.67 35.36 |     |   |
|     | 100m: 1:05.37 34.11       | 200m: 2:15.80 35.62 | 300m: 3:26.31 35.34 | 400m: 4:36.43 34.76 |     |   |
| 6.  | NUGENT, Lea               | 17                  | NN                  | <b>4:36.45</b>      | 617 | Q |
|     | 50m: 31.83 31.83          | 150m: 1:41.65 35.02 | 250m: 2:52.25 35.30 | 350m: 4:02.46 35.13 |     |   |
|     | 100m: 1:06.63 34.80       | 200m: 2:16.95 35.30 | 300m: 3:27.33 35.08 | 400m: 4:36.45 33.99 |     |   |
| 7.  | BOYER, Mariane            | 16                  | NG                  | <b>4:37.10</b>      | 612 | Q |
|     | 50m: 31.61 31.61          | 150m: 1:42.22 35.40 | 250m: 2:52.51 35.06 | 350m: 4:03.11 35.48 |     |   |
|     | 100m: 1:06.82 35.21       | 200m: 2:17.45 35.23 | 300m: 3:27.63 35.12 | 400m: 4:37.10 33.99 |     |   |
| 8.  | LELIÈVRE, Karelle         | 17                  | SAMAK               | <b>4:37.14</b>      | 612 | Q |
|     | 50m: 30.77 30.77          | 150m: 1:39.80 35.00 | 250m: 2:50.87 35.56 | 350m: 4:02.80 35.73 |     |   |
|     | 100m: 1:04.80 34.03       | 200m: 2:15.31 35.51 | 300m: 3:27.07 36.20 | 400m: 4:37.14 34.34 |     |   |
| 9.  | GORDON, Erika             | 16                  | PCSC                | <b>4:38.45</b>      | 604 | Q |
|     | 50m: 31.65 31.65          | 150m: 1:41.67 35.43 | 250m: 2:52.86 35.52 | 350m: 4:04.28 35.67 |     |   |
|     | 100m: 1:06.24 34.59       | 200m: 2:17.34 35.67 | 300m: 3:28.61 35.75 | 400m: 4:38.45 34.17 |     |   |
| 10. | LAPIERRE, Justine         | 17                  | PCSC                | <b>4:39.73</b>      | 595 | Q |
|     | 50m: 31.84 31.84          | 150m: 1:42.98 35.57 | 250m: 2:53.94 35.12 | 350m: 4:04.81 35.38 |     |   |
|     | 100m: 1:07.41 35.57       | 200m: 2:18.82 35.84 | 300m: 3:29.43 35.49 | 400m: 4:39.73 34.92 |     |   |
| 11. | POULIOT, Florence         | 16                  | CARAT               | <b>4:42.59</b>      | 577 | R |
|     | 50m: 32.07 32.07          | 150m: 1:42.95 35.51 | 250m: 2:54.93 35.64 | 350m: 4:07.46 36.08 |     |   |
|     | 100m: 1:07.44 35.37       | 200m: 2:19.29 36.34 | 300m: 3:31.38 36.45 | 400m: 4:42.59 35.13 |     |   |
| 12. | PRICE, Loriane            | 17                  | SAMAK               | <b>4:42.86</b>      | 576 | R |
|     | 50m: 32.49 32.49          | 150m: 1:43.79 35.75 | 250m: 2:56.27 36.05 | 350m: 4:08.72 35.87 |     |   |
|     | 100m: 1:08.04 35.55       | 200m: 2:20.22 36.43 | 300m: 3:32.85 36.58 | 400m: 4:42.86 34.14 |     |   |
| 13. | GIBBONS-RENAUD, Gabrielle | 16                  | CNSF                | <b>4:42.87</b>      | 576 |   |
|     | 50m: 31.90 31.90          | 150m: 1:42.45 35.70 | 250m: 2:54.61 35.99 | 350m: 4:07.19 36.41 |     |   |
|     | 100m: 1:06.75 34.85       | 200m: 2:18.62 36.17 | 300m: 3:30.78 36.17 | 400m: 4:42.87 35.68 |     |   |
| 14. | GUY, Roxane               | 17                  | CNQ                 | <b>4:43.37</b>      | 573 |   |
|     | 50m: 33.62 33.62          | 150m: 1:44.91 35.65 | 250m: 2:55.87 34.71 | 350m: 4:07.44 36.12 |     |   |
