

Ethias Swimming Trophy 2025
Charleroi, 10 - 11/5/2025

Epreuve 59
11/05/2025

Filles, 400m Libre

13 - 15 ans
Liste résultats

Points: AQUA Master 2025

Rang	AN										Temps	Pts
1.	JORISSEN, Janne			11	LGN						4:40.20	768
	50m:	31.70	31.70	150m:	1:41.79	35.55	250m:	2:53.02	35.72	350m:	4:05.25	36.36
	100m:	1:06.24	34.54	200m:	2:17.30	35.51	300m:	3:28.89	35.87	400m:	4:40.20	34.95
2.	MERCIER, Sophie			10	CNBA						4:48.24	705
	50m:	32.93	32.93	150m:	1:46.48	37.88	250m:	3:00.10	36.52	350m:	4:13.17	36.90
	100m:	1:08.60	35.67	200m:	2:23.58	37.10	300m:	3:36.27	36.17	400m:	4:48.24	35.07
3.	DE GYNS, Lilwenn			11	MOSAN						4:51.50	682
	50m:	33.20	33.20	150m:	1:45.67	36.54	250m:	2:59.59	37.19	350m:	4:14.51	37.41
	100m:	1:09.13	35.93	200m:	2:22.40	36.73	300m:	3:37.10	37.51	400m:	4:51.50	36.99
4.	DEPIERREUX, Eléonore			10	MOSAN						4:53.49	668
	50m:	33.54	33.54	150m:	1:47.37	36.79	250m:	3:01.76	37.17	350m:	4:17.03	37.77
	100m:	1:10.58	37.04	200m:	2:24.59	37.22	300m:	3:39.26	37.50	400m:	4:53.49	36.46
5.	JOHNEN, Emma			10	VN						4:54.13	664
	50m:	33.26	33.26	150m:	1:46.85	37.22	250m:	3:02.15	37.96	350m:	4:18.58	38.66
	100m:	1:09.63	36.37	200m:	2:24.19	37.34	300m:	3:39.92	37.77	400m:	4:54.13	35.55
6.	BURY, Pauline			11	WN						5:01.29	617
	50m:	33.02	33.02	150m:	1:49.01	39.44	250m:	3:06.85	39.84	350m:	4:25.25	39.96
	100m:	1:09.57	36.55	200m:	2:27.01	38.00	300m:	3:45.29	38.44	400m:	5:01.29	36.04
7.	ROUDOMETKINA, Ksenia			12	HELIOS						5:02.02	613
	50m:	33.72	33.72	150m:	1:49.73	38.75	250m:	3:07.10	38.94	350m:	4:24.89	38.97
	100m:	1:10.98	37.26	200m:	2:28.16	38.43	300m:	3:45.92	38.82	400m:	5:02.02	37.13
8.	THONET, Julia			11	PERRON						5:02.20	612
	50m:	34.19	34.19	150m:	1:49.33	38.69	250m:	3:06.94	39.61	350m:	4:25.27	39.53
	100m:	1:10.64	36.45	200m:	2:27.33	38.00	300m:	3:45.74	38.80	400m:	5:02.20	36.93
9.	ROUX, Nina			10	MHN						5:04.67	597
	50m:	33.92	33.92	150m:	1:49.06	38.22	250m:	3:06.76	39.48	350m:	4:26.61	40.44
	100m:	1:10.84	36.92	200m:	2:27.28	38.22	300m:	3:46.17	39.41	400m:	5:04.67	38.06
10.	CREMER, Louane			11	ARMN						5:05.00	595
	50m:	33.18	33.18	150m:	1:49.79	38.25	250m:	3:08.55	38.94	350m:	4:26.94	38.33
	100m:	1:11.54	38.36	200m:	2:29.61	39.82	300m:	3:48.61	40.06	400m:	5:05.00	38.06
11.	IANNINO, Valentina			12	STZ						5:05.08	595
	50m:	31.67	31.67	150m:	1:47.58	39.01	250m:	3:07.11	39.68	350m:	4:27.31	39.27
	100m:	1:08.57	36.90	200m:	2:27.43	39.85	300m:	3:48.04	40.93	400m:	5:05.08	37.77
12.	VLADU, Irina Maria			12	CNBA						5:09.87	567
	50m:	33.43	33.43	150m:	1:51.35	39.35	250m:	3:10.82	39.25	350m:	4:31.19	39.25
	100m:	1:12.00	38.57	200m:	2:31.57	40.22	300m:	3:51.94	41.12	400m:	5:09.87	38.68
13.	FONTAINE, Eline			12	WN						5:09.89	567
	50m:	34.52	34.52	150m:	1:51.85	39.97	250m:	3:12.12	40.50	350m:	4:32.25	40.37
	100m:	1:11.88	37.36	200m:	2:31.62	39.77	300m:	3:51.88	39.76	400m:	5:09.89	37.64
14.	VANHOUTTE, Thaïs			11	ARMN						5:12.25	555
	50m:	35.63	35.63	150m:	1:54.63	39.81	250m:	3:14.56	40.01	350m:	4:34.80	40.29
	100m:	1:14.82	39.19	200m:	2:34.55	39.92	300m:	3:54.51	39.95	400m:	5:12.25	37.45
15.	LECLERCQ, Elin			11	HELIOS						5:12.30	554
	50m:	35.03	35.03	150m:	1:54.34	39.93	250m:	3:14.02	40.49	350m:	4:35.18	40.53
	100m:	1:14.41	39.38	200m:	2:33.53	39.19	300m:	3:54.65	40.63	400m:	5:12.30	37.12
16.	HAVELANGE, Océane			12	HELIOS						5:13.33	549
	50m:	34.34	34.34	150m:	1:52.87	39.70	250m:	3:13.95	40.22	350m:	4:35.14	40.47
	100m:	1:13.17	38.83	200m:	2:33.73	40.86	300m:	3:54.67	40.72	400m:	5:13.33	38.19
17.	AELEN, Bente			12	STZ						5:14.97	540
	50m:	34.67	34.67	150m:	1:51.73	39.57	250m:	3:13.75	41.44	350m:	4:35.93	41.62
	100m:	1:12.16	37.49	200m:	2:32.31	40.58	300m:	3:54.31	40.56	400m:	5:14.97	39.04

