

Torneio Regional de Fundo e Nadador Completo
Odemira, 10/5/2025

Prova 9

10/05/2025 - 15:30

Femin., 200m Estilos

12 anos e mais velhos

Resultados

Rec Regional Open	2:24.23	Ana Reis SOUSA	CNLA	Felgueiras	14/04/2018
Rec Regional 18 +	2:27.59	Nicoleta LASCU	CNLA	Sines	30/11/2019
Rec Regional 17	2:27.66	Nicoleta LASCU	CNLA	Felgueiras	22/12/2018
Rec Regional 16	2:24.23	Ana Reis SOUSA	CNLA	Felgueiras	14/04/2018
Rec Regional 15	2:26.40	Ana Reis SOUSA	CNLA	Sines	13/11/2016
Rec Regional 14	2:31.59	Ana Reis SOUSA	CNLA	Setubal	05/12/2015
Rec Regional 13	2:37.62	Joana ESCARIA	AMINATA	Lagoa	31/05/2003
Rec Regional 12	2:49.06	Margarida Martins COELHO	ACRZA	Quarteira	13/05/2017

Pontos: AQUA 2024

Lugar	Idade	Tempo final	Pts	50m	100m	150m	200m
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13 anos

DSQ Sofia MEDEIRO HORTA 13 Zona Azul
403 - Falsa partida - SW 4.4

16 anos e mais velhos

1.	Maria Lua PISCO	18	Acmn	2:48.20	380	36.45	42.19	50.77	38.79
2.	Carolina Sofia FONSECA	18	Estremoz	2:51.03	361	36.29	45.98	47.81	40.95
3.	M. PUCARINHAS	16	Estremoz	2:52.78	350	38.09	41.04	54.45	39.20
EXH	L. MARINHEIRO	15	Zona Azul	2:56.84	327	41.51	43.00	51.67	40.66
EXH	S. PASSECHNIKOFF	15	GSC Grândola Sports Club	2:59.94	310	37.37	48.03	57.33	37.21
EXH	M. BARRADAS	14	Zona Azul	3:00.95	305	40.62	47.09	50.31	42.93
EXH	Alice Maria NUNES	13	Acmn	3:01.38	303	40.73	47.54	53.64	39.47
EXH	L. REBOCHO	13	Zona Azul	3:09.75	264	47.28	46.73	52.26	43.48
EXH	Maria Ines LOURENCO	15	Litoral Alentejano	3:10.85	260	38.82	47.32	57.68	47.03
EXH	Sophia Maria PESTANA	13	Zona Azul	3:13.72	248	45.59	47.85	57.95	42.33
EXH	Camila Filipa CUSTODIO	14	GSC Grândola Sports Club	3:15.61	241	43.94	53.42	57.72	40.53
EXH	Maria Beatrice BRANDAO	14	Zona Azul	3:16.24	239	47.19	47.39	58.36	43.30
EXH	C. GUIMARAES	13	GSC Grândola Sports Club	3:30.22	194	49.57	55.17	59.82	45.66
EXH	Catia Mendes FIDALGO	13	GSC Grândola Sports Club	3:31.23	192	50.96	51.25	1:04.29	44.73
EXH	Maria Leonor SANTOS	12	Litoral Alentejano	3:35.86	179	47.71	55.59	1:03.80	48.76
EXH	R. GUERREIRO	14	GSC Grândola Sports Club	3:42.93	163	50.73	1:02.75	1:01.78	47.67
EXH	Ana VIERU	12	Litoral Alentejano	3:52.82	143	53.62	1:01.13	1:05.39	52.68
EXH	Maria Teresa ALVES	15	Litoral Alentejano	4:07.26	119	1:03.35	59.28	1:09.05	55.58