|     | 100m: 1:09.26 35.64       | 200m: 2:21.16 36.25 | 300m: 3:31.32 35.45 | 400m: 4:43.37 35.93 |     |   |
| 15. | TESSIER, Sophia           | 16                  | NG                  | <b>4:45.59</b>      | 559 |   |
|     | 50m: 31.95 31.95          | 150m: 1:44.06 36.49 | 250m: 2:57.11 36.53 | 350m: 4:10.04 36.76 |     |   |
|     | 100m: 1:07.57 35.62       | 200m: 2:20.58 36.52 | 300m: 3:33.28 36.17 | 400m: 4:45.59 35.55 |     |   |
| 16. | GAGNÉ, Maude              | 16                  | NN                  | <b>4:50.52</b>      | 531 |   |
|     | 50m: 31.90 31.90          | 150m: 1:45.74 37.99 | 250m: 3:03.08 38.55 | 350m: 4:17.13 35.43 |     |   |
|     | 100m: 1:07.75 35.85       | 200m: 2:24.53 38.79 | 300m: 3:41.70 38.62 | 400m: 4:50.52 33.39 |     |   |

Championnat québécois Speedo 2025  
Québec, 14- - 18-5-2025

Epreuve 11, Filles, 400m Libre, Elimatoire, 16 - 17 ans

| Rang | Age                    |                     |                     |                     | Temps |  |  |                | Pts | score |
|------|------------------------|---------------------|---------------------|---------------------|-------|--|--|----------------|-----|-------|
| 17.  | BOUFFARD, Jeanne       | 16                  | RL                  |                     |       |  |  | <b>4:50.63</b> | 531 |       |
|      | 50m: 32.22 32.22       | 150m: 1:46.10 37.23 | 250m: 3:01.12 37.11 | 350m: 4:14.71 36.53 |       |  |  |                |     |       |
|      | 100m: 1:08.87 36.65    | 200m: 2:24.01 37.91 | 300m: 3:38.18 37.06 | 400m: 4:50.63 35.92 |       |  |  |                |     |       |
| 18.  | KITAY, Lara            | 16                  | NG                  |                     |       |  |  | <b>4:51.87</b> | 524 |       |
|      | 50m: 32.81 32.81       | 150m: 1:44.72 36.37 | 250m: 2:59.79 37.62 | 350m: 4:16.50 37.94 |       |  |  |                |     |       |
|      | 100m: 1:08.35 35.54    | 200m: 2:22.17 37.45 | 300m: 3:38.56 38.77 | 400m: 4:51.87 35.37 |       |  |  |                |     |       |
| 19.  | RASHOTTE-GARCIA, Paige | 16                  | PCSC                |                     |       |  |  | <b>4:58.53</b> | 490 |       |
|      | 50m: 32.97 32.97       | 150m: 1:47.16 37.25 | 250m: 3:03.05 37.97 | 350m: 4:20.38 38.94 |       |  |  |                |     |       |
|      | 100m: 1:09.91 36.94    | 200m: 2:25.08 37.92 | 300m: 3:41.44 38.39 | 400m: 4:58.53 38.15 |       |  |  |                |     |       |
| 20.  | MATTE, Eve             | 17                  | NN                  |                     |       |  |  | <b>4:59.09</b> | 487 |       |
|      | 50m: 33.37 33.37       | 150m: 1:47.94 38.05 | 250m: 3:04.55 38.47 | 350m: 4:21.66 38.75 |       |  |  |                |     |       |
|      | 100m: 1:09.89 36.52    | 200m: 2:26.08 38.14 | 300m: 3:42.91 38.36 | 400m: 4:59.09 37.43 |       |  |  |                |     |       |