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Rang				AN						Temps		Pts
18.	DE GEEST, Manon			12	AQUABLA						5:15.28	539
	50m:	35.06	35.06	150m:	1:53.99	39.59	250m:	3:14.80	40.05	350m:	4:35.98	40.22
	100m:	1:14.40	39.34	200m:	2:34.75	40.76	300m:	3:55.76	40.96	400m:	5:15.28	39.30
19.	MYERSCOUGH, Alice			12	WN						5:19.33	518
	50m:	35.39	35.39	150m:	1:53.82	40.31	250m:	3:14.78	41.29	350m:	4:37.72	41.58
	100m:	1:13.51	38.12	200m:	2:33.49	39.67	300m:	3:56.14	41.36	400m:	5:19.33	41.61
20.	D'HONDT, Annelien			12	STZ						5:21.04	510
	50m:	34.52	34.52	150m:	1:55.83	41.11	250m:	3:18.45	41.11	350m:	4:41.55	41.01
	100m:	1:14.72	40.20	200m:	2:37.34	41.51	300m:	4:00.54	42.09	400m:	5:21.04	39.49
21.	DESMET, Sterre			11	KLSVZ						5:23.53	498
	50m:	35.16	35.16	150m:	1:54.57	40.89	250m:	3:18.81	42.66	350m:	4:43.53	42.89
	100m:	1:13.68	38.52	200m:	2:36.15	41.58	300m:	4:00.64	41.83	400m:	5:23.53	40.00
22.	DELROT, Keyla			12	BCSG						5:26.93	483
	50m:	36.60	36.60	150m:	1:58.21	41.99	250m:	3:22.92	43.27	350m:	4:47.75	42.41
	100m:	1:16.22	39.62	200m:	2:39.65	41.44	300m:	4:05.34	42.42	400m:	5:26.93	39.18
23.	VAN BOXSTAEL, Nora			10	KLSVZ						5:27.60	480
	50m:	38.18	38.18	150m:	2:01.99	42.08	250m:	3:25.89	42.11	350m:	4:48.82	41.37
	100m:	1:19.91	41.73	200m:	2:43.78	41.79	300m:	4:07.45	41.56	400m:	5:27.60	38.78
24.	BONDUELLE, Loanne			11	EC						5:31.56	463
	50m:	37.25	37.25	150m:	2:01.86	43.70	250m:	3:27.66	44.25	350m:	4:52.84	42.91
	100m:	1:18.16	40.91	200m:	2:43.41	41.55	300m:	4:09.93	42.27	400m:	5:31.56	38.72
25.	STARKIE ALVES, Emma			11	CNSW						5:33.29	456
	50m:	37.63	37.63	150m:	2:01.18	42.76	250m:	3:27.92	44.34	350m:	4:54.21	43.78
	100m:	1:18.42	40.79	200m:	2:43.58	42.40	300m:	4:10.43	42.51	400m:	5:33.29	39.08
26.	DOMBRET, Aloïse			10	HELIOS						5:38.41	436
	50m:	38.35	38.35	150m:	2:03.87	43.14	250m:	3:30.53	43.24	350m:	4:56.97	42.59
	100m:	1:20.73	42.38	200m:	2:47.29	43.42	300m:	4:14.38	43.85	400m:	5:38.41	41.44
27.	GOOSSENS, Louise			10	HELIOS						5:47.66	402
	50m:	40.53	40.53	150m:	2:08.82	44.54	250m:	3:39.44	45.32	350m:	5:06.43	43.34
	100m:	1:24.28	43.75	200m:	2:54.12	45.30	300m:	4:23.09	43.65	400m:	5:47.66	41.23
28.	FONTAINE, Léa			12	HELIOS						5:48.10	400
	50m:	39.37	39.37	150m:	2:08.55	44.55	250m:	3:37.67	43.95	350m:	5:06.80	43.85
	100m:	1:24.00	44.63	200m:	2:53.72	45.17	300m:	4:22.95	45.28	400m:	5:48.10	41.30
29.	ROOSEN, Tess			11	KLSVZ						6:10.93	331
	50m:	42.13	42.13	150m:	2:15.14	46.87	250m:	3:48.80	47.95	350m:	5:25.93	49.42
	100m:	1:28.27	46.14	200m:	3:00.85	45.71	300m:	4:36.51	47.71	400m:	6:10.93	45.00
30.	MARINAKI, Eleni			12	HELIOS						6:59.68	228
	50m:	43.34	43.34	150m:	2:25.93	53.08	250m:	4:15.23	55.27	350m:	6:05.78	55.44
	100m:	1:32.85	49.51	200m:	3:19.96	54.03	300m:	5:10.34	55.11	400m:	6:59.68	53.90