| 21.  | RIOUX, Sarah-Jade      | 16                  | CASE                |                     |       |  |  | <b>5:01.02</b> | 478 |       |
|      | 50m: 32.81 32.81       | 150m: 1:46.62 37.79 | 250m: 3:03.85 38.36 | 350m: 4:22.35 39.26 |       |  |  |                |     |       |
|      | 100m: 1:08.83 36.02    | 200m: 2:25.49 38.87 | 300m: 3:43.09 39.24 | 400m: 5:01.02 38.67 |       |  |  |                |     |       |

18 ans et plus

|     |                     |                     |                     |                     |  |  |  |                |     |   |
|-----|---------------------|---------------------|---------------------|---------------------|--|--|--|----------------|-----|---|
| 1.  | TREMBLAY, Raphaelle | 20                  | LMRL                |                     |  |  |  | <b>4:27.47</b> | 681 | Q |
|     | 50m: 30.52 30.52    | 150m: 1:37.55 34.02 | 250m: 2:46.42 34.33 | 350m: 3:54.37 34.00 |  |  |  |                |     |   |
|     | 100m: 1:03.53 33.01 | 200m: 2:12.09 34.54 | 300m: 3:20.37 33.95 | 400m: 4:27.47 33.10 |  |  |  |                |     |   |
| 2.  | VÉZINA, Corinne     | 20                  | UL                  |                     |  |  |  | <b>4:28.28</b> | 675 | Q |
|     | 50m: 30.96 30.96    | 150m: 1:38.77 34.37 | 250m: 2:47.35 34.36 | 350m: 3:55.54 33.96 |  |  |  |                |     |   |
|     | 100m: 1:04.40 33.44 | 200m: 2:12.99 34.22 | 300m: 3:21.58 34.23 | 400m: 4:28.28 32.74 |  |  |  |                |     |   |
| 3.  | MICHAUD, Maélie     | 18                  | PCSC                |                     |  |  |  | <b>4:29.55</b> | 665 | Q |
|     | 50m: 30.58 30.58    | 150m: 1:37.99 33.79 | 250m: 2:46.79 34.48 | 350m: 3:56.29 34.67 |  |  |  |                |     |   |
|     | 100m: 1:04.20 33.62 | 200m: 2:12.31 34.32 | 300m: 3:21.62 34.83 | 400m: 4:29.55 33.26 |  |  |  |                |     |   |
| 4.  | MICHAUD, Laurence   | 18                  | CNQ                 |                     |  |  |  | <b>4:32.77</b> | 642 | Q |
|     | 50m: 31.65 31.65    | 150m: 1:40.89 35.00 | 250m: 2:50.29 34.21 | 350m: 3:58.98 33.89 |  |  |  |                |     |   |
|     | 100m: 1:05.89 34.24 | 200m: 2:16.08 35.19 | 300m: 3:25.09 34.80 | 400m: 4:32.77 33.79 |  |  |  |                |     |   |
| 5.  | MARQUIS, Jade       | 20                  | SAMAK               |                     |  |  |  | <b>4:35.32</b> | 624 | Q |
|     | 50m: 31.36 31.36    | 150m: 1:40.21 34.67 | 250m: 2:50.77 35.24 | 350m: 4:01.97 35.38 |  |  |  |                |     |   |
|     | 100m: 1:05.54 34.18 | 200m: 2:15.53 35.32 | 300m: 3:26.59 35.82 | 400m: 4:35.32 33.35 |  |  |  |                |     |   |
| 6.  | PONTON, Emma        | 18                  | PCSC                |                     |  |  |  | <b>4:35.45</b> | 623 | Q |
|     | 50m: 31.51 31.51    | 150m: 1:40.75 34.89 | 250m: 2:51.16 35.08 | 350m: 4:01.73 34.94 |  |  |  |                |     |   |
|     | 100m: 1:05.86 34.35 | 200m: 2:16.08 35.33 | 300m: 3:26.79 35.63 | 400m: 4:35.45 33.72 |  |  |  |                |     |   |
| 7.  | SHINK, Ariane       | 18                  | CNQ                 |                     |  |  |  | <b>4:35.67</b> | 622 | Q |
|     | 50m: 32.13 32.13    | 150m: 1:41.74 34.92 | 250m: 2:51.99 35.06 | 350m: 4:01.98 34.54 |  |  |  |                |     |   |
|     | 100m: 1:06.82 34.69 | 200m: 2:16.93 35.19 | 300m: 3:27.44 35.45 | 400m: 4:35.67 33.69 |  |  |  |                |     |   |
| 8.  | GORDON, Lindsay     | 18                  | PCSC                |                     |  |  |  | <b>4:38.58</b> | 603 | Q |
|     | 50m: 31.08 31.08    | 150m: 1:40.38 35.21 | 250m: 2:51.70 35.80 | 350m: 4:03.24 35.98 |  |  |  |                |     |   |
|     | 100m: 1:05.17 34.09 | 200m: 2:15.90 35.52 | 300m: 3:27.26 35.56 | 400m: 4:38.58 35.34 |  |  |  |                |     |   |
| 9.  | MARIGAU, Maika      | 20                  | UDEM                |                     |  |  |  | <b>4:38.60</b> | 603 | Q |
|     | 50m: 31.94 31.94    | 150m: 1:42.67 35.54 | 250m: 2:53.92 35.87 | 350m: 4:04.57 35.15 |  |  |  |                |     |   |
|     | 100m: 1:07.13 35.19 | 200m: 2:18.05 35.38 | 300m: 3:29.42 35.50 | 400m: 4:38.60 34.03 |  |  |  |                |     |   |
| 10. | BÉASSE, Blanche     | 20                  | UDEM                |                     |  |  |  | <b>4:39.04</b> | 600 | Q |
|     | 50m: 31.55 31.55    | 150m: 1:42.24 35.88 | 250m: 2:53.70 35.71 | 350m: 4:04.82 35.54 |  |  |  |                |     |   |
|     | 100m: 1:06.36 34.81 | 200m: 2:17.99 35.75 | 300m: 3:29.28 35.58 | 400m: 4:39.04 34.22 |  |  |  |                |     |   |

Championnat québécois Speedo 2025  
Québec, 14- - 18-5-2025

Epreuve 11, Dames, 400m Libre, Elimatoire, 18 ans et plus

| Rang |                       |         |       | Age   |         |       |       |         | Temps          | Pts   | score         |
|------|-----------------------|---------|-------|-------|---------|-------|-------|---------|----------------|-------|---------------|
| 11.  | BÉASSE, Gabrielle     |         |       | 18    | CAMO    |       |       |         | <b>4:40.01</b> | 594   | R             |
|      | 50m:                  | 30.72   | 30.72 | 150m: | 1:39.25 | 34.82 | 250m: | 2:51.48 | 36.57          | 350m: | 4:04.42 36.41 |
|      | 100m:                 | 1:04.43 | 33.71 | 200m: | 2:14.91 | 35.66 | 300m: | 3:28.01 | 36.53          | 400m: | 4:40.01 35.59 |
| 12.  | MARTINEAU, Margot     |         |       | 21    | MEGO    |       |       |         | <b>4:40.24</b> | 592   | R             |
|      | 50m:                  | 30.87   | 30.87 | 150m: | 1:40.95 | 35.42 | 250m: | 2:52.44 | 35.81          | 350m: | 4:05.06 36.46 |
|      | 100m:                 | 1:05.53 | 34.66 | 200m: | 2:16.63 | 35.68 | 300m: | 3:28.60 | 36.16          | 400m: | 4:40.24 35.18 |
| 13.  | PHAM-SPICKLER, Alexia |         |       | 21    | CAMO    |       |       |         | <b>4:41.09</b> | 587   |               |
|      | 50m:                  | 31.94   | 31.94 | 150m: | 1:42.06 | 35.10 | 250m: | 2:53.66 | 35.81          | 350m: | 4:05.72 35.86 |
|      | 100m:                 | 1:06.96 | 35.02 | 200m: | 2:17.85 | 35.79 | 300m: | 3:29.86 | 36.20          | 400m: | 4:41.09 35.37 |
| 14.  | MARCON, Isabella      |         |       | 18    | DDO     |       |       |         | <b>4:41.99</b> | 581   |               |
|      | 50m:                  | 33.29   | 33.29 | 150m: | 1:43.19 | 34.94 | 250m: | 2:54.48 | 35.73          | 350m: | 4:06.54 35.89 |
|      | 100m:                 | 1:08.25 | 34.96 | 200m: | 2:18.75 | 35.56 | 300m: | 3:30.65 | 36.17          | 400m: | 4:41.99 35.45 |
| 15.  | MICHAUD, Élisabeth    |         |       | 19    | CNSL    |       |       |         | <b>4:42.10</b> | 580   |               |
|      | 50m:                  | 31.91   | 31.91 | 150m: | 1:41.64 | 35.19 | 250m: | 2:53.41 | 35.76          | 350m: | 4:06.13 36.19 |
|      | 100m:                 | 1:06.45 | 34.54 | 200m: | 2:17.65 | 36.01 | 300m: | 3:29.94 | 36.53          | 400m: | 4:42.10 35.97 |
| 16.  | QUEVILLON, Liliane    |         |       | 19    | NN      |       |       |         | <b>4:48.59</b> | 542   |               |
|      | 50m:                  | 31.51   | 31.51 | 150m: | 1:42.24 | 35.73 | 250m: | 2:57.17 | 37.61          | 350m: | 4:12.27 37.37 |
|      | 100m:                 | 1:06.51 | 35.00 | 200m: | 2:19.56 | 37.32 | 300m: | 3:34.90 | 37.73          | 400m: | 4:48.59 36.32 |
| 17.  | PAUL, Florence        |         |       | 18    | UL      |       |       |         | <b>4:48.92</b> | 540   |               |
|      | 50m:                  | 32.06   | 32.06 | 150m: | 1:43.36 | 35.92 | 250m: | 2:57.06 | 37.06          | 350m: | 4:12.43 37.61 |
|      | 100m:                 | 1:07.44 | 35.38 | 200m: | 2:20.00 | 36.64 | 300m: | 3:34.82 | 37.76          | 400m: | 4:48.92 36.49 |
| 18.  | PARÉ-LÉVESQUE, Laurie |         |       | 18    | NN      |       |       |         | <b>4:52.16</b> | 522   |               |
|      | 50m:                  | 33.54   | 33.54 | 150m: | 1:47.20 | 36.65 | 250m: | 3:01.45 | 36.93          | 350m: | 4:15.74 37.06 |
|      | 100m:                 | 1:10.55 | 37.01 | 200m: | 2:24.52 | 37.32 | 300m: | 3:38.68 | 37.23          | 400m: | 4:52.16 36.42 |
| 19.  | DROUIN, Laurie        |         |       | 18    | CASE    |       |       |         | <b>4:52.34</b> | 521   |               |
|      | 50m:                  | 32.67   | 32.67 | 150m: | 1:45.58 | 37.09 | 250m: | 3:00.68 | 37.59          | 350m: | 4:15.67 37.75 |
|      | 100m:                 | 1:08.49 | 35.82 | 200m: | 2:23.09 | 37.51 | 300m: | 3:37.92 | 37.24          | 400m: | 4:52.34 36.67 |
| 20.  | SYLVESTRE, Justine    |         |       | 18    | NN      |       |       |         | <b>5:00.68</b> | 479   |               |
|      | 50m:                  | 33.48   | 33.48 | 150m: | 1:49.10 | 38.49 | 250m: | 3:06.48 | 38.95          | 350m: | 4:24.09 38.63 |
|      | 100m:                 | 1:10.61 | 37.13 | 200m: | 2:27.53 | 38.43 | 300m: | 3:45.46 | 38.98          | 400m: | 5:00.68 36.59